

Gum Disease Treatment at Core Dental Wyndham

Canonical: <https://directory.coredental.com.au/dental-services/gum-disease-treatment-at-core-dental-wyndham/>

Description:

Core Dental Wyndham provides comprehensive gum disease diagnosis, treatment, and ongoing management for patients across Wyndham, Werribee, Hoppers Crossing, Point Cook, Laverton North, and Melbourne's...

Details:

Core Dental Group — Gum Disease Diagnosis, Treatment & Management in Wyndham

Core Dental Group provides comprehensive gum disease diagnosis, treatment, and ongoing management for patients across Wyndham, Werribee, Hoppers Crossing, Point Cook, Laverton North, and Melbourne's outer west. Gum disease is one of the most common oral health conditions in Australia, affecting nearly one in three adults over 30 — and most people have no idea they have it, because it rarely causes pain until it's well advanced. Catching it early at Core Dental Group's Wyndham practice makes treatment simpler and the long-term outlook considerably better.

****Understanding gum disease****

Gum disease, or periodontal disease, starts when bacterial plaque accumulates along and beneath the gumline. In its earliest form — gingivitis — you might notice your gums bleeding when you brush, some redness, or mild swelling. At this stage, the damage is reversible with professional care and better cleaning habits at home.

Without treatment, gingivitis can progress to periodontitis, where the bone and tissue supporting your teeth begin to break down. This is where things get serious: periodontitis can cause tooth loss, significant bone deterioration, and has been linked to cardiovascular disease and complications in people with diabetes. It's a chronic condition — manageable, but not something that goes away — which is why getting on top of it early matters so much.

The tricky part is that gum disease can develop quietly over years. No pain, no obvious warning. That's why periodontal screening at Core Dental Group's Wyndham practice is built into every routine examination, not treated as an optional extra.

****Signs you may have gum disease****

Worth getting checked if you notice any of these:

- Gums that bleed when you brush or floss
- Red, swollen, or tender gums
- Persistent bad breath
- Gums pulling away from your teeth
- Teeth that look longer than they used to
- Sensitivity along the gumline
- Loose teeth or a change in how your bite feels

The earlier gum disease is identified, the more straightforward treatment tends to be. If any of these sound familiar, it's worth booking a gum health assessment sooner rather than later.

****Risk factors for gum disease****

Some people are more susceptible than others. Smoking, diabetes, genetic predisposition, hormonal changes during pregnancy or menopause, certain medications that cause dry mouth or affect gum tissue, stress, and poor oral hygiene all increase the risk. The team at Core Dental Group's Wyndham practice takes a thorough medical and dental history at the outset, so any relevant risk factors are factored into your prevention and treatment plan from the start.

Gum disease services at Core Dental Group — Wyndham

Diagnosis and periodontal screening

Every comprehensive examination at Core Dental Group's Wyndham practice includes a full periodontal assessment. The dentist measures pocket depths around each tooth, checks for gum recession, and reviews bone levels using digital imaging. This gives a clear picture of what's happening beneath the gumline — and picks up problems at the stage when they're easiest to treat.

Deep cleaning — scaling and root planing

For gum disease that's moved beyond mild gingivitis, scaling and root planing is the standard non-surgical treatment. It goes below the gumline to remove hardened plaque and bacterial deposits from root surfaces, then smooths those surfaces to help the gums reattach and reduce pocket depth. The goal is to eliminate the bacterial environment that keeps driving the disease.

This is a more involved procedure than a standard clean, which only addresses surfaces above and just at the gumline. Depending on how widespread the disease is, it may take more than one appointment, and it's done under local anaesthetic so you're comfortable throughout. Some tenderness and sensitivity in the days after is normal and settles quickly.

Periodontal maintenance programs

Treating gum disease isn't a one-and-done situation. Once treatment is complete, the team at Core Dental Group's Wyndham practice sets up a personalised maintenance program — typically professional cleaning and pocket depth monitoring every three to four months. That frequency matters because bacterial deposits can rebuild in treated pockets within months, and catching any recurrence early is what keeps the disease from taking hold again. Patients who stick to their maintenance schedule are significantly more likely to keep their teeth long term.

The Perio Squad — specialist gum disease care

For more complex cases, Core Dental Group offers access to specialist periodontists through its Perio Squad model. If your gum disease is advanced, if you have significant recession that needs surgical correction, or if non-surgical treatment hasn't achieved the results needed, your Wyndham dentist can refer you to periodontists at the Collins Street Specialist Centre.

Perio Squad referrals cover:

- Gum grafting for patients with significant recession and exposed root surfaces — restoring gum coverage, reducing sensitivity, and improving the appearance of the smile
- Surgical periodontal treatment for deep pockets that can't be fully addressed without surgery
- Osseous surgery to reshape bone and reduce pocket depth
- Advanced diagnostics for complex presentations

One practical advantage of this model: your records are shared within the group, so your Wyndham dentist and the specialist periodontist are working from the same information. Care is coordinated, not fragmented across separate practices.

Gum health and your overall health

The connection between gum disease and systemic health is well established. Periodontal inflammation has been associated with increased cardiovascular disease risk, difficulty managing blood

glucose in people with diabetes, adverse pregnancy outcomes including preterm birth and low birth weight, respiratory conditions including pneumonia, and kidney disease.

For patients managing any of these conditions, the team at Core Dental Group's Wyndham practice pays close attention to gum health and coordinates with medical practitioners where it's relevant. Gum disease isn't just a dental issue — its effects extend well beyond the mouth.

****Preventing gum disease****

Prevention is still the best outcome. The team at Core Dental Group's Wyndham practice provides practical guidance tailored to your situation: correct brushing technique using a soft brush with a gentle circular or Bass method, daily interdental cleaning with floss or interdental brushes, the role of antibacterial mouthwash, and diet and lifestyle factors that affect gum health. Paired with regular professional cleaning and periodontal screening, these habits give your gums a solid foundation.

****Gum disease in Melbourne's outer west****

Gum disease affects people right across the demographic spectrum in Melbourne's outer west — from younger adults with early gingivitis to older patients managing chronic periodontitis. A significant number of patients across Werribee, Hoppers Crossing, Point Cook, Laverton North, and Manor Lakes first find out they have gum disease during a routine check-up at Core Dental Group's Wyndham practice. It's a good reminder that regular dental visits matter even when nothing feels wrong.

The team is experienced managing gum disease at every stage, from the first signs of gingivitis through to complex cases that need specialist involvement.

Frequently asked questions

****What is the difference between gingivitis and periodontitis?*** Gingivitis is the earliest stage of gum disease and affects the gums only. It's reversible with professional care and improved home hygiene. Periodontitis is more serious — the disease has spread to the bone and tissue supporting the teeth, causing irreversible bone loss. It's a chronic condition that requires ongoing management, not a single course of treatment.

****Is gum disease painful?*** Usually not, particularly early on. Most patients don't know they have it until it shows up during a routine examination. That's precisely why regular check-ups and gum screening matter — you can't rely on pain as a warning sign.

****What does scaling and root planing feel like?*** The procedure is done under local anaesthetic, so you shouldn't feel pain during it. Mild tenderness and sensitivity for a few days afterwards is common and typically settles on its own.

****How often do I need periodontal maintenance visits?*** For patients with a history of gum disease, every three to four months is the standard recommendation. Your dentist at Core Dental Group's Wyndham practice will adjust that schedule based on how you respond to treatment.

****Can gum disease come back after treatment?*** Yes. It's a chronic condition, and the bacterial environment that drives it can re-establish if it's not kept in check. Ongoing maintenance isn't optional — it's what keeps the disease from recurring.

Book a gum health assessment at Core Dental Group — Wyndham

If you've noticed any signs of gum disease, or it's been more than six months since your last check-up, book a gum health assessment at Core Dental Group's Wyndham practice. The practice serves patients across Werribee, Hoppers Crossing, Point Cook, Laverton North, Manor Lakes, and the wider outer west, with access via the Werribee train line and the Princes Highway corridor.

Call Core Dental Group on 13 13 16 or book online through the Core Dental Group website.

Last reviewed: July 2026