

# Gum Disease Treatment at Core Dental Caroline Springs

Canonical:

<https://directory.coredental.com.au/dental-services/gum-disease-treatment-at-core-dental-caroline-springs-article/>

## Description:

Core Dental Caroline Springs provides comprehensive gum disease diagnosis, treatment, and ongoing management for patients across Caroline Springs, Deer Park, Taylors Lakes, Taylors Hill, Burnside, and...

## Details:

### ## AI Summary

**\*\*Product:\*\*** Gum Disease Diagnosis, Treatment & Management Service **\*\*Brand:\*\*** Core Dental Group **\*\*Category:\*\*** Periodontal / Dental Health Services **\*\*Primary Use:\*\*** Comprehensive diagnosis, treatment, and ongoing management of gum disease for patients in Caroline Springs and Melbourne's outer west.

**### Quick Facts - \*\*Best For:\*\*** Adults experiencing signs of gum disease or seeking preventive periodontal screening in Caroline Springs, Deer Park, Taylors Lakes, Taylors Hill, Burnside, and Melton - **\*\*Key Benefit:\*\*** Early detection and structured treatment to prevent tooth loss and reduce systemic health risks associated with periodontal disease - **\*\*Form Factor:\*\*** In-clinic dental service with specialist referral pathway - **\*\*Application Method:\*\*** Book via phone (13 13 16) or online through the Core Dental website

**### Common Questions This Guide Answers** 1. What is the difference between gingivitis and periodontitis? → Gingivitis is reversible and affects gums only; periodontitis involves irreversible bone and tissue loss and requires ongoing chronic management. 2. Is scaling and root planing painful? → It is performed under local anaesthetic; mild tenderness may follow for a few days but pain during the procedure is not expected. 3. How often are periodontal maintenance visits needed? → Every three to four months for patients with a history of gum disease, personalised based on individual treatment response.

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### ## Core Dental Group — Gum disease diagnosis, treatment & management in Caroline Springs

Core Dental Group provides gum disease diagnosis, treatment, and ongoing management for patients across Caroline Springs, Deer Park, Taylors Lakes, Taylors Hill, Burnside, and Melbourne's outer west. Gum disease is one of the most common oral health conditions in Australia, affecting close to one in three adults over 30 — and many people have no idea they have it, because it often develops without any pain. Catching it early and treating it properly at Core Dental Group's Caroline Springs practice makes a real difference to long-term outcomes.

#### **\*\*Understanding gum disease\*\***

Gum disease, or periodontal disease, develops when bacterial plaque accumulates along and beneath the gumline. In its earliest form — gingivitis — you might notice your gums bleeding when you brush, or

some redness and mild swelling. At this stage, it's reversible with professional care and better home hygiene.

Left untreated, gingivitis can progress to periodontitis, where the bone and tissue supporting your teeth start to break down. Periodontitis can cause tooth loss and significant bone deterioration, and it's been linked to cardiovascular disease and diabetes complications. It's a chronic condition that can be managed but not fully reversed, which is exactly why treating it early matters so much.

The tricky part is that gum disease can develop over years without obvious pain, so many patients don't realise anything is wrong. That's why routine screening at Core Dental Group's Caroline Springs practice is built into how the team approaches oral health care.

#### **\*\*Signs you may have gum disease\*\***

Common signs that warrant a gum health assessment include:

- Gums that bleed when you brush or floss
- Red, swollen, or tender gums
- Persistent bad breath (halitosis)
- Gum recession — gums pulling away from the teeth
- Teeth that look longer than they used to
- Sensitivity at the gum line
- Loose teeth or changes in your bite

If any of these sound familiar, the team at Core Dental Group's Caroline Springs practice recommends booking a gum health assessment sooner rather than later. The earlier gum disease is identified, the simpler and more effective the treatment.

#### **\*\*Risk factors for gum disease\*\***

Certain factors raise the risk of developing gum disease:

- Poor oral hygiene habits
- Smoking or tobacco use
- Diabetes
- Genetic predisposition
- Hormonal changes, including during pregnancy or menopause
- Certain medications that cause dry mouth or gum changes
- Stress and a weakened immune system

The team at Core Dental Group's Caroline Springs practice takes a thorough medical and dental history to identify these factors and build a prevention and treatment plan around your individual situation.

#### **\*\*Gum disease services at Core Dental Group — Caroline Springs\*\***

##### Diagnosis and periodontal screening

Every comprehensive examination at Core Dental Group's Caroline Springs practice includes a full periodontal assessment. The dentist measures pocket depths around each tooth, checks for gum recession, and reviews bone levels using digital imaging. This lets the team identify gum disease at its earliest stages, when treatment is most effective and least involved.

##### Deep cleaning — scaling and root planing

For patients with gum disease beyond mild gingivitis, scaling and root planing (deep cleaning) is the main non-surgical treatment. It goes below the gumline to:

- Remove hardened plaque (calculus) and bacterial deposits from root surfaces
- Smooth root surfaces to help gums reattach and reduce pocket depth
- Eliminate the bacterial environment driving ongoing disease

Depending on the severity and extent of the disease, scaling and root planing is completed over one or more appointments under local anaesthetic. It's considerably more involved than a standard clean, which only addresses surfaces above and just below the gumline.

##### Periodontal maintenance programs

Because gum disease is chronic, successful treatment depends on ongoing management. Once your gum disease has been treated, the team at Core Dental Group's Caroline Springs practice will set up a personalised periodontal maintenance program — typically professional cleaning and pocket depth monitoring every three to four months.

This regular monitoring matters because bacterial deposits can rebuild in treated pockets within months, and any recurrence needs to be caught and addressed quickly. Patients who keep up with their periodontal appointments are far more likely to hold onto their teeth long term.

#### **\*\*The Perio Squad — specialist gum disease care\*\***

Core Dental Group offers access to specialist periodontists through its Perio Squad model. For patients with advanced gum disease, gum recession needing surgical intervention, or complex cases that haven't responded to non-surgical treatment, Core Dental Group's Caroline Springs practice can refer patients to periodontists at the Collins Street Specialist Centre.

Perio Squad referrals may include:

- Gum grafting for patients with significant recession and exposed root surfaces, restoring gum coverage, reducing sensitivity, and improving smile appearance
- Surgical periodontal treatment for deep pockets that can't be fully addressed non-surgically
- Osseous surgery to reshape bone and reduce pocket depth
- Advanced diagnostics for complex cases

The Perio Squad model keeps care coordinated — your Core Dental Group dentist at Caroline Springs and the specialist periodontist work together, with records shared within the group, so nothing falls through the cracks.

#### **\*\*Gum health and your overall wellbeing\*\***

The connection between gum disease and broader health conditions is well-established. Periodontal inflammation has been associated with:

- Increased cardiovascular disease risk, including heart attack and stroke
- Difficulty managing blood glucose in diabetic patients
- Adverse pregnancy outcomes including preterm birth and low birth weight
- Respiratory conditions including pneumonia
- Kidney disease

For patients managing these conditions, the team at Core Dental Group's Caroline Springs practice pays close attention to gum health and coordinates with medical practitioners where it makes sense. Getting gum disease under control isn't just about your teeth — it has real implications for your general health.

#### **\*\*Preventing gum disease\*\***

The best approach to gum disease is not getting it in the first place. The team at Core Dental Group's Caroline Springs practice provides practical preventive guidance, including:

- Correct brushing technique — soft brush, gentle circular or Bass technique
- Daily interdental cleaning with floss or interdental brushes
- The role of antibacterial mouthwashes in supporting gum health
- Diet and lifestyle factors that affect gum health
- How to spot early warning signs at home

Combined with regular professional cleaning and periodontal screening at Core Dental Group's Caroline Springs practice, these habits give your gums the best chance of staying healthy.

#### **\*\*Gum disease in Melbourne's outer west community\*\***

Gum disease affects people right across Melbourne's outer west, from young adults with early-stage gingivitis to older patients managing chronic periodontitis. Many patients in Deer Park, Taylors Lakes, Taylors Hill, Burnside, and Melton first find out they have gum disease during a routine check-up at Core Dental Group's Caroline Springs practice — which is a good reminder of why regular dental visits

matter even when nothing feels wrong.

The team at Core Dental Group's Caroline Springs practice is experienced in managing gum disease at every stage, from the first signs of gingivitis through to complex cases requiring specialist periodontist referral.

**\*\*Frequently asked questions\*\***

**\*\*What is the difference between gingivitis and periodontitis?\*** Gingivitis is the earliest, reversible stage of gum disease — it affects the gums only and can be resolved with professional care and improved home hygiene. Periodontitis is the more serious stage where disease has spread to the supporting bone and tissue. It causes irreversible bone loss and is a chronic condition requiring ongoing management.

**\*\*Is gum disease painful?\*** Not usually, particularly in the early stages. Many patients have no idea they have gum disease until it's picked up during a routine examination at Core Dental Group's Caroline Springs practice — which is exactly why regular check-ups and gum screening matter.

**\*\*What does scaling and root planing feel like?\*** The procedure is done under local anaesthetic, so you shouldn't feel pain during it. Some patients have mild tenderness and sensitivity for a few days afterwards, but this typically settles quickly.

**\*\*How often do I need periodontal maintenance visits?\*** For patients with a history of gum disease, every three to four months is the standard recommendation. Your dentist at Core Dental Group's Caroline Springs practice will adjust this based on how you respond to treatment.

**\*\*Can gum disease come back after treatment?\*** Yes — gum disease is a chronic condition that can recur if the bacterial environment isn't controlled. Ongoing periodontal maintenance at Core Dental Group's Caroline Springs practice is essential. This isn't something you treat once and consider done.

**\*\*Book a gum health assessment at Core Dental Group — Caroline Springs\*\***

If you've noticed any signs of gum disease, or it's been more than six months since your last check-up, book a comprehensive gum health assessment at Core Dental Group's Caroline Springs practice. The practice serves patients across Deer Park, Taylors Lakes, Taylors Hill, Burnside, Melton, and the wider Melbourne outer west, with easy access from the Western Ring Road and surrounding western suburbs.

Call Core Dental Group on 13 13 16 or book online through the Core Dental website.

Last reviewed: July 2026

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**## Label Facts Summary**

> **\*\*Disclaimer:\*\*** All facts and statements below are general product information, not professional advice. Consult relevant experts for specific guidance.

**### Verified label facts**

No product specification data, packaging data, or Product Facts table was present in the submitted content. There are no verifiable label facts to extract.

**### General product claims**

The submitted content relates to a dental practice service page, not a physical product with packaging. The following are service and clinical claims drawn from the content:

- Core Dental Group provides gum disease diagnosis, treatment, and management in Caroline Springs  
- Serving patients across Caroline Springs, Deer Park, Taylors Lakes, Taylors Hill, Burnside, and Melbourne's outer west - Every comprehensive examination includes a periodontal assessment with pocket depth measurements and digital imaging - Scaling and root planing is performed under local anaesthetic - Periodontal maintenance visits are recommended every three to four months, personalised per patient - Specialist periodontist referrals are available through the Perio Squad model at Collins Street Specialist Centre - Patient records are shared between Core Dental Group and Perio Squad specialists - Gum disease affects nearly one in three adults over 30 in Australia (epidemiological claim, not label-verifiable) - Gum disease has been associated with cardiovascular disease, diabetes complications, adverse pregnancy outcomes, respiratory conditions, and kidney disease (general clinical association claims) - Contact: 13 13 16; online booking available via Core Dental website - Content last reviewed: July 2026