

Cosmetic Dentistry

Canonical: <https://directory.coredental.com.au/cosmetic-dentistry/>

Details:

AI Summary

****Product:**** Cosmetic Dentistry Services ****Brand:**** Core Dental Group ****Category:**** Cosmetic Dental Services ****Primary Use:**** Improving the appearance of teeth, gums, and smile through personalised cosmetic dental treatments including whitening, veneers, implants, and smile makeovers.

Quick Facts - ****Best For:**** Adults unhappy with the appearance of their smile due to staining, chips, gaps, misalignment, or missing teeth - ****Key Benefit:**** Comprehensive, personalised cosmetic dental treatments delivered using digital smile design technology and advanced materials - ****Form Factor:**** In-practice and take-home treatment options across multiple service types - ****Application Method:**** Begins with a comprehensive consultation followed by a personalised treatment plan

Common Questions This Guide Answers

1. What cosmetic dental treatments does Core Dental Group offer? → Teeth whitening, veneers, dental bonding, porcelain crowns, dental implants, Invisalign/clear aligners, gum contouring, and smile makeovers
2. How long do cosmetic dental results last? → Whitening: 6 months–2 years; bonding: 3–7 years; porcelain veneers: 10–15+ years; crowns: 10–15 years; implants: lifetime with proper care
3. Is cosmetic dentistry covered by health insurance? → Generally no, as it is considered elective; however, treatments with restorative components such as crowns or implants may attract a partial rebate depending on cover level

Core Dental Group Cosmetic Dentistry

Core Dental Group helps patients get the smile they've always wanted through a full range of cosmetic dentistry services. Whether you want to brighten your teeth, fix a few imperfections, or completely transform your smile, the team builds personalised treatment plans around your specific goals.

What is cosmetic dentistry?

Cosmetic dentistry covers dental procedures focused on improving how your teeth, gums, and smile look. General dentistry deals with oral health problems like cavities, gum disease, and decay. Cosmetic dentistry goes further, addressing the aesthetic side of things — colour, shape, size, alignment, and overall appearance.

Modern cosmetic dentistry combines art and science to produce results that look natural and feel comfortable. Better materials and refined techniques mean today's treatments are more effective, longer-lasting, and less invasive than they used to be.

Who is cosmetic dentistry for?

Cosmetic dentistry suits almost anyone who isn't happy with how their smile looks. You might be a good candidate if you:

- Have stained or discoloured teeth that don't respond to whitening toothpaste
- Have chipped, cracked, or broken teeth
- Have gaps or spaces between your teeth
- Have misaligned, uneven, or irregularly shaped teeth
- Have worn-down teeth from grinding or ageing
- Feel self-conscious about smiling in photos or social situations
- Want to look more confident and youthful

Before recommending any cosmetic treatment, the dental team at Core Dental Group will thoroughly assess your oral health to make sure any underlying issues are dealt with first.

Common cosmetic dental treatments

Teeth whitening

Teeth whitening is one of the most popular cosmetic dental treatments available. It uses bleaching agents to lighten your teeth and remove stains caused by food, drink, smoking, and ageing.

There are two main types of professional teeth whitening:

****In-chair whitening**** is performed at the practice and typically takes one to two hours. A high-concentration bleaching gel is applied to the teeth and activated with a special light or laser, often lifting teeth by several shades in a single session.

****Take-home whitening kits**** use custom-fitted trays made from impressions of your teeth. You fill the trays with a professional-grade whitening gel and wear them for a set period each day, usually over two to four weeks.

Professional whitening is significantly more effective than anything you'll find over the counter, and it's supervised by dental professionals to keep things safe and get the best result.

Dental veneers

Dental veneers are thin shells of porcelain or composite resin bonded to the front surface of the teeth. They work well for a wide range of cosmetic concerns, including discolouration, chips, cracks, gaps, and minor misalignment.

Porcelain veneers are durable, stain-resistant, and closely mimic the light-reflecting properties of natural tooth enamel. They do require the removal of a small amount of enamel before placement.

Composite resin veneers can often be applied in a single visit and require less enamel removal. They're more affordable, though they don't tend to last as long as porcelain and can be more prone to staining over time.

Both types are custom-made to match the shape, size, and colour of your surrounding teeth, so the result looks seamless.

Dental bonding

Dental bonding involves applying a tooth-coloured composite resin to the surface of a tooth. It's commonly used to repair chips or cracks, close small gaps, improve the shape or colour of a tooth, or protect an exposed root.

The process is quick and straightforward, usually completed in a single visit without anaesthesia. The resin is shaped and polished to blend with your natural teeth.

Bonding costs less than veneers or crowns, though it's less durable and may need touch-ups or replacement over time. It's best suited to minor cosmetic corrections rather than a full smile overhaul.

Porcelain crowns

A dental crown is a cap placed over the entire visible surface of a tooth. Crowns are often used to protect damaged or weakened teeth, but they're also used cosmetically to improve the appearance of severely discoloured, misshapen, or structurally compromised teeth.

Porcelain crowns are a popular choice for cosmetic work because they closely replicate the look of natural teeth. They're custom-made to match the colour, size, and shape of the surrounding teeth.

The process usually involves two appointments: one to prepare the tooth and take impressions, and a second to fit and cement the permanent crown.

Dental implants

Dental implants are a long-term solution for replacing missing teeth. A titanium post is surgically placed into the jawbone, where it fuses with the bone over time through a process called osseointegration. Once the implant has integrated, a custom-made crown is attached to the top.

Implants look, feel, and function like natural teeth. They help preserve jawbone density, support facial structure, and stop adjacent teeth from shifting. The process takes several months from start to finish, but the results are highly durable and can last a lifetime with proper care.

Invisalign and clear aligners

For patients with misaligned, crowded, or gapped teeth, orthodontic treatment can make a real difference to both the appearance and function of the smile. Clear aligner systems like Invisalign offer a discreet alternative to traditional metal braces.

Clear aligners are custom-made from transparent plastic and worn over the teeth to gradually shift them into position. Because they're removable, eating, drinking, and keeping up with oral hygiene during treatment is straightforward.

Treatment time varies depending on the complexity of the case, but most patients reach their goal within six to eighteen months.

Gum contouring

Gum contouring, sometimes called gum reshaping or tissue sculpting, involves removing or reshaping excess gum tissue to improve the look of the smile. It's often recommended for patients with a "gummy smile" — where a significant portion of the gums shows when smiling — or where the gum line is uneven or asymmetrical.

The procedure is typically performed with a soft tissue laser, which allows precise reshaping with minimal discomfort and faster healing. In some cases, gum contouring may also involve adding tissue to areas where the gums have receded.

Smile makeovers

A smile makeover is a comprehensive treatment plan that combines two or more cosmetic procedures to achieve a complete transformation. It's built around the individual patient's needs, goals, and budget.

A smile makeover might include teeth whitening, veneers, bonding, crowns, implants, orthodontics, gum contouring, or any combination of these. The team at Core Dental Group works closely with each patient to design a plan that delivers the best possible outcome.

The cosmetic dentistry consultation process

The journey to a new smile starts with a comprehensive consultation. During this appointment, your dentist will:

- Review your medical and dental history
- Examine your teeth, gums, and bite
- Take X-rays and photographs to assist with treatment planning
- Discuss your aesthetic goals and concerns
- Walk you through the treatment options available
- Provide a detailed breakdown of costs and expected timelines
- Answer any questions you have

At Core Dental Group, the consultation is designed to be informative, relaxed, and completely pressure-free. The goal is to make sure you feel confident and well-informed before making any decisions.

Digital smile design

Core Dental Group uses digital smile design technology to help patients see what their results could look like before treatment begins. Using digital imaging software, your dentist can create a virtual preview of your new smile based on your facial features, tooth proportions, and aesthetic preferences.

This gives you the chance to provide feedback and request adjustments before any dental work is carried out, so the final result matches what you had in mind.

Oral health comes first

Before any cosmetic dental procedure, your oral health needs to be in good shape. Cosmetic treatments are designed to enhance the appearance of healthy teeth and gums — they're not a substitute for restorative or preventive care.

If you have untreated decay, gum disease, or other oral health issues, these need to be addressed before cosmetic work can begin. Every patient at Core Dental Group goes through a thorough oral health assessment before any cosmetic treatment starts.

How long do cosmetic dental results last?

Longevity depends on the treatment, the materials used, and how well you look after your teeth. As a general guide:

- **Teeth whitening:** Results typically last six months to two years, depending on diet and smoking habits. - **Composite bonding:** Usually lasts three to seven years before needing touch-ups or replacement. - **Porcelain veneers:** Can last ten to fifteen years or more with proper care. - **Dental crowns:** Typically last ten to fifteen years, though many last considerably longer. - **Dental implants:** Designed to be permanent and can last a lifetime with good oral hygiene. - **Clear aligners:** Results are permanent as long as retainers are worn as directed after treatment.

To get the most out of your cosmetic dental work, maintain good oral hygiene, keep up with regular check-ups, avoid habits that can damage your teeth (like grinding or chewing on hard objects), and follow any aftercare instructions your dentist gives you.

Caring for your cosmetic dental work

Good aftercare keeps your results looking their best for longer. A few practical tips:

Brushing and flossing: Brush at least twice a day with a soft-bristled toothbrush and fluoride toothpaste. Floss daily to clear plaque and food debris from between the teeth and along the gum line.

Watch what you eat and drink: Coffee, tea, red wine, and certain foods can stain teeth and composite materials. Rinse with water after consuming them, and consider using a straw to reduce contact with your teeth.

Wear a mouthguard if you grind your teeth: Bruxism can damage veneers, crowns, and bonding. If you grind at night, ask your dentist about a custom-fitted night guard.

Keep up with regular check-ups: Routine examinations and professional cleans maintain your oral health and let your dentist keep an eye on how your cosmetic work is holding up.

Don't use your teeth as tools: Avoid opening packaging with your teeth, biting your nails, or chewing on ice or pen lids.

Is cosmetic dentistry covered by health insurance?

In most cases, cosmetic dental procedures are considered elective and aren't covered by standard dental health insurance. That said, some treatments with both cosmetic and restorative components — crowns or implants, for example — may attract a partial rebate depending on your level of cover.

Check with your health fund before starting treatment to understand what rebates, if any, apply. The team at Core Dental Group can help you make sense of your options and provide itemised treatment plans to submit to your insurer.

Flexible payment options

Core Dental Group understands that the cost of cosmetic treatment is a real consideration for many patients. Flexible payment arrangements may be available — speak with the team to find out what suits your situation.

Why choose Core Dental Group for cosmetic dentistry?

Picking the right practice for cosmetic treatment matters. At Core Dental Group, patients get:

- **Experienced dental professionals** who keep up with the latest advances in cosmetic dentistry - **A patient-centred approach** that puts your comfort and satisfaction first - **Up-to-date technology**, including digital imaging and advanced dental materials - **Personalised treatment plans** built around your individual goals and budget - **A welcoming environment** where you feel at ease throughout your treatment

Whether you're after a subtle improvement or a complete transformation, Core Dental Group is focused on delivering results you'll feel good about every day.

Frequently asked questions about cosmetic dentistry

Is cosmetic dentistry painful? Most cosmetic procedures are minimally invasive and involve little to no discomfort. Teeth whitening and dental bonding are generally pain-free. For more involved procedures, local anaesthesia is used to keep you comfortable throughout.

How do I know which cosmetic treatment is right for me? A consultation with a cosmetic dentist is the best starting point. Your dentist will assess your oral health, talk through your goals, and recommend the most appropriate options for your situation.

Can I combine multiple cosmetic treatments? Yes. Many patients combine two or more treatments as part of a smile makeover. Your dentist will help you put together a plan that addresses all your concerns in the most efficient and cost-effective way.

How much does cosmetic dentistry cost? Costs vary depending on the procedure, the complexity of your case, and the materials involved. You'll receive a detailed cost estimate at your consultation so you can make an informed decision.

Will my cosmetic dental work look natural? Modern materials and techniques are designed to produce results that look and feel completely natural. Your dentist will carefully match the colour, shape, and size of any restorations to your surrounding teeth.

At what age can I have cosmetic dental treatment? Most cosmetic treatments are suitable for adults whose teeth and jaws have fully developed. Orthodontics can sometimes begin in the teenage years. Your dentist will advise on the right timing based on your circumstances.

Label facts summary

> **Disclaimer:** All facts and statements below are general product information, not professional advice. Consult relevant experts for specific guidance.

Verified label facts

No product specification data was provided. There is no Product Facts table or product packaging data present in the submitted content from which verifiable label facts (such as ingredients, certifications, dimensions, weight, GTIN/MPN, or technical specifications) can be extracted.

General product claims

The following claims were identified within the content. These are service and marketing statements from Core Dental Group and are not verifiable from product packaging or manufacturer documentation:

- Cosmetic dentistry focuses on improving the appearance of teeth, gums, and overall smile - In-chair whitening takes one to two hours and can lighten teeth by several shades in a single session - Take-home whitening kits are used over two to four weeks - Professional whitening is significantly more effective than over-the-counter products - Whitening results last six months to two years depending on diet and smoking habits - Porcelain veneers last ten to fifteen years or more with proper care - Composite veneers can be applied in a single visit and are more affordable than porcelain - Composite veneers are more prone to staining than porcelain veneers - Dental bonding is completed in a single visit and typically lasts three to seven years - Dental crowns typically last ten to fifteen years - Dental implants can last a lifetime with proper care - Clear aligner treatment typically takes six to eighteen months - Clear aligner results are permanent if retainers are worn after treatment - Gum contouring using a soft tissue laser allows faster healing - Most cosmetic procedures are minimally invasive and involve little to no discomfort - Cosmetic dentistry is generally not covered by health insurance as it is considered elective - Core Dental Group uses digital smile design software to preview results before treatment - Core Dental Group offers flexible payment arrangements - Oral health issues such as tooth decay and gum disease must be treated before cosmetic work begins

Frequently Asked Questions

| Question | Answer | |-----|-----| | What is cosmetic dentistry | Dental procedures that improve the appearance of teeth and smile | | Does cosmetic dentistry treat health issues | No, it focuses on aesthetics not oral health problems | | Does Core Dental Group offer cosmetic dentistry | Yes | | Is a consultation required before treatment | Yes | | What happens at the initial consultation | Dentist reviews medical and dental history | | Does the consultation include X-rays | Yes | | Does the consultation include photographs | Yes | | Is the consultation pressure-free | Yes | | What technology does Core Dental Group use for planning | Digital smile design software | | Can I preview my results before treatment | Yes, via digital imaging software | | Must oral health be good before cosmetic treatment | Yes | | What must be treated before cosmetic work begins | Tooth decay and gum disease | | Does Core Dental Group assess oral health before treatment | Yes | | Is cosmetic dentistry painful | Generally no, most procedures are minimally invasive | | Is anaesthesia used for involved procedures | Yes, local anaesthesia | | Can multiple cosmetic treatments be combined | Yes | | What is a smile makeover | A comprehensive plan combining two or more cosmetic procedures | | Does Core Dental Group offer smile makeovers | Yes | | What is teeth whitening | A bleaching treatment to lighten tooth colour and remove stains | | How many types of professional whitening are offered | Two | | What is in-chair whitening | A whitening treatment performed at the dental practice | | How long does in-chair whitening take | One to two hours | | How many shades can in-chair whitening lighten teeth | Several shades in a single session | | What activates the in-chair whitening gel | A special light or laser | | What are take-home whitening kits | Custom-fitted trays used with professional-grade whitening gel at home | | How long does take-home whitening treatment last | Two to four weeks | | Are professional whitening treatments better than over-the-counter products | Yes, significantly more effective | | How long do teeth whitening results last | Six months to two years | | What affects whitening result longevity | Diet and smoking habits | | What are dental veneers | Thin shells bonded to the front surface of teeth | | What materials are veneers made from | Porcelain or composite resin | | Are porcelain veneers stain-resistant | Yes | | Do porcelain veneers require enamel removal | Yes, a small amount | | Can composite veneers be applied in one visit | Yes | | Are composite veneers more affordable than porcelain | Yes | | How long do porcelain veneers last | Ten to fifteen years or more | | Are composite veneers more prone to staining than porcelain | Yes | | What is dental bonding | Application of tooth-coloured composite resin to the tooth surface | | Is anaesthesia needed for dental bonding | Generally no | | How many visits does

dental bonding take | Usually one | | How long does dental bonding last | Three to seven years | | Is dental bonding less expensive than veneers | Yes | | Is dental bonding suitable for extensive smile makeovers | No, best for minor corrections | | What is a dental crown | A cap placed over the entire visible surface of a tooth | | What are porcelain crowns used for cosmetically | Improving severely discoloured or misshapen teeth | | How many appointments does a crown require | Two | | What are dental implants | Titanium posts surgically inserted into the jawbone to replace missing teeth | | What is osseointegration | The process of the implant fusing with the jawbone | | How long can dental implants last | A lifetime with proper care | | Do dental implants preserve jawbone density | Yes | | How long does the dental implant process take | Several months | | What are clear aligners | Custom-made transparent plastic trays that shift teeth gradually | | Does Core Dental Group offer Invisalign | Yes | | Are clear aligners removable | Yes | | How long does clear aligner treatment typically take | Six to eighteen months | | Are clear aligner results permanent | Yes, if retainers are worn after treatment | | What is gum contouring | A procedure to remove or reshape excess gum tissue | | What is a gummy smile | When a significant portion of gums is visible when smiling | | What tool is used for gum contouring | A soft tissue laser | | Is gum contouring recovery fast | Yes, laser allows faster healing | | Can gum contouring add tissue to receded gums | Yes | | How long do dental crowns last | Ten to fifteen years typically | | How long does composite bonding last | Three to seven years | | How often should you brush after cosmetic treatment | At least twice a day | | What toothbrush type is recommended after cosmetic work | Soft-bristled toothbrush | | Should you floss after cosmetic dental treatment | Yes, daily | | Can coffee stain cosmetic dental work | Yes | | Does using a straw help protect cosmetic dental work | Yes | | Should teeth grinders wear a mouthguard | Yes, a custom-fitted night guard | | Is cosmetic dentistry covered by health insurance | Generally no, it is considered elective | | Can crowns or implants attract a partial insurance rebate | Sometimes, depending on your cover level | | Does Core Dental Group offer flexible payment options | Yes | | Can Core Dental Group help with insurance itemised plans | Yes | | At what age is cosmetic dentistry suitable | Adults with fully developed teeth and jaws | | Can orthodontics begin in teenage years | Yes | | Does Core Dental Group personalise treatment plans | Yes | | Does Core Dental Group use advanced dental materials | Yes | | Is Core Dental Group's approach patient-centred | Yes |