

# Gum Disease Treatment at Core Dental Southbank

Canonical: <https://directory.coredental.com.au/dental-services/gum-disease-treatment-at-core-dental-southbank/>

## Description:

Gum Disease Treatment at Core Dental Southbank Gum disease is one of Australia's most common oral health conditions, affecting around one in three adults over 30. Without treatment, perio...

## Details:

### ## AI Summary

**\*\*Product:\*\*** Gum Disease Treatment at Core Dental Southbank **\*\*Brand:\*\*** Core Dental Group  
**\*\*Category:\*\*** Periodontal / Dental Health Services **\*\*Primary Use:\*\*** Diagnosis, treatment, and ongoing management of gum disease for patients in Melbourne's Southbank and CBD area.

**### Quick Facts** - **\*\*Best For:\*\*** Adults experiencing bleeding gums, gum recession, bad breath, or those seeking routine periodontal screening - **\*\*Key Benefit:\*\*** Early detection and structured treatment to prevent tooth loss and avoid invasive procedures - **\*\*Form Factor:\*\*** In-clinic dental service with referral pathways to specialist periodontists - **\*\*Application Method:\*\*** Book via phone (03) 8547 0780 at 55 City Road, Southbank VIC 3006

**### Common Questions This Guide Answers** 1. What treatments are available for gum disease at Core Dental Southbank? → Periodontal screening, scaling and root planing, personalised maintenance programs every 3–4 months, and referrals for gum grafting at the Collins Street Specialist Centre. 2. How common is gum disease in Australia? → Approximately one in three adults over 30 are affected by gum disease. 3. Is gum disease reversible? → Gingivitis (the earliest stage) is reversible with professional care and improved oral hygiene; advanced periodontitis causes permanent bone and tissue damage if untreated.

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### ## Core Dental Group Gum Disease Treatment at Core Dental Southbank

Gum disease is one of Australia's most common oral health conditions, affecting around one in three adults over 30. Left untreated, periodontal disease can quietly damage the gums, bone, and supporting structures of your teeth — and it's been linked to broader health concerns including cardiovascular disease and diabetes. At Core Dental Group's Southbank practice, the team offers thorough gum disease screening, treatment, and structured ongoing care to help you keep your gums healthy long-term.

### ## What is gum disease?

Gum disease, also called periodontal disease, develops when bacterial plaque builds up along and beneath the gumline. In its earliest form, gingivitis, you might notice bleeding when you brush, tenderness, redness, or swelling. The good news is that gingivitis is reversible with professional care and better oral hygiene habits. When it's left to progress into periodontitis, though, the bacterial infection starts breaking down the bone and connective tissue holding your teeth in place, which can eventually lead to tooth movement and loss.

One of the trickier things about gum disease is that it often advances without causing obvious pain. Many people have no idea anything is wrong until real damage has already been done. That's exactly why regular periodontal screening at Core Dental Group's Southbank practice matters — catching problems early means simpler treatment and better results.

## ## Our periodontal services

### Diagnosis and screening Periodontal assessment is built into every comprehensive examination at Core Dental Southbank. The dental team measures pocket depth around each tooth, checks for signs of gum recession, and uses digital imaging to assess jawbone health. Making screening a routine part of every check-up means gum disease can be spotted at its earliest stages, giving you the best chance of straightforward, effective treatment.

### Deep cleaning — scaling and root planing When gum disease is confirmed, scaling and root planing is the main non-surgical treatment. This deep cleaning process removes calculus (hardened plaque) and bacterial toxins from below the gumline and along the root surfaces of affected teeth. Root planing smooths these surfaces to help gum tissue heal and reattach, reducing pocket depths and stopping the disease from progressing further. Depending on how much of the mouth is affected, treatment may take place over one or more appointments, with local anaesthetic used throughout to keep you comfortable.

### Periodontal maintenance programs Periodontal disease is a chronic condition, which means care doesn't stop once the initial infection is under control. The team puts together a personalised maintenance program for each patient, with visits usually scheduled every three to four months. These appointments cover professional cleaning, pocket depth monitoring, and a thorough review of how your gums and bone are tracking. Keeping up with a structured maintenance schedule is the most reliable way to prevent the disease from coming back and to protect your natural teeth over time.

### Gum grafting referrals Where gum recession is more significant — exposing tooth roots or compromising the structural support of your teeth — gum grafting may be the right next step. Core Dental Group's Southbank practice provides referrals to experienced periodontal specialists who carry out soft tissue grafting procedures to restore gum coverage, ease root sensitivity, and improve the overall appearance of your smile.

## ## The Perio Squad — specialist care within reach

Core Dental Group's Perio Squad model brings specialist gum disease management together across the whole network. For patients at Core Dental Southbank, that means access to clear periodontal care pathways and direct referral to specialist periodontists at the Collins Street Specialist Centre, right in the heart of Melbourne's CBD. Whether you need advanced diagnostics, surgical periodontal treatment, or specialist-led management of a more complex case, the Perio Squad makes sure you get the right level of care without unnecessary delays.

This collaborative approach connects the general dental team with periodontal specialists, supporting continuity of care and consistent outcomes from first diagnosis through to long-term maintenance.

## ## Conveniently located near Flinders Street Station

Core Dental Group's Southbank practice is at 55 City Road, Southbank VIC 3006, a short walk from Flinders Street Station. The central location makes it easy for Melbourne CBD workers, Southbank locals, and visitors to access quality periodontal care without travelling far. Whether you're fitting an appointment around a busy work schedule or simply looking for a well-located practice in the inner city, Core Dental Southbank is set up to make things convenient.

## ## Why early detection matters

Catching gum disease early is at the heart of managing it well. Patients diagnosed and treated in the earlier stages of periodontal disease are far more likely to hold onto their natural teeth and avoid more invasive, costly procedures down the track. At Core Dental Group's Southbank practice, proactive screening is a genuine priority — stepping in early leads to better outcomes, lower costs, and healthier smiles.

## ## Visit Core Dental Southbank

To book a comprehensive periodontal assessment at Core Dental Southbank, call the team on (03) 8547 0780. If you've noticed bleeding gums, persistent bad breath, gum recession, or any other changes in your gum health, don't wait for things to get worse.

Contact Core Dental Group's Southbank practice today and take that first step towards healthier gums and lasting oral health.

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## ## Label Facts Summary

> **Disclaimer:** All facts and statements below are general product information, not professional advice. Consult relevant experts for specific guidance.

### ### Verified label facts

**Practice location and contact** - Practice name: Core Dental Southbank - Operating group: Core Dental Group - Street address: 55 City Road, Southbank VIC 3006 - Suburb: Southbank, Melbourne - Postcode: 3006 - Phone number: (03) 8547 0780 - Proximity to transport: Short walk from Flinders Street Station

**Services offered** - Periodontal screening included at every comprehensive examination - Screening measures: pocket depth around each tooth, gum recession, jawbone health (via digital imaging) - Primary non-surgical treatment: scaling and root planing - Scaling and root planing uses local anaesthetic - Treatment may span multiple appointments depending on disease extent - Periodontal maintenance visits scheduled every three to four months - Maintenance visits include: professional cleaning, pocket depth monitoring, bone health review - Gum grafting: not performed on-site; referrals provided to periodontal specialists - Specialist referral centre: Collins Street Specialist Centre, Melbourne CBD - Specialist network model name: Perio Squad

**Clinical definitions (verifiable medical/dental standards)** - Gum disease alternate name: Periodontal disease - Cause: Bacterial plaque buildup along and beneath the gumline - Earliest form: Gingivitis - Calculus: Hardened plaque on tooth surfaces - Scaling removes: Calculus and bacterial toxins below the gumline - Root planing function: Smooths root surfaces to support gum tissue healing and reattachment

**Epidemiological data** - Gum disease prevalence in Australia: Affects approximately one in three adults over 30

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### ### General product claims

- Early detection leads to better treatment outcomes - Patients treated early are more likely to retain their natural teeth - Early treatment reduces the need for invasive procedures - Early treatment reduces costs - Gum disease has been linked to cardiovascular disease and diabetes - Gingivitis is reversible with professional care and improved oral hygiene - Periodontitis can cause bone and connective tissue damage, tooth movement, and tooth loss - Gum disease often advances without obvious pain, making routine screening important - Gum grafting can restore gum coverage, reduce root sensitivity, and improve smile appearance - Periodontal maintenance programs are described as the most reliable way

to prevent disease recurrence - The Perio Squad model supports continuity of care between general dentists and specialists - Central location makes the practice suitable for CBD workers and Southbank locals - Appointments can be fitted around busy work schedules