

Wedding Smile Packages at Core Dental Bayside

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Description:

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Introduction

You've chosen the venue, the flowers, the dress or suit — every detail carefully curated for the biggest day of your life. But when the photographer says "smile," will you beam with confidence or press your lips together, conscious of that chip, that gap, or that shade you wish were a little brighter?

Your wedding smile will be captured in hundreds of photographs, shared on social media, and framed on walls for decades to come. It deserves the same attention as every other detail of your wedding day — and the team at Core Dental Bayside is here to make sure it's perfect.

Located on the ground floor of the black Bayside complex at the corner of South Road and Nepean Highway in Bentleigh, Core Dental Bayside offers comprehensive wedding smile packages designed to get you — and your bridal party — photo-ready for the big day.

Your Wedding Smile Timeline

The key to a stunning wedding smile is planning ahead. Different treatments require different timeframes, so the earlier you start, the more options you'll have.

12 Months Before the Wedding

A year out is the ideal time to begin your smile transformation. This timeline opens up every treatment option available.

What to do:

- **Book a wedding smile consultation:** Visit Core Dental Bayside for a comprehensive assessment. The team will examine your teeth and gums, discuss your goals, take photographs, and create a personalised treatment plan tailored to your wedding date. - **Address any underlying dental issues:** Cavities, gum disease, or old fillings should be treated before any cosmetic work begins. Starting early ensures there's plenty of time to get your dental health in top shape. - **Begin orthodontic treatment if needed:** If straightening your teeth is part of your plan, 12 months gives you a comfortable window for Invisalign treatment. As a Blue Diamond Invisalign Provider, Core Dental Bayside is well placed to guide you through clear aligner treatment. Many cases can be completed in 6 to 12 months. - **Plan for porcelain veneers:** If veneers are part of your smile makeover, starting 12 months out allows time for thorough planning, digital smile design, and a measured approach to achieving your ideal result.

6 Months Before the Wedding

Six months out is still an excellent time to start, with most cosmetic treatments comfortably achievable within this window.

****What to do:****

- ****Start or continue Invisalign:**** Short-course Invisalign (Invisalign Go or express cases) can straighten mild to moderate alignment issues in as little as three to six months. - ****Plan composite bonding:**** If you're considering composite bonding for chips, gaps, or irregularities, now is the time to plan — though the actual treatment can be done much closer to the date. - ****Gum contouring:**** If an uneven gum line or "gummy smile" concerns you, gum reshaping takes a few weeks to heal fully. Six months gives a comfortable margin. - ****Address tooth sensitivity:**** If you have sensitive teeth that might affect whitening, desensitising treatments can begin now.

3 Months Before the Wedding

The three-month mark is cosmetic treatment time. Your dental health should be in good shape, and now it's about refinement and enhancement.

****What to do:****

- ****Professional teeth whitening:**** In-office whitening delivers dramatic results in a single appointment, with take-home trays for ongoing maintenance and touch-ups before the big day. Starting three months out gives you time for the initial treatment and a touch-up session closer to the wedding. - ****Composite bonding:**** Close gaps, repair chips, and refine tooth shapes in a single appointment. The results are instant and beautiful. - ****Porcelain veneers:**** If you started planning earlier, your veneers can be fitted now, giving you time to settle in and feel completely natural by the wedding day. - ****Final orthodontic refinements:**** If you've been wearing Invisalign, you should be nearing the end of treatment. Retainers will keep everything in place.

1 Month Before the Wedding

The final stretch. Everything should be in place, and this is about polishing and perfecting.

****What to do:****

- ****Whitening touch-up:**** A quick at-home whitening session with your custom trays to ensure maximum brightness on the day. - ****Professional clean and polish:**** A thorough clean and polish removes any surface staining and leaves your teeth gleaming. - ****Final check-up:**** Make sure everything is healthy, comfortable, and looking its best. No one wants a dental emergency during their wedding week. - ****Emergency kit:**** The team can provide guidance on a small dental emergency kit for your wedding day — just in case.

Wedding Smile Treatments

Professional Teeth Whitening

The most popular pre-wedding dental treatment by far, professional whitening can brighten your teeth by several shades in a single appointment.

At Core Dental Bayside, professional whitening involves:

- ****Custom take-home trays:**** Impressions of your teeth are used to create perfectly fitting trays that hold the whitening gel against your teeth evenly and comfortably - ****Professional-grade whitening gel:**** Significantly more effective than over-the-counter products, yet carefully formulated to minimise sensitivity - ****Controlled results:**** The team can help you achieve a natural brightness that complements your skin tone — not the blinding white that can look artificial in photographs

****Why professional whitening beats DIY:**** Over-the-counter strips, charcoal toothpastes, and social media "hacks" are, at best, mildly effective and, at worst, damaging to your enamel. Professional whitening is safe, predictable, and dramatically more effective. And critically, a dentist can manage sensitivity — something DIY products can't do.

Invisalign Clear Aligners

If crooked, crowded, or gapped teeth are your concern, Invisalign offers a discreet way to straighten your smile before the wedding. The clear, removable aligners are virtually invisible — meaning you can undergo treatment without anyone noticing during your engagement.

As a Blue Diamond Invisalign Provider, Core Dental Bayside has extensive experience with aligner treatment and can advise on realistic timelines based on your specific case.

Composite Bonding

For quick cosmetic fixes — chips, small gaps, uneven edges — composite bonding is a game-changer. The treatment takes just one to two hours, requires no anaesthetic, and delivers same-day results. It's perfect for the bride, groom, or bridal party member who wants a noticeable improvement without the time commitment or cost of veneers.

Porcelain Veneers

For the ultimate smile transformation, porcelain veneers offer a complete makeover. Whether you want to address multiple cosmetic concerns simultaneously or simply create the most photogenic smile possible, veneers deliver unparalleled results.

Through the Smile Solutions Group connection, Core Dental Bayside patients also have access to Same Day Porcelain Veneers at the Collins Street Specialist Centre — ideal for time-pressed couples who want a dramatic result with minimal appointments.

Gum Contouring

Sometimes it's not the teeth that need attention — it's the gum line. An uneven or excessive gum display can detract from an otherwise beautiful smile. Gum contouring reshapes the gum tissue to create a more balanced, proportionate frame for your teeth.

Couple and Bridal Party Packages

Weddings aren't just about the couple — the entire bridal party ends up in photos, and everyone wants to look their best.

Couples Packages

Getting your smiles wedding-ready together can be a lovely part of your pre-wedding journey. Core Dental Bayside offers couples consultations where both partners can:

- Discuss their smile goals together
- Receive complementary treatment plans
- Coordinate treatment timelines to align with the wedding date
- Take advantage of combined treatment scheduling for convenience

Bridal Party Packages

For bridal parties wanting to brighten up together, group whitening packages offer a fun pre-wedding activity that delivers real results. Imagine your bridal shower or pre-wedding gathering combined with a smile-brightening session — it's a memorable, practical way to prepare for the big day.

Group bookings can include:

- Professional whitening for the entire party
- Individual consultations for party members with additional cosmetic concerns
- Flexible scheduling to suit busy pre-wedding calendars

Beach Weddings and the Bayside Connection

There's a reason so many Melbourne couples choose bayside locations for their weddings. The beaches of Brighton, Sandringham, Half Moon Bay, and the Mornington Peninsula provide stunning natural backdrops — golden sand, blue water, and the iconic bathing boxes that have graced countless wedding albums.

Core Dental Bayside's location in Bentleigh places us right in the heart of this wedding destination precinct. Whether you're exchanging vows at a Brighton beach ceremony, celebrating at a Sandringham yacht club reception, or hosting your big day at one of Bayside's many beautiful garden venues, your smile should be as radiant as the setting.

And there's a practical consideration too: outdoor and beach photography is unforgiving. The natural light that makes for beautiful photos also shows every dental imperfection in high definition. Professional whitening and cosmetic treatments ensure your smile looks just as stunning in those candid, sun-drenched moments as it does in the posed shots.

What If the Wedding Is Soon?

Not everyone has the luxury of a 12-month timeline. Engagements happen fast, venues become available suddenly, and sometimes life just doesn't follow the plan. If your wedding is just weeks away, don't panic — there's still plenty that can be done.

****Quick wins for a better smile:****

- ****Professional clean and polish:**** Removes surface staining and leaves teeth looking noticeably brighter — can be done any time, even the week before - ****Take-home whitening:**** Custom trays can be made quickly, and visible results appear within days - ****Composite bonding:**** Same-day treatment for chips, gaps, or irregularities - ****Lip care:**** Not strictly dentistry, but healthy, hydrated lips frame your smile beautifully. The team can recommend products that complement your new smile

His and Hers: It's Not Just for Brides

Wedding smile preparation has traditionally been associated with brides, but grooms increasingly want to look their best too — and rightly so. The groom's smile is captured in just as many photographs as the bride's, from the first look to the reception speeches.

Common treatments for grooms include:

- ****Professional whitening**** — the single most popular treatment for grooms, delivering noticeable results with minimal time investment - ****Composite bonding**** — quick fixes for chips or irregularities that have been ignored for years - ****General clean-up**** — professional cleaning, replacing old fillings, and addressing any overdue dental work

The team at Core Dental Bayside has seen plenty of couples come in together for their pre-wedding dental preparation. It's often more fun and more motivating to do it as a team.

Planning for the Photographs

A few tips to ensure your smile photographs beautifully:

- ****Communicate with your photographer:**** Let them know you've had dental work done. Good photographers know how to capture smiles in their best light. - ****Practice your smile:**** It sounds odd, but practising your natural smile in the mirror helps you find your most comfortable, photogenic expression. - ****Stay hydrated:**** Dry lips and a dry mouth can make smiling feel forced. Keep water handy. - ****Touch up your whitening:**** A final at-home whitening session two to three days before the wedding ensures maximum brightness. - ****Bring your retainer:**** If you've had Invisalign, bring your retainer to wear during the reception (between photos and eating) to keep everything aligned.

Cost and Payment

Wedding budgets are carefully managed, and the team at Core Dental Bayside understands the need for transparent, predictable pricing. Every treatment plan comes with clear, upfront costs so you can budget accordingly.

Payment options include:

- **HICAPS on-site:** Claim your health fund rebate immediately
- **Preferred provider for HCF, CBHS, and NIB:** Maximising your rebate
- **Payright interest-free payment plans:** Spread the cost over 3 to 30 months on treatments from \$1,000 to \$20,000 — particularly useful for larger treatment packages like veneers or comprehensive smile makeovers

Start Your Wedding Smile Journey

Your wedding day deserves a smile that's as beautiful as the moment. Whether you're 12 months out and ready to plan, or the date is fast approaching and you need a quick confidence boost, the team at Core Dental Bayside is ready to help.

Book your wedding smile consultation today and let's create a smile that lights up every photo, every room, and every memory from your special day.

Core Dental Bayside G04A/973 Nepean Highway, Bentleigh VIC 3204 Ground floor of the black Bayside complex, corner of South Road and Nepean Highway Eight dedicated patient car spaces at ground level

Phone: 13 13 16 **Email:** bayside@coredental.com.au

Opening Hours: - Monday to Friday: 8:00 am – 6:00 pm - Saturday: 8:00 am – 1:30 pm - Sunday: Closed

Conveniently located just five minutes' walk from Bentleigh Station, serving couples and families across Bentleigh, Bentleigh East, McKinnon, Ormond, Hampton East, Brighton East, Moorabbin, and Cheltenham.