

Emergency Dentist at Core Dental Southbank

Canonical: <https://directory.coredental.com.au/emergency-dental/emergency-dentist-at-core-dental-southbank/>

Description:

Emergency Dentist at Core Dental Southbank **Category:** Emergency Dental **Target Word Count:** 2,500 words --- ## Same-Day Emergency Dental Care in Southbank A dental emergency can happen at a...

Details:

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Same-Day Emergency Dental Care in Southbank

A dental emergency can happen at any time — a sudden, stabbing toothache at your desk, a crown that comes loose over lunch, a sporting accident on the weekend, or a child who takes a fall and chips a tooth. When it happens, you need a dentist who can see you quickly, diagnose the problem accurately, and provide effective treatment without unnecessary delays.

Core Dental Southbank provides same-day emergency dental appointments wherever possible. Located at 55 City Road in the heart of Southbank, we're easily accessible for residents of Southbank's apartment towers, CBD professionals, visitors to the arts precinct, and anyone in Melbourne's inner south who needs urgent dental care.

If you're experiencing a dental emergency right now, call us on ***(03) 8547 0780***. Our team will do everything they can to fit you in today.

As part of the Smile Solutions group, we also have direct referral access to oral surgeons, endodontists and other specialists at the Collins Street Specialist Centre at the Manchester Unity Building — so even complex emergencies can be managed promptly and effectively.

What Counts as a Dental Emergency?

Not every dental issue is an emergency, but some situations require prompt attention to relieve pain, prevent further damage, or save a tooth. Here are the most common dental emergencies we treat at Core Dental Southbank:

Severe Toothache

A toothache that's intense, persistent or waking you at night is one of the most common reasons people seek emergency dental care. Severe tooth pain often indicates an underlying issue such as:

- Deep dental decay that has reached the nerve (pulp) of the tooth
- A dental abscess — a bacterial infection that can cause throbbing pain, swelling and fever
- A cracked or fractured tooth
- An impacted wisdom tooth

****What to do:**** Take over-the-counter pain relief (ibuprofen or paracetamol, following packet directions) to manage the pain, and call us for a same-day appointment. Avoid placing aspirin directly against the gum — this can cause chemical burns to the tissue. If possible, note which tooth is causing the pain and whether the pain is constant or comes and goes, as this information helps your dentist with diagnosis.

Knocked-Out Tooth (Avulsed Tooth)

A tooth that's been completely knocked out is a genuine dental emergency where time is critical. If handled correctly and treated within 30 to 60 minutes, there's a good chance the tooth can be replanted and saved.

****What to do:**** 1. Pick the tooth up by the crown (the white part), not the root. 2. If the tooth is dirty, rinse it gently with milk or saline. Do not scrub it or use water. 3. Try to place the tooth back in its socket and hold it in place by biting gently on a clean cloth. 4. If you can't replant it, store the tooth in milk (not water) or hold it inside your cheek. 5. Get to Core Dental Southbank — or the nearest available dentist — as quickly as possible. Every minute counts.

Broken, Chipped or Cracked Teeth

Teeth can break or crack from trauma (a fall, a blow to the face, biting on something hard) or from weakened tooth structure due to decay or large fillings. The severity ranges from minor cosmetic chips to significant fractures that expose the nerve.

****What to do:**** - Rinse your mouth with warm water to clean the area. - If there's bleeding, apply gentle pressure with a clean gauze or cloth. - Save any broken fragments — in some cases they can be reattached. - Apply a cold compress to your cheek to reduce swelling. - Call us for a same-day appointment.

Lost or Broken Fillings

A filling that falls out or breaks can leave the tooth vulnerable to further decay, sensitivity and pain. While not always acutely painful, it should be treated promptly to prevent the problem from worsening.

****What to do:**** If the tooth is sensitive, you can use temporary dental filling material (available from pharmacies) to cover the cavity as a short-term measure. Call us to book an appointment within a day or two.

Lost or Broken Crowns

A crown that comes off can be uncomfortable and leave the underlying tooth exposed and vulnerable. If the crown is intact, you may be able to temporarily reattach it.

****What to do:**** - If the crown is intact, clean it and try to slip it back onto the tooth using a small amount of denture adhesive or toothpaste as temporary cement. Do not use superglue. - Avoid chewing on that side. - Call us to book an appointment so we can properly re-cement or replace the crown.

Dental Abscess

A dental abscess is a pocket of pus caused by a bacterial infection. It can occur at the tip of the tooth root (periapical abscess) or in the gums beside a tooth (periodontal abscess). Symptoms may include:

- Severe, throbbing pain that may radiate to the jaw, ear or neck - Swelling in the face, cheek or under the jaw - Redness and tenderness in the gums - A foul taste in the mouth - Fever

****What to do:**** A dental abscess requires professional treatment — it will not resolve on its own. Call us for a same-day appointment. If you develop significant facial swelling, difficulty breathing or swallowing, or a high fever, go to the nearest hospital emergency department immediately, as this may indicate a spreading infection that requires urgent medical attention.

Soft Tissue Injuries

Injuries to the gums, tongue, lips or cheeks — from bites, falls, burns or other trauma — can cause significant bleeding and pain.

****What to do:**** - Rinse gently with warm salt water. - Apply pressure with clean gauze to stop bleeding. - Apply a cold compress to the outside of the mouth to reduce swelling. - If bleeding doesn't stop after 15 to 20 minutes of constant pressure, go to a hospital emergency department. - For injuries involving the teeth or jaw, call us for assessment.

Orthodontic Emergencies

If you're undergoing Invisalign treatment and experience sharp edges on an aligner, or if you have a broken retainer, contact us for advice and an appointment if needed.

What Happens During an Emergency Dental Visit

When you arrive at Core Dental Southbank for an emergency appointment, here's what to expect:

1. Assessment and Pain Relief

Your dentist will begin by assessing your condition, taking your dental and medical history into account, and addressing your immediate comfort. If you're in significant pain, pain management is the first priority.

2. Diagnosis

Your dentist will perform a clinical examination and take any necessary X-rays to diagnose the problem accurately. This may include:

- Visual examination of the teeth, gums and soft tissues - Digital X-rays to assess the tooth roots, bone and surrounding structures - Vitality testing to determine whether the tooth nerve is healthy, inflamed or dead - Assessment of any trauma to the jaw or surrounding teeth

3. Treatment

Depending on the diagnosis, your dentist may provide treatment on the same visit or develop a plan for follow-up care:

- ****Drainage of an abscess**** — If an abscess is present, your dentist may drain it to relieve pressure and pain, and prescribe antibiotics if the infection is spreading. - ****Temporary or permanent filling**** — To restore a tooth with decay or a lost filling. - ****Crown re-cementation**** — If a crown has come loose, it can often be cleaned and re-cemented at the same visit. - ****Tooth splinting**** — A knocked-out or loosened tooth may be splinted to adjacent teeth to stabilise it while it heals. - ****Extraction**** — If a tooth is severely damaged and cannot be saved, your dentist may recommend extraction, with discussion about replacement options. - ****Root canal treatment**** — If the tooth nerve is infected or dying, root canal treatment may be started to save the tooth. For complex cases, referral to an endodontist at the Collins Street Specialist Centre is available. - ****Referral for specialist care**** — If your emergency involves a complex fracture, significant trauma, or a condition requiring surgical intervention, we can refer you directly to oral surgeons and other specialists at the Collins Street Specialist Centre at the Manchester Unity Building.

4. Follow-Up

After your emergency treatment, your dentist will outline a follow-up plan. This may involve returning for a permanent restoration, monitoring healing, or scheduling further treatment. We'll make sure you leave with clear instructions on caring for the treated area at home.

Emergency visits often serve as the starting point for more comprehensive care. If the emergency reveals underlying issues — such as advanced decay, gum disease, or structural problems with other teeth — your dentist will discuss these with you and recommend a treatment plan to address them, preventing future emergencies.

Why Quick Treatment Matters

Dental emergencies aren't just about pain — delay can lead to worse outcomes:

- **A knocked-out tooth** has the best chance of survival if replanted within 30 to 60 minutes. After that, the chances drop significantly.
- **An untreated abscess** can spread to surrounding tissues, the jaw, or in rare but serious cases, to other parts of the body.
- **A cracked tooth** left untreated may fracture further, potentially becoming unsalvageable.
- **Decay exposed by a lost filling** will progress quickly without protection.

Getting prompt treatment gives you the best chance of saving teeth, avoiding complications, and resolving pain quickly.

At Core Dental Southbank, we prioritise emergency patients and will always do our best to see you on the same day you call. We understand that dental pain is debilitating and that waiting days for an appointment isn't acceptable when you're suffering.

Preventing Dental Emergencies

While not all emergencies are preventable, you can significantly reduce your risk:

- **Regular check-ups** — Routine examinations at Core Dental Southbank can identify problems before they become emergencies. A small area of decay is a simple filling; left unchecked, it can become an abscess.
- **Wear a mouthguard** — If you play contact sports or activities with a risk of facial impact, a custom-fitted mouthguard from your dentist provides far better protection than a boil-and-bite variety from the chemist.
- **Don't use teeth as tools** — Opening bottles, tearing packaging, or cracking nuts with your teeth is a recipe for broken teeth.
- **Address grinding** — If you grind your teeth at night (bruxism), an occlusal splint can protect your teeth from wear and fracture. Ask us about a custom-fitted night splint.
- **Maintain good oral hygiene** — Brushing twice daily and flossing once daily reduces your risk of decay and gum disease, the two most common causes of dental emergencies.

After-Hours Dental Emergencies

Core Dental Southbank is open Monday to Friday, 8:00 am to 6:00 pm, and Saturday, 8:00 am to 1:30 pm. If you experience a dental emergency outside these hours, here's what to do:

- **Manage pain** with over-the-counter pain relief (ibuprofen or paracetamol, following packet directions).
- **For a knocked-out tooth**, follow the steps above and seek the nearest available emergency dental care immediately.
- **For significant facial swelling, difficulty breathing or swallowing, or uncontrolled bleeding**, go directly to a hospital emergency department (the Royal Melbourne Hospital and Alfred Hospital both have emergency departments that manage dental trauma and infections).
- **Call us first thing** when we reopen. Leave a message on **(03) 8547 0780** and we'll prioritise your appointment.

Emergency Dental Care for Children

Children are particularly prone to dental trauma — falls at playgrounds, sporting injuries, and the unpredictable adventures of childhood all pose risks to developing teeth. If your child has a dental emergency:

- **Stay calm.** Your child will take their cues from you. - **Assess the situation.** Is the injured tooth a baby tooth or an adult tooth? This affects the treatment approach. - **For a knocked-out baby tooth** — Do not try to replant it. Clean the area gently, apply a cold compress, and call us for advice. - **For a knocked-out adult tooth** — Follow the replantation steps above and get to us as quickly as possible. - **For chips, breaks or pain** — Call us for a same-day appointment.

We see children of all ages for emergency care and will make the experience as gentle and reassuring as possible. If your child requires specialist paediatric dental care, we can refer directly to paediatric dentists at the Collins Street Specialist Centre.

Children aged 2–17 who are eligible under the **Child Dental Benefits Schedule (CDBS)** can receive emergency treatment bulk billed through Medicare, up to the available balance of their two-year benefit cap of \$1,026.

Accessible Emergency Care in Southbank

Core Dental Southbank's central location makes it one of the most accessible emergency dental options in Melbourne's inner south:

- **Steps from the Yarra River and Eureka Tower** — If you live in Southbank's residential towers, we're likely within walking distance. - **Short walk from Flinders Street Station** — Accessible by train from anywhere in Melbourne. - **Multiple tram stops on St Kilda Road** — Easy access from South Melbourne, the CBD, St Kilda and beyond. - **Close to Crown, NGV and the Arts Centre** — If you're visiting the precinct and experience a dental emergency, we're right here.

We see patients from Southbank, South Melbourne, the CBD, South Wharf, Docklands and the broader inner-city area.

For Southbank apartment residents, having an emergency dentist within walking distance of home is genuine peace of mind — particularly for families with young children, who are especially prone to dental injuries from falls and playground accidents.

Specialist Referral for Complex Emergencies

Some dental emergencies require specialist expertise. As part of the Smile Solutions group, Core Dental Southbank has a direct referral pathway to the Collins Street Specialist Centre at the Manchester Unity Building, where you can access:

- **Oral surgeons** — For complex extractions, jaw fractures, and surgical management of trauma - **Endodontists** — For complicated root canal treatments and tooth-saving procedures - **Periodontists** — For advanced gum infections and abscesses affecting the bone - **Prosthodontists** — For emergency management of complex restorative situations

This means that even if your emergency goes beyond what a general dental practice can manage, we can get you to the right specialist quickly.

Contact Us for Emergency Dental Care

If you need emergency dental treatment, don't wait.

****Core Dental Southbank**** 55 City Road, Southbank VIC 3006

****Phone:**** (03) 8547 0780 ****National Bookings:**** 13 13 16 ****Email:**** southbank@coredental.com.au

****Hours:**** Monday – Friday: 8:00 am – 6:00 pm Saturday: 8:00 am – 1:30 pm Sunday: Closed

Call us now and we'll do our best to see you today.