

Facial Injectables at Core Dental Epping

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Description:

Facial Injectables at Core Dental Epping *Anti-wrinkle treatments and dermal fillers administered by dental professionals who understand facial anatomy at an expert level. Core Dental Epping offers...

Details:

Anti-wrinkle treatments and dermal fillers administered by dental professionals who understand facial anatomy at an expert level. Core Dental Epping offers facial injectable treatments for patients across Melbourne's northern suburbs.

Why Dentists and Facial Injectables?

It might seem surprising to see facial injectables offered at a dental practice, but dentists are actually among the most qualified health professionals to administer these treatments. Here's why:

****Unparalleled facial anatomy knowledge.**** Dentists spend years studying the anatomy of the face, head and neck in granular detail — muscles, nerves, blood vessels and bone structure. This deep understanding of facial anatomy is directly relevant to the precise placement of injectable products.

****Injection expertise.**** Dentists give injections every day. Precise, controlled injection technique is a core clinical skill, refined over thousands of procedures. This translates directly to accurate product placement and patient comfort during facial injectable treatments.

****Holistic smile and facial assessment.**** Your smile doesn't exist in isolation — it's part of your whole face. A dentist who provides cosmetic dental treatments (veneers, whitening, Invisalign) and facial injectables can take a holistic approach to facial aesthetics, ensuring that your smile and facial features work together harmoniously.

****Medical environment.**** Facial injectable treatments at Core Dental Epping are provided in a clinical medical setting, with proper sterilisation protocols, emergency equipment and professional oversight — not a beauty salon or pop-up clinic.

Anti-Wrinkle Treatments

How Anti-Wrinkle Injections Work

Anti-wrinkle injections use a purified protein to temporarily relax specific facial muscles that cause dynamic wrinkles — the lines that form when you frown, squint or raise your eyebrows.

When these muscles are relaxed, the overlying skin smooths out, softening existing lines and preventing them from deepening over time.

Common Treatment Areas

****Frown lines (glabellar lines)**** — The vertical lines between the eyebrows that can make you look worried, angry or tired, even when you're not.

****Forehead lines**** — Horizontal lines across the forehead that deepen with age and repeated muscle movement.

****Crow's feet**** — The fan-shaped lines at the outer corners of the eyes, most noticeable when smiling or squinting.

****Other areas**** that may be treated include bunny lines (on the nose), a gummy smile (where the upper lip lifts too high when smiling, showing excessive gum), chin dimpling, and neck bands.

What to Expect

- ****Consultation first**** — Your treating clinician will assess your facial anatomy, discuss your concerns and goals, and recommend a treatment plan. Realistic expectations are set from the start. - ****The procedure**** — Anti-wrinkle injections take approximately 10 to 20 minutes. A series of small injections are placed into targeted muscles using a fine needle. Most patients describe the sensation as a brief sting — well within the comfort tolerance of most people. - ****No downtime**** — You can return to normal activities immediately. Avoid rubbing the treated area and strenuous exercise for a few hours. - ****Results**** — Effects typically begin to appear within 2 to 3 days, with full results visible at about 2 weeks. - ****Duration**** — Results last approximately 3 to 4 months, after which the muscle activity gradually returns and the treatment can be repeated.

Natural-Looking Results

The goal of anti-wrinkle treatment at Core Dental Epping is to achieve a refreshed, natural appearance — not a frozen or expressionless look. The team takes a conservative approach, using the minimum effective dose to soften lines while preserving natural facial expression and movement.

A well-administered anti-wrinkle treatment should make people think you look well-rested and refreshed — not that you've had "work done."

Dermal Fillers

How Dermal Fillers Work

Dermal fillers are injectable gels — typically based on hyaluronic acid, a substance that occurs naturally in the skin — used to restore volume, smooth lines and enhance facial contours. Unlike anti-wrinkle injections (which relax muscles), fillers work by physically adding volume beneath the skin.

As we age, we lose facial volume — fat pads shrink, collagen and elastin break down, and bone resorbs. This volume loss contributes to hollows under the eyes, flattened cheeks, thinning lips, deepening nasolabial folds (nose-to-mouth lines), and marionette lines (mouth-to-chin lines).

Dermal fillers restore this lost volume, recreating the fuller, more youthful facial proportions that time has diminished.

Common Treatment Areas

****Lips**** — Enhancing lip volume, improving definition, correcting asymmetry, and smoothing fine lines around the lip border (smoker's lines).

****Cheeks**** — Restoring mid-face volume and projection for a lifted, more youthful appearance.

****Nasolabial folds**** — Softening the deep lines that run from the sides of the nose to the corners of the mouth.

****Marionette lines**** — Reducing the lines that run from the corners of the mouth down to the chin, which can create a downturned or sad expression.

****Chin**** — Improving chin projection and definition for better facial balance and profile.

****Jawline**** — Enhancing jawline definition and contour.

What to Expect

- **Consultation** — A thorough assessment of your facial anatomy, skin quality and aesthetic goals. Your clinician will discuss which areas would benefit most from treatment and explain the expected results. - **The procedure** — Dermal filler treatment typically takes 20 to 40 minutes, depending on the areas being treated. A topical anaesthetic cream may be applied beforehand, and many fillers contain an integrated local anaesthetic for additional comfort. - **Mild swelling and bruising** — Some swelling and bruising at the injection sites is normal and typically resolves within a few days. Ice packs can help. - **Results** — Visible immediately, with final results apparent once any swelling has settled (usually within one to two weeks). - **Duration** — Hyaluronic acid fillers typically last 6 to 18 months, depending on the product used and the area treated. Lip fillers tend to be at the shorter end; cheek and jawline fillers tend to last longer.

Safety and Reversibility

One of the advantages of hyaluronic acid fillers is that they are **reversible**. An enzyme called hyaluronidase can dissolve hyaluronic acid filler if needed — whether for aesthetic reasons or in the rare event of a complication. This reversibility provides an important safety net.

At Core Dental Epping, facial injectable treatments are administered by clinicians with thorough training in facial anatomy, injection technique and complication management. The clinical setting ensures that appropriate protocols and emergency medications are available if needed.

Combining Dental and Facial Treatments

One of the unique advantages of receiving facial injectables at a dental practice is the ability to coordinate dental and facial aesthetic treatments for a harmonious overall result.

Examples of combined approaches:

- **Teeth whitening + lip filler** — Brighter teeth and fuller lips work together to create a more youthful, vibrant smile - **Invisalign + anti-wrinkle treatment** — Straightening your teeth while softening frown lines for a comprehensive facial refresh - **Veneers + cheek and lip fillers** — A smile makeover that extends beyond the teeth to frame the smile beautifully - **Gummy smile correction** — Anti-wrinkle injections can reduce the height of the upper lip when smiling, showing less gum — sometimes used alongside or instead of surgical gum recontouring

This integrated approach means one team, one treatment plan and a cohesive aesthetic vision — rather than separate providers who aren't communicating about your overall goals.

Who Is a Suitable Candidate?

Facial injectables are suitable for most healthy adults who want to address signs of ageing or enhance their facial features. However, they may not be appropriate for:

- Pregnant or breastfeeding women - Patients with certain neuromuscular conditions (for anti-wrinkle treatments) - Patients with active skin infections in the treatment area - Patients with known allergies to product ingredients - Patients with unrealistic expectations — injectables enhance and refresh, they don't fundamentally restructure the face

A thorough consultation ensures that facial injectable treatments are safe and appropriate for you before any product is administered.

Treatment Frequency and Maintenance

Facial injectables are not permanent, which is actually an advantage — it allows for adjustments as your face changes naturally over time and as your aesthetic preferences evolve.

Anti-wrinkle treatments:

- Repeat every 3 to 4 months initially - Some patients find that with regular treatment, they can gradually extend the interval as the targeted muscles weaken over time - Starting earlier (when lines are mild) can prevent deeper lines from forming, reducing the need for more aggressive treatment later

****Dermal fillers:****

- Repeat every 6 to 18 months, depending on the product and area - Lip fillers typically need refreshing sooner than cheek or jawline fillers - Regular maintenance with smaller amounts is often more natural-looking than waiting until the product has fully dissolved and starting again

Before and After Your Treatment

Before Treatment

- ****Avoid blood-thinning medications and supplements**** (aspirin, ibuprofen, fish oil, vitamin E) for several days before treatment if medically appropriate — these increase bruising risk. Always consult your GP before stopping any prescribed medication. - ****Avoid alcohol**** for 24 hours before treatment - ****Inform your clinician**** of any medications, allergies, medical conditions or previous facial treatments - ****Come with a clean face**** — no makeup on the treatment area

After Treatment

- ****Avoid touching or rubbing**** the treated area for several hours - ****Avoid strenuous exercise, saunas and hot baths**** for 24 hours - ****Apply ice**** to reduce swelling if needed - ****Avoid dental treatments**** for two weeks after filler injections in the lip area - ****Sleep on your back**** for the first night if possible - ****Contact the practice**** if you experience anything unexpected — significant pain, colour changes in the skin, or unusual swelling

Frequently Asked Questions

Is the treatment painful?

Most patients find facial injectable treatments very tolerable. Anti-wrinkle injections use a very fine needle and cause only brief, mild stinging. Dermal fillers may cause slight pressure or discomfort, but topical anaesthetic and integrated anaesthetic in the filler product minimise this.

How often do I need treatment?

Anti-wrinkle treatments are typically repeated every 3 to 4 months. Dermal fillers last 6 to 18 months depending on the product and area. Your clinician will recommend a maintenance schedule based on your individual response.

Can anyone tell I've had treatment?

When administered well, facial injectables produce subtle, natural-looking results. The goal is enhancement, not transformation. Most people will notice you look refreshed, but won't be able to identify exactly what's different.

Are there any risks?

All medical procedures carry some risk. Common side effects include mild bruising, swelling and redness at injection sites — these typically resolve within a few days. Serious complications are rare but can include infection, asymmetry, migration of product, and vascular occlusion (blockage of a blood vessel). At Core Dental Epping, treatments are administered by trained clinicians with the anatomical knowledge and clinical protocols to minimise these risks.

Do I need a consultation first?

Yes. A consultation is required before any facial injectable treatment. This allows your clinician to assess your facial anatomy, discuss your goals, recommend appropriate treatments and ensure you're

a suitable candidate.

How do I choose between anti-wrinkle treatments and fillers?

They address different concerns. Anti-wrinkle treatments relax muscles that cause dynamic lines (frown lines, crow's feet, forehead lines). Fillers add volume to areas that have lost fullness or definition (lips, cheeks, nasolabial folds). Many patients benefit from both, and your clinician will recommend the most appropriate combination during your consultation.

Will I look overdone?

Not with the conservative, natural-looking approach practised at Core Dental Epping. The goal is always subtle enhancement — looking refreshed and well-rested, not "done." Your clinician uses the minimum effective amount of product and can always add more at a follow-up if desired.

Book Your Consultation

Interested in facial injectables at Core Dental Epping? Book a consultation to discuss your goals and explore your options.

- **Phone:** (03) 9401 4622 - **National Booking Line:** 13 13 16 - **Email:**
epping@coredental.com.au - **Address:** Tenancy 3B/230 Cooper St, Epping VIC 3076 - **Hours:**
Monday to Friday 8:00 AM – 6:00 PM | Saturday 8:00 AM – 1:30 PM

Core Dental Epping is approximately a 10-minute walk from **Epping Station** and serves patients from Epping, South Morang, Mill Park, Lalor, Thomastown and Wollert.

Core Dental Epping is part of the Smile Solutions Group, providing comprehensive dental and facial aesthetic care for patients across Melbourne's northern suburbs.