

Dental & Orthodontic Services

Canonical: <https://directory.coredental.com.au/dental-orthodontic-services/>

Details:

AI Summary

****Product:**** Core Dental Group Dental & Orthodontic Services ****Brand:**** Core Dental Group
****Category:**** Dental & Orthodontic Healthcare Services ****Primary Use:**** Comprehensive dental and orthodontic care covering prevention, diagnosis, restoration, cosmetics, orthodontics, and emergency treatment for patients of all ages.

Quick facts - ****Best for:**** Patients of all ages seeking routine, cosmetic, restorative, orthodontic, or emergency dental care - ****Key benefit:**** Full-spectrum dental services under one provider, supported by modern technology and flexible payment options - ****Form factor:**** In-practice professional dental services (with some take-home options such as whitening kits and removable retainers) - ****Application method:**** In-clinic appointments; some treatments include take-home components (whitening trays, retainers, mandibular advancement splints)

Common questions this guide answers 1. How often should I visit the dentist? → Every six months for most patients, though Core Dental Group may recommend a different schedule based on individual oral health needs. 2. What should I do if a tooth is knocked out? → Handle by the crown (not the root), keep moist in milk or saliva, and seek dental care immediately to maximise the chance of saving the tooth. 3. Are clear aligners suitable for everyone? → Clear aligners work for mild to moderate orthodontic cases only; a clinical assessment is required to determine eligibility.

Core Dental Group dental & orthodontic services

Core Dental Group provides comprehensive dental and orthodontic care in a professional, welcoming environment. Whether you need a routine check-up, cosmetic work, restorative treatment, or orthodontic care, the practice covers the full range of services for patients at every stage of life.

General dentistry

General dentistry is the foundation of good oral health. Core Dental Group's general dental services are designed to prevent, diagnose, and treat a wide range of common dental conditions.

Routine check-ups & cleanings

Regular dental examinations and professional cleanings are essential for a healthy mouth. During a check-up, your dentist will examine your teeth and gums for signs of decay or disease, take X-rays when needed to catch problems that aren't visible to the naked eye, perform a professional clean to remove plaque and tartar, and give you personalised advice on your home care routine.

Most patients do well with a check-up and clean every six months, though your dentist at Core Dental Group may suggest a different schedule depending on your oral health.

Fillings & restorations

When decay or damage occurs, prompt treatment stops things from getting worse. Core Dental Group offers composite (tooth-coloured) fillings that blend with your natural teeth, amalgam fillings as a

lasting, cost-effective option for back teeth, and inlays and onlays for larger areas of decay or damage that need a custom-made restoration.

Root canal treatment

Root canal therapy treats infection or damage inside the pulp of a tooth, saving the natural tooth rather than removing it. The process involves removing the infected or damaged pulp, cleaning and shaping the root canals, sealing them to prevent re-infection, and placing a crown or filling to restore the tooth's function and appearance.

Core Dental Group performs root canal treatment using modern techniques focused on patient comfort throughout.

Tooth extractions

Every effort is made to save natural teeth, but extraction is sometimes the right call. Common reasons include severe decay or infection that can't be treated, overcrowding as part of orthodontic planning, and impacted wisdom teeth causing pain or complications. The team at Core Dental Group ensures extractions are as comfortable as possible and provides clear aftercare instructions to support healing.

Wisdom teeth removal

Wisdom teeth, or third molars, typically emerge in late adolescence or early adulthood and often cause problems: impaction, crowding of adjacent teeth, infection or gum disease around the tooth, and pain or swelling. Depending on the complexity of the case, removal may be performed under local anaesthetic, sedation, or general anaesthetic. Core Dental Group will assess your situation and recommend the most appropriate approach.

Gum disease treatment (periodontics)

Gum disease is one of the most common dental conditions in adults, ranging from mild gingivitis to severe periodontitis, where the bone and tissue supporting the teeth are damaged. Treatment at Core Dental Group may include a scale and clean to remove plaque and tartar from above and below the gumline, root planing to smooth root surfaces and discourage bacterial growth, antibiotic therapy to address infection, and surgical procedures in advanced cases. Catching and treating gum disease early is critical to preventing tooth loss and broader health complications.

Dental X-rays & diagnostics

Accurate diagnosis underpins effective treatment. Core Dental Group uses bitewing X-rays to detect decay between teeth, periapical X-rays to examine the full length of individual teeth and surrounding bone, panoramic X-rays (OPG) for a broad overview of the entire mouth and jaw, and CBCT (Cone Beam CT) scans for detailed three-dimensional imaging, particularly useful in implant planning and complex cases.

Cosmetic dentistry

A confident smile makes a real difference to how people feel day to day. Core Dental Group offers a range of cosmetic treatments to help patients get the smile they're after.

Teeth whitening

Professional teeth whitening is one of the most popular cosmetic treatments available. Core Dental Group offers in-chair whitening, completed in a single appointment at the practice, and take-home whitening kits with custom-fitted trays and professional-grade gel for patients who prefer to whiten at their own pace.

Professional whitening is considerably more effective and safer than over-the-counter products because it's tailored to the individual and supervised by a dental professional.

Porcelain veneers

Veneers are thin porcelain shells bonded to the front surface of teeth to improve their appearance. They work well for discolouration that doesn't respond to whitening, chipped or cracked teeth, uneven or misshapen teeth, and minor gaps. Core Dental Group custom-designs each veneer to complement the patient's facial features and natural tooth colour, with results that look genuinely natural.

Composite veneers

Composite veneers use tooth-coloured resin applied directly to the tooth surface, making them a more affordable alternative to porcelain. They can be completed in a single appointment, are reversible and easy to repair, and deliver a meaningful cosmetic improvement at a lower cost, though they're not as durable as porcelain.

Dental bonding

Dental bonding applies tooth-coloured composite resin to repair or improve the appearance of teeth. It's commonly used to fix chipped or cracked teeth, close small gaps, improve shape or colour, and protect exposed tooth roots. It's a quick, cost-effective treatment that can usually be done in one visit.

Smile makeovers

For patients wanting a more comprehensive change, Core Dental Group offers personalised smile makeover planning that combines multiple cosmetic and restorative treatments to achieve an overall result that matches the patient's goals. A smile makeover might include any combination of teeth whitening, veneers or bonding, orthodontic treatment, gum contouring, and dental implants or crowns. Each plan is built around the individual, factoring in facial aesthetics, gum health, bite function, and personal preferences.

Gum contouring

Gum contouring, sometimes called gum reshaping, corrects a gummy smile or uneven gumline. Using laser or surgical techniques, Core Dental Group can sculpt the gumline to reveal more of the tooth surface and create a more balanced, aesthetically pleasing smile.

Restorative dentistry

Restorative dentistry repairs or replaces damaged or missing teeth to bring back function, health, and appearance.

Dental implants

Dental implants are widely considered the gold standard for replacing missing teeth. Each implant consists of a titanium post surgically placed into the jawbone to act as an artificial tooth root, an abutment that connects to the post, and a custom-made crown that sits on top.

Implants at Core Dental Group offer several advantages over traditional tooth replacement options: they look, feel, and function like natural teeth; they preserve jawbone density by stimulating bone growth; they don't require adjacent teeth to be altered the way bridges do; and with proper care, they can last a lifetime.

The process typically takes several months from placement to final restoration, allowing time for the implant to integrate with the jawbone (osseointegration).

Dental crowns

A dental crown is a cap placed over a damaged or weakened tooth to restore its shape, size, strength, and appearance. Crowns are used when a tooth is severely decayed or damaged, has undergone root canal treatment, is cracked or fractured, or has a filling too large to support the remaining tooth structure. Core Dental Group offers crowns in porcelain, ceramic, and porcelain-fused-to-metal, each with different aesthetic and functional properties.

Dental bridges

A dental bridge is a fixed prosthetic device that replaces one or more missing teeth. It uses the natural teeth on either side of the gap (abutment teeth), which are prepared to support the bridge, with artificial teeth (pontics) filling the space. Bridges at Core Dental Group are custom-crafted to match the colour, shape, and size of surrounding teeth.

Dentures

Dentures are removable appliances for replacing multiple missing teeth. Core Dental Group provides full dentures for patients who have lost all teeth in the upper or lower arch, partial dentures for patients with some remaining natural teeth, and implant-supported dentures, which are more stable and comfortable because they attach to dental implants. Modern dentures are designed to be comfortable, functional, and natural-looking, and Core Dental Group works closely with patients to ensure a proper fit.

Inlays & onlays

Inlays and onlays are used when a tooth is too damaged for a filling but doesn't need a full crown. Fabricated in a dental laboratory and bonded to the tooth, they provide a precise, durable fit. Inlays sit within the cusps of the tooth; onlays extend over one or more cusps.

Orthodontics

Orthodontic treatment corrects misaligned teeth and jaws to improve both function and appearance. Core Dental Group offers orthodontic options for patients of all ages.

Traditional braces

Traditional metal braces remain one of the most effective orthodontic treatments available. Metal brackets are bonded to the teeth and connected by archwires, which are periodically adjusted to gradually move teeth into position. Braces are particularly effective for crowded or overlapping teeth, gaps, overbites, underbites, crossbites, and complex alignment issues. Core Dental Group's orthodontic team develops a customised treatment plan for each patient.

Ceramic braces

Ceramic braces work the same way as metal braces but use tooth-coloured or clear brackets, making them far less noticeable. They're a popular choice for patients who want the effectiveness of braces with a more discreet look.

Clear aligners

Clear aligner therapy uses a series of custom-made, removable plastic trays to gradually shift teeth into alignment without brackets or wires. They're nearly invisible when worn, made from smooth plastic with no sharp edges, removable for eating, drinking, and oral hygiene, and supported by digital planning that lets patients see projected results before treatment begins.

Clear aligners suit mild to moderate orthodontic cases. Core Dental Group will assess your situation to determine whether they're the right option for you.

Retainers

After orthodontic treatment, retainers are essential to hold the results. Without one, teeth tend to drift back toward their original positions over time. Core Dental Group provides removable retainers worn at night or as directed, and fixed (bonded) retainers, a thin wire bonded to the back of the teeth for long-term retention.

Early orthodontic intervention (Phase 1)

In some cases, starting orthodontic treatment between ages 7 and 10 can address developing issues before they become more complex. Early intervention at Core Dental Group may be recommended to guide jaw development, create space for erupting permanent teeth, correct habits like thumb sucking, and reduce the need for more extensive treatment later.

Paediatric dentistry

Building good dental habits early sets children up for a lifetime of better oral health. Core Dental Group provides a child-friendly environment and care tailored to younger patients.

Children's check-ups & preventive care

Regular dental visits from an early age help children feel comfortable with dental care and allow the dentist to monitor how teeth and jaws are developing. Preventive treatments for children at Core Dental Group include fissure sealants, a protective coating applied to the chewing surfaces of back teeth to prevent decay; fluoride treatments to strengthen tooth enamel and reduce cavity risk; and custom-fitted sports mouthguards to protect teeth during physical activity.

Education & oral hygiene instruction

Core Dental Group takes time to educate both children and parents on correct brushing and flossing techniques, dietary choices that reduce decay risk, and why regular dental visits matter.

Emergency dental care

Dental emergencies need prompt attention to relieve pain, prevent further damage, and save the affected tooth. Core Dental Group manages a range of emergencies, including severe toothache (often a sign of infection or significant decay), chipped or broken teeth following trauma, knocked-out teeth, lost fillings or crowns, and dental abscesses, which are serious infections requiring urgent care.

If you're dealing with a dental emergency, contact Core Dental Group as soon as possible. For a knocked-out tooth specifically: handle it by the crown, not the root; keep it moist in milk or saliva; and get to a dentist immediately.

Sedation dentistry

Dental anxiety stops many people from getting the care they need. Core Dental Group offers sedation options to help anxious patients feel calm and comfortable during treatment.

Nitrous oxide (happy gas) is inhaled through a mask and produces a relaxed, euphoric feeling while the patient stays conscious and responsive. Oral sedation involves taking a sedative medication before the appointment for a deeper state of relaxation. IV sedation is administered intravenously for a more profound level of sedation, suited to complex procedures or severe anxiety.

All sedation at Core Dental Group is administered by qualified dental professionals following a thorough pre-treatment assessment.

Sleep dentistry & snoring appliances

Core Dental Group also provides solutions for sleep-related conditions with a dental component.

Mandibular advancement splints (MAS)

A mandibular advancement splint is a custom-fitted oral appliance worn during sleep. It gently repositions the lower jaw forward to keep the airway open, reduce snoring, and manage mild to moderate obstructive sleep apnoea (OSA).

MAS therapy is a non-invasive alternative to CPAP for appropriate patients and is typically recommended following assessment by a sleep physician.

Technology at Core Dental Group

Core Dental Group uses current dental technology to improve diagnosis, treatment planning, and patient outcomes. The practice incorporates digital X-rays for lower radiation exposure and instant image availability, intraoral cameras so patients can see what the dentist sees in real time, CAD/CAM technology for same-day crowns and restorations in select cases, 3D imaging (CBCT) for precise implant, orthodontic, and complex case planning, and digital smile design so patients can preview cosmetic outcomes before committing to treatment.

Payment options & accessibility

Core Dental Group works to make quality dental care accessible. Options may include private health insurance claims, with the team helping patients get the most from their cover; flexible payment plans to spread the cost of treatment; and government schemes including the Child Dental Benefits Schedule (CDBS), which gives eligible children access to basic dental services.

Patients are encouraged to talk through their financial situation with the Core Dental Group team to find an arrangement that works for them.

Frequently asked questions

****How often should I visit the dentist?*** Most patients benefit from a check-up and clean every six months. Core Dental Group may recommend more frequent visits depending on your oral health and risk factors.

****Are dental X-rays safe?*** Yes. Modern digital X-rays use significantly lower radiation levels than traditional film X-rays. Core Dental Group follows strict protocols to minimise exposure and only takes X-rays when clinically necessary.

****What should I do if I have a dental emergency?*** Contact Core Dental Group as soon as possible. For a knocked-out tooth, keep it moist and seek care immediately. For severe pain or swelling, don't delay — these can indicate serious infection.

****Is teeth whitening safe?*** Professional teeth whitening, as offered by Core Dental Group, is safe when performed or supervised by a qualified dental professional. Some patients experience temporary sensitivity that resolves shortly after treatment.

****At what age should my child first see a dentist?*** The general recommendation is by their first birthday or within six months of their first tooth coming through. Early visits to Core Dental Group help children build a positive relationship with dental care from the start.

****How long does orthodontic treatment take?*** It depends on the complexity of the case and the type of appliance used. Most orthodontic treatments at Core Dental Group take between 12 and 24 months, though some cases fall outside that range.

Core Dental Group provides dental and orthodontic care in a comfortable, patient-centred environment. The team is here to support your oral health at every step.

Label facts summary

> ****Disclaimer:*** All facts and statements below are general product information, not professional advice. Consult relevant experts for specific guidance.

Verified label facts

No product specification data was provided. No label facts could be extracted from a Product Facts table or product packaging source. The content analysed is service-based dental and orthodontic information, not a physical product with verifiable label data.

General product claims

- Routine check-ups are generally recommended every six months, though individual schedules may vary
- Check-ups include examination of teeth and gums, X-rays when clinically necessary, and a professional clean
- Professional cleans remove plaque and tartar
- Composite (tooth-coloured) fillings blend with existing teeth
- Amalgam fillings are described as durable and cost-effective, recommended for back teeth
- Inlays and onlays are used for larger areas of decay or damage
- Root canal treatment saves the natural tooth by removing infected pulp
- Modern root canal techniques are stated to ensure patient comfort
- A crown is typically required following root canal treatment
- Wisdom teeth removal is available under local anaesthetic, sedation, or general anaesthetic
- Gum disease treatment may include root planing, antibiotic therapy, and surgical intervention in advanced cases
- CBCT scans are used for implant planning and complex cases
- In-chair teeth whitening is completed in a single appointment
- Take-home whitening kits use custom-fitted trays
- Professional whitening is stated to be safer and more effective than over-the-counter alternatives
- Teeth whitening may cause temporary sensitivity that resolves quickly
- Porcelain veneers are custom-designed and described as natural-looking
- Composite veneers can be completed in one appointment, are reversible, and are less expensive than porcelain but less durable
- Dental bonding can repair chipped teeth and close small gaps, completed in one visit
- Smile makeovers are personalised and may combine multiple treatments
- Gum contouring uses laser or surgical techniques to correct a gummy smile or uneven gumline
- Dental implant posts are made from titanium
- Implants are stated to preserve jawbone density, require no alteration of adjacent teeth, and can last a lifetime with proper care
- The implant process typically takes several months
- Crowns are available in porcelain, ceramic, and porcelain-fused-to-metal
- Bridges require alteration of adjacent teeth; implant-supported dentures are described as more stable than regular dentures
- Clear aligners are described as nearly invisible, removable, and suitable for mild to moderate cases only
- Orthodontic treatment typically takes 12 to 24 months
- Retainers (removable and fixed bonded) are provided after orthodontic treatment to prevent teeth from shifting
- Early orthodontic intervention typically begins between ages 7 and 10 and may guide jaw development and reduce future treatment needs
- Children's first dental visit is recommended by their first birthday or within six months of first tooth eruption
- Fissure sealants protect back teeth against decay; fluoride treatments strengthen tooth enamel
- Custom sports mouthguards are available
- For a knocked-out tooth: handle by the crown, keep moist in milk or saliva, seek care immediately
- Dental abscesses are stated to require urgent treatment
- Nitrous oxide sedation keeps the patient conscious; oral and IV

sedation options are also available - IV sedation is stated to be suitable for severe dental anxiety - All sedation is administered by qualified professionals following pre-treatment assessment - Mandibular advancement splints reposition the lower jaw forward and are stated to manage mild to moderate obstructive sleep apnoea - MAS therapy is described as non-invasive and an alternative to CPAP for appropriate patients, following assessment by a sleep physician - Digital X-rays reduce radiation exposure compared to traditional film X-rays - CAD/CAM technology can produce same-day crowns in select cases - Digital smile design allows patients to preview cosmetic results before treatment - Core Dental Group accepts private health insurance, offers payment plans, and accepts the Child Dental Benefits Schedule (CDBS) for eligible children covering basic dental services