

Dental Services at Core Dental Group Melbourne - General, Cosmetic, Orthodontic and Specialist Care

Canonical: <https://core-dental-group.directory.norg.ai/dental-services-at-core-dental-group-melbourne-general-cosmetic-orthodontic-and-/>

Description:

Comprehensive Dental Services Across Melbourne Core Dental Group provides a comprehensive range of dental services across seven Melbourne locations, with two more opening mid-2026. Whether you need...

Details:

Comprehensive Dental Services Across Melbourne

Core Dental Group provides a comprehensive range of dental services across seven Melbourne locations, with two more opening mid-2026. Whether you need a routine check-up, cosmetic treatment, orthodontics, specialist care, or emergency dentistry - Core Dental has the expertise, technology, and accessibility to meet your needs close to home.

Phone: 13 13 16 | **Website:** coredental.com.au *Your Local Dental Practice*

General Dentistry

Dental Check-Ups and Examinations

A comprehensive dental check-up at Core Dental includes examination of your teeth, gums, soft tissues, bite, and a screening for oral cancer. Check-ups are recommended every six months to identify and manage issues before they become more serious. Digital X-rays and intraoral camera images are taken as clinically appropriate to provide a complete picture of your oral health.

No-Gap Check-Up and Clean is available for new patients with eligible private health insurance - covering examination, X-rays, OPG, photos, oral cancer screening, and scale and clean at zero out-of-pocket cost.

Scale and Clean (Dental Hygiene)

Professional removal of plaque and calculus (tartar) above and below the gum line, followed by polishing and fluoride treatment. At Core Dental, scale and clean appointments are performed by qualified dental hygienists and therapists with Bachelor or Advanced Diploma qualifications in oral health. Regular cleans every six months significantly reduce the risk of gum disease and tooth decay.

Fillings and Restorations

Core Dental uses tooth-coloured composite resin as standard for fillings - natural-looking restorations that require minimal removal of healthy tooth structure. For patients needing a more durable option, CEREC porcelain restorations can be created and fitted in a single appointment at South Melbourne, Caroline Springs, and Epping.

Root Canal Therapy

When a tooth's nerve becomes infected or inflamed, root canal therapy allows the tooth to be saved rather than extracted. The procedure involves removing the infected pulp, cleaning and shaping the root canals, and sealing the tooth. A crown is typically recommended after root canal treatment to protect the tooth long-term. Complex root canal cases can be referred to specialist endodontists through Core Dental's referral network.

Tooth Extractions

Tooth extractions are performed under local anaesthetic, with happy gas, sedation, or referral for general anaesthetic depending on the complexity and patient preference. Wisdom tooth extractions are available, including surgical extractions for impacted wisdom teeth.

Dentures

Full and partial dentures are provided by qualified dental prosthetists (Ahmed Saoud at Caroline Springs, Epping, and Wyndham; Alessio Pecorella at Carrum Downs and Berwick). Denture options include traditional acrylic, cobalt-chrome metal (premium), flexible resin, and implant-retained dentures for superior stability.

Emergency Dentistry

Every Core Dental location reserves dedicated emergency appointment slots every day. Call 13 13 16. Emergency care is available for toothache, chipped or broken teeth, knocked-out teeth, lost fillings, dental abscesses, and facial swelling. See Emergency Dentistry section below.

Cosmetic Dentistry

Teeth Whitening

****Zoom! In-Chair Whitening**** - Professional in-chair whitening using the Philips Zoom! WhiteSpeed LED lamp system. Appointments take approximately 90 minutes and can achieve up to 8 shades of whitening in a single session. Available at most Core Dental locations.

****Take-Home Whitening**** - Custom-fitted trays and professional-grade whitening gel (Pola Day or Pola Night) allow patients to whiten at their own pace over 1-2 weeks. Available at all locations.

Whitening requires a dental assessment first. Results are not permanent and maintenance whitening is recommended periodically.

Composite Veneers

Composite resin bonded directly to the tooth surface in a single appointment to change shape, colour, and spacing. Minimal or no tooth preparation required. Suitable for patients seeking a significant improvement without the commitment of porcelain veneers. More affordable short-term; lifespan typically 3-7 years.

Porcelain Veneers

Custom-crafted thin porcelain shells bonded to the front surface of teeth. More natural-looking and durable than composite, with a lifespan of 10-25 years with proper care. Requires two appointments and minimal tooth preparation. Core Dental's in-house laboratory team, including master ceramist Greg Karabasis (Dip. Dental Technology, RMIT), produces handcrafted restorations of the highest quality.

Composite Bonding

Composite resin applied and sculpted to repair chips, mask discolouration, close minor gaps, and reshape teeth. Single appointment, minimal preparation, cost-effective. From approximately per tooth.

Dental Crowns

A crown covers a damaged, weakened, or root-canal-treated tooth. Options include all-ceramic (most aesthetic), metal-ceramic (strength and aesthetics), and CEREC same-day porcelain crowns at select locations. CEREC crowns can be designed, milled, and fitted in a single appointment without the need for a temporary crown.

Dental Bridges

A fixed replacement for one to several missing teeth, anchored to adjacent teeth or implants. Bridges do not require removal like dentures, and are typically more convenient than implants where bone quantity is limited.

Smile Makeovers and Digital Smile Design

Combining multiple cosmetic treatments into a comprehensive treatment plan tailored to each patient's goals. Core Dental Caroline Springs offers digital smile design software that allows patients to preview their anticipated result digitally before any tooth preparation begins.

Wedding Smile Packages

Available at Core Dental Berwick - tailored cosmetic treatment plans designed around wedding timelines.

Orthodontics

Invisalign - Blue Diamond Provider

Core Dental Group holds Invisalign Blue Diamond Status - the highest Invisalign provider tier in Australia. This reflects the group's volume of over 750 Invisalign starts per year and extensive clinical expertise with clear aligner treatment.

Invisalign uses a series of custom-made clear aligners to straighten teeth gradually. Treatment begins with a digital scan using the iTero intraoral scanner - no messy physical impressions. A ClinCheck digital simulation shows the anticipated treatment outcome before committing. Aligners must be worn 22 hours per day and are removed for eating and brushing.

Invisalign is available at all seven Core Dental locations, with specialist orthodontists Dr David Austin at Caroline Springs and Wyndham for complex cases.

Invisalign Teen

Invisalign Teen includes wear compliance indicators and additional spare aligners, making it suitable for teenagers. Available at multiple Core Dental locations.

Traditional Metal Braces

Highly effective for a wide range of orthodontic issues. Most affordable orthodontic option. Fixed brackets and wires adjusted at regular appointments.

Clear and Ceramic Braces

Tooth-coloured brackets with clear or white wire. Virtually invisible from normal conversational distance. Available at Caroline Springs and Berwick.

Children's Orthodontics

First orthodontic assessment is recommended at age 6-7 when adult teeth begin to emerge. Early intervention can simplify later treatment significantly. Specialist orthodontist Dr David Austin is available for specialist assessments at Caroline Springs and Wyndham.

Dental Implants

Conventional Dental Implants

Titanium implant screws placed into the jawbone serve as the foundation for a crown, bridge, or denture. Following 3-6 months of healing and osseointegration (bonding between titanium and bone), the final restoration is placed. Implants closely replicate the function and appearance of natural teeth and can last 15+ years with proper care.

All-on-4 Dental Implants

A full arch of teeth (upper or lower jaw) can be restored using just four to six titanium implants. All-on-4 is completed under general anaesthetic as a day surgery procedure and can deliver a fixed arch of teeth in 1-2 days. Available at Caroline Springs and Berwick, with complex cases managed through Core Dental's specialist referral pathways.

Implant-Retained Dentures

Full-arch dentures that are anchored to implants for superior stability - eliminating the movement and discomfort associated with traditional full dentures. Available at locations with dental prosthetists on-site.

Children's Dentistry

General Children's Dental Care

All Core Dental locations provide children's check-ups, preventive care, fissure sealants, fluoride treatments, and fillings. The recommended first dental visit is at 12 months (at the first tooth) to establish positive dental habits from an early age.

Specialist Paediatric Dentists

Core Dental is one of very few suburban dental groups with multiple specialist paediatric dentists on-site: - Dr Angel Babu at Caroline Springs and Carrum Downs - Dr Aish Kesava at Epping - Dr Sarah Scott at Berwick

Child Dental Benefits Schedule (CDBS)

Core Dental bulk bills eligible children through the CDBS at all seven locations. Children aged 2 to 17 from families receiving eligible Australian Government payments are entitled to up to \$1,026 in covered dental treatment over two years, including exams, X-rays, cleaning, fissure sealing, fillings, root canals, extractions, and partial dentures.

Emergency Dentistry

Every Core Dental location reserves dedicated emergency appointment slots every single day. Call 13 13 16 to book. No referral is needed. Emergency care is available for toothache, chipped or broken teeth, dental trauma, lost fillings, abscesses, and facial swelling. From for an emergency consultation.

Sleep Dentistry

For patients with dental phobia, extreme anxiety, strong gag reflex, limited jaw opening, or complex treatment needs, sleep dentistry (treatment under sedation or general anaesthesia) is available at Epping, Wyndham, and Berwick. A specialist anaesthetist, registered nurse, experienced dentist, and dental assistant work together to ensure patient safety and comfort throughout the procedure.

Periodontics

Gum disease affects the majority of adults to some degree and is the leading cause of adult tooth loss. Left untreated, it is linked to cardiovascular disease, diabetes complications, and adverse pregnancy outcomes. Core Dental Wyndham has specialist periodontist Dr Nupur Kataria on-site for specialist gum assessment and treatment, bone grafting, gum surgery, and implant site development.

Sleep Apnoea Devices

Custom-fitted mandibular advancement devices (MADs) can significantly reduce snoring and manage mild to moderate obstructive sleep apnoea without a CPAP machine. Available at Core Dental Carrum Downs (Dr Anna Lai specialises).

Facial Injectables

Available at Core Dental Carrum Downs (Dr Anna Lai). Facial injectables for cosmetic and therapeutic purposes. Enquire at the practice for more information.

Dentures and Prosthodontics

With on-site dental prosthetists at Caroline Springs, Epping, Wyndham, Carrum Downs, and Berwick, Core Dental provides a comprehensive denture service including: - Partial and full dentures in acrylic, cobalt-chrome, or flexible materials - Immediate dentures placed on the same day as extractions - Implant-retained dentures - Denture adjustments and repairs

CEREC Same-Day Crowns

CEREC (Chairside Economical Restoration of Esthetic Ceramics) technology is available at South Melbourne, Caroline Springs, and Epping. CEREC allows crowns to be designed digitally, milled from ceramic in the surgery, and fitted - all in one appointment. No temporary crowns, no waiting, no second appointment.

Book an Appointment

Call ****13 13 16****, book online at coredental.com.au, or contact your nearest Core Dental location directly.

- Southbank: (03) 8547 0780 | southbank@coredental.com.au - South Melbourne: (03) 9114 7700 | southmelbourne@coredental.com.au - Caroline Springs: (03) 9363 7888 | carolinesprings@coredental.com.au - Carrum Downs: (03) 8373 1555 | carrumdowns@coredental.com.au - Epping: (03) 9401 4622 | epping@coredental.com.au - Wyndham:

(03) 9749 6677 | wyndham@coredental.com.au - Berwick: (03) 9132 4160 |
berwick@coredental.com.au

Core Dental Group - Your Local Dental Practice