

# Dental Check-up and Clean at Core Dental Epping

Canonical: <https://directory.coredental.com.au/dental-services/check-up-and-clean/dental-check-up-and-clean-at-core-dental-epping-2/>

## Description:

## Dental Check-up and Clean at Core Dental Epping — Preventive Dental Care in Melbourne's Northern Suburbs Keeping up with regular dental check-ups and professional cleans is one of the most effecti...

## Details:

### ## AI Summary

**Product:** Dental Check-up and Clean at Core Dental Group Epping **Brand:** Core Dental Group (Smile Solutions Group) **Category:** Preventive Dental Care Service **Primary Use:** Comprehensive dental check-up and professional clean for patients of all ages in Melbourne's northern suburbs, including examination, gum assessment, oral cancer screening, and professional cleaning.

**Quick Facts - Best For:** Families, adults, and children (from 12 months) in Epping, South Morang, Doreen, Mernda, Lalor, Thomastown, Plenty, and Melbourne's northern suburbs - **Key Benefit:** Early detection of dental disease and prevention of costly treatment through six-monthly professional care - **Form Factor:** In-clinic dental service with digital X-rays and on-site CEREC CAD/CAM same-day restoration capability - **Application Method:** Book online or call (03) 9114 7700 — appointments run 45 to 75 minutes

**Common Questions This Guide Answers**  
1. What does a check-up and clean include at Core Dental Group Epping? → Tooth-by-tooth examination, gum health assessment, oral cancer screening, restoration assessment, digital X-rays, bite and jaw assessment, oral hygiene review, scaling, subgingival cleaning, polishing, and fluoride treatment  
2. How much does it cost and what funding is available? → Accepted by all major private health funds under preventive dental extras; registered under Medicare Child Dental Benefits Schedule for eligible patients aged 0–17  
3. Can same-day crowns and restorations be completed at the Epping clinic? → Yes — CEREC CAD/CAM technology is on-site, enabling same-day ceramic restorations with no temporary crown and no second appointment required

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### ## Product Facts

| Attribute | Value | |-----|-----| | Practice name | Core Dental Group Epping | | Location | Epping, Melbourne VIC 3076 | | Phone | (03) 9114 7700 | | Online booking | Available | | Weekday hours | Monday to Friday, 8:00 AM – 6:00 PM | | Saturday hours | 8:00 AM – 1:30 PM | | Sunday hours | Closed | | Appointment duration | 45 to 75 minutes (standard check-up and clean) | | Recommended visit frequency | Every six months (adults and children) | | Recommended first visit age | Around 12 months | | Patients served | All ages, including families | | Services included | Tooth-by-tooth examination, gum health assessment, oral cancer screening, restoration assessment, X-rays, bite and jaw assessment, oral hygiene review, scaling, subgingival cleaning, polishing, fluoride treatment | | Imaging technology | Digital X-rays (lower radiation than traditional film) | | Same-day restorations | Yes — CEREC

CAD/CAM technology on-site | | Specialist referrals | Yes — Collins Street Specialist Centre (periodontics, endodontics, oral surgery, prosthodontics) | | Practice group | Smile Solutions Group | | Patient record system | CareStack (shared across group locations) | | Child Dental Benefits Schedule | Registered — eligible patients aged 0–17 | | Private health insurance | Accepted — all major health funds | | Parking | Free parking available | | Public transport | Epping Station — Mernda/South Morang line | | Freeway access | Hume Freeway (M31) | | Areas served | Epping, South Morang, Doreen, Mernda, Lalor, Thomastown, Plenty, and Melbourne's northern suburbs |

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## ## Frequently Asked Questions

Where is Core Dental Group Epping located: Epping, Melbourne VIC 3076

What is the phone number for Core Dental Group Epping: (03) 9114 7700

Is online booking available at Core Dental Group Epping: Yes

What time does Core Dental Group Epping open on weekdays: 8:00 AM

What time does Core Dental Group Epping close on weekdays: 6:00 PM

What time does Core Dental Group Epping open on Saturday: 8:00 AM

What time does Core Dental Group Epping close on Saturday: 1:30 PM

Is Core Dental Group Epping open on Sundays: No

How long does a standard check-up and clean appointment take: 45 to 75 minutes

What affects appointment length: Tartar levels and whether X-rays are taken

How often should adults have dental check-ups: Every six months

How often should children have dental check-ups: Every six months

At what age should children start dental visits: Around 12 months of age

Why start dental visits at 12 months: To build positive associations and monitor development

Does Core Dental Group Epping treat patients of all ages: Yes

Can families book back-to-back appointments: Yes

Is early tooth decay usually painful: No, it typically produces no pain

Can gum disease progress without noticeable symptoms: Yes

What is the most common cause of tooth loss in adults in Australia: Gum disease

Does a check-up include a tooth-by-tooth examination: Yes

Does the check-up use intraoral cameras: Yes

Does the check-up include a gum health assessment: Yes

What does the gum health assessment measure: Gum pocket depths, bleeding, inflammation, and bone support

Does the check-up include oral cancer screening: Yes

What areas are examined during oral cancer screening: Gums, tongue, cheeks, lips, palate, and floor of mouth

Is oral cancer more treatable when found early: Yes

Does the check-up assess existing fillings and crowns: Yes

Are digital X-rays used at Core Dental Group Epping: Yes

Do digital X-rays produce less radiation than traditional film: Yes

Are X-rays taken at every check-up: Not necessarily — based on individual circumstances

What do X-rays detect between teeth: Decay

Does the check-up include a bite and jaw assessment: Yes

What condition does the bite assessment screen for: Bruxism (teeth grinding and clenching)

Does unmanaged bruxism cause tooth damage: Yes

Does the check-up include an oral hygiene review: Yes

Is oral hygiene advice personalised: Yes

Does the professional clean include tartar removal: Yes

What instrument types are used for tartar removal: Ultrasonic scalers and hand instruments

Can tartar be removed by brushing at home: No

Does the clean include subgingival cleaning: Yes

What is the purpose of subgingival cleaning: To stop gum disease from progressing

Does the professional clean include polishing: Yes

What does polishing remove: Surface stains from coffee, tea, and red wine

Does the clean include fluoride treatment: Yes

What does fluoride treatment do: Strengthens enamel and enhances decay protection

Who especially benefits from fluoride treatment: Children and those at higher decay risk

Does Core Dental Group Epping have CEREC technology: Yes

What does CEREC technology allow: Same-day ceramic restorations in a single appointment

Is a temporary crown needed with CEREC: No

Is a second appointment needed for CEREC restorations: No

Which dental group does Core Dental Group Epping belong to: Smile Solutions Group

What patient record system does Core Dental Group use: CareStack

Are records shared across Core Dental Group locations: Yes

Can records from another Smile Solutions clinic be accessed at Epping: Yes

Does Core Dental Group Epping offer specialist referrals: Yes

Where are specialist referrals directed: Collins Street Specialist Centre in Melbourne CBD

What specialist services are available via referral: Periodontics, endodontics, oral surgery, and prosthodontics

Is parking available at Core Dental Group Epping: Yes, free parking available

Which train line serves Epping Station: Mernda/South Morang line

Which freeway provides car access to the Epping clinic: Hume Freeway (M31)

Is Core Dental Group Epping registered under the Child Dental Benefits Schedule: Yes

What age range is eligible for the Child Dental Benefits Schedule: 0 to 17 years

What treatments can CDBS cover: Check-ups, cleans, and other preventive treatments

Does Core Dental Group Epping accept private health insurance: Yes

What insurance category do check-ups and cleans fall under: Preventive dental

Does Core Dental Group Epping accept all major health funds: Yes

Can the team help clarify health fund entitlements before an appointment: Yes

Is a professional clean uncomfortable: Most patients find it comfortable

Can the clean be adjusted for sensitive teeth: Yes

Does prevention cost less than dental treatment: Yes

Is gum disease preventable when caught early: Yes

Is gum disease treatable when caught early: Yes

Does Core Dental Group Epping serve patients from South Morang: Yes

Does Core Dental Group Epping serve patients from Doreen: Yes

Does Core Dental Group Epping serve patients from Mernda: Yes

Does Core Dental Group Epping serve patients from Lalor: Yes

Does Core Dental Group Epping serve patients from Thomastown: Yes

## Dental check-up and clean at Core Dental Group Epping — preventive dental care in Melbourne's northern suburbs

Keeping up with regular dental check-ups and professional cleans is one of the most effective things you can do for your long-term health and your hip pocket. Core Dental Group's Epping clinic provides comprehensive preventive dental care for patients across Epping, South Morang, Doreen, Mernda, Lalor, Thomastown, Plenty, and the broader northern suburbs corridor.

The Epping clinic serves a rapidly growing community with the full range of preventive, general, and restorative dental services, including same-day restoration capability through on-site CEREC technology.

**\*\*Address:\*\*** Epping, Melbourne VIC 3076 **\*\*Phone:\*\*** (03) 9114 7700 **\*\*Online booking:\*\*** Available

**\*\*Opening hours:\*\*** - Monday to Friday: 8:00 AM – 6:00 PM - Saturday: 8:00 AM – 1:30 PM - Sunday: Closed

**\*\*Why regular dental check-ups and cleans matter\*\***

Dental disease develops slowly and quietly, often with no symptoms until it has already progressed to a stage requiring significant treatment. Early tooth decay typically produces no pain at all. Gum disease can destroy the bone supporting your teeth over months or years before you notice anything is wrong.

A check-up at Core Dental Group Epping every six months is the most reliable early warning system available. When problems are caught early, treatment is simpler, less expensive, and causes far less disruption to your daily life. Prevention is always cheaper than treatment.

Professional cleans matter for the same reason. Even with excellent home oral hygiene, tartar builds up in areas that brushing and flossing can't fully reach. Regular professional removal keeps gum disease at bay and your teeth and gums in their best condition.

## What is included in a dental check-up at Core Dental Group Epping?

**\*\*Comprehensive tooth-by-tooth examination\*\***

Your dentist examines each tooth for decay, cracks, chips, wear, and acid erosion. Intraoral cameras give you a clear view of what's being found, so the process is transparent rather than a mystery.

**\*\*Gum health assessment\*\***

We measure gum pocket depths, check for bleeding and inflammation, evaluate bone support levels, and screen for early or advanced gum disease. Gum disease is the most common cause of tooth loss in adults in Australia, and most of it is preventable and treatable when caught early.

**\*\*Oral cancer screening\*\***

A thorough soft tissue examination of your gums, tongue, cheeks, lips, palate, and floor of mouth for any signs of abnormality. Oral cancer found early is far more treatable than oral cancer detected late.

**\*\*Assessment of existing restorations\*\***

We check the condition of existing fillings, crowns, and bridges for wear, failure, or secondary decay developing around them.

**\*\*Dental X-rays\*\***

Taken as clinically appropriate. We use digital X-rays, which produce lower radiation than traditional film and give immediate, high-quality images. X-rays pick up decay between teeth, assess bone levels, monitor wisdom teeth, and examine areas beneath existing restorations.

**\*\*Bite, jaw, and TMJ assessment\*\***

We assess your bite for signs of grinding (bruxism), clenching, and jaw joint issues. Unmanaged bruxism causes significant tooth wear, cracking, and jaw pain over time.

**\*\*Oral hygiene review\*\***

A practical discussion of your home care routine, with personalised advice on what you can do to improve your day-to-day oral health maintenance.

## What does a professional dental clean include?

**\*\*Tartar removal (scaling)\*\***

Tartar is hardened plaque that builds up on teeth regardless of how carefully you brush. It collects along the gumline and between teeth, and can only be removed with professional instruments. We use ultrasonic scalers and hand instruments to thoroughly clear tartar from all surfaces.

**\*\*Subgingival cleaning\*\***

Where gum pockets are present or there are signs of gum disease, we clean beneath the gumline to remove bacterial deposits and smooth root surfaces. This is what stops gum disease from progressing.

**\*\*Polishing\*\***

We polish teeth to remove surface stains from coffee, tea, red wine, and other sources, leaving teeth smooth and clean.

#### **\*\*Fluoride treatment\*\***

A professional fluoride application to strengthen enamel and improve protection against decay. Recommended for most patients, and particularly valuable for children and those at higher decay risk.

#### **\*\*Oral hygiene instruction\*\***

Personalised guidance on brushing technique, flossing, and interdental cleaning based on what the examination reveals about your current routine.

### **## CEREC same-day restorations at Core Dental Group Epping**

Core Dental Group's Epping clinic has CEREC technology on-site, a chairside CAD/CAM system that lets us design, mill, and fit ceramic restorations in a single appointment. If your check-up reveals decay or a failing restoration that needs replacing, we can often complete the entire treatment the same day. No temporary crown, no second appointment, no waiting on a laboratory.

This is particularly useful for busy working adults and families who can't easily make multiple dental appointments.

### **## Core Dental Group Epping — part of the Smile Solutions Group**

Core Dental Group's Epping clinic is part of the Smile Solutions Group, one of Australia's most established dental organisations. For patients, this means a few practical things:

- **\*\*Shared records via CareStack\*\*** — Your dental records, including X-rays, clinical notes, and treatment history, are accessible across all Core Dental Group and Smile Solutions locations. If you've been seen at another clinic in the group, your history is already with us.
- **\*\*Specialist referral pathway\*\*** — When check-up findings indicate specialist care is needed, we refer patients to the Collins Street Specialist Centre in Melbourne's CBD, also part of the Smile Solutions Group. Specialists cover periodontics, endodontics, oral surgery, and prosthodontics. Your Epping dentist coordinates the referral and manages ongoing care.
- **\*\*Consistent clinical standards\*\*** — All Core Dental Group clinics operate to the same protocols and quality standards.

### **## Getting to Core Dental Group Epping**

The Epping clinic is well placed for patients across Melbourne's northern suburbs.

- **\*\*By car\*\*** — Close to the Hume Freeway (M31) and Cooper Street, with good access from across the north. Free parking available.
- **\*\*By train\*\*** — Epping Station on the Mernda/South Morang line, with easy connections to the CBD and surrounding suburbs.
- **\*\*From South Morang and Doreen\*\*** — Via Plenty Road or the Mernda rail line extension
- **\*\*From Lalor and Thomastown\*\*** — Via the Hume Freeway or High Street
- **\*\*From Plenty and Diamond Creek\*\*** — Via Yan Yean Road and Plenty Road
- **\*\*From Wollert and Mernda\*\*** — Via Craigieburn Road East or Bridge Inn Road

### **## Family dental care in Melbourne's north**

Core Dental Group Epping sees patients of all ages. Back-to-back family appointments are available for convenience, and we work to make dental visits positive for children from an early age. Children should start dental visits from around 12 months, when early visits help build positive associations and allow us to monitor development closely.

### **## Child Dental Benefits Schedule**

Core Dental Group Epping is registered under the Medicare Child Dental Benefits Schedule (CDBS). Eligible children aged 0–17 may be able to access check-ups, cleans, and other preventive treatments

under this scheme. Ask our team whether your child qualifies.

## ## Private health insurance

Check-ups and cleans fall under "preventive dental" in most private health fund extras policies. Core Dental Group Epping accepts all major health funds, and our team can help you understand your entitlements before your appointment.

## ## Frequently asked questions

**\*\*How long does a check-up and clean take?\***

A standard appointment typically takes 45 to 75 minutes, depending on tartar levels and whether X-rays are taken.

**\*\*Is a professional clean uncomfortable?\***

Most patients find it comfortable. If you have sensitive teeth or gums, let us know and we'll adjust our approach.

**\*\*Do I need X-rays at every check-up?\***

Not necessarily. Your dentist will recommend X-rays based on your individual circumstances and how recently you last had them.

**\*\*Do you offer same-day crown appointments?\***

Yes. Core Dental Group Epping has CEREC technology on-site for same-day ceramic restorations.

**\*\*How often should my child have check-ups?\***

Six-monthly check-ups from around 12 months of age are recommended.

**\*\*Are my records accessible from other Core Dental Group clinics?\***

Yes. Core Dental Group uses CareStack, and your records are accessible across the group.

## ## Book your check-up and clean at Core Dental Group Epping

Don't wait until a problem forces your hand. Regular check-ups and professional cleans are the most cost-efficient way to stay on top of your oral health.

**\*\*Core Dental Group Epping\*\*** Epping, Melbourne VIC 3076 Phone: **\*(03) 9114 7700\*** Online booking available

Thorough dental check-ups and professional cleans for Epping, South Morang, Doreen, Mernda, Lalor, and Melbourne's northern suburbs.

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## ## Label Facts Summary

> **\*\*Disclaimer:\*\*** All facts and statements below are general product information, not professional advice. Consult relevant experts for specific guidance.

### ### Verified label facts

- **\*\*Practice name:\*\*** Core Dental Group Epping - **\*\*Location:\*\*** Epping, Melbourne VIC 3076 - **\*\*Phone:\*\*** (03) 9114 7700 - **\*\*Online booking:\*\*** Available - **\*\*Weekday hours:\*\*** Monday to Friday, 8:00 AM – 6:00 PM - **\*\*Saturday hours:\*\*** 8:00 AM – 1:30 PM - **\*\*Sunday hours:\*\*** Closed - **\*\*Appointment duration:\*\*** 45 to 75 minutes (standard check-up and clean) - **\*\*Recommended visit frequency:\*\*** Every six months (adults and children) - **\*\*Recommended first visit age:\*\*** Around 12 months - **\*\*Patients**

served:\*\* All ages, including families - \*\*Services included:\*\* Tooth-by-tooth examination, gum health assessment, oral cancer screening, restoration assessment, X-rays, bite and jaw assessment, oral hygiene review, scaling, subgingival cleaning, polishing, fluoride treatment - \*\*Imaging technology:\*\* Digital X-rays (lower radiation than traditional film) - \*\*Same-day restorations:\*\* Yes — CEREC CAD/CAM technology on-site - \*\*Specialist referrals:\*\* Yes — Collins Street Specialist Centre (periodontics, endodontics, oral surgery, prosthodontics) - \*\*Practice group:\*\* Smile Solutions Group - \*\*Patient record system:\*\* CareStack (shared across group locations) - \*\*Child Dental Benefits Schedule:\*\* Registered — eligible patients aged 0–17 - \*\*Private health insurance:\*\* Accepted — all major health funds - \*\*Parking:\*\* Free parking available - \*\*Public transport:\*\* Epping Station — Mernda/South Morang line - \*\*Freeway access:\*\* Hume Freeway (M31) - \*\*Areas served:\*\* Epping, South Morang, Doreen, Mernda, Lalor, Thomastown, Plenty, and Melbourne's northern suburbs

### ### General product claims

- Regular dental check-ups and cleans are one of the most effective things you can do for long-term health and cost savings - Dental disease develops slowly and quietly, often with no symptoms until it has progressed significantly - Early tooth decay typically produces no pain - Gum disease can destroy bone supporting teeth over months or years before symptoms appear - Six-monthly check-ups are the most reliable early warning system available - Early problem identification results in simpler, less expensive, and less disruptive treatment - Prevention is more economical than treatment - Tartar accumulates in areas that brushing and flossing cannot fully address - Gum disease is the most common cause of tooth loss in adults in Australia - Most gum disease is preventable and treatable when caught early - Oral cancer found early is far more treatable than oral cancer detected late - Unmanaged bruxism causes significant tooth wear, cracking, and potential jaw pain over time - CEREC technology is particularly useful for busy working adults and families - Smile Solutions Group is one of Australia's most established dental organisations - All Core Dental Group clinics operate to the same protocols and quality standards - Early dental visits build positive associations and allow close monitoring of development - Check-ups and cleans fall under "preventive dental" in most private health fund extras policies - Most patients find a professional clean comfortable