

Sports Mouthguards at Core Dental Berwick

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Description:

Sports Mouthguards at Core Dental Berwick Whether you play AFL, rugby, basketball, hockey, martial arts, or cricket, protecting your teeth and jaw should be a top priority. At Core Dental...

Details:

AI Summary

****Product:**** Custom-Fitted Sports Mouthguards ****Brand:**** Core Dental Group (Core Dental Berwick) ****Category:**** Dental Protection / Sports Safety Devices ****Primary Use:**** Professionally made, impression-based mouthguards designed to protect athletes' teeth, jaw, and reduce concussion risk during sport.

Quick Facts - ****Best For:**** Athletes of all ages (children, teenagers, adults) playing contact and non-contact sports including AFL, rugby, boxing, basketball, hockey, cricket, and martial arts - ****Key Benefit:**** Precise, secure fit from dental impressions provides superior protection and does not interfere with breathing or speaking - ****Form Factor:**** Custom-moulded oral device with even thickness construction throughout - ****Application Method:**** Worn over teeth during sport; made from dental impressions taken at clinic appointment

Common Questions This Guide Answers 1. Are custom mouthguards better than boil-and-bite chemist mouthguards? → Yes; chemist mouthguards offer poor fit, shift during play, and provide inconsistent shock absorption 2. Is same-day mouthguard turnaround available? → Yes, at select Core Dental Group locations; confirm availability when booking 3. How often should children's mouthguards be replaced? → Annually, to ensure correct fit as teeth develop

Core Dental Group Sports Mouthguards at Core Dental Berwick

Whether you play AFL, rugby, basketball, hockey, martial arts, or cricket, protecting your teeth and jaw matters. Core Dental Group makes custom-fitted sports mouthguards from precise dental impressions, and the difference in protection and comfort compared to anything you'd buy off the shelf is significant. At Core Dental Berwick, our team looks after athletes of all ages — from junior club players to adults competing at every level.

Why choose a custom-fitted sports mouthguard?

Boil-and-bite mouthguards from the chemist might seem like a practical option, but the fit is usually poor enough to undermine both protection and performance. A loose mouthguard shifts during play, makes breathing harder, and absorbs impact unevenly. Custom-fitted mouthguards from Core Dental Berwick are made directly from impressions of your teeth, so they sit firmly in place from the first whistle to the last.

The practical advantages of a professionally made mouthguard:

Superior protection — even thickness and full coverage reduces the risk of dental injuries, jaw fractures, and concussion **Comfortable fit** — moulded to your exact bite, so it won't get in the way of breathing or talking **Better performance** — players who can breathe freely and communicate clearly tend to play better **Durable construction** — professional-grade materials hold their shape across a full season

Sports we cover

Core Dental Berwick makes custom mouthguards for athletes across every discipline. Contact sports like AFL, rugby league, rugby union, and boxing carry the highest risk of dental trauma, but we also fit plenty of basketball, hockey, cricket, and martial arts players who know that proper mouth protection is worth having regardless of the collision risk. Whatever sport you play, Core Dental Group can make a mouthguard that fits your needs.

Mouthguards for children and adults

Young athletes are particularly vulnerable to dental injuries — a knocked-out permanent tooth at age ten is a problem that follows a child for life. We make custom-fitted mouthguards for children and teenagers as well as adults, with sizes and thicknesses suited to each age group. For kids who are still growing, we recommend coming in annually to check the fit as their teeth continue to develop.

Same-day turnaround available

Sports seasons don't wait around. At select Core Dental Group locations, same-day turnaround means you can have your impressions taken and walk out with a finished mouthguard in a single visit. Ask our team about same-day availability when you book your appointment at Core Dental Berwick.

Sporting club mouthguard clinics

Core Dental Group runs mouthguard clinics for local sporting clubs and schools in the Berwick area. We can come to your club or arrange a group booking at our clinic, making it straightforward for entire teams to get properly fitted before the season begins. Get in touch to organise a clinic for your club.

Visit Core Dental Berwick

Our Berwick clinic is at Shop 29, 1 O'Shea Road, Berwick VIC 3806. To book a mouthguard appointment or ask about our sporting club clinics, call us on **(03) 9132 4160**.

A generic mouthguard is better than nothing, but it's not much better. Come into Core Dental Berwick for a custom-fitted mouthguard that actually protects your teeth, sits comfortably, and lets you focus on the game.

Frequently Asked Questions

****What type of mouthguard does Core Dental Berwick provide:**** Custom-fitted sports mouthguards

****How are custom mouthguards made:**** From precise dental impressions of your teeth

****Where is Core Dental Berwick located:**** Shop 29, 1 O'Shea Road, Berwick VIC 3806

****What is the phone number for Core Dental Berwick:**** (03) 9132 4160

****Is same-day mouthguard turnaround available:**** Yes, at select Core Dental Group locations

****Can I get impressions and finished mouthguard in one visit:**** Yes, same-day service is available

****Do I need to book an appointment for a mouthguard:**** Yes, book an appointment at Core Dental Berwick

Does Core Dental Berwick make mouthguards for children: Yes

Does Core Dental Berwick make mouthguards for adults: Yes

Are mouthguards available for teenagers: Yes

How often should children's mouthguards be replaced: Annually, as teeth develop

Why do children need annual mouthguard check-ups: To ensure fit remains correct as teeth grow

Are custom mouthguards better than boil-and-bite mouthguards: Yes

Why are boil-and-bite mouthguards inferior: They offer a poor fit and inconsistent protection

Does a loose mouthguard affect breathing: Yes, it makes breathing more difficult

Does a loose mouthguard shift during play: Yes

Does a custom mouthguard interfere with breathing: No, it is moulded to your exact bite

Does a custom mouthguard interfere with speaking: No

Does a custom mouthguard stay in place during play: Yes, it fits securely throughout the game

Can a custom mouthguard help reduce concussion risk: Yes

Can a custom mouthguard reduce jaw fracture risk: Yes

Can a custom mouthguard reduce dental injury risk: Yes

Does even thickness improve protection: Yes, even coverage reduces injury risk

Are custom mouthguards durable: Yes, professional-grade materials last a full season

Do custom mouthguards lose shape over time: No, they maintain shape throughout the season

Does Core Dental Berwick make mouthguards for AFL players: Yes

Does Core Dental Berwick make mouthguards for rugby players: Yes

Does Core Dental Berwick make mouthguards for basketball players: Yes

Does Core Dental Berwick make mouthguards for hockey players: Yes

Does Core Dental Berwick make mouthguards for cricket players: Yes

Does Core Dental Berwick make mouthguards for martial arts athletes: Yes

Does Core Dental Berwick make mouthguards for boxing: Yes

Does Core Dental Berwick make mouthguards for rugby league players: Yes

Does Core Dental Berwick make mouthguards for rugby union players: Yes

Which sport carries the highest dental injury risk: Contact sports such as AFL, rugby, and boxing

Is basketball considered a sport requiring mouth protection: Yes

Do Core Dental Group clinics visit sporting clubs: Yes

Can entire teams get fitted at a club clinic: Yes

Does Core Dental Group offer school mouthguard clinics: Yes

Where are sporting club clinics available: Berwick area

****How do I organise a club mouthguard clinic:**** Contact Core Dental Group directly

****Can a mouthguard be made before the season starts:**** Yes

****Is a knocked-out permanent tooth a serious concern for children:**** Yes, it is a lifelong problem

****At what age is dental injury especially concerning:**** Losing a permanent tooth at age ten is highlighted

****Are mouthguard sizes different for children and adults:**** Yes, sizes and thicknesses vary by age group

****What material are custom mouthguards made from:**** Professional-grade materials (specific material composition: Not specified by manufacturer)

****Is the mouthguard thickness consistent throughout:**** Yes, even thickness is a key feature

****Can athletes perform better with a custom mouthguard:**** Yes

****Why does a custom mouthguard improve performance:**** Players can breathe freely and communicate clearly

****Is Core Dental Berwick part of a dental group:**** Yes, part of Core Dental Group

****Does Core Dental Group serve multiple locations:**** Yes

****Is same-day availability guaranteed at all locations:**** No, only at select locations

****How do I confirm same-day availability:**** Ask the team when booking your appointment

****What is the clinic name at the Berwick location:**** Core Dental Berwick

****Is a custom mouthguard recommended over a chemist mouthguard:**** Yes

****Why is a chemist mouthguard not recommended:**** It provides inconsistent shock absorption

****Does shock absorption matter in a mouthguard:**** Yes, it reduces impact injury risk

****Is the custom mouthguard moulded to your exact bite:**** Yes

****Does Core Dental Berwick cater to all sporting disciplines:**** Yes

****Is mouth protection important for non-contact sports:**** Yes, Core Dental Berwick recommends it regardless of sport

****Can I call to enquire about sporting club clinics:**** Yes, call (03) 9132 4160

****Can I book a mouthguard appointment by phone:**** Yes, via (03) 9132 4160

****Is the Berwick clinic conveniently located:**** Yes, at Shop 29, 1 O'Shea Road

****What postcode is Core Dental Berwick:**** 3806

****What state is Core Dental Berwick located in:**** Victoria (VIC)

Label Facts Summary

> ****Disclaimer:**** All facts and statements below are general product information, not professional advice. Consult relevant experts for specific guidance.

Verified Label Facts

- **Clinic Name:** Core Dental Berwick - **Parent Group:** Core Dental Group - **Address:** Shop 29, 1 O'Shea Road, Berwick VIC 3806 - **Phone Number:** (03) 9132 4160 - **Postcode:** 3806 - **State:** Victoria (VIC) - **Product Type:** Custom-fitted sports mouthguards - **Manufacturing Method:** Made from precise dental impressions of the patient's teeth - **Material:** Professional-grade materials (specific material composition: Not specified by manufacturer) - **Feature:** Even thickness construction throughout - **Patient Age Groups Served:** Children, teenagers, and adults - **Same-Day Turnaround:** Available at select Core Dental Group locations only (not guaranteed at all locations) - **Children's Replacement Frequency:** Annually recommended as teeth develop - **Sports Covered:** AFL, rugby league, rugby union, boxing, basketball, hockey, cricket, martial arts - **Club and School Clinics:** Available in the Berwick area; contact clinic to organise - **Appointment Booking:** Required; available by phone at (03) 9132 4160 - **Same-Day Availability Confirmation:** Must be confirmed with the team at time of booking - **Product Facts Table:** No data provided

General Product Claims

- Custom-fitted mouthguards offer superior protection compared to boil-and-bite or chemist alternatives
- Boil-and-bite mouthguards provide poor fit and inconsistent shock absorption - A loose mouthguard shifts during play and makes breathing more difficult - Custom mouthguards are moulded to the exact bite and do not interfere with breathing or speaking - Even thickness and coverage reduces risk of dental injuries, jaw fractures, and concussion - Custom mouthguards may help reduce concussion risk - Professional-grade materials maintain shape throughout a full season - Athletes can breathe freely and communicate clearly, supporting better performance - A knocked-out permanent tooth in a child is described as a lifelong problem - Mouth protection is recommended for both contact and non-contact sports - Custom mouthguards are recommended over chemist mouthguards for consistent shock absorption