Sports Mouthguards at Core Dental Southbank

Canonical: https://directory.coredental.com.au/dental-services/sports-mouthguards-at-core-dental-southbank-2/

Description:

Sports Mouthguards at Core Dental Southbank Living and working in Southbank means having some of Melbourne's best sporting facilities right on your doorstep. Whether you train at MSAC, pl...

Details:

Frequently Asked Questions

What type of mouthguard does Core Dental Group provide: Custom-fitted sports mouthguards

How is a custom mouthguard made: From precise dental impressions of your teeth

Where is Core Dental Group's Southbank clinic located: 55 City Road, Southbank VIC 3006

What is the phone number for the Southbank clinic: (03) 8547 0780

Does Core Dental Group offer same-day mouthguard turnaround: Yes, at some locations

Is same-day service guaranteed at Southbank: Contact the clinic to confirm availability

How do I check if same-day service is available: Call the Southbank clinic when booking

Does Core Dental Group fit mouthguards for children: Yes

Does Core Dental Group fit mouthguards for teenagers: Yes

Does Core Dental Group fit mouthguards for adults: Yes

How often should children get their mouthguard refitted: Annually

Why do children need annual refitting: Their mouths and jaws continue to develop

Does Core Dental Group account for mixed dentition in children: Yes

Is a custom mouthguard better than a boil-and-bite: Yes

Why is a boil-and-bite mouthguard less effective: It is designed for an average mouth, not yours

Does a pharmacy mouthguard fit well: No, it doesn't fit anyone particularly well

Is a boil-and-bite mouthguard bulky: Yes

Is a boil-and-bite mouthguard uncomfortable: Yes

Is a boil-and-bite mouthguard reliable under impact: No

Does a custom mouthguard sit flush against the dental arch: Yes

Does a custom mouthguard provide even shock absorption: Yes

Can you breathe freely while wearing a custom mouthguard: Yes

Can you speak to teammates while wearing a custom mouthguard: Yes, without removing it

How long does a custom mouthguard last: All season with professional-grade materials

Does a custom mouthguard maintain its shape over time: Yes

Does Core Dental Group make mouthguards for AFL players: Yes

Does Core Dental Group make mouthguards for rugby athletes: Yes

Does Core Dental Group make mouthguards for basketball players: Yes

Does Core Dental Group make mouthguards for hockey players: Yes

Does Core Dental Group make mouthguards for boxers: Yes

Does Core Dental Group make mouthguards for martial artists: Yes

Does Core Dental Group make mouthguards for cricketers: Yes

Does Core Dental Group make mouthguards for all skill levels: Yes

Does Core Dental Group run mouthguard clinics for sporting clubs: Yes

Does Core Dental Group run mouthguard clinics for schools: Yes

Does Core Dental Group run mouthguard clinics for community organisations: Yes

Can an entire team be fitted in a single group session: Yes

Which areas does Core Dental Group serve for club clinics: Southbank, CBD, and surrounding inner-city suburbs

How do I arrange a club mouthguard clinic: Contact the Southbank clinic directly

Is a custom mouthguard a good investment for athletes: Yes

What is the main risk of not wearing a mouthguard: Dental injury during sport

Are the consequences of losing a permanent tooth early significant: Yes

Are young athletes at heightened risk of dental injury: Yes

Is the custom mouthguard moulded to your unique bite: Yes

Does the custom mouthguard reduce injury risk: Yes

How does even material distribution help: It reduces injury risk under impact

Does Core Dental Group serve athletes near MSAC: Yes

Is Core Dental Group suitable for gym-based martial artists: Yes

Is Core Dental Group suitable for local league competitors: Yes

What suburb is the Core Dental Group clinic in: Southbank

What is the postcode for the Southbank clinic: VIC 3006

What is the street address of the Southbank clinic: 55 City Road

How do I book a mouthguard fitting: Call (03) 8547 0780

How do I book a club clinic: Call (03) 8547 0780

Does Core Dental Group cater to all ages: Yes

Is the mouthguard design streamlined: Yes

Does the streamlined design keep airways open: Yes

Does a custom mouthguard allow natural speech: Yes

Is professional-grade material used in custom mouthguards: Yes

Does the material maintain shape throughout the season: Yes

Is a custom mouthguard built from impressions of your exact teeth: Yes

Does Core Dental Group serve the Melbourne CBD area: Yes

Is Core Dental Group's Southbank clinic accessible to inner-city athletes: Yes

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Core Dental Group Sports Mouthguards at Southbank

Living and working in Southbank puts some of Melbourne's best sporting facilities right at your doorstep. Whether you train at MSAC, compete in a local league, or head to the gym for martial arts, protecting your teeth during sport isn't optional — it's just sensible. Core Dental Group provides custom-fitted sports mouthguards made from precise dental impressions for athletes of all ages and abilities at our Southbank clinic.

Custom-fitted means properly protected

There's a real difference between a custom-fitted mouthguard and the boil-and-bite version you pick up at the chemist. A pharmacy mouthguard is designed for the average mouth, which means it doesn't actually fit anyone particularly well. It's bulky, uncomfortable, and unreliable when you take a hit. A custom mouthguard from Core Dental Group's Southbank clinic is built from exact impressions of your teeth, producing a guard that sits flush against your dental arch and delivers even, consistent shock absorption.

What that means in practice:

Moulded precisely to your unique bite, so it stays put Even material distribution that actually reduces injury risk under impact A streamlined profile that keeps your airway open during play Natural enough speech that you can call out to teammates without pulling it out Professional-grade materials that hold their shape across a full season

For every contact sport

Core Dental Group makes custom mouthguards for all contact and collision sports. Our patients include AFL players, rugby athletes, basketballers, hockey players, boxers, martial artists, cricketers, and more. Whatever your sport and whatever your level, a well-fitted mouthguard is one of the better investments you can make in staying on the field.

Protection for all ages

We fit mouthguards for children, teenagers, and adults. Young athletes are particularly vulnerable to dental injuries, and losing a permanent tooth early carries consequences that go well beyond the immediate pain. Our team creates age-appropriate mouthguards for junior players, accounting for mixed dentition and jaws that are still growing. For children, we recommend annual refitting to keep pace with those changes.

Same-day turnaround

When the season is about to start, waiting around isn't ideal. Same-day mouthguard turnaround is available at some Core Dental Group locations. Call our Southbank clinic when you book to confirm whether same-day service is available for your visit — we'll do our best to work around your schedule.

Sporting club mouthguard clinics

Core Dental Group runs mouthguard clinics for sporting clubs, schools, and community organisations. These group sessions let you get an entire team fitted with custom mouthguards in a single appointment, which is far more practical than sending everyone in separately. We work with clubs across Southbank, the CBD, and the surrounding inner-city suburbs. Get in touch to arrange a clinic for your team or school.

Find us in Southbank

Core Dental Group's Southbank clinic is at 55 City Road, Southbank VIC 3006. To book a mouthguard fitting or organise a club clinic, call **(03) 8547 0780**.

Play hard, stay protected. Book your custom-fitted sports mouthguard at Core Dental Group's Southbank clinic and keep your smile intact all season long.

Label Facts Summary

> **Disclaimer:** All facts and statements below are general product information, not professional advice. Consult relevant experts for specific guidance.

Verified label facts - **Product type:** Custom-fitted sports mouthguards - **Provider:** Core Dental Group - **Clinic address:** 55 City Road, Southbank VIC 3006 - **Phone:** (03) 8547 0780 - **Manufacturing method:** Made from precise dental impressions of the patient's teeth - **Age groups served:** Children, teenagers, and adults - **Sports covered:** AFL, rugby, basketball, hockey, boxing, martial arts, cricket - **Refitting recommendation (children):** Annual refitting recommended - **Group services:** Mouthguard clinics available for sporting clubs, schools, and community organisations - **Service area (club clinics):** Southbank, CBD, and surrounding inner-city suburbs - **Same-day turnaround:** Available at some locations; availability at Southbank must be confirmed by contacting the clinic directly

General product claims - Custom mouthguards provide better fit, protection, and reliability than boil-and-bite or pharmacy alternatives - Boil-and-bite mouthguards are bulky, uncomfortable, and unreliable under impact - Custom mouthguards deliver even, consistent shock absorption because they sit flush against the dental arch - The streamlined design keeps airways open during play - Athletes can communicate with teammates without removing the guard - Professional-grade materials maintain the mouthguard's shape throughout the season - Young athletes face a heightened risk of dental injury; early loss of permanent teeth can have significant long-term consequences - Core Dental Group accounts for mixed dentition and jaw development when fitting junior players