

Facial Injectables at Core Dental Southbank

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Description:

Facial Injectables at Core Dental Southbank **Category:** Cosmetic Dentistry **Location:** 55 City Rd, Southbank VIC 3006 **Phone:** (03) 8547 0780 --- ## Refresh Your Look — Steps from the CBD

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Details:

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Refresh Your Look — Steps from the CBD

Core Dental Southbank offers facial injectable treatments — including anti-wrinkle injections and dermal fillers — in a clinical, professional setting just minutes from Melbourne's CBD. Whether you're looking to soften fine lines, restore facial volume, or enhance your smile with a complete facial aesthetic approach, our qualified practitioners deliver natural-looking results with a focus on safety, comfort, and discretion.

Our Southbank location at 55 City Road is ideally situated for CBD professionals, Southbank residents, and visitors to Melbourne's arts precinct. Many of our facial injectable patients book lunchtime appointments and return to work immediately — treatments are quick, require no downtime, and can be seamlessly integrated into a busy schedule.

Understanding Facial Injectables

Facial injectables are non-surgical cosmetic treatments that use small, precise injections to reduce the appearance of wrinkles, restore lost facial volume, and enhance facial contours. They fall into two main categories:

Anti-Wrinkle Treatments

Anti-wrinkle injections use a purified protein to temporarily relax the muscles responsible for dynamic wrinkles — the lines that form when you frown, squint, or raise your eyebrows. Common treatment areas include:

- **Forehead lines:** The horizontal creases that appear when you raise your eyebrows - **Frown lines (glabellar lines):** The vertical "eleven" lines between the brows - **Crow's feet:** The fine lines that fan out from the corners of the eyes when you smile or squint - **Bunny lines:** The wrinkles that appear on the bridge of the nose - **Lip lines:** Fine vertical lines around the mouth, sometimes called smoker's lines

Results typically begin to appear within a few days, with full effect visible at around two weeks. The effects generally last three to four months, after which the treatment can be repeated. Over time,

regular treatments may train the muscles to relax, meaning some patients find they can extend the interval between sessions.

Dermal Fillers

Dermal fillers are gel-based injectable products — most commonly made from hyaluronic acid, a substance naturally found in your skin — that restore volume, smooth deeper lines, and enhance facial contours. Unlike anti-wrinkle treatments that relax muscles, fillers physically add volume beneath the skin's surface. Common applications include:

- **Lip enhancement:** Adding volume, definition, and symmetry to the lips - **Nasolabial folds:** Softening the lines that run from the nose to the corners of the mouth - **Marionette lines:** Reducing the lines that run downward from the corners of the mouth - **Cheek enhancement:** Restoring youthful volume to the mid-face - **Chin and jawline contouring:** Improving facial balance and definition - **Tear troughs:** Reducing the hollowness or dark circles under the eyes

Hyaluronic acid fillers are biocompatible and gradually absorbed by the body over six to eighteen months, depending on the product used and the area treated. Because hyaluronic acid is naturally present in your skin, allergic reactions are extremely rare.

Why Choose a Dental Practice for Facial Injectables?

You might wonder why a dental practice offers facial injectables. The answer lies in expertise: dentists have an exceptionally detailed understanding of facial anatomy, including the muscles, nerves, and blood vessels of the face and jaw. This knowledge is foundational to dental training and is directly relevant to safe, precise injectable treatments.

Dentists are also experienced in administering injections daily — it's a core part of clinical practice. This means patients often experience less discomfort during injectable treatments performed by a dentist compared to other providers.

At Core Dental Southbank, facial injectables complement our cosmetic dental services. Many patients who invest in improving their smile with Invisalign, veneers, or teeth whitening find that facial injectables enhance the overall result. A beautiful smile looks even better when the surrounding facial features are in harmony — softening deep lines around the mouth, enhancing lip volume, or relaxing a heavy brow can transform the impact of a smile makeover.

Who Performs Facial Injectable Treatments?

Facial injectable treatments at Core Dental Southbank are performed by qualified dental practitioners who have completed additional training in facial aesthetics and injectable techniques. Our practitioners hold current registration with the Australian Health Practitioner Regulation Agency (AHPRA) and follow all relevant clinical guidelines for non-surgical cosmetic procedures.

We invest in ongoing professional development to ensure our team stays current with the latest techniques, products, and safety protocols. All treatments are performed in our clinical treatment rooms using sterile technique and medical-grade products from reputable pharmaceutical suppliers.

The Consultation Process

Every facial injectable treatment at Core Dental Southbank begins with a thorough consultation. We don't take a one-size-fits-all approach — your treatment should reflect your individual facial anatomy, your aesthetic goals, and your comfort level.

What happens during your consultation:

1. ****Discussion of your goals:**** We'll talk about what bothers you, what you'd like to achieve, and what kind of result you're hoping for. Some patients want a subtle refresh; others are looking for a more noticeable change. Both are valid, and your preferences guide the plan.
2. ****Facial assessment:**** Your practitioner will assess your facial anatomy, skin quality, muscle movement patterns, and areas of volume loss. This assessment informs which products and techniques will deliver the best result for you.
3. ****Treatment planning:**** Based on the assessment and your goals, we'll recommend a tailored treatment plan. This may involve anti-wrinkle treatments, fillers, or a combination. We'll explain what each treatment does, where it will be placed, and what you can realistically expect.
4. ****Pricing transparency:**** You'll receive a clear, itemised quote before any treatment proceeds. We believe in full pricing transparency — the cost you're quoted is the cost you'll pay. There are no hidden fees, pressure tactics, or "package" upsells.
5. ****Informed consent:**** We'll explain the benefits, limitations, potential side effects, and aftercare requirements. You'll have the opportunity to ask questions and will only proceed when you're fully comfortable and informed.

If you decide to go ahead on the same day as your consultation, treatment can often be performed immediately. There's no obligation — many patients prefer to take the information home and return when they're ready.

What to Expect During Treatment

Before your appointment

- Avoid alcohol for 24 hours beforehand, as it can increase bruising - Avoid blood-thinning medications (such as aspirin or ibuprofen) for a few days prior, if safe to do so — check with your GP first - Arrive with a clean face, free from heavy makeup - Eat a light meal beforehand

During treatment

Facial injectable treatments are quick — most sessions take between 15 and 45 minutes, depending on the areas being treated. Anti-wrinkle treatments are among the fastest, often completed in under 15 minutes.

Your practitioner will cleanse the treatment area and may apply a topical anaesthetic cream for additional comfort, though many patients find the injections very tolerable. For dermal fillers, the products we use often contain a built-in local anaesthetic (lidocaine) that numbs the area as the filler is placed.

Using fine needles or cannulas, your practitioner will make small, precise injections into the targeted areas. You may feel a slight pinch or pressure, but significant pain is uncommon.

After treatment

One of the greatest advantages of facial injectables is the minimal downtime. Most patients return to work or normal activities immediately. However, you should be aware of the following:

- ****Common side effects:**** Mild redness, swelling, or tenderness at the injection sites. These typically resolve within a few hours to a couple of days. - ****Bruising:**** Some patients experience minor bruising, particularly with filler treatments. This is normal and usually fades within a week. Arnica cream or tablets may help. - ****Avoid:**** Strenuous exercise, excessive heat (saunas, hot yoga), and lying

face-down for 24 hours after treatment. - **Filler-specific:** Avoid pressing or massaging the treated area for 24 to 48 hours unless specifically instructed by your practitioner.

Lunchtime Appointments for CBD Workers

One of the most popular aspects of our Southbank location is the convenience it offers to Melbourne's CBD workforce. Facial injectable treatments are sometimes called "lunchtime procedures" because they genuinely fit into a lunch break:

- **Quick treatment times:** Most sessions take 15 to 45 minutes - **No downtime:** Return to work immediately with minimal visible evidence of treatment - **Discreet location:** Our clinical setting offers privacy — no shopfront signage advertising cosmetic treatments - **Easy access:** A short walk from Flinders Street Station, or a quick tram ride along St Kilda Road or City Road - **After-work appointments:** We offer extended hours on select days for those who prefer an end-of-day session

Many of our patients tell us they appreciate being able to maintain their cosmetic routine without taking time off work or rearranging their schedule.

Safety, Qualifications, and Regulation

Patient safety is our highest priority. Facial injectables, while non-surgical, are medical treatments that must be performed by qualified, registered health practitioners in an appropriate clinical setting.

At Core Dental Southbank:

- **All practitioners** hold current AHPRA registration and have completed accredited training in facial injectable techniques - **Products** are sourced from reputable pharmaceutical suppliers — we use only TGA-approved products with established safety profiles - **Sterile technique** is observed for every treatment, consistent with the infection control standards we maintain across all dental procedures - **Emergency protocols** are in place, and our practitioners are trained to manage adverse reactions, including the extremely rare but serious complication of vascular occlusion - **Ongoing training** ensures our team stays current with evolving best-practice guidelines and techniques

We follow the guidelines set by AHPRA and the Dental Board of Australia regarding the provision of non-surgical cosmetic procedures by dental practitioners.

Facial Injectables vs Surgical Options

Facial injectables are a non-surgical alternative to procedures like facelifts, brow lifts, and surgical lip augmentation. While surgery can deliver more dramatic and longer-lasting results, injectables offer several distinct advantages:

Facial Injectables Surgical Procedures	--- --- ---	Downtime Minimal to none Days to weeks of recovery
Anaesthesia Topical or local only General or sedation	Reversibility Fillers can be dissolved; anti-wrinkle effects are temporary Permanent or semi-permanent	Cost Lower per session Higher upfront cost
Results Subtle, natural More dramatic	Risk profile Low Higher (surgical risks)	Commitment Try-before-you-commit Significant commitment

For many patients, injectables offer the ideal balance of visible improvement without the commitment, risk, or recovery time of surgery. They're also an excellent option for younger patients looking to prevent lines from deepening, or for anyone wanting to "try out" a change before considering more permanent options.

Pricing and Payment

We believe you should know exactly what your treatment will cost before you commit. During your consultation, you'll receive a clear, itemised quote based on the specific products and quantities recommended for your goals.

Pricing depends on:

- The type of injectable (anti-wrinkle vs filler) - The number of areas treated - The volume of product used (for fillers)

We offer interest-free payment plans through Payright, making it easier to invest in your appearance without financial strain. Health fund rebates generally do not apply to cosmetic injectable treatments, but our team can advise you on your specific situation.

Combining Injectables with Dental Treatments

One of the unique benefits of receiving facial injectables at a dental practice is the ability to combine treatments in a single visit. For example:

- ****Invisalign completion + lip fillers:**** Enhance your newly straightened smile with fuller, more defined lips - ****Teeth whitening + anti-wrinkle treatment:**** Brighten your smile while softening the lines around it - ****Veneer placement + facial rejuvenation:**** Complete your smile transformation with complementary facial aesthetic work

This integrated approach saves time and ensures a harmonious overall result. Your dental and cosmetic aesthetic treatments are managed by the same team, with a holistic understanding of your facial structure and aesthetic goals.

Book a Consultation

If you're curious about facial injectables — whether it's your first time or you're an experienced patient looking for a new provider — we invite you to book a consultation at Core Dental Southbank. There's no obligation, no pressure, and no judgement. Just honest advice from qualified practitioners in a comfortable, clinical setting.

****Core Dental Southbank**** ****Address:**** 55 City Rd, Southbank VIC 3006 ****Phone:**** (03) 8547 0780

Conveniently located near Flinders Street Station, the Southbank Promenade, and the Melbourne Arts Centre. Lunchtime and after-work appointments available.