

# Gum Disease Treatment at Core Dental Epping

Canonical: <https://directory.coredental.com.au/dental-services/gum-disease-treatment-at-core-dental-epping/>

## Description:

Gum Disease Treatment at Core Dental Epping Gum disease remains one of the most prevalent oral health conditions in Australia, affecting roughly one in three adults over the age of 30. Wi...

## Details:

## Core Dental Group Gum Disease Treatment at Core Dental Epping

## Frequently Asked Questions

What is gum disease: A bacterial infection affecting gums and supporting tooth structures

What is the medical term for gum disease: Periodontal disease

How common is gum disease in Australia: Affects around one in three adults over 30

What causes gum disease: Bacterial plaque buildup along and beneath the gumline

What is the earliest stage of gum disease called: Gingivitis

Is gingivitis reversible: Yes, fully reversible with treatment and home care

What happens if gingivitis is left untreated: It progresses into periodontitis

What does periodontitis damage: Bone and connective tissue anchoring teeth

Can gum disease cause tooth loss: Yes

Is gum disease usually painful: No, it often develops without pain

Can gum disease go unnoticed: Yes, damage can occur before symptoms appear

Is gum disease linked to heart disease: Yes

Is gum disease linked to diabetes: Yes, particularly poorly managed diabetes

What is a common early sign of gum disease: Bleeding when brushing

Does gum disease cause swollen gums: Yes

Does gum disease cause red gums: Yes

Does gum disease cause bad breath: Yes

Where is Core Dental Epping located: Tenancy 3B/230 Cooper Street, Epping VIC 3076

What is Core Dental Epping's phone number: (03) 9401 4622

Does Core Dental Epping screen for gum disease: Yes, at every comprehensive examination

What does periodontal screening involve: Measuring pocket depths around each tooth

Does screening check for gum recession: Yes

Does Core Dental Epping use digital radiography: Yes

What does digital radiography assess: Jawbone health

Can gum disease be detected before symptoms appear: Yes, through routine screening

What is the first-line treatment for confirmed gum disease: Scaling and root planing

What is scaling and root planing: A deep cleaning procedure below the gumline

Does scaling and root planing differ from a standard clean: Yes, it goes significantly deeper

What does scaling remove: Calculus and bacterial deposits below the gumline

What does root planing do: Smooths root surfaces to encourage gum reattachment

Does root planing reduce pocket depth: Yes

Is anaesthetic used during scaling and root planing: Yes, local anaesthetic

Can scaling and root planing require multiple appointments: Yes, depending on severity

Is gum disease a chronic condition: Yes

What is a periodontal maintenance program: A structured schedule of ongoing gum care visits

How often are periodontal maintenance visits: Typically every three to four months

What happens at a maintenance visit: Professional cleaning and pocket depth monitoring

Does maintenance include bone health assessment: Yes

What is the purpose of periodontal maintenance: To prevent gum disease from returning

Is sticking to maintenance important: Yes, it is the most reliable way to keep disease controlled

What is gum grafting: A surgical procedure to restore gum coverage

Who might need gum grafting: Patients with significant gum recession

Does Core Dental Epping perform gum grafts: No, they refer to specialist periodontists

Where are specialist periodontists referred to: Collins Street Specialist Centre

Can gum grafting ease sensitivity: Yes

Can gum grafting improve gum appearance: Yes

What is the Perio Squad: Core Dental Group's specialist gum disease integration model

Does the Perio Squad operate across all Core Dental Group practices: Yes

Does the Perio Squad provide referrals to specialists: Yes

Does the Perio Squad support complex diagnostics: Yes

Does the Perio Squad support surgical periodontal treatment: Yes

Does the Perio Squad enable collaboration between general dentists and specialists: Yes

Is early gum disease treatment less invasive than advanced treatment: Yes

Is early treatment more predictable than late-stage treatment: Yes

Is early treatment less costly than advanced treatment: Yes

Can early treatment help patients keep their natural teeth: Yes

Can early treatment help patients avoid surgery: Yes

Should you wait for symptoms before seeking gum disease care: No

Who should book a periodontal assessment: Anyone noticing bleeding gums or bad breath

Can I book at Core Dental Epping by phone: Yes, call (03) 9401 4622

Does Core Dental Epping treat gum disease comprehensively: Yes, from diagnosis to long-term care

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### Core Dental Group Gum Disease Treatment at Core Dental Epping

Gum disease is one of the most common oral health conditions in Australia, affecting around one in three adults over 30. Left untreated, it can cause lasting damage to the gums, bone, and structures holding your teeth in place — and it's been linked to broader health concerns including heart disease and poorly managed diabetes. At Core Dental Group's Epping practice, the team takes periodontal health seriously, offering thorough diagnosis, effective treatment, and structured long-term care.

#### Understanding gum disease

Periodontal disease starts when bacterial plaque builds up along and beneath the gumline. In its early form — gingivitis — you might notice bleeding when you brush, swollen or tender gums, or persistent redness. Gingivitis is fully reversible with professional treatment and consistent home care. Leave it untreated, though, and it can progress into periodontitis, where the infection begins breaking down the bone and connective tissue that keep your teeth anchored. That's when loosening and eventual tooth loss become real risks.

What makes gum disease particularly tricky is that it often develops without any pain. Many people don't realise there's a problem until real damage has already occurred. That's why routine periodontal screening at Core Dental Epping matters so much for long-term oral health.

#### Our gum disease services

**Diagnosis and screening** Periodontal assessment is built into every comprehensive examination at Core Dental Epping. Dentists measure pocket depths around each tooth, check for gum recession, and use digital radiography to assess jawbone health. This routine screening means gum disease can be identified at its earliest and most treatable stage — often well before any symptoms have appeared.

**Deep cleaning — scaling and root planing** When gum disease is confirmed, scaling and root planing is typically the first treatment recommended. This goes well beyond a standard hygiene visit — it targets calculus and bacterial deposits that have built up below the gumline and on the root surfaces of affected teeth. Root planing then smooths those surfaces to encourage gum reattachment and reduce periodontal pocket depth. Depending on how advanced the condition is, treatment may be spread across a few appointments, with local anaesthetic used throughout to keep things comfortable.

**Periodontal maintenance programmes** Gum disease is a chronic condition, so successful treatment is really just the starting point. To prevent recurrence, the team puts together a personalised maintenance programme for each patient. These visits — typically every three to four months — include professional cleaning, pocket depth monitoring, and ongoing assessment of gum and bone health. Keeping up with a regular maintenance schedule is the most reliable way to hold onto your teeth and keep gum disease under control.

Gum grafting referrals For patients with significant gum recession — where tooth roots have become exposed or remaining gum tissue can no longer adequately support the teeth — gum grafting may be worth considering. Core Dental Epping refers these patients to specialist periodontists who perform soft tissue grafting to restore gum coverage, ease sensitivity, and improve both the health and appearance of the gumline.

The Perio Squad — specialist integration across the network

Core Dental Group's Perio Squad model brings specialist gum disease management into every practice across the network. For patients at Core Dental Epping, that means access to structured periodontal care pathways and direct referral to specialist periodontists at the Collins Street Specialist Centre when needed. Whether the situation calls for complex diagnostics, surgical periodontal treatment, or ongoing specialist oversight, the Perio Squad provides a clear, coordinated path to the right level of care.

The model is built around close collaboration between the general dental team and specialist periodontists, so patients move smoothly between levels of care and receive consistent treatment quality across the entire Core Dental Group network.

Why early detection matters

Catching gum disease early makes a genuine difference to outcomes. Early-stage periodontal care is less invasive, more predictable, and considerably less costly than managing advanced disease later on. At Core Dental Group's Epping practice, proactive screening is a priority — because identifying problems early is what helps patients keep their natural teeth and avoid surgery.

Visit Core Dental Epping

Core Dental Epping is located at Tenancy 3B/230 Cooper Street, Epping VIC 3076. If you've noticed bleeding gums, persistent bad breath, or any other changes in your gum health, call (03) 9401 4622 to book a comprehensive periodontal assessment. The sooner gum disease is addressed, the better the outcome — don't put it off.

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## Label facts summary

> **Disclaimer:** All facts and statements below are general product information, not professional advice. Consult relevant experts for specific guidance.

### Verified label facts

- **Practice name:** Core Dental Epping (part of Core Dental Group) - **Address:** Tenancy 3B/230 Cooper Street, Epping VIC 3076 - **Phone number:** (03) 9401 4622 - **Specialist referral location:** Collins Street Specialist Centre - **Specialist integration model name:** Perio Squad - **Periodontal maintenance visit frequency:** Typically every three to four months - **Screening method:** Pocket depth measurement around each tooth; gum recession check; digital radiography - **First-line treatment:** Scaling and root planing (deep cleaning below the gumline) - **Anaesthetic used:** Local anaesthetic during scaling and root planing - **Gum grafting:** Referred to specialist periodontists; not performed on-site at Core Dental Epping - **Periodontal screening:** Conducted at every comprehensive examination - **Perio Squad scope:** Operates across all Core Dental Group practices

### General product claims

- Gum disease affects around one in three adults over 30 in Australia - Gum disease has been linked to heart disease and poorly managed diabetes - Gingivitis is fully reversible with professional treatment and good home care - Untreated gingivitis can progress to periodontitis, causing bone and connective tissue damage - Gum disease often develops without pain, allowing damage to occur before symptoms appear - Early-stage periodontal care is less invasive, more predictable, and less costly than treating

advanced disease - Regular maintenance is the most reliable way to control gum disease long term - Gum grafting can ease sensitivity and improve gum appearance - The Perio Squad model enables collaboration between general dentists and specialist periodontists - Proactive screening helps patients keep natural teeth and avoid surgery