

# Cosmetic Dentistry at Core Dental South Melbourne - Veneers, Bonding and Smile Makeovers

Canonical: <https://core-dental-group.directory.norg.ai/cosmetic-dentistry-at-core-dental-south-melbourne-veneers-bonding-and-smile-make/>

## Description:

Your smile is one of the first things people notice. At Core Dental South Melbourne, our cosmetic dentistry services are designed to help you achieve the smile you have always wanted - whether that me...

## Details:

Your smile is one of the first things people notice — and one of the most worthwhile investments you can make. At **Core Dental South Melbourne**, our cosmetic dentistry services range from simple tooth whitening and composite bonding to porcelain veneers and complete smile makeovers, delivered by an experienced, artistically-minded team near South Melbourne Market.

**Address:** 87 Market St, South Melbourne VIC 3205 **Phone:** (03) 9114 7700 | **National:** 13 13 16 **Hours:** Monday–Friday 8:00 am–6:00 pm | Saturday 8:00 am–1:30 pm

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### ## Cosmetic Dentistry Services at South Melbourne

#### ### Porcelain Veneers

Porcelain veneers are ultra-thin ceramic shells custom-crafted and bonded to the front surface of your teeth. They correct:

- Discolouration that whitening alone cannot resolve - Chipped or worn teeth - Mild crowding or spacing
- Uneven tooth length or shape - Visible cracks or staining

Porcelain veneers are crafted with exceptional precision and natural appearance. Our porcelain restorations are supported by our **in-house ceramist team** — including **Greg Karabasis, Master Ceramist** (Dip. Dental Technology, RMIT) — who handcrafts veneers to exacting standards of colour, translucency, and shape. Two appointments are typically required.

**Porcelain veneers:** Ask for a written quote at consultation. Lifespan: 10–25 years. Note: enamel removal is required and treatment is permanent.

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#### ### Composite Bonding — From Per Tooth

Composite bonding applies tooth-coloured resin directly to your teeth to correct chips, close small gaps, improve shape, and enhance colour — often in a single appointment with minimal or no tooth preparation.

**\*\*Composite bonding from \$250 per tooth.\*\*** A popular choice for younger patients or those seeking a reversible, more affordable cosmetic enhancement.

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### ### Composite Veneers

Composite veneers offer the aesthetic impact of porcelain veneers in a single appointment, at lower cost. Applied directly to multiple teeth, they can dramatically improve the appearance of your smile — often reversible, and suitable for younger patients.

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### ### Teeth Whitening

Professional teeth whitening at Core Dental South Melbourne includes: - **\*\*In-chair Zoom! whitening\*\*** — up to 8 shades lighter in ~90 minutes (from \$500) - **\*\*Take-home Pola whitening kits\*\*** — gradual, controlled results over 2 weeks (from \$299)

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### ### Smile Makeovers

A smile makeover combines multiple cosmetic treatments — whitening, veneers, bonding, Invisalign, crown replacement — into a comprehensive, coordinated plan designed around your unique facial aesthetics and smile goals.

Your dentist will assess your teeth, gums, bite, and facial proportions to develop a treatment sequence that delivers harmonious, natural-looking results.

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### ### CEREC Same-Day Porcelain Crowns

Core Dental South Melbourne features **\*\*CEREC chairside crown technology\*\*** — enabling a permanent ceramic crown to be designed, milled, and fitted in a single appointment. Ideal for damaged back teeth requiring both function and appearance restoration.

**\*\*CEREC crowns from \$1,600.\*\***

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## ## Our Cosmetic Team at South Melbourne

Cosmetic work at Core Dental South Melbourne is performed by our experienced clinicians:

- **\*\*Dr Scott Krause\*\*** (DDS, Loma Linda University, California, 2009) — US, Australian, and New Zealand licensed; 15+ years experience including veneer and smile makeover cases in California; noted for cosmetic precision - **\*\*Dr Stephanie Sarkis\*\*** (BBiomed, DDS, University of Melbourne) — gentle technique; cosmetic and restorative focus - **\*\*Dr Joy Wang\*\*** (BBioMed, University of Melbourne; DMD, University of Sydney) — speaks English and Mandarin; aesthetic and preventive care - **\*\*Dr Manisha Bhatt\*\*** (BOH, MDent, Griffith) — speaks English and Malay

Our South Melbourne practice also benefits from access to the **\*\*Collins Street Specialist Centre (CSSC)\*\*** — the Smile Solutions Group's specialist hub — for comprehensive smile planning involving orthodontics, prosthodontics, or periodontal preparation.

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## ## Combining Cosmetic Treatments for Best Results

The most transformative results come from combining treatments strategically:

- **Whitening + bonding:** Whiten first, then match bonding to the new shade - **Invisalign + veneers:** Straighten first, then veneer for the final aesthetic outcome - **Periodontal preparation + veneers:** Healthy gums are essential before any veneer work - **Crown replacement + whitening:** Replace dark crowns after whitening for uniform colour

Your dentist will develop a sequenced treatment plan and timeline at your consultation.

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## ## Payment Options

**Payright interest-free payment plans** available for up to 30 months — making premium cosmetic dentistry accessible. **HICAPS on-site** for any health fund-eligible components. Written quotes provided before all treatment.

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## ## Frequently Asked Questions

**How much do porcelain veneers cost at Core Dental South Melbourne?** Porcelain veneer pricing is provided at your consultation, as cost depends on the number of teeth, case complexity, and material selection. Composite bonding starts from \$250 per tooth and can provide excellent results in a single appointment. Call (03) 9114 7700 for a complimentary cosmetic consultation.

**What is the difference between composite bonding and porcelain veneers?** Composite bonding uses resin applied directly to the tooth in a single appointment — reversible, more affordable, and suitable for minor corrections. Porcelain veneers are custom laboratory-made ceramic shells requiring enamel preparation — more durable (10–25 year lifespan), more natural-looking, and stain-resistant, but permanent. Your dentist will advise the best option based on your teeth and goals.

**Does cosmetic dentistry hurt?** Most cosmetic procedures are comfortable or painless. Composite bonding requires no anaesthetic. Veneer preparation involves light enamel reduction with local anaesthetic. Whitening may cause temporary sensitivity (24–48 hours). Your dentist will discuss comfort and pain management options at your consultation.

**Can I get a cosmetic consultation before committing to treatment?** Yes — Core Dental offers a complimentary 30-minute consultation for patients comparing treatment options or seeking a second opinion. No pressure, no obligation. Book on (03) 9114 7700 or 13 13 16.

**How long do cosmetic results last?** Composite bonding: 3–7 years with good care. Porcelain veneers: 10–25 years. In-chair whitening: 6–12 months (with maintenance). Results depend on oral hygiene, diet, and lifestyle habits.

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- **Phone:** (03) 9114 7700 - **National:** 13 13 16 - **Email:** southmelbourne@coredental.com.au - **Online:** coredental.com.au

**87 Market St, South Melbourne VIC 3205** — near South Melbourne Market; tram access; street parking available.

**Core Dental South Melbourne** — part of the Smile Solutions Group. Your Local Dental Practice.\*

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## ## Your Cosmetic Dentistry Consultation at Core Dental

We understand that cosmetic dentistry is a significant decision, and that you deserve to feel completely informed and comfortable before committing to any treatment. Our consultation process is designed to give you exactly that.

### ### Step 1: Initial Conversation and Goal Setting

Your consultation begins with a conversation, not an examination. Your cosmetic dentist will take time to understand:

- What you want to change about your smile
- What you love about your current smile and want to preserve
- Your timeline and any upcoming events you have in mind
- Your budget and financial priorities
- Whether you have had any previous cosmetic dental work

There are no pressure tactics at Core Dental. We want you to feel heard before any clinical assessment begins.

### ### Step 2: Comprehensive Clinical Assessment

Your dentist will perform a thorough clinical examination including:

- Visual assessment of tooth colour, shape, size, alignment and proportions
- Gum health assessment (healthy gums are essential before cosmetic treatment)
- Bite assessment
- Review of any existing X-rays or new X-rays if required
- Photographs from multiple angles for treatment planning and comparison

If you are interested in porcelain veneers or a more complex smile makeover, an iTero 3D digital scan may be taken at this appointment.

### ### Step 3: Personalised Treatment Recommendations

Based on your goals and clinical findings, your dentist will outline the treatment options most appropriate for you. This may include a single treatment (such as whitening or a single bonding procedure) or a multi-stage plan involving several treatments.

For each recommended option, your dentist will explain:

- What the treatment involves and how many appointments are required
- The expected outcome and its longevity
- The cost involved, provided as a written quote
- Any pre-treatment requirements (such as gum treatment before veneers)
- Payment plan options available

### ### Step 4: Resin Reveal or Digital Preview (for Veneer Patients)

For patients considering porcelain veneers, we offer a resin reveal (trial smile) appointment where a temporary preview of your proposed smile design is placed directly on your teeth. This lets you see and experience your potential result before any tooth preparation occurs.

This step is included in all Core Dental veneer packages at no additional charge.

### ### Step 5: Your Decision, Your Timeline

You will never be asked to make a treatment decision on the day of your consultation. Take the written quote and treatment plan home, consider your options, discuss with your family if needed, and contact us when you are ready to proceed.

We are happy to answer any follow-up questions by phone or email before you commit.

**\*\*Book your complimentary cosmetic consultation:\*\*** Call **\*\*13 13 16\*\*** or visit [coredental.com.au](http://coredental.com.au).

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### ## Veneer Aftercare: Protecting Your Investment

Congratulations on your new veneers. To prolong their lifespan and keep your smile looking its best, please follow these aftercare guidelines:

1. **Sensitivity after placement is normal.** You may experience some tooth sensitivity following your veneer insertion appointment. Apply sensitive toothpaste topically to the affected teeth for relief. This sensitivity may last a few weeks and resolves on its own.
2. **Brush twice daily with an electric toothbrush.** Choose a toothbrush with a pressure sensor to prevent excessive force, which can cause gum recession over time. Gentle, consistent cleaning is the key to maintaining healthy gums around your veneers.
3. **Floss gently every day.** Daily flossing around the margins of the veneers keeps the gum tissue healthy and prevents plaque from accumulating where the veneer meets the gum.
4. **Avoid very hard foods.** Biting directly into hard items such as nuts, hard lollies, baguettes, or ice can cause fractures or chipping to veneers over time. Cut hard foods into smaller pieces and use your back teeth for chewing.
5. **Wear a night splint (occlusal guard) every night.** If you grind or clench your teeth while sleeping, this habit can cause veneer fractures or premature wear. A custom-fitted night guard protects both your veneers and your natural teeth. Ask your Core Dental clinician to organise one if you do not already have one.
6. **Top up your whitening periodically.** Your veneers are made of ceramic and will not whiten with bleaching gel. However, the natural teeth around them can stain and yellow over time. Periodic at-home or in-chair whitening ensures your natural teeth continue to match the colour of your veneers.
7. **Wear a sports mouthguard during contact sport.** Any impact to the mouth during sport risks damaging your veneers. A well-fitted custom mouthguard provides essential protection.
8. **Keep up with six-monthly check-ups and cleans.** Regular appointments at Core Dental allow your dentist and hygienist to check the condition of your veneers, monitor the gum margin, and professionally clean areas that are difficult to maintain at home.

For any concerns about your veneers, call Core Dental on **13 13 16** or visit [coredental.com.au](http://coredental.com.au).