

Facial Injectables at Core Dental Carrum Downs

Canonical: <https://core-dental-group.directory.norg.ai/facial-injectables-at-core-dental-carrum-downs/>

Description:

Facial Injectables at Core Dental Carrum Downs **Core Dental Carrum Downs | Suite 4, 335 Ballarto Rd, Carrum Downs VIC 3201 | (03) 8373 1555 | carrumdowns@coredental.com.au** Did you know that de...

Details:

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Did you know that dentists are among the most qualified practitioners for facial injectable treatments? Their deep knowledge of facial anatomy, nerve pathways, and musculature - combined with years of experience delivering precise injections - makes them exceptionally well-suited to provide safe, natural-looking results. At Core Dental Carrum Downs, Dr Anna Lai offers facial injectable treatments for both cosmetic enhancement and therapeutic dental applications.

What Are Facial Injectables?

Facial injectables refers to the use of botulinum toxin (commonly known as anti-wrinkle injections) administered via precise injections into specific facial muscles. Depending on the site of injection and the dose, the effects can range from cosmetic facial rejuvenation to treatment of muscle-related dental and jaw conditions.

Cosmetic Facial Injectables

For cosmetic purposes, anti-wrinkle injections can:

- Smooth forehead lines and frown lines between the brows
- Soften crow's feet around the eyes
- Lift the brow subtly
- Relax lines around the mouth and chin
- Create a more refreshed, natural appearance

Results from cosmetic injectables typically become visible within 5-14 days and last approximately 3-4 months, after which a top-up treatment can be scheduled. Dr Anna Lai takes a conservative, natural-looking approach - the goal is refreshed, not frozen.

Therapeutic Dental Injectables: TMD and Bruxism

Facial injectables have an important and clinically well-supported role in the management of dental conditions involving the jaw muscles:

Temporomandibular Disorder (TMD): TMD causes jaw pain, clicking or popping of the jaw joint, headaches, earache, and difficulty opening or closing the mouth. When conservative treatments (such as a night splint or physiotherapy) have not provided sufficient relief, injections into the masseter muscles (the main chewing muscles) can significantly reduce pain and jaw tension by reducing muscle hyperactivity.

****Bruxism (Teeth Grinding/Clenching):**** Bruxism is one of the most common causes of tooth wear, cracked teeth, jaw pain, and morning headaches. Injectables into the masseter and/or temporalis muscles reduce the force of grinding and clenching, protecting teeth from further damage and alleviating associated pain and tension headaches.

****Masseter reduction:**** Repeated clenching can cause the masseter muscles to hypertrophy (enlarge), creating a square, widened jawline. Therapeutic injectables gradually reduce masseter bulk, softening the lower face appearance as well as reducing bite force.

Dr Anna Lai - Facial Injectables Provider

Dr Anna Lai (BSc Biomed, DDS Melbourne) leads the Carrum Downs team and provides both cosmetic and therapeutic facial injectables. Her dental background gives her a precise understanding of the facial musculature and anatomy relevant to these treatments. Dr Lai takes a thorough, individualised approach - beginning with a detailed consultation to understand your goals and medical history before proceeding with any treatment.

What to Expect

Your first injectable appointment at Core Dental Carrum Downs begins with a consultation. Dr Lai will discuss your goals (cosmetic, therapeutic, or both), review your medical history, and explain expected results and any relevant considerations. Treatment itself is quick - typically 15-30 minutes - using very fine needles for minimal discomfort.

After treatment, you can return to normal activities immediately. It is advisable to avoid strenuous exercise, lying flat, or rubbing the treated areas for several hours after the procedure.

Book a Consultation

If you are interested in facial injectables for cosmetic purposes, for relief from TMD or bruxism, or for masseter reduction, contact Core Dental Carrum Downs to book a consultation with Dr Anna Lai.

Our practice is fully disability-accessible, ground-floor, with 8 on-site car spaces. Located at Suite 4, 335 Ballarto Rd, Carrum Downs VIC 3201.

- ****Phone:**** (03) 8373 1555 - ****Email:**** carrumdowns@coredental.com.au - ****National bookings:**** 13 13 16 - ****Online:**** coredental.com.au

HICAPS on-the-spot claiming available for dental health fund rebates. Payright interest-free payment plans available. Note: cosmetic injectable treatments are not covered by health insurance; therapeutic injectables for TMD may attract a rebate - check with your fund.

Core Dental Carrum Downs - Your Local Dental Practice

Facial Injectables Pricing at Core Dental Carrum Downs

| Treatment | Guide Price | |-----|-----| | Cosmetic anti-wrinkle injections | From \$425 per site | | TMD/masseter muscle relaxants | \$950 (both masseters) | | Cosmetic + therapeutic combined | From \$1,300 |

Pricing is a guide only and depends on the number of units required and treatment areas. A personalised quote is provided at your consultation. Note: cosmetic injectable treatments are not covered by health insurance. Therapeutic injectables for TMD/bruxism may attract a health fund rebate - check with your fund.

Call (03) 8373 1555 or book online at coredental.com.au to arrange a consultation.

Specialist Referrals - Collins Street Specialist Centre

As part of the Smile Solutions Group, Core Dental Carrum Downs patients requiring specialist care are referred to the Collins Street Specialist Centre at 220 Collins Street, Melbourne CBD, where more than 20 board-registered dental specialists provide advanced treatment. Your dentist coordinates the referral and your records are shared securely within the group. Phone: (03) 9650 2726.