

Facial Injectables at Core Dental Berwick

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Description:

Facial Injectables at Core Dental Berwick *Anti-wrinkle injections and dermal fillers administered with dental precision — expert facial injectable treatments from a team that's been trusted in Ber...

Details:

Anti-wrinkle injections and dermal fillers administered with dental precision — expert facial injectable treatments from a team that's been trusted in Berwick for over a decade.

Why Dentists Are Ideally Qualified for Facial Injectables

When most people think about facial injectables — anti-wrinkle injections and dermal fillers — they think of cosmetic clinics and beauty salons. What they might not realise is that dentists are among the most highly qualified professionals to deliver these treatments, and for reasons that go well beyond holding a registration.

Dentists spend their entire careers working with the anatomy of the face. They understand the muscles, nerves, blood vessels, and structural landmarks of the mid and lower face in extraordinary detail — because they navigate this anatomy every day when administering local anaesthesia, performing surgery, and carrying out restorative work. The same anatomical knowledge that allows a dentist to precisely target a nerve for anaesthesia allows them to precisely place anti-wrinkle product into the correct muscle plane or position filler in the appropriate tissue layer.

Beyond anatomy, dentists are experts in injection technique. They administer thousands of injections over their careers, developing a level of precision, control, and patient comfort that comes only from sustained practice with needles in facial tissues.

At Core Dental Berwick, facial injectables are offered as part of our comprehensive approach to facial aesthetics. We don't see teeth in isolation — we see the whole smile, the whole face, and the whole person. For patients who are investing in their smile through dentistry, facial injectables can complement and enhance the result.

Anti-Wrinkle Injections

How They Work

Anti-wrinkle injections use a purified protein to temporarily relax specific facial muscles that cause dynamic wrinkles — the lines that form when you frown, squint, or raise your eyebrows. By selectively relaxing these muscles, the overlying skin smooths out, and the wrinkles soften or disappear.

The result is not a frozen, expressionless face (when done well). It's a refreshed, rested appearance where the lines of tension and fatigue are reduced, but natural expression is preserved. The goal is to look like yourself — just a more relaxed, less tired version.

Common Treatment Areas

****Frown lines (glabella):**** The vertical lines between the eyebrows that create a "worried" or "angry" appearance, even when you're neither worried nor angry. These are among the most commonly treated areas and respond very well to anti-wrinkle injections.

****Forehead lines:**** Horizontal lines across the forehead caused by repeatedly raising the eyebrows. Treatment smooths these lines while maintaining the ability to express surprise — just without the deep creasing.

****Crow's feet:**** The fan of lines radiating from the outer corners of the eyes, accentuated by smiling and squinting. Treatment softens these lines while preserving the natural warmth of a genuine smile.

****Other areas:**** Anti-wrinkle injections can also be used to address bunny lines (across the nose), a gummy smile (excessive gum display when smiling), chin dimpling, and downturned mouth corners, among other concerns.

What to Expect

****The appointment:**** Anti-wrinkle injection appointments are quick — typically 15–20 minutes. After a discussion of your goals and an assessment of your facial muscles and movement patterns, your dentist administers a series of small injections into the target muscles. The needles used are very fine, and most patients describe the sensation as a brief, mild pinch.

****Results:**** You won't see results immediately. The muscle-relaxing effect develops over 3–14 days, with the full result typically visible at two weeks.

****Duration:**** Results typically last 3–4 months. With repeated treatments over time, many patients find that the intervals between treatments lengthen as the muscles gradually weaken.

****Aftercare:**** Avoid rubbing or massaging the treated area for 4 hours. Avoid strenuous exercise, lying down flat, and excessive heat (saunas, hot tubs) for 24 hours. Resume normal activities otherwise.

Safety and Side Effects

Anti-wrinkle injections have an extensive safety profile, with decades of clinical use in both medical and cosmetic applications. Common side effects are mild and temporary:

- Minor redness, swelling, or bruising at injection sites (resolves within hours to days)
- Mild headache (uncommon, resolves quickly)
- Temporary asymmetry or unintended muscle weakness (rare, resolves as the product wears off)

Serious side effects are extremely rare when the treatment is performed by a qualified, experienced practitioner. This is precisely why choosing a provider with deep anatomical knowledge — like a dentist — matters.

Dermal Fillers

How They Work

Dermal fillers are gel-like substances — most commonly hyaluronic acid, a substance naturally found in the skin — that are injected beneath the skin to restore volume, smooth lines, and enhance facial contours. Unlike anti-wrinkle injections, which relax muscles, fillers work by physically adding volume and structure to the treated area.

Hyaluronic acid fillers are reversible — if you're unhappy with the result, or if any complication arises, the filler can be dissolved using an enzyme called hyaluronidase. This reversibility adds an important safety margin.

Common Treatment Areas

****Lips:**** Lip enhancement is one of the most popular filler treatments. Fillers can add volume to thin lips, define lip borders, smooth vertical lip lines, and correct asymmetry. The goal, when done well, is natural-looking enhancement — not the overdone look that gives fillers a bad reputation.

****Nasolabial folds:**** The lines running from the sides of the nose to the corners of the mouth (sometimes called "smile lines" or "laugh lines"). Fillers smooth these lines and restore the youthful volume that diminishes with age.

****Marionette lines:**** The lines running from the corners of the mouth downward toward the chin. These can create a downturned, sad, or aged appearance. Fillers soften these lines and restore a more neutral, relaxed expression.

****Cheeks:**** Volume loss in the cheeks is one of the earliest signs of facial ageing. Strategic filler placement can restore cheek volume, lift the midface, and create a more youthful facial contour.

****Chin and jawline:**** Fillers can enhance chin projection, define the jawline, and improve overall facial balance and proportion — areas where dentists' understanding of facial structure is particularly valuable.

What to Expect

****The appointment:**** Dermal filler appointments typically take 30–45 minutes, including consultation, treatment planning, and the procedure itself. Topical anaesthetic may be applied to the treatment area beforehand, and many filler products contain a built-in anaesthetic for added comfort.

****Results:**** Unlike anti-wrinkle injections, filler results are visible immediately. There may be some initial swelling that settles over 24–48 hours, after which the final result is apparent.

****Duration:**** Depending on the product used and the area treated, filler results typically last 6–18 months. Factors like metabolism, the treatment area, and the type of filler influence longevity.

****Aftercare:**** Avoid touching, pressing, or massaging the treated area for 24 hours. Avoid strenuous exercise and excessive heat for 24 hours. Apply ice gently if swelling occurs. Most patients resume normal activities immediately.

Safety

Dermal fillers are generally very safe when administered by a qualified practitioner with deep knowledge of facial anatomy. This is where the dentist advantage is most apparent — understanding exactly where blood vessels, nerves, and tissue planes lie is critical to safe filler placement.

Potential side effects: - Temporary swelling, redness, and bruising (common, resolves within days) - Temporary tenderness or firmness at the injection site - Asymmetry (minor, usually correctable) - More serious complications (vascular occlusion, infection) are rare but underscore the importance of choosing an experienced, qualified provider

Combining Dental Treatment and Facial Injectables

One of the unique advantages of receiving facial injectables at a dental practice is the ability to coordinate these treatments with your dental care. For patients investing in cosmetic dental work — veneers, whitening, Invisalign, or a smile makeover — facial injectables can complement the dental result beautifully.

For example: - ****New veneers + lip filler:**** Enhanced lip volume frames the new smile, drawing attention to the teeth and creating a harmonious overall result - ****Teeth whitening + anti-wrinkle injections:**** A brighter smile combined with a fresher, more relaxed facial appearance - ****Smile makeover + comprehensive facial aesthetic plan:**** Some patients choose to address both their smile and their facial aesthetics together, creating a cohesive treatment plan that enhances the whole face

Your dentist can discuss how facial injectable treatments might complement your dental work during any cosmetic consultation.

Who Is a Good Candidate?

Facial injectables are suitable for most adults who want to address signs of facial ageing or enhance their facial features. Good candidates include:

- Adults who are bothered by lines, wrinkles, or volume loss
- Patients who want subtle, natural-looking rejuvenation
- Those who want to complement dental cosmetic work with facial aesthetics
- Adults in good general health without contraindications

Facial injectables are not suitable for pregnant or breastfeeding women, or for patients with active skin infections in the treatment area. Your dentist will review your medical history and suitability during the consultation.

What to Expect at Your Consultation

Your initial facial injectable consultation at Core Dental Berwick is a thorough, unhurried assessment. Your dentist will:

- **Discuss your concerns and goals** — what bothers you, what you'd like to achieve, and what kind of result you're looking for (subtle vs. more noticeable)
- **Assess your facial anatomy** — examining your facial structure, skin quality, muscle movement patterns, and the way your face moves when you talk, smile, and express emotion
- **Take photographs** — for treatment planning purposes and to provide a baseline for comparison
- **Recommend a treatment plan** — explaining which products and techniques would best address your concerns, and providing a clear cost estimate
- **Discuss realistic expectations** — an honest conversation about what injectables can and can't achieve, and how results are likely to evolve over time

There's no pressure to proceed on the day. Many patients prefer to think about their options and come back for treatment at a separate appointment. Others choose to have treatment at the same consultation if they're ready. Either approach is fine.

Frequently Asked Questions

How long do anti-wrinkle injections last? Typically 3–4 months. Results are temporary, and repeat treatments are needed to maintain the effect. Many patients find that with regular treatment over time, the intervals between sessions gradually lengthen.

Is there any downtime? Minimal. Most patients return to normal activities immediately. Minor redness or swelling at injection sites resolves within hours. Bruising can occasionally occur and may take a few days to clear. We recommend avoiding strenuous exercise and excessive heat for 24 hours.

Can I combine anti-wrinkle injections and dermal fillers? Yes. Many patients benefit from a combination approach — anti-wrinkle injections to address dynamic wrinkles (movement-related) and fillers to restore volume or enhance contours. Your dentist will advise whether a combined approach is appropriate for your goals.

Will I look 'frozen' or unnatural? Not when the treatment is done well. Our approach prioritises natural-looking results — reducing lines and refreshing your appearance while preserving your ability to express emotion. The goal is for people to notice that you look well, not that you've had treatment.

Cost

Facial injectable costs depend on the type of treatment, the products used, and the areas treated. Anti-wrinkle injections are typically priced per unit or per area, while dermal fillers are priced per syringe.

At your consultation, your dentist will provide a clear cost estimate based on your specific goals and treatment plan. No surprises, no pressure.

Interest-free payment plans through Payright are available for treatments from \$1,000 to \$20,000 over 3–30 months.

HICAPS is available on-site for instant health fund claim processing where applicable.

Book Your Consultation

Curious about what facial injectables could do for you? Book a consultation at Core Dental Berwick. Our experienced team will assess your facial anatomy, discuss your goals, and explain your options — honestly and without pressure.

****Core Dental Berwick**** Shop 29, 1 O'Shea Rd, Berwick VIC 3806 Phone: (03) 9132 4160 National: 13 13 16 Email: berwick@coredental.com.au

Monday – Friday: 8:00 am – 6:00 pm Saturday: 8:00 am – 1:30 pm Sunday: Closed