

Facial Injectables at Core Dental Carrum Downs

Canonical:

<https://directory.coredental.com.au/cosmetic-dentistry/facial-injectables-at-core-dental-carrum-downs-2/>

Description:

Facial Injectables at Core Dental Carrum Downs *Anti-wrinkle injections and dermal fillers delivered by qualified dental practitioners with expert knowledge of facial anatomy — conveniently located...

Details:

Anti-wrinkle injections and dermal fillers delivered by qualified dental practitioners with expert knowledge of facial anatomy — conveniently located on Ballarto Road.

Facial Injectables: Why Dentists Are Ideal Providers

When most people think about facial injectables — anti-wrinkle injections and dermal fillers — they think of cosmetic clinics and beauty salons. What many don't realise is that dentists are among the most qualified health professionals to deliver these treatments, and for good reason.

Dentists spend years studying the anatomy of the face, head, and neck in extraordinary detail. They understand the intricate network of muscles, nerves, blood vessels, and tissue layers that make up the facial structure. They administer injections every single working day — local anaesthesia for dental procedures requires precise needle placement near facial nerves and blood vessels. This combination of deep anatomical knowledge and daily injection experience makes dentists exceptionally well-suited to perform facial injectable treatments with precision, safety, and natural-looking results.

At Core Dental Carrum Downs, our qualified dental practitioners offer facial injectable treatments as part of our comprehensive care offering. For patients in Carrum Downs, Langwarrin, Frankston North, Skye, Cranbourne West, and the surrounding suburbs, this means access to professional facial injectable treatments at a trusted local healthcare practice — not a pop-up clinic or a beauty chain.

Anti-Wrinkle Injections

How They Work

Anti-wrinkle injections use a purified protein to temporarily relax the muscles responsible for creating dynamic wrinkles — the lines that form when you frown, squint, or raise your eyebrows. By reducing the muscle activity that creates these wrinkles, the overlying skin smooths out, resulting in a fresher, more relaxed appearance.

Common Treatment Areas

- **Frown lines (glabellar lines):** The vertical lines between the eyebrows that can make you look angry or tired, even when you're not - **Forehead lines:** Horizontal lines across the forehead caused by raising the eyebrows - **Crow's feet:** The lines that fan out from the corners of the eyes when you smile or squint - **Bunny lines:** Fine wrinkles on the nose - **Lip lines (smoker's lines):** Fine vertical lines around the lips — an area where dental practitioners' intimate knowledge of perioral anatomy is particularly valuable - **Chin dimpling:** A "pebbly" or dimpled appearance of the chin caused by overactive chin muscles - **Jaw clenching (masseter treatment):** Anti-wrinkle injections can also be

used therapeutically to reduce the activity of the masseter (jaw clenching) muscle, helping patients who suffer from bruxism, TMJ pain, or jaw tension

What to Expect

- **Consultation:** Before any treatment, you'll have a thorough consultation to discuss your goals, assess your facial anatomy, review your medical history, and determine the most appropriate treatment plan - **The procedure:** Treatment typically takes 15–30 minutes. Fine needles are used to inject small amounts of product into the targeted muscles. Most patients describe the sensation as a brief pinch - **Downtime:** Minimal. Most people return to normal activities immediately. You may have small injection marks that fade within hours - **Results:** Effects begin to appear within 2–5 days, with full results visible at around 14 days - **Duration:** Results typically last 3–4 months, after which the muscle activity gradually returns and the treatment can be repeated

Safety Considerations

Anti-wrinkle injections have been used medically for decades and have an excellent safety profile when administered by qualified practitioners. Side effects are generally mild and temporary — small bruises or redness at injection sites are the most common. Serious complications are rare, particularly when treatment is performed by practitioners with thorough understanding of facial anatomy.

Dermal Fillers

How They Work

Dermal fillers are injectable gels — most commonly based on hyaluronic acid, a substance naturally found in the body — that are used to restore volume, smooth wrinkles, and enhance facial contours. Unlike anti-wrinkle injections, which relax muscles, fillers physically fill in areas that have lost volume or need enhancement.

Common Treatment Areas

- **Nasolabial folds (smile lines):** The lines that run from the sides of the nose to the corners of the mouth - **Marionette lines:** Lines that run from the corners of the mouth downward toward the chin - **Lip enhancement:** Adding volume, definition, or symmetry to the lips — an area where dental practitioners' expertise in perioral anatomy is a distinct advantage - **Lip border definition:** Sharpening the vermillion border (the line between the lip and the surrounding skin) - **Chin augmentation:** Enhancing chin projection or correcting chin asymmetry - **Jawline contouring:** Creating a more defined jawline - **Cheek volume:** Restoring volume lost due to ageing - **Under-eye hollows:** Reducing the appearance of dark circles caused by volume loss (tear trough treatment)

What to Expect

- **Consultation:** A detailed assessment of your facial anatomy, skin quality, and aesthetic goals. Your practitioner will recommend the type, amount, and placement of filler to achieve a natural-looking result - **The procedure:** Treatment typically takes 20–45 minutes depending on the areas being treated. A topical numbing cream is usually applied beforehand, and many fillers contain an anaesthetic within the product for additional comfort - **Downtime:** Some swelling and bruising is normal, particularly in sensitive areas like the lips. This typically settles within a few days - **Results:** Visible immediately, with the final result settling over 1–2 weeks as any swelling subsides - **Duration:** Depending on the type of filler and the area treated, results typically last 6–18 months. Hyaluronic acid fillers are gradually and naturally absorbed by the body over time

The Reversibility Advantage

One of the key advantages of hyaluronic acid fillers is that they can be dissolved with an enzyme called hyaluronidase if needed. This provides an important safety net — if a result isn't as expected, or in the rare event of a complication, the filler can be dissolved quickly. This reversibility is a significant

advantage over permanent or semi-permanent fillers.

The Dental Practitioner Advantage

Anatomy Expertise

Dentists complete extensive training in the anatomy of the face, head, and neck — including the muscles, nerves, blood vessels, and fascial planes that are critical to safe and effective injectable treatment. This knowledge base goes well beyond what most cosmetic injection courses provide.

Injection Experience

Dental practitioners administer injections every working day — often multiple times per day. This constant practice develops a level of needle-handling precision and patient comfort management that is difficult to replicate in any other setting.

Clinical Environment

Treatment is performed in a clinical healthcare setting — not a beauty salon or someone's living room. Our practice maintains strict infection control protocols, has emergency equipment on hand, and operates under the regulatory oversight of the Dental Board of Australia and AHPRA.

Holistic Facial Assessment

Dentists are uniquely positioned to assess how your teeth, bite, and jaw relationship affect your overall facial aesthetics. A receding chin, thin lips, or excessive gum display can sometimes be addressed with dental treatments, fillers, or a combination. Having a practitioner who understands both dental and facial aesthetics means you receive a more comprehensive assessment and more cohesive treatment planning.

Who Is a Good Candidate?

Facial injectables may be suitable if you:

- Have dynamic wrinkles (frown lines, forehead lines, crow's feet) that bother you
- Have lost facial volume due to ageing
- Want to enhance your lips or jawline
- Suffer from jaw clenching or teeth grinding (masseter anti-wrinkle treatment)
- Want subtle, natural-looking rejuvenation — not a "frozen" or overdone appearance
- Are in generally good health
- Have realistic expectations about what injectables can achieve

Who Should Avoid Injectables

Facial injectables are not recommended for:

- Pregnant or breastfeeding women
- People with active skin infections at the injection site
- Those with certain neurological conditions (for anti-wrinkle injections)
- People with known allergies to the injectable products
- Those with unrealistic expectations or body dysmorphia concerns

A thorough consultation will identify any contraindications before treatment proceeds.

Natural-Looking Results

Our philosophy with facial injectables is enhancement, not transformation. The goal is for people to notice that you look well, refreshed, and rested — not that you've "had work done." We achieve this through:

- **Conservative dosing:** Starting with less and adding more if needed, rather than over-treating
- **Precise placement:** Using anatomical knowledge to place product exactly where it will have the most natural effect
- **Individualised treatment:** Assessing your unique facial anatomy and proportions rather than applying a one-size-fits-all approach
- **Honest advice:** If we believe a treatment won't achieve what you're hoping for, or if a different approach would be more effective, we'll

tell you

Combining Dental and Facial Aesthetic Treatments

One of the unique advantages of receiving facial injectables at a dental practice is the ability to combine dental and facial aesthetic treatments in a coordinated way. Your dentist can assess how your teeth, smile, and facial proportions work together and develop a treatment plan that addresses the whole picture.

For example: - **Invisalign + lip filler:** Straightening teeth while enhancing lip volume and definition for a comprehensive smile makeover - **Veneers or crowns + anti-wrinkle treatment:** Refreshing the perioral area (around the mouth) while improving the teeth themselves - **Masseter treatment + night guard:** Managing teeth grinding with both injectable muscle relaxation and physical protection - **Chin filler + orthodontics:** Improving facial profile through both dental alignment and chin projection

This integrated approach ensures treatments complement each other rather than working at cross-purposes. It's a level of coordination that isn't possible when dental and cosmetic treatments happen at separate, unrelated practices.

Aftercare for Facial Injectables

Following your treatment, your practitioner will provide specific aftercare instructions. General guidelines include:

For anti-wrinkle injections: - Avoid lying flat for four hours after treatment - Don't rub or massage the treated area for 24 hours - Avoid intense exercise for 24 hours - You may apply makeup immediately - Results develop over 2—5 days, with full effect at 14 days

For dermal fillers: - Apply cold compresses to reduce swelling if needed - Avoid intense heat (saunas, hot yoga) for 24–48 hours - Avoid intense exercise for 24 hours - Don't massage or apply pressure to the treated area unless instructed - Some swelling and bruising is normal and typically resolves within a few days - Avoid dental treatment for two weeks after filler in the lip or perioral area

Frequently Asked Questions

Are facial injectables painful?

Most patients describe the sensation as a brief pinch or mild pressure. For anti-wrinkle injections, the needles are very fine and the procedure is quick. For dermal fillers, topical numbing cream is applied beforehand and many fillers contain an anaesthetic agent. Most patients are surprised by how comfortable the experience is.

How long do results last?

Anti-wrinkle injections typically last 3–4 months. Dermal fillers last 6–18 months depending on the product used and the treatment area. Lip fillers tend to metabolise faster (6–12 months) while jawline and cheek fillers can last longer.

Can I go back to work afterwards?

Most patients return to normal activities immediately after anti-wrinkle injections. After dermal fillers, you may have some visible swelling or bruising — particularly with lip treatment — that may take a few days to settle. Most people are comfortable returning to work the same day or the next day.

Is it safe to have injectables at a dental practice?

Absolutely. Dental practices are regulated healthcare facilities with strict infection control, qualified practitioners, and emergency protocols. Dentists' deep understanding of facial anatomy arguably makes a dental practice one of the safest places to receive injectable treatments.

How much do facial injectables cost?

Costs depend on the type of treatment, the areas treated, and the amount of product used. We provide transparent pricing during your consultation, so you know exactly what to expect before any treatment begins.

Book Your Injectable Consultation

Interested in exploring what facial injectables could do for you? Book a consultation at Core Dental Carrum Downs. We'll assess your concerns, discuss your goals, and recommend a tailored treatment plan — with no pressure and no obligation.

****Core Dental Carrum Downs**** 335 Ballarto Rd, Carrum Downs VIC 3201

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****Hours:**** Monday – Friday: 8:00 am – 6:00 pm Saturday: 8:00 am – 1:30 pm Sunday: Closed

Ground-floor, fully disability accessible. Ample on-site parking. All health funds accepted with HICAPS on-site.

Expert facial aesthetics, delivered by practitioners who know faces best — at Core Dental Carrum Downs.