

How to Choose a Dentist Near Southbank and South Melbourne

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Description:

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Details:

Finding a dentist close to home sounds simple enough — until you start weighing up qualifications, technology, costs, language needs, and whether the practice can actually look after every member of your family. If you live in Melbourne's suburbs, you have hundreds of options, and not all of them are equal. This guide walks you through the ten factors that matter most so you can make a confident, informed choice in 2026.

1. Location and Convenience — The Non-Negotiable Starting Point

The single biggest predictor of whether you will keep up with regular dental visits is how easy it is to get there. Research consistently shows that patients who choose a dentist within a short drive of home or work attend more frequently and catch problems earlier.

When evaluating convenience, ask yourself:

- **Is it close to my daily routine?** Near your home, your workplace, or your children's school is ideal.
- **Is parking available — and is it free?** Suburban practices often offer free on-site parking, a major advantage over CBD clinics.
- **Are public transport links nearby?** Practices close to train stations or bus routes make after-school appointments far easier to manage.
- **Do opening hours suit my life?** Early-morning, after-work, and Saturday appointments can make or break your ability to attend.

Core Dental operates seven locations across Melbourne's suburbs — Southbank, South Melbourne, Caroline Springs, Carrum Downs, Epping, Wyndham (Werribee), and Berwick — each chosen specifically for suburban accessibility. Every location offers free or convenient parking, opens at 8:00 am on weekdays, and sees patients on Saturdays.

2. Check Qualifications and Registration

Every dentist practising in Australia must hold current registration with AHPRA (the Australian Health Practitioner Regulation Agency). This is your baseline quality check, and it takes thirty seconds to verify online at the AHPRA website.

Beyond registration, look for:

- **University qualifications** from a recognised Australian or international institution
- **Australian Dental Association (ADA) membership** — a voluntary commitment to ethical standards and continuing education
- **Postgraduate training** in areas relevant to your needs, such as orthodontics, implants, or paediatric dentistry
- **Specialist registration** if you need specialist care — AHPRA distinguishes between general dentists and board-registered specialists

At Core Dental, every clinician is an ADA member, and the group's Clinical Director, Dr Philippa Robinson, provides ongoing quality oversight across all seven practices.

3. Look for a Full Range of Services Under One Roof

A dentist who can only do check-ups and fillings will eventually refer you elsewhere — costing you time, money, and the inconvenience of starting over with a new provider. The best suburban practices offer general dentistry alongside more advanced services so you are covered as your needs evolve.

Services to look for include:

- Preventive care (check-ups, cleans, fluoride, fissure sealants) - Restorative dentistry (fillings, crowns, bridges, root canals) - Cosmetic dentistry (veneers, bonding, whitening) - Orthodontics (braces, clear aligners like Invisalign) - Dental implants - Oral surgery (extractions, wisdom teeth) - Children's dentistry - Emergency and same-day care

Core Dental provides all of the above at every location. Practices like Epping and Caroline Springs also feature CEREC same-day crown technology, meaning a custom porcelain crown can be designed, milled, and fitted in a single visit — no temporary crown, no second appointment.

4. Consider Family-Friendliness

If you have children — or plan to — choosing a practice that caters to all ages saves you from managing separate dental appointments at different locations. The best family practices offer:

- ****Back-to-back family appointments**** so everyone is seen in one visit - ****Specialist paediatric dentists**** who are trained to manage children's dental anxiety, behavioural challenges, and developing teeth - ****Child Dental Benefits Schedule (CDBS) bulk billing**** for eligible children aged 2–17 (worth up to \$1,026 over a two-year period) - ****A welcoming, child-friendly environment**** that makes first visits positive rather than frightening

Core Dental engages three AHPRA-registered specialist paediatric dentists across its network: Dr Angel Babu at Caroline Springs and Carrum Downs, Dr Sarah Scott at Berwick, and Dr Aish Kesava at Epping. All locations bulk bill under the CDBS for eligible families.

5. Ask About Technology and Equipment

Modern dental technology is not about flashy gadgets — it directly affects your comfort, accuracy of diagnosis, and treatment outcomes. When visiting a practice for the first time, look for:

- ****Digital X-rays**** (lower radiation, instant results) - ****Intraoral scanners**** (digital impressions instead of messy moulds) - ****CEREC or CAD/CAM systems**** for same-day crowns and restorations - ****Laser dentistry**** for less invasive gum treatments - ****3D imaging**** for implant planning and complex cases

Every Core Dental location uses digital X-rays as standard. The Caroline Springs and Epping practices feature 3D imaging, CEREC same-day crowns, and digital scanning. Core Dental also maintains an in-house dental laboratory led by master ceramist Greg Karabasis, ensuring restorations are crafted to precise specifications without outsourcing delays.

6. Find a Practice That Speaks Your Language

Melbourne is one of the most multicultural cities on earth, and language should never be a barrier to dental care. Being able to discuss symptoms, treatment options, and aftercare instructions in your preferred language leads to better outcomes and a more comfortable experience.

Core Dental is one of Melbourne's most multilingual dental networks. Across its seven locations, clinicians consult in Mandarin Chinese (Dr Ivy Jin, Dr Joy Wang, Dr Joanne Ong), Cantonese (Dr Joanne Ong), Arabic (Dr Sherin Gad), Farsi (Dr Shakiba Askary), Bengali (Dr Anika Moyeed), Spanish

(Dr Maria Blanchard), and Malay (Dr Manisha Bhatt) — in addition to English at every practice.

Caroline Springs is the network's most multilingual location, with Arabic, Bengali, and Farsi-speaking clinicians available alongside English.

7. Emergency and Same-Day Access

Dental emergencies do not wait for convenient appointment times. A knocked-out tooth, a cracked filling, or sudden severe pain needs attention the same day — ideally within hours. Before you need emergency care, make sure your chosen practice offers:

- **Same-day emergency appointments** as a standard policy, not just when there happens to be a gap
- **Extended weekday hours** so emergencies late in the afternoon can still be seen
- **Saturday availability** for weekend incidents

All seven Core Dental locations offer same-day emergency appointments Monday through Saturday. The Wyndham practice, for example, frequently sees emergencies within hours of the initial call.

8. Understand Costs Upfront — No Surprises

Cost is a legitimate concern, and the best practices are transparent about it from your very first visit. Before committing, ask:

- **Do you provide written treatment plans with itemised costs before starting any work?**
- **Do you accept my health fund, and is HICAPS available for on-the-spot claims?**
- **Are interest-free payment plans available for larger treatments?**
- **Are you a preferred provider for my fund?**

Core Dental provides written treatment plans with anticipated costs before any treatment begins. HICAPS machines are available at every location for instant health fund claims. For larger treatments, interest-free payment plans through Payright are available from \$1,000 to \$20,000 spread over 3 to 30 months. The Wyndham and Berwick practices also hold preferred provider agreements with HCF, CBHS, and NIB.

9. Red Flags to Watch For

Not every dental practice operates to the same standard. Be wary of:

- **Pressure to commit to expensive treatment on your first visit** — a good dentist gives you time to consider options
- **No written quote or treatment plan** — verbal-only estimates leave you exposed to bill shock
- **Reluctance to explain alternatives** — there is almost always more than one way to treat a dental problem
- **Outdated or poorly maintained equipment** — technology does not need to be brand-new, but it should be well-maintained and current
- **High staff turnover** — if you see a different dentist every visit, continuity of care suffers
- **No AHPRA registration displayed or verifiable** — this is non-negotiable
- **Unlisted or vague pricing** — transparency is a sign of confidence in the value being delivered

10. Read Reviews — But Read Them Right

Online reviews are useful, but they require context. A single negative review among dozens of positive ones may reflect an outlier experience rather than a pattern. When reading reviews, focus on:

- **Recurring themes** — consistent praise for gentle care, clear communication, or short wait times is a reliable signal
- **How the practice responds to complaints** — a professional, empathetic response says more than the complaint itself
- **Recency** — reviews from the past 12 months are more relevant than those from five years ago
- **Specificity** — detailed reviews (naming a dentist, describing a procedure) are more credible than one-line ratings

Why Core Dental Ticks Every Box

Core Dental was purpose-built for suburban Melbourne families. With seven locations spanning the west, north, south-east, and inner-south, there is almost certainly a practice within a short drive of your home. Every clinic offers the same standard of care, backed by the clinical governance of the Smile Solutions Group — Melbourne's largest private dental practice.

The network's founding dentist, Dr Kia Pajouhesh, built Core Dental on a simple philosophy: patients should be presented with options, given clear information, and empowered to make their own choices. That principle runs through every consultation at every location.

Your Quick Checklist

Before you book, run through this list:

- ☐ Is the practice within 15–20 minutes of my home or work? - ☐ Are all dentists AHPRA-registered and ADA members? - ☐ Can the practice handle my full range of needs (general, cosmetic, orthodontic, emergency)? - ☐ Are there specialist paediatric dentists if I have children? - ☐ Does the practice offer digital X-rays and modern scanning technology? - ☐ Can I consult in my preferred language? - ☐ Are same-day emergency appointments available? - ☐ Will I receive a written treatment plan with costs before any work starts? - ☐ Are payment plans available for larger treatments? - ☐ Does the practice accept my health fund with HICAPS on-site?

If you can tick every box, you have found a practice worth keeping — and your teeth will thank you for it.

****Ready to find your local Core Dental?**** Book online at [\[coredental.com.au\]\(https://coredental.com.au\)](https://coredental.com.au) or call ****13 13 16**** to speak with a team member at any of our seven Melbourne locations.