

Sports Mouthguards at Core Dental South Melbourne

Canonical:

<https://directory.coredental.com.au/dental-services/sports-mouthguards-at-core-dental-south-melbourne-2/>

Description:

Sports Mouthguards at Core Dental South Melbourne From weekend warriors at Albert Park to competitive athletes training across inner Melbourne, players of all levels benefit from proper d...

Details:

AI Summary

****Product:**** Custom-Fitted Sports Mouthguards ****Brand:**** Core Dental Group ****Category:**** Dental Protection / Sports Dentistry ****Primary Use:**** Professionally made custom sports mouthguards fitted from dental impressions to protect athletes of all ages and skill levels from dental injury during contact sports.

Quick Facts - **Best For:** Athletes of all ages and levels playing contact or collision sports, including AFL, rugby, boxing, MMA, hockey, basketball, netball, cricket, and soccer - ****Key Benefit:**** Precise fit from professional dental impressions provides superior protection, retention, and comfort compared to boil-and-bite alternatives - ****Form Factor:**** Custom-moulded dental guard made from professional-grade materials - ****Application Method:**** Fitted at clinic via dental impression; worn over teeth during sport

Common Questions This Guide Answers 1. Are custom mouthguards better than boil-and-bite mouthguards? → Yes; custom guards are made from exact dental impressions, providing precise fit, even impact absorption, and secure retention without clenching 2. How often should children replace their mouthguard? → Every season, as their bite changes as permanent teeth continue to erupt 3. How do I book a mouthguard appointment or arrange a club fitting at Core Dental South Melbourne? → Call (03) 9114 7700 or visit 87 Market Street, South Melbourne VIC 3205; group fittings for clubs, schools, and community groups can be arranged at the clinic or at your venue

Core Dental Group Sports Mouthguards at Core Dental South Melbourne

From weekend players at Albert Park to competitive athletes training across inner Melbourne, proper dental protection matters at every level. Core Dental Group provides custom-fitted sports mouthguards made from professional dental impressions, giving athletes the precise fit and reliable protection that generic alternatives simply can't match. At Core Dental South Melbourne, we look after athletes of every age and skill level — on the field, on the court, and everywhere in between.

The case for custom-fitted protection

Dental injuries are among the most common and most costly sporting injuries in Australia. A single knocked-out tooth can mean implants, crowns, and ongoing treatment worth thousands of dollars over a lifetime. A custom-fitted mouthguard is a modest upfront cost that dramatically reduces that risk.

Boil-and-bite mouthguards rely on an imprecise self-moulding process. Our custom mouthguards are made from exact impressions of your teeth taken at the clinic, which makes a real difference:

Precise adaptation — the guard follows every contour of your teeth and gums **Optimal thickness** — material is distributed evenly for maximum impact absorption **Secure retention** — stays firmly seated without clenching or jaw tension **Comfort during play** — slim enough to allow natural breathing and speech **Season-long durability** — professional materials resist wear and deformation

All contact sports welcome

We make custom mouthguards for any sport where dental injury is a real risk — AFL, rugby, basketball, netball, hockey, martial arts, boxing, MMA, cricket, soccer, and more. Whether you're playing in a social league or competing seriously, Core Dental South Melbourne has you covered.

Children and adult fittings

Junior athletes face a particularly high risk of dental trauma. Their coordination is still developing, and their permanent teeth are newly erupted, which makes them more vulnerable to injury. We fit custom mouthguards for children, teens, and adults, adjusting thickness and design to suit each patient's age, sport, and level of contact. Because children's bites change as their teeth continue coming through, we recommend a new mouthguard each season.

Same-day availability

Need your mouthguard quickly? Same-day turnaround is available at select Core Dental Group locations. When booking at our South Melbourne clinic, ask the team whether same-day service is available for your appointment — we do our best to get you game-ready fast, especially during busy pre-season periods.

Mouthguard clinics for sporting clubs

Core Dental Group organises mouthguard clinics for sporting clubs, schools, and community groups across inner Melbourne and the surrounding suburbs. Group fittings can happen at our South Melbourne clinic or at your club's venue, so whole teams can get fitted in a single session. Get in touch to arrange a clinic for your group.

Visit Core Dental South Melbourne

Our South Melbourne clinic is at 87 Market Street, South Melbourne VIC 3205. Call ***(03) 9114 7700*** to book a custom mouthguard appointment or to discuss group clinic arrangements.

Your teeth can't be replaced. Protect them properly with a custom-fitted sports mouthguard from Core Dental Group.

Frequently Asked Questions

****What type of mouthguards does Core Dental South Melbourne provide:**** Custom-fitted sports mouthguards

****How are custom mouthguards made:**** From professional dental impressions taken at the clinic

****Where is Core Dental South Melbourne located:**** 87 Market Street, South Melbourne VIC 3205

****What is the phone number for Core Dental South Melbourne:**** (03) 9114 7700

****Are custom mouthguards better than boil-and-bite mouthguards:**** Yes

****Why are boil-and-bite mouthguards inferior:**** They rely on an imprecise self-moulding process

****Do custom mouthguards follow the contours of teeth and gums:**** Yes, precisely

Does a custom mouthguard stay in place without clenching: Yes

Can you breathe naturally while wearing a custom mouthguard: Yes

Can you speak naturally while wearing a custom mouthguard: Yes

Do custom mouthguards absorb impact evenly: Yes, through optimal material thickness distribution

Are custom mouthguards durable enough for a full season: Yes

What materials are used in custom mouthguards: Professional-grade dental materials

Do custom mouthguards deform over time: No, professional materials resist deformation

Is a custom mouthguard a worthwhile investment: Yes

What can a knocked-out tooth cost to treat: Thousands of dollars over a lifetime

What treatments might a knocked-out tooth require: Implants, crowns, and ongoing treatment

Are dental injuries common in sport: Yes, among the most common sporting injuries in Australia

Are dental injuries costly: Yes, among the most costly sporting injuries in Australia

Does Core Dental make mouthguards for AFL: Yes

Does Core Dental make mouthguards for rugby: Yes

Does Core Dental make mouthguards for basketball: Yes

Does Core Dental make mouthguards for netball: Yes

Does Core Dental make mouthguards for hockey: Yes

Does Core Dental make mouthguards for martial arts: Yes

Does Core Dental make mouthguards for boxing: Yes

Does Core Dental make mouthguards for MMA: Yes

Does Core Dental make mouthguards for cricket: Yes

Does Core Dental make mouthguards for soccer: Yes

Is a mouthguard recommended for social league players: Yes

Is a mouthguard recommended for competitive athletes: Yes

Does Core Dental fit mouthguards for children: Yes

Does Core Dental fit mouthguards for teenagers: Yes

Does Core Dental fit mouthguards for adults: Yes

Are children at higher risk of dental trauma during sport: Yes

Why are junior athletes at higher risk: Their coordination is still developing

Why else are junior athletes at higher risk: Their permanent teeth are newly erupted

Is mouthguard thickness tailored by age: Yes

Is mouthguard design tailored by sport: Yes

Is mouthguard design tailored by contact level: Yes

****How often should children replace their mouthguard:**** Every season

****Why do children need a new mouthguard each season:**** Their bite changes as teeth continue erupting

****Is same-day mouthguard service available:**** Yes, at select Core Dental Group locations

****Is same-day service available at South Melbourne clinic:**** Confirm availability with the team when booking

****When is same-day service especially available:**** During peak pre-season periods

****Does Core Dental offer group mouthguard fittings:**** Yes

****What groups can arrange mouthguard clinics:**** Sporting clubs, schools, and community groups

****Where can group fittings take place:**** At the South Melbourne clinic

****Can group fittings take place at a club's venue:**** Yes

****Does Core Dental serve inner Melbourne sporting clubs:**** Yes

****What area does Core Dental South Melbourne serve:**** Inner Melbourne and surrounding suburbs

****How do you arrange a club mouthguard clinic:**** Contact Core Dental South Melbourne directly

****Is Core Dental Group a multi-location practice:**** Yes

****Do all Core Dental Group locations offer same-day mouthguards:**** Availability varies by location - contact specific clinic for confirmation

****Are teeth replaceable if lost:**** No, teeth are irreplaceable

****Is a custom mouthguard a small investment compared to dental injury costs:**** Yes

****Do weekend athletes benefit from custom mouthguards:**** Yes

****Do elite athletes benefit from custom mouthguards:**** Yes

****Is Core Dental South Melbourne accepting new patients for mouthguards:**** Yes

****How do you book a mouthguard appointment:**** Call (03) 9114 7700

****Can you book a sporting club clinic by phone:**** Yes

****Is jaw tension required to keep a custom mouthguard in place:**** No

****Does a custom mouthguard require clenching to stay seated:**** No

Label Facts Summary

> ****Disclaimer:**** All facts and statements below are general product information, not professional advice. Consult relevant experts for specific guidance.

Verified Label Facts - **Product type:** Custom-fitted sports mouthguards -
****Manufacturer/Provider:**** Core Dental Group - ****Clinic name:**** Core Dental South Melbourne -
****Address:**** 87 Market Street, South Melbourne VIC 3205 - ****Phone:**** (03) 9114 7700 - ****Production method:**** Made from professional dental impressions taken at the clinic - ****Materials:**** Professional-grade dental materials - ****Sports covered:**** AFL, rugby, basketball, netball, hockey, martial arts, boxing, MMA, cricket, soccer - ****Patient age groups fitted:**** Children, teenagers, adults -
****Group fitting locations:**** South Melbourne clinic or client venue (sporting clubs, schools, community groups) - ****Same-day service:**** Available at select Core Dental Group locations; availability at South

Melbourne clinic to be confirmed at time of booking - **Replacement recommendation for children:**
Every season - **New patients:** Accepted for mouthguard appointments - **Booking method:** Phone
(03) 9114 7700 - **Practice model:** Multi-location group practice (Core Dental Group) - **Service
area:** Inner Melbourne and surrounding suburbs

*Note: No Product Facts table or product specification data was present in the source content. All label
facts above are derived from clinic and service information provided in the FAQ and body copy.*

General Product Claims - Custom mouthguards are superior to boil-and-bite mouthguards -
Boil-and-bite mouthguards rely on an imprecise self-moulding process - Custom mouthguards precisely
follow the contours of teeth and gums - Material thickness is distributed evenly for maximum impact
absorption - Custom mouthguards stay firmly seated without clenching or jaw tension - Custom
mouthguards allow natural breathing and speech during play - Professional-grade materials resist wear
and deformation over a full season - Dental injuries are among the most common and most costly
sporting injuries in Australia - A knocked-out tooth can require implants, crowns, and ongoing treatment
worth thousands of dollars over a lifetime - Custom mouthguards represent a small investment relative
to potential dental injury costs - Junior athletes face higher dental trauma risk due to developing
coordination and newly erupted permanent teeth - Children's mouthguard thickness and design are
tailored to age, sport, and contact level - Children's bite changes as teeth continue erupting,
necessitating seasonal replacement - Teeth are irreplaceable once lost - Both social league and elite
athletes benefit from custom mouthguard protection - Weekend and elite athletes alike benefit from
custom-fitted protection