

Facial Injectables at Core Dental Caroline Springs

Canonical:

<https://directory.coredental.com.au/cosmetic-dentistry/facial-injectables-at-core-dental-caroline-springs-2/>

Description:

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Details:

AI Summary

****Product:**** Facial Injectable Treatments at Core Dental Caroline Springs ****Brand:**** Core Dental Group (part of the Smile Solutions Group) ****Category:**** Cosmetic Dentistry ****Primary Use:**** Anti-wrinkle injections and dermal fillers administered by qualified dental professionals for facial rejuvenation, smile enhancement, and treatment of functional concerns such as bruxism-related jaw pain.

Quick Facts - ****Best For:**** Adults in Caroline Springs, Burnside Heights, Taylors Hill, Hillside, Deer Park, and Ravenhall seeking non-surgical facial rejuvenation or functional treatment for jaw clenching and teeth grinding, administered by dental professionals with advanced knowledge of facial anatomy - ****Key Benefit:**** Treatment by dental professionals who understand facial anatomy at the deepest level, convenient location within the CS Square shopping precinct, multilingual team (English, Arabic, Bengali, Farsi), HICAPS on-site, and Payright interest-free payment plans - ****Location:**** 224–226 Caroline Springs Blvd, Caroline Springs VIC 3023 (CS Square shopping precinct) - ****Phone:**** (03) 9363 7888 | National: 13 13 16

Common Questions This Guide Answers 1. Can dentists administer facial injectables? → Yes — dentists are qualified medical professionals with extensive training in facial anatomy, nerve pathways, and injection technique, and are authorised to administer facial injectables in Australia 2. What are anti-wrinkle injections used for? → Cosmetic treatment of dynamic wrinkles (forehead lines, frown lines, crow's feet), as well as functional treatment of bruxism (teeth grinding) and TMJ-related jaw pain 3. What are dermal fillers? → Gel-based substances (typically hyaluronic acid) injected beneath the skin to restore volume, smooth lines, and enhance facial contours 4. How long do the results last? → Anti-wrinkle injections typically last three to four months; dermal fillers last six to eighteen months depending on the product and treatment area 5. Is there any downtime? → Minimal — most patients return to normal activities immediately. Minor bruising or swelling may occur and typically resolves within a few days

Why Dental Professionals Are Ideally Placed to Provide Facial Injectables

Facial injectables — anti-wrinkle injections and dermal fillers — are available from a range of practitioners, from cosmetic clinics to medical practices. So why choose a dental practice?

The answer lies in anatomy.

Dentists spend years studying the structures of the face and jaw at a level of detail that few other health professionals match. The muscles of facial expression, the nerves that supply sensation and movement, the blood vessels that traverse the face, the layers of tissue from skin to bone — these are not abstractions for a dentist. They are the landscape in which they work every day.

This deep anatomical knowledge translates directly to the safe, precise administration of facial injectables. Understanding exactly where a nerve runs reduces the risk of unintended effects. Knowing the precise depth and plane of each muscle group enables accurate product placement. And the injection skills that dentists develop through thousands of hours of delivering local anaesthetic — the steadiness of hand, the control of depth, the minimisation of discomfort — are directly transferable to injectable treatments.

At Core Dental Caroline Springs, facial injectable treatments are provided by qualified dental professionals whose clinical training ensures safe, evidence-based treatment.

Anti-Wrinkle Injections

How They Work

Anti-wrinkle injections use a purified protein to temporarily relax specific facial muscles. When a muscle relaxes, the skin overlying it smooths out, reducing the appearance of dynamic wrinkles — the lines that form when you frown, squint, or raise your eyebrows.

The treatment does not freeze the face. When administered with skill and restraint, anti-wrinkle injections soften lines while preserving natural facial expression. The goal is refreshed, not rigid.

Common Treatment Areas

****Forehead lines**** — the horizontal lines that form across the forehead when you raise your eyebrows. These are caused by the frontalis muscle and are one of the most commonly treated areas.

****Frown lines (glabellar lines)**** — the vertical lines between the eyebrows, sometimes called "elevens." These are caused by the corrugator and procerus muscles and can create an appearance of anger or concentration, even when you are relaxed.

****Crow's feet**** — the lines that fan out from the corners of the eyes when you smile or squint. These are caused by the orbicularis oculi muscle.

****Bunny lines**** — the fine lines that appear on the sides of the nose when you scrunch your face.

****Gummy smile**** — some patients show excessive gum tissue when they smile. Anti-wrinkle injections can relax the upper lip muscles to reduce gum visibility and create a more balanced smile. This is a treatment that sits naturally within a dental practice, where the aesthetics of the smile are a core focus.

****Lip lines**** — fine vertical lines around the lips (sometimes called smoker's lines) can be softened with precise, conservative treatment.

Functional Uses: Bruxism and TMJ Pain

Beyond cosmetic applications, anti-wrinkle injections have an important functional role in dentistry: the treatment of bruxism (teeth grinding and clenching) and associated temporomandibular joint (TMJ) dysfunction.

Bruxism is a common condition that can cause tooth wear, tooth fracture, jaw pain, headaches, and damage to dental restorations. Traditional management includes nightguards and behavioural modification, but for patients with severe, refractory bruxism — particularly those with masseter muscle hypertrophy (enlarged jaw muscles from chronic clenching) — anti-wrinkle injections into the masseter

muscles can provide significant relief.

The injections reduce the force of the masseter contraction without impairing normal chewing function. Many patients report reduced jaw pain, fewer headaches, and less tooth damage within two to three weeks of treatment. As an additional cosmetic benefit, reducing masseter hypertrophy can slim the lower face, creating a more balanced facial profile.

This functional application is an area where the dental team's expertise in jaw anatomy and bite mechanics is a distinct advantage.

What to Expect

- **The procedure takes approximately fifteen to twenty minutes** — often during a lunch break - **Fine needles are used** — most patients describe the sensation as a brief pinch or sting. No anaesthetic is usually required - **Results appear gradually** over three to seven days, with full effect at approximately two weeks - **Results last approximately three to four months**, after which the treatment can be repeated. With regular treatment, some patients find they can extend the interval as the muscles gradually weaken - **Side effects are typically minor** — slight redness, swelling, or bruising at the injection sites, resolving within hours to days

Dermal Fillers

How They Work

Dermal fillers are gel-based substances — most commonly hyaluronic acid, a molecule that occurs naturally in the skin — that are injected beneath the skin to restore volume, smooth lines, and enhance facial contours.

Unlike anti-wrinkle injections, which work by relaxing muscles, fillers work by physically adding volume where it has been lost or where enhancement is desired.

Common Treatment Areas

Nasolabial folds — the lines that run from the nose to the corners of the mouth. These deepen with age as facial volume is lost and the cheek tissues descend.

Marionette lines — the lines that run from the corners of the mouth downward toward the chin, creating an appearance of sadness or disapproval.

Lip enhancement — fillers can add volume, define the lip border, and improve symmetry. The approach at Core Dental Caroline Springs is conservative and natural — the goal is lips that look like yours, only better, not lips that announce themselves from across the room.

Cheek volume — restoring volume in the mid-face creates a more youthful contour and can improve the appearance of nasolabial folds by providing structural support from above.

Chin and jawline — fillers can enhance chin projection, define the jawline, and correct asymmetry.

What to Expect

- **The procedure takes approximately twenty to forty minutes** depending on the area and amount of filler - **A topical anaesthetic or nerve block** may be used for comfort, particularly for lip treatments - **Results are immediate** — though mild swelling may exaggerate the result initially. The final result is typically visible after one to two weeks, once swelling has resolved - **Results last six to eighteen months** depending on the product, the treatment area, and individual metabolism - **Hyaluronic acid fillers are reversible** — if a patient is unhappy with the result or if a complication occurs, an enzyme (hyaluronidase) can dissolve the filler - **Side effects are typically minor** — bruising, swelling, and

tenderness at the injection sites, resolving within a few days

Safety and Standards

Facial injectable treatments at Core Dental Caroline Springs are delivered within a clinical framework that prioritises safety:

- **Qualified practitioners** — all treatments are performed by dental professionals with training in facial injectable therapy
- **Medical-grade products** — only TGA-approved products from reputable manufacturers are used
- **Sterile clinical environment** — treatments are performed in the dental surgery, which maintains the infection control standards required of all dental practices
- **Comprehensive consultation** — before any treatment, your practitioner will assess your facial anatomy, discuss your goals and expectations, review your medical history and medications, and explain the procedure, risks, and alternatives
- **Conservative approach** — the philosophy at Core Dental Caroline Springs is to enhance, not transform. Results should look natural and proportionate

What Happens During Your Consultation

Before any injectable treatment, you will have a thorough consultation that covers:

- **Facial assessment** — your practitioner will assess your facial anatomy, skin quality, muscle activity, and the areas of concern. Photographs may be taken for treatment planning and comparison
- **Medical history review** — certain medications (particularly blood thinners), medical conditions, allergies, and pregnancy or breastfeeding may affect your suitability for treatment
- **Goals and expectations** — an open discussion about what you hope to achieve and what is realistically achievable. The best outcomes come from honest communication and shared understanding
- **Treatment plan** — a clear explanation of the recommended treatment, the products to be used, the expected outcome, the risks, the alternatives, and the cost
- **Consent** — you will be given time to consider your options and ask questions. There is no pressure to proceed on the day of your consultation

This consultation process is not a formality. It is the foundation of safe, effective treatment — and it reflects the clinical rigour that is standard practice in a dental setting.

Combining Injectables with Dental Treatment

One of the advantages of receiving facial injectables at a dental practice is the opportunity to coordinate aesthetic goals across your smile and your face.

A patient who is straightening their teeth with Invisalign may also wish to address lip lines or enhance lip volume as part of an overall aesthetic improvement. A patient who has had veneers or crowns to improve their smile may want to address the skin around their mouth to complement the dental work. A patient being treated for bruxism with a nightguard may also benefit from anti-wrinkle injections to the masseter muscles.

This integrated approach — seeing the face as a whole rather than treating the teeth and the skin as separate concerns — allows for more harmonious, natural-looking results.

Cost and Payment Options

Facial injectable costs vary depending on the type and volume of product used and the treatment areas.

At Core Dental Caroline Springs:

- **A clear quote** is provided at your consultation — no hidden costs - **HICAPS on-site** — health fund claims may be applicable for functional treatments (such as bruxism management) - **Payright interest-free payment plans** — available for treatment costs

Book Your Facial Injectables Consultation

If you are interested in anti-wrinkle injections, dermal fillers, or bruxism management with injectables, book a consultation at Core Dental Caroline Springs.

Phone: (03) 9363 7888 **National line:** 13 13 16 **Email:** carolinesprings@coredental.com.au

Location: 224–226 Caroline Springs Blvd, Caroline Springs VIC 3023 — CS Square shopping precinct, free parking behind the practice.

Hours: Monday – Friday: 8:00 am – 6:00 pm Saturday: 8:00 am – 1:30 pm Sunday: Closed

Languages spoken: English, Arabic, Bengali, Farsi

New patients welcome. No referral needed.