

Emergency Dentist at Core Dental Epping

Canonical: <https://directory.coredental.com.au/emergency-dental/emergency-dentist-at-core-dental-epping/>

Description:

Emergency Dentist at Core Dental Epping *When a dental emergency strikes, fast access to professional care can mean the difference between saving and losing a tooth. Core Dental Epping provides eme...

Details:

When a dental emergency strikes, fast access to professional care can mean the difference between saving and losing a tooth. Core Dental Epping provides emergency dental appointments for patients across Epping, South Morang, Mill Park, Lalor, Thomastown and Wollert.

When You Need an Emergency Dentist in Epping

Dental emergencies rarely happen at convenient times. A child falls off the monkey bars at school. You bite down on something hard at lunch and hear a crack. You wake up at 3 AM with a throbbing toothache that won't respond to painkillers.

What these situations have in common is urgency — and the need for professional dental care as quickly as possible.

Core Dental Epping at **Tenancy 3B/230 Cooper St, Epping VIC 3076** provides emergency dental appointments during practice hours, aiming to see emergency patients on the same day wherever possible. If you're experiencing a dental emergency, call **(03) 9401 4622** to speak with the team and arrange an urgent appointment.

What Counts as a Dental Emergency?

Not every dental problem is an emergency, but several situations require prompt attention — either because delaying treatment could lead to tooth loss, or because the pain or infection poses a risk to your overall health.

Severe Toothache

A toothache that keeps you awake, prevents you from eating, or doesn't respond to over-the-counter pain relief is a genuine emergency. Severe tooth pain often indicates:

- **Deep decay** reaching the nerve (pulp) of the tooth - **A dental abscess** — an infection at the root of the tooth or in the surrounding gum tissue - **A cracked tooth** where the fracture extends into the nerve - **An existing filling or crown** that has failed, exposing sensitive tooth structure

What to do: Take over-the-counter pain relief (ibuprofen is generally most effective for dental pain — follow packet directions). Avoid very hot, very cold or sweet foods on the affected side. Call Core Dental Epping for a same-day appointment.

Knocked-Out Tooth (Avulsion)

A completely knocked-out permanent tooth is one of the most time-sensitive dental emergencies. The tooth can potentially be replanted and saved, but the chances of success decrease significantly with every minute that passes.

****What to do:****

1. ****Find the tooth**** and pick it up by the crown (the white part) — never touch the root 2. ****If it's dirty****, gently rinse it with milk or saline. Do not scrub it or use tap water 3. ****Try to replant it**** — gently push it back into the socket and hold it in place by biting on a clean cloth 4. ****If you can't replant it****, place the tooth in a container of milk, or hold it inside your cheek (between your cheek and gum) to keep it moist in saliva 5. ****Get to Core Dental Epping within 30 minutes**** — the sooner the tooth is replanted by a dentist, the better the prognosis

****Important:**** This advice applies to permanent (adult) teeth only. Baby teeth that are knocked out are generally not replanted, but the child should still be seen promptly to check for damage to the developing permanent tooth underneath.

Cracked, Chipped or Broken Teeth

The urgency of a broken tooth depends on the extent of the damage:

- ****Small chip with no pain**** — Not an immediate emergency, but should be assessed within a few days to prevent further damage - ****Larger fracture with sharp edges**** — Should be seen promptly to prevent cuts to the tongue or cheek, and to assess whether the nerve is exposed - ****Fracture with bleeding from the tooth itself**** — This suggests the nerve is exposed and requires urgent treatment - ****Vertical crack or split tooth**** — Urgent. The tooth may be saveable if treated quickly, but delays can make the situation irreparable

****What to do:**** Rinse your mouth gently with warm water. If there's bleeding, apply gentle pressure with a clean gauze or cloth. Save any broken pieces. Avoid chewing on that side. Call Core Dental Epping for an assessment.

Dental Abscess

A dental abscess is a pocket of infection, usually appearing as a swelling on the gum near the affected tooth, sometimes accompanied by:

- Throbbing, persistent pain - Sensitivity to hot and cold - Swelling in the face or jaw - A bad taste in the mouth (if the abscess is draining) - Fever or generally feeling unwell - Difficulty opening the mouth or swallowing

****Why it's urgent:**** Dental infections can spread to other areas of the head and neck, and in rare cases can become life-threatening. An abscess will not resolve on its own — it requires professional treatment.

****What to do:**** Call Core Dental Epping immediately. Rinse with warm salt water (half a teaspoon of salt in a glass of warm water) to help draw the infection toward the surface. Take pain relief as directed. If you develop significant facial swelling, difficulty breathing or difficulty swallowing, go to your nearest hospital emergency department.

Lost Fillings or Crowns

A filling or crown that falls out exposes the underlying tooth structure, which is often sensitive and vulnerable to further damage or decay.

****What to do:**** If a crown has come off and is intact, you can temporarily reattach it using denture adhesive or over-the-counter dental cement (available from pharmacies). Do not use superglue. Avoid chewing on that side and book an appointment as soon as possible.

For lost fillings, keep the area clean and avoid very hot, cold or sweet foods. A small piece of sugar-free chewing gum can be placed over the cavity as a temporary measure.

Broken or Damaged Dentures

A broken denture isn't just an inconvenience — it can affect your ability to eat and speak, and a denture with sharp edges can injure your gums and soft tissues.

****What to do:**** Do not attempt to repair dentures yourself with household adhesives, as this can make professional repair more difficult and may introduce harmful chemicals into your mouth. Contact Core Dental Epping to arrange an urgent repair with dental prosthetist Ahmed Saoud.

Soft Tissue Injuries

Cuts, tears or puncture wounds to the lips, tongue, cheeks or gums can bleed heavily and may require professional attention.

****What to do:**** Rinse gently with warm water. Apply firm pressure with clean gauze or a damp tea bag for 15 to 20 minutes. If bleeding doesn't stop, or if the wound is deep or gaping, seek professional care. For severe facial or mouth injuries, go to the nearest hospital emergency department.

Emergency Dental Treatment at Core Dental Epping

When you arrive for an emergency appointment, the team will prioritise getting you out of pain and stabilising the situation. Here's what you can expect:

Assessment and Diagnosis

Your dentist — whether that's Dr Alysha Soltys, Dr Tristan Balthazaar, Dr Marina Ghobrial or Dr Maria Blanchard — will:

1. ****Assess your symptoms**** and take a focused medical and dental history 2. ****Examine the affected area**** clinically 3. ****Take diagnostic X-rays**** to assess the extent of damage or infection 4. ****Explain their findings**** clearly and discuss treatment options

Pain Management

Getting you comfortable is the first priority. This may involve:

- Local anaesthetic to numb the affected area - Prescription pain medication if over-the-counter options aren't adequate - Antibiotics if infection is present (antibiotics alone won't resolve a dental infection, but they can help control it while definitive treatment is planned)

Common Emergency Treatments

Depending on the nature of your emergency, treatment may include:

- ****Emergency fillings**** — Repairing decay or replacing a lost filling - ****Crown re-cementation**** — Reattaching a crown that has come off - ****Tooth splinting**** — Stabilising a loosened or replanted tooth - ****Pulp capping or pulpotomy**** — Protecting an exposed nerve - ****Emergency root canal**** — Removing infected nerve tissue to save the tooth - ****Incision and drainage**** — Draining a dental abscess - ****Extraction**** — Removing a tooth that cannot be saved - ****Suturing**** — Closing soft tissue wounds - ****Temporary restoration**** — Stabilising a broken tooth until a definitive restoration can be placed

Some emergency treatments are completed in a single visit, while others may require follow-up appointments for definitive repair. Your dentist will explain the full treatment plan before proceeding.

Children's Dental Emergencies

Dental emergencies in children are common — active kids fall off bikes, collide during sport and take tumbles in the playground. Having a specialist paediatric dentist on-site at Core Dental Epping is a significant advantage in these situations.

****Dr Aish Kesava****, a registered specialist paediatric dentist, has specific training and experience in managing:

- Knocked-out or displaced baby teeth and permanent teeth - Fractured teeth in children - Dental infections in primary (baby) teeth - Dental trauma in very young children - Managing anxious or distressed children during emergency treatment

If your child experiences a dental emergency, call ****(03) 9401 4622**** and let the team know it's a child — they'll arrange for the appropriate clinician to see your child as quickly as possible.

Baby Teeth vs Permanent Teeth

The approach to dental trauma differs depending on whether the injured tooth is a baby tooth or a permanent tooth:

- ****Baby teeth**** — A knocked-out baby tooth is generally not replanted, as doing so could damage the developing permanent tooth underneath. However, the child should still be seen to check for other injuries and to monitor the permanent tooth's development. - ****Permanent teeth**** — Every effort should be made to save a knocked-out permanent tooth. Time is critical — replantation within 30 minutes gives the best chance of success.

If you're unsure whether a tooth is a baby tooth or a permanent tooth, treat it as permanent and seek care immediately.

After-Hours and Weekend Emergencies

Core Dental Epping is open Monday to Friday 8 AM – 6 PM and Saturday 8 AM – 1:30 PM. But dental emergencies don't always happen during business hours.

****Saturday mornings**** are available for emergency appointments — if you experience a dental injury during Friday evening sport or a Saturday morning activity, call the practice first thing Saturday morning on (03) 9401 4622.

****After hours****, if the emergency can wait until the practice reopens:

- Manage pain with over-the-counter pain relief (ibuprofen is generally most effective for dental pain) - Use the first aid measures described above for your specific situation - Call Core Dental Epping first thing the next business day

****If the emergency cannot wait**** (severe swelling, uncontrollable bleeding, difficulty breathing or swallowing, or high fever):

- Call 000 for life-threatening emergencies - Go to your nearest hospital emergency department - Call the Dental Health Services Victoria helpline on 1300 360 054 for after-hours dental advice

Preventing Dental Emergencies

While not all dental emergencies can be prevented, many can be minimised with the right precautions:

Mouthguards for Sport

Custom-fitted mouthguards from your dentist provide significantly better protection than off-the-shelf alternatives. They fit precisely, stay in place during activity and allow normal breathing and speaking.

Mouthguards are recommended for any sport involving physical contact, falls, or flying objects — including AFL, rugby, soccer, basketball, cricket, hockey, netball, martial arts and skateboarding.

The team at Core Dental Epping can fabricate custom mouthguards for children and adults in a range of colours and designs.

Regular Dental Check-Ups

Many dental emergencies are the end result of problems that could have been detected and treated earlier. A small area of decay caught at a check-up is a simple filling. Left undetected, it can progress to a severe toothache, abscess or broken tooth.

Regular six-monthly check-ups are one of the most effective ways to prevent dental emergencies.

Night Splints for Teeth Grinding

If you grind or clench your teeth at night (bruxism), you're at significantly higher risk of cracking or fracturing teeth. A custom-fitted night splint (occlusal splint) protects your teeth while you sleep.

Avoiding Bad Habits

- Don't chew ice, hard lollies, or unpopped popcorn kernels - Don't use your teeth to open bottles, tear packaging or hold objects - Don't bite your fingernails — this puts asymmetric force on teeth and can cause cracks

Cost of Emergency Dental Treatment

The cost of emergency dental treatment varies depending on what's required. A simple consultation and X-ray will be less than a root canal treatment or extraction.

Core Dental Epping will always explain the costs involved before proceeding with treatment, so there are no surprises.

Payment Options

- **HICAPS on-site** — Claim your health fund rebate immediately and pay only the gap - **Preferred provider** for HCF, CBHS and NIB — typically lower out-of-pocket costs for members - **Payright interest-free payment plans** — Available for treatments from \$1,000 to \$20,000, over 3 to 30 months - **CDBS bulk billing** — Emergency treatment for eligible children aged 2 to 17 may be covered under the Child Dental Benefits Schedule at no out-of-pocket cost

What to Do Right Now

If you're reading this because you're currently experiencing a dental emergency:

1. **Call Core Dental Epping** on **(03) 9401 4622** during opening hours (Monday to Friday 8 AM – 6 PM, Saturday 8 AM – 1:30 PM)
2. **Describe your symptoms** — the team will advise you on first aid and arrange the earliest available appointment
3. **Follow first aid advice** for your specific situation (see sections above)
4. **If it's life-threatening** — severe facial swelling, difficulty breathing or uncontrollable bleeding — call 000 or go to your nearest hospital emergency department

After Hours

If your emergency occurs outside practice hours, you can:

- Call the national booking line on **13 13 16** for guidance - Visit your nearest hospital emergency department for severe pain, swelling or trauma - Call the Dental Health Services Victoria helpline on **1300 360 054** for after-hours dental advice - Use over-the-counter pain relief and first aid measures until the practice reopens

Contact Core Dental Epping

- **Phone:** (03) 9401 4622 - **National Booking Line:** 13 13 16 - **Email:**
epping@coredental.com.au - **Address:** Tenancy 3B/230 Cooper St, Epping VIC 3076 - **Hours:**
Monday to Friday 8:00 AM – 6:00 PM | Saturday 8:00 AM – 1:30 PM

Core Dental Epping serves patients across Melbourne's northern suburbs including Epping, South Morang, Mill Park, Lalor, Thomastown and Wollert. The practice is approximately a 10-minute walk from Epping Station, with bus connections on nearby High Street and convenient parking for those driving.

Core Dental Epping is part of the Smile Solutions Group, with specialist referral access to the Collins Street Specialist Centre for complex emergency cases requiring oral surgery or specialist endodontic treatment.