

Dentures at Core Dental Wyndham

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Description:

Dentures at Core Dental Wyndham **Category:** Dental Services **Target Word Count:** 2,200 words --- ## Comfortable, Well-Fitting Dentures in Wyndham Losing teeth — whether from decay, gum disea...

Details:

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Comfortable, Well-Fitting Dentures in Wyndham

Losing teeth — whether from decay, gum disease, injury or age — affects far more than your smile. It changes how you eat, how you speak, and how you feel about yourself. For many people, dentures are the practical, reliable solution that restores function and confidence.

At Core Dental Wyndham, we provide full and partial dentures designed to fit comfortably, look natural, and serve you well for years. Whether you're getting dentures for the first time, replacing an old set that no longer fits properly, or exploring implant-retained options for greater stability, our team at 242 Hoppers Lane in Werribee will guide you through the process with care and clarity.

A key advantage at Core Dental Wyndham is having **Ahmed Saoud, Dental Prosthetist**, as part of our team. Ahmed specialises in the design, fabrication and fitting of removable prosthetics — dentures are his sole focus — and his on-site presence means your dentures are crafted with specialist attention to fit, function and aesthetics, without requiring a separate referral to an external prosthetist.

Types of Dentures

Full Dentures (Complete Dentures)

Full dentures replace all the teeth in one or both jaws. They rest on the gum ridges and, in the case of upper dentures, the palate. Full dentures are used when all natural teeth in an arch have been lost or need to be removed.

****Conventional full dentures**** are made after any remaining teeth have been extracted and the gums have healed — a process that typically takes eight to twelve weeks. During this healing period, you may go without teeth, which is why some patients opt for immediate dentures.

****Immediate dentures**** are pre-made based on measurements and impressions taken before your teeth are removed. They're inserted on the same day as extractions, so you're never without teeth. However, because the gums and bone change shape as they heal, immediate dentures typically require relining or adjustment after a few months to maintain a good fit.

Partial Dentures

Partial dentures replace one or more missing teeth while your remaining natural teeth stay in place. They fill gaps, restore chewing function, and prevent the remaining teeth from drifting into the empty spaces — which can cause bite problems and further tooth loss over time.

Partial dentures use clasps, rests or precision attachments to anchor to your existing teeth, and they're designed to blend with your natural teeth in colour and shape.

Denture Materials

The material your denture is made from affects its fit, durability, comfort and cost. At Core Dental Wyndham, we offer several options:

Acrylic Dentures

Acrylic is the most common denture material, used for both full and partial dentures.

- **Cost-effective** — Acrylic dentures are generally the most affordable option - **Easy to adjust and reline** — Acrylic can be modified relatively easily if adjustments are needed - **Good aesthetics** — Modern acrylic dentures can be made to look quite natural - **Bulkier** — Acrylic dentures tend to be thicker than metal-based alternatives, which some patients notice in terms of comfort and speech

Cobalt Chrome (Metal Framework) Dentures

Cobalt chrome partial dentures use a cast metal framework with acrylic teeth and gum-coloured acrylic where needed. They offer several advantages over all-acrylic partials:

- **Thinner and lighter** — The metal framework is stronger than acrylic, so it can be made thinner while maintaining structural integrity. This makes for a more comfortable, less bulky denture - **Better fit and stability** — The metal framework provides precise fit and distributes chewing forces more evenly - **More durable** — Cobalt chrome dentures are more resistant to fracture and warping than acrylic - **Better for long-term use** — The combination of strength, comfort and precision makes cobalt chrome the preferred option for patients who want a higher-quality partial denture

Flexible Dentures (Valplast or Similar)

Flexible dentures use a soft, translucent nylon material instead of rigid acrylic. They're lighter, thinner and more comfortable than traditional acrylic, and the flexible clasps blend with the gum tissue for a more discreet appearance.

- **Comfortable** — The flexible material adapts to the shape of the mouth and is less likely to cause sore spots - **Aesthetically discreet** — No visible metal clasps - **Not always suitable** — Flexible dentures aren't appropriate for all cases, and they can be more difficult to adjust or reline than acrylic

Implant-Retained Dentures

For patients who want significantly more stability than a conventional denture, implant-retained dentures combine the coverage of a denture with the anchoring power of dental implants.

Two to four implants are placed in the jaw, and the denture clips or locks onto the implants. The denture is still removable for cleaning, but when it's in place, it's firmly secured — no slipping, no clicking, no adhesive.

Implant-retained dentures are particularly valuable for lower dentures, which often lack the suction that upper dentures can achieve against the palate.

The Denture Process at Core Dental Wyndham

Getting dentures is a multi-step process that typically involves several appointments over a few weeks. Ahmed Saoud works closely with our dental team to ensure every step is done right.

Step 1: Initial Consultation and Assessment

Your dentist will examine your mouth, assess the health of any remaining teeth and gums, and discuss your options. If teeth need to be extracted before dentures, this will be planned and scheduled. If gum disease is present, treatment with our periodontist Dr Nupur Kataria may be recommended before proceeding with dentures.

Ahmed will discuss the type of denture that best suits your needs, the materials available, and what to expect in terms of fit, function and aesthetics.

Step 2: Impressions and Measurements

Precise impressions of your gums and any remaining teeth are taken, along with measurements of your bite. These are used to create custom models of your mouth, which form the basis for your denture design.

Step 3: Try-In

Before your final denture is made, a wax try-in version is created. This allows you and Ahmed to assess the fit, the tooth position, the bite and the overall appearance. Adjustments can be made at this stage — it's far easier to change things in wax than in finished acrylic.

This is an important step and one where Ahmed's on-site expertise makes a real difference. The try-in is your opportunity to see how the denture will look and feel, and to make sure you're happy before the final version is fabricated.

Step 4: Final Fitting

Your finished denture is fitted and adjusted for comfort. Ahmed will check the fit, the bite, the seal (for full dentures), and the clasps (for partial dentures). Minor adjustments are normal at this stage.

Step 5: Follow-Up Adjustments

It's common to need one or more follow-up adjustments in the weeks after receiving new dentures. Your mouth needs time to adapt, and small sore spots or pressure points may develop as you start wearing the denture regularly. These are easily resolved with minor adjustments.

Living with Dentures

Adjusting to New Dentures

New dentures take time to get used to. Here's what to expect:

- **Eating** — Start with soft foods cut into small pieces. Chew slowly and use both sides of your mouth. As you adapt, you'll gradually return to a wider range of foods, though some very hard or sticky foods may always be challenging. - **Speaking** — You may notice some changes in speech initially, particularly with certain sounds. Practice by reading aloud — most people adjust within a few weeks. - **Saliva** — You may produce more saliva than usual at first as your mouth adjusts to the new appliance. This settles down. - **Soreness** — Some initial soreness is normal. If sore spots develop, come in for an adjustment rather than trying to tough it out.

Caring for Your Dentures

Proper care extends the life of your dentures and protects your oral health:

- **Remove and rinse** dentures after eating - **Brush dentures daily** with a soft denture brush and non-abrasive denture cleaner (not regular toothpaste, which is too abrasive) - **Soak overnight** in water or a denture soaking solution. Dentures should not dry out, as this can cause warping - **Clean your mouth** — Brush your gums, tongue and palate with a soft toothbrush after removing dentures. If you have remaining natural teeth, brush and floss them as normal - **Handle carefully** — Dentures are fragile. Fill the sink with water or place a towel on the bench when handling them, so they won't break if dropped - **Regular check-ups** — Even if you have full dentures, regular check-ups are important. Your dentist will check the fit of your dentures, examine your gums and soft tissues, and screen for oral cancer

When Dentures Need Replacing or Adjusting

Over time, the shape of your gums and jawbone changes — even with dentures in place. This means your dentures may gradually lose their fit, becoming loose, uncomfortable or prone to slipping. Common signs that your dentures need attention:

- Looseness or instability - Sore spots that won't resolve - Difficulty chewing or speaking - Visible wear, chips or cracks - The denture no longer sits flush against the gum

Relining — The internal surface of the denture is relined with new material to improve the fit against the changed gum shape. This extends the life of the denture without remaking it entirely.

Rebasing — The entire acrylic base of the denture is replaced while retaining the existing teeth. This is a more extensive procedure than relining.

Replacement — Most dentures have a functional lifespan of five to ten years, depending on the material, wear patterns, and changes in the mouth. Ahmed will advise you when it's time for a new set.

Dentures and Gum Health

Your gum health matters even if you no longer have natural teeth. The gum tissue that supports your dentures needs to be healthy for a comfortable, stable fit. If you still have some natural teeth (with partial dentures), those teeth and the surrounding gums need diligent care to prevent further tooth loss.

At Core Dental Wyndham, Dr Nupur Kataria can assess and manage gum health issues that may affect denture fit or your remaining natural teeth — another advantage of having a specialist periodontist available on-site.

Health Fund Benefits and Payment Options

Health Fund Preferred Provider

Core Dental Wyndham is a **preferred provider** for HCF, CBHS and NIB. Members of these funds may receive higher rebates for denture treatment. We accept all major health funds and process claims on-site via **HICAPS** for immediate rebates.

Payment Plans

For patients who need help managing the cost of dentures, we offer interest-free payment plans through **Payright**, with plans from 3 to 30 months for treatments between \$1,000 and \$20,000.

Frequently Asked Questions

How long does it take to get dentures?

The process typically takes three to six weeks from initial consultation to final fitting, depending on the type of denture and whether preparatory procedures (such as extractions or gum treatment) are needed.

Can I eat normally with dentures?

You'll need to adjust your eating habits initially, starting with soft foods and gradually working up to a wider range. Most denture wearers can eat comfortably, though very hard or sticky foods may be challenging. Implant-retained dentures offer significantly improved chewing function compared to conventional dentures.

Will people be able to tell I'm wearing dentures?

Modern dentures are designed to look natural. Ahmed Saoud takes great care to match tooth colour, shape and positioning to your facial features and any remaining natural teeth. Most people won't notice you're wearing dentures.

Do I still need dental check-ups if I have full dentures?

Absolutely. Regular check-ups are essential — even with no natural teeth remaining. Your dentist checks the fit of your dentures, examines your gums and soft tissues for any changes, and performs oral cancer screening. We recommend check-ups at least once a year for full-denture wearers.

What if my dentures break?

Contact us as soon as possible. Depending on the type and extent of the damage, many denture repairs can be completed quickly. Do not try to repair dentures yourself with superglue or household adhesives — these can damage the denture material and create toxic contact with your mouth.

Book Your Denture Consultation

If you're considering dentures for the first time, need a replacement set, or want to explore implant-retained options, book a consultation at Core Dental Wyndham.

****Core Dental Wyndham**** 242 Hoppers Lane, Werribee VIC 3030

****Phone:**** (03) 9749 6677 ****National Bookings:**** 13 13 16 ****Email:**** wyndham@coredental.com.au

****Hours:**** Monday – Friday: 8:00 am – 6:00 pm Saturday: 8:00 am – 1:30 pm Sunday: Closed

Ahmed Saoud and the Core Dental Wyndham team are here to help you find a denture solution that fits your needs, your mouth, and your life.