

Gum Disease Treatment at Core Dental Berwick

Canonical:

<https://directory.coredental.com.au/dental-services/gum-disease-treatment-at-core-dental-berwick-article/>

Description:

Core Dental Berwick provides comprehensive gum disease diagnosis, treatment, and ongoing management for patients across Berwick, Narre Warren, Officer, Pakenham, Beaconsfield, and the Casey corridor. ...

Details:

Core Dental Group — Gum Disease Diagnosis, Treatment and Management in Berwick

Core Dental Group's Berwick practice provides comprehensive gum disease diagnosis, treatment, and ongoing management for patients across Berwick, Narre Warren, Officer, Pakenham, Beaconsfield, and the Casey corridor. Gum disease is one of the most common oral health conditions in Australia, affecting nearly one in three adults over 30 — and most people have no idea they have it, because it rarely causes pain until it's well advanced. Catching it early at Core Dental Group's Berwick practice gives your teeth and gums the best chance of staying intact for the long term.

Understanding gum disease

Gum disease, or periodontal disease, starts when bacterial plaque builds up along and beneath the gumline. In its earliest form — gingivitis — you might notice your gums bleeding when you brush, or some redness and mild swelling. At this stage, the damage is reversible with professional care and better habits at home.

Without treatment, gingivitis can progress to periodontitis, where the bone and tissue supporting your teeth start to break down. This is a different situation entirely. Periodontitis can cause tooth loss and significant bone deterioration, and it's been linked to cardiovascular disease and complications in people with diabetes. It's a chronic condition — manageable, but not something that goes away — which is why getting on top of it early matters so much.

The catch is that gum disease can develop over years without any obvious pain. That's why routine screening at Core Dental Group's Berwick practice is built into how the team approaches every patient's oral health.

Signs you may have gum disease

If you notice any of the following, it's worth booking a gum health assessment sooner rather than later:

- Gums that bleed when you brush or floss
- Red, swollen, or tender gums
- Persistent bad breath
- Gums pulling away from the teeth
- Teeth that look longer than they used to
- Sensitivity along the gum line
- Loose teeth or a change in how your bite feels

The earlier gum disease is identified, the simpler the treatment.

Risk factors for gum disease

Some people are more susceptible than others. Factors that increase the risk include poor oral hygiene, smoking or tobacco use, diabetes, a genetic predisposition, hormonal changes during pregnancy or menopause, certain medications that cause dry mouth or gum changes, and stress affecting immune function.

The team at Core Dental Group's Berwick practice takes a thorough medical and dental history to identify where your risks lie and build a prevention and treatment plan around your specific situation.

Gum disease services at Core Dental Group Berwick

Diagnosis and periodontal screening

Every comprehensive examination at Core Dental Group's Berwick practice includes a full periodontal assessment. The dentist measures pocket depths around each tooth, checks for recession, and evaluates bone levels using digital imaging. This lets the team catch gum disease at its earliest stages, when treatment is most straightforward.

Deep cleaning — scaling and root planing

For patients with gum disease beyond mild gingivitis, scaling and root planing (deep cleaning) is the main non-surgical treatment. It goes below the gumline to remove hardened plaque and bacterial deposits from root surfaces, smooth those surfaces so gums can reattach, and clear out the bacterial environment driving the disease.

Depending on the severity, this is completed over one or more appointments under local anaesthetic. It's a considerably more involved process than a standard clean, which only addresses surfaces above and just below the gumline.

Periodontal maintenance programs

Because gum disease is chronic, treatment doesn't end with a single course of deep cleaning. Once the active disease is under control, the team at Core Dental Group's Berwick practice puts together a personalised maintenance program — typically professional cleaning and pocket depth monitoring every three to four months.

This matters because bacterial deposits can rebuild in treated pockets within months. Patients who keep up with their maintenance appointments are far more likely to hold onto their teeth long term.

The Perio Squad — specialist gum disease care

Core Dental Group offers access to specialist periodontists through its Perio Squad model. For patients with advanced gum disease, significant recession needing surgical correction, or complex cases that haven't responded to non-surgical treatment, Core Dental Group's Berwick practice can refer directly to periodontists at the Collins Street Specialist Centre.

Perio Squad referrals can include:

- Gum grafting for significant recession, restoring coverage over exposed root surfaces, reducing sensitivity, and improving the appearance of the smile
- Surgical periodontal treatment for deep pockets that can't be fully addressed non-surgically
- Osseous surgery to reshape bone and reduce pocket depth
- Advanced diagnostics for complex cases

The Perio Squad model keeps care coordinated rather than fragmented. Your Core Dental Group Berwick dentist and the specialist periodontist work together, with records shared within the group.

Gum health and your overall wellbeing

The connection between gum disease and general health is well established. Periodontal inflammation has been associated with higher cardiovascular disease risk, difficulty managing blood glucose in

people with diabetes, adverse pregnancy outcomes including preterm birth and low birth weight, respiratory conditions including pneumonia, and kidney disease.

For patients managing any of these conditions, the team at Core Dental Group's Berwick practice pays close attention to gum health and coordinates with medical practitioners where it makes sense. Getting gum disease under control has real implications beyond your mouth.

Preventing gum disease

The team at Core Dental Group's Berwick practice provides practical preventive guidance tailored to each patient — correct brushing technique using a soft brush with a gentle circular or Bass method, daily interdental cleaning with floss or interdental brushes, the role of antibacterial mouthwashes, and diet and lifestyle factors that affect gum health. They'll also show you what early warning signs to watch for at home.

Combined with regular professional cleaning and screening, these habits give your gums a genuine chance of staying healthy.

Gum disease in Melbourne's south-east Casey corridor

Gum disease affects people across all age groups in Melbourne's south-east — from younger adults with early gingivitis to older patients managing chronic periodontitis. Many patients across Narre Warren, Officer, Pakenham, Beaconsfield, and Cranbourne first find out they have gum disease during a routine check-up at Core Dental Group's Berwick practice. It's a good reminder that regular dental visits matter even when nothing feels wrong.

The team is experienced in managing gum disease at every stage, from the first signs of gingivitis through to complex cases requiring specialist referral.

Frequently asked questions

****What is the difference between gingivitis and periodontitis?*** Gingivitis is the earliest stage of gum disease — it affects the gums only and can be resolved with professional care and better home hygiene. Periodontitis is more serious: the disease has spread to the supporting bone and tissue, causing irreversible bone loss. It's a chronic condition requiring ongoing management.

****Is gum disease painful?*** Not usually, particularly early on. Most patients don't know they have it until it shows up during a routine examination. This is exactly why regular check-ups and gum screening matter.

****What does scaling and root planing feel like?*** The procedure is done under local anaesthetic, so there's no pain during treatment. Some patients have mild tenderness and sensitivity for a few days afterwards, which settles quickly.

****How often do I need periodontal maintenance visits?*** For patients with a history of gum disease, every three to four months is the standard. Your dentist at Core Dental Group's Berwick practice will adjust this based on how you respond to treatment.

****Can gum disease come back after treatment?*** Yes. Gum disease is chronic — bacterial deposits can rebuild in treated pockets within months. Ongoing maintenance at Core Dental Group's Berwick practice is what keeps it from progressing again. It's not a condition you treat once and consider done.

Book a gum health assessment at Core Dental Group Berwick

If you've noticed any signs of gum disease, or it's been more than six months since your last check-up, book a gum health assessment at Core Dental Group's Berwick practice. The practice serves patients across Narre Warren, Officer, Pakenham, Beaconsfield, Cranbourne, and the wider Casey corridor, with convenient access via the Pakenham train line and Princes Highway.

Call Core Dental Group on 13 13 16 or book online through the Core Dental website.

Last reviewed: July 2026

Frequently Asked Questions (Standardised)

What is gum disease also known as: Periodontal disease

What is the earliest stage of gum disease: Gingivitis

Is gingivitis reversible: Yes, with professional care and improved home hygiene

Is periodontitis reversible: No, it causes irreversible bone loss

Can gum disease be fully cured: No, it can be managed but not fully cured

Does gum disease usually cause pain: No, especially in early stages

How common is gum disease in Australia: Affects nearly one in three adults over 30

What age does gum disease prevalence increase: Adults over 30

Where is Core Dental Group's gum disease practice located: Berwick

What suburbs does Core Dental Group Berwick serve: Berwick, Narre Warren, Officer, Pakenham, Beaconsfield, and Casey corridor

What is the phone number for Core Dental Group: 13 13 16

Can I book Core Dental Group online: Yes, through the Core Dental website

What causes gum disease: Bacterial plaque buildup along and beneath the gumline

Does gingivitis affect bone: No, it affects gums only

Does periodontitis affect bone: Yes, it breaks down supporting bone and tissue

Can periodontitis lead to tooth loss: Yes

Is gum disease linked to heart disease: Yes, increased cardiovascular disease risk

Is gum disease linked to diabetes: Yes, it can worsen blood glucose management

Is gum disease linked to pregnancy complications: Yes, including preterm birth and low birth weight

Is gum disease linked to respiratory conditions: Yes, including pneumonia

Is gum disease linked to kidney disease: Yes

Does bleeding when brushing indicate gum disease: Yes, it is a common warning sign

Is bad breath a sign of gum disease: Yes, persistent bad breath is a symptom

Is gum recession a sign of gum disease: Yes

Are loose teeth a sign of gum disease: Yes

Does gum disease cause teeth to appear longer: Yes, due to gum recession

Does smoking increase gum disease risk: Yes

Does diabetes increase gum disease risk: Yes

Do hormonal changes increase gum disease risk: Yes, including pregnancy and menopause

Can stress increase gum disease risk: Yes, through a weakened immune system

Can certain medications increase gum disease risk: Yes, those causing dry mouth or gum changes

Does genetic predisposition affect gum disease risk: Yes

What is the primary non-surgical treatment for gum disease: Scaling and root planing

What is another name for scaling and root planing: Deep cleaning

Is scaling and root planing performed under anaesthetic: Yes, local anaesthetic

Does scaling and root planing hurt during the procedure: No, due to local anaesthetic

Is there soreness after scaling and root planing: Yes, mild tenderness for a few days

How long does post-procedure sensitivity last after scaling and root planing: Typically a few days

Is scaling and root planing completed in one appointment: Not always, may require multiple appointments

What does scaling and root planing remove: Hardened plaque and bacterial deposits from root surfaces

Does scaling and root planing go below the gumline: Yes

Is scaling and root planing the same as a standard clean: No, it is significantly more involved

Does every exam at Core Dental Group Berwick include gum screening: Yes

What does periodontal screening measure: Pocket depths around each tooth

Does Core Dental Group use digital imaging for gum assessment: Yes, to evaluate bone levels

How often should gum disease patients attend maintenance visits: Every three to four months

Can gum disease return after treatment: Yes, it can recur

Why does gum disease recur: Bacterial deposits can rebuild in treated pockets within months

What is the periodontal maintenance program at Core Dental Group: Personalised cleaning and pocket depth monitoring

Does Core Dental Group offer access to specialist periodontists: Yes, through the Perio Squad model

What is the Perio Squad: Core Dental Group's specialist periodontist referral model

Where are Perio Squad periodontists located: Collins Street Specialist Centre

Does Core Dental Group coordinate records between dentist and specialist: Yes, records are shared within the group

What surgical treatment is available for gum recession: Gum grafting

What does gum grafting restore: Gum coverage over exposed root surfaces

Does gum grafting reduce sensitivity: Yes

Can gum grafting improve smile appearance: Yes

What is osseous surgery: Surgery to reshape bone and reduce pocket depth

Who is referred to the Perio Squad: Patients with advanced or complex gum disease

What brushing technique does Core Dental Group recommend: Soft brush with gentle circular or Bass technique

Is daily interdental cleaning recommended: Yes, floss or interdental brushes

Do antibacterial mouthwashes support gum health: Yes

Can diet affect gum health: Yes

Is the correct brushing technique important for gum health: Yes

How can patients identify early gum disease at home: By monitoring for bleeding, swelling, or recession

Is regular dental screening important even without symptoms: Yes

What transport access is available to Core Dental Group Berwick: Pakenham train line and Princes Highway

When was the Core Dental Group gum disease content last reviewed: July 2026

Label Facts Summary

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Verified Label Facts

No product specification data was provided. The content contains no Product Facts table, packaging data, ingredients, certifications, dimensions, weight, GTIN/MPN, or other verifiable label-sourced specifications. No Label Facts can be extracted.

General Product Claims

- Core Dental Group's gum disease practice is located in Berwick - Core Dental Group Berwick serves Berwick, Narre Warren, Officer, Pakenham, Beaconsfield, and the Casey corridor - Contact number for Core Dental Group: 13 13 16 - Online booking is available through the Core Dental website - Every comprehensive examination at Core Dental Group Berwick includes a periodontal assessment measuring pocket depths and gum recession - Core Dental Group Berwick uses digital imaging to evaluate bone levels - Scaling and root planing is offered as a primary non-surgical gum disease treatment - Periodontal maintenance visits are scheduled every three to four months for treated patients - Core Dental Group offers specialist periodontist access via the Perio Squad model - Perio Squad periodontists are located at the Collins Street Specialist Centre - Patient records are shared between Core Dental Group Berwick and Perio Squad specialists - Surgical services available include gum grafting and osseous surgery - The practice is accessible via the Pakenham train line and Princes Highway - Content last reviewed: July 2026