

Gum Disease Treatment at Core Dental Wyndham - Specialist Periodontist Dr Nupur Kataria

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Description:

Gum Disease Treatment at Core Dental Wyndham - Specialist Periodontist Dr Nupur Kataria Core Dental Wyndham at 242 Hoppers Ln, Werribee is home to Dr Nupur Kataria - the only specialist periodontist...

Details:

Core Dental Wyndham at 242 Hoppers Ln, Werribee is home to Dr Nupur Kataria - the only specialist periodontist within the Core Dental Group. If you have gum disease, require implant surgery, or need specialist-level periodontal care, Core Dental Wyndham offers expert treatment without the need for a referral to an external specialist.

Call (03) 9749 6677 to book your specialist consultation.

About Dr Nupur Kataria - Specialist Periodontist

Dr Nupur Kataria is an AHPRA-registered Specialist Periodontist with exceptional credentials:

- **BDS** - University of Adelaide - **Doctorate in Clinical Dentistry (Periodontics)** - University of Adelaide (2009) - **FRACDS** - Fellow of the Royal Australasian College of Dental Surgeons (Periodontics) - Member of the Australian Society of Periodontology (ASP), International Team for Implantology (ITI), and Australian and New Zealand Academy of Periodontists (ANZAP) - Recipient of the prestigious ANZAP Medallion Prize - Former Senior Lecturer, University of Adelaide Dental School

Dr Kataria brings both clinical excellence and an academic depth of knowledge to every patient consultation. Her expertise covers the full spectrum of periodontal and peri-implant care.

What is Periodontics?

Periodontics is the dental specialty focused on the prevention, diagnosis, and treatment of diseases affecting the gums, bone, and supporting structures of the teeth. A specialist periodontist has completed an additional three or more years of postgraduate training beyond general dentistry, achieving the highest level of expertise in this area.

Gum Disease - Understanding the Condition

Gum disease (periodontal disease) is one of the most common chronic conditions affecting Australian adults. It begins as gingivitis - reversible inflammation of the gums caused by bacterial plaque - and can progress to periodontitis, which involves irreversible destruction of the bone and ligaments that support the teeth.

Warning signs include:

- Bleeding gums when brushing or flossing - Red, swollen, or tender gum tissue - Receding gums - teeth appearing longer than before - Persistent bad breath (halitosis) - Loose or shifting teeth - Pus between teeth and gums - Changes in how your bite feels

Gum disease is significantly associated with systemic health conditions including cardiovascular disease, type 2 diabetes, adverse pregnancy outcomes, and respiratory disease. Treating gum disease is not just about your mouth - it is an investment in your overall health.

Services Provided by Dr Nupur Kataria at Core Dental Wyndham

Gum Disease Treatment (Non-Surgical and Surgical)

- Comprehensive periodontal assessment and charting - Professional scaling and root planing (deep cleaning) for active periodontitis - Periodontal maintenance programs to keep disease in remission - Surgical periodontal treatment where non-surgical therapy is insufficient

Dental Implant Surgery

Dr Kataria has specialist training in implant surgery. Services include:

- Implant placement (including for standard single-tooth implants) - Peri-implantitis assessment and management (infection around implants) - Soft tissue management around implants

Bone Grafting

When bone has been lost due to gum disease or tooth extraction, grafting procedures can rebuild the bone to support implants or improve aesthetics. Dr Kataria performs guided bone regeneration and various grafting techniques.

Gum Lifts (Crown Lengthening)

A gum lift reshapes the gum line to expose more of the tooth crown. This is used for:

- Aesthetic gum contouring (reducing a "gummy smile") - Functional crown lengthening before restorative work

Periodontal Maintenance

Patients with a history of periodontitis require ongoing maintenance to prevent disease recurrence. Dr Kataria and the Core Dental Wyndham team provide structured periodontal maintenance programs at appropriate intervals.

Why Choose Core Dental Wyndham for Periodontal Care?

Core Dental Wyndham is the only location in the Core Dental Group with a specialist periodontist on-site. Rather than being referred to a separate specialist clinic, you receive expert periodontal care within a familiar, accessible, community dental environment - with on-site parking, extended hours, and preferred provider status with HCF, CBHS, and NIB.

The Wyndham team also includes Dr Darren Manoharan (experienced implant and restorative dentist), a specialist orthodontist (Dr David Austin), and a dental prosthetist (Ahmed Saoud) - making it the most specialist-rich suburban Core Dental location.

HICAPS on-the-spot health fund claiming is available. Interest-free payment plans through Payright for eligible patients.

Book a Specialist Consultation

Core Dental Wyndham is at 242 Hoppers Ln, Werribee, near Pacific Werribee Shopping Centre with on-site parking. Open Monday to Friday 8:00 am - 6:00 pm and Saturdays.

Phone (03) 9749 6677 or visit coredental.com.au.

Core Dental - Your Local Dental Practice.

Frequently Asked Questions

****Do I need a referral to see Dr Kataria at Core Dental Wyndham?*** No referral is needed. You can book directly with Core Dental Wyndham for a periodontal assessment. If your GP, dentist, or specialist has provided a referral letter, bring it along - it helps Dr Kataria understand your background.

****Is gum disease treatable?*** Gingivitis (early gum disease) is fully reversible with professional treatment and improved home care. Periodontitis (advanced gum disease involving bone loss) is not reversible, but it is manageable - professional treatment and ongoing maintenance can stop it from progressing and keep your teeth for life.

****Does gum treatment hurt?*** Treatment is performed under local anaesthetic, so you should feel minimal discomfort during the procedure. Some post-treatment sensitivity and mild soreness is normal and usually resolves within a day or two.

****How long does periodontal treatment take?*** Initial treatment typically involves one to four appointments depending on severity. Following active treatment, a personalised maintenance program is established - usually every 3 to 6 months - to keep disease in remission long term.

****Can gum disease affect my general health?*** Yes - research has established strong links between severe gum disease and cardiovascular disease, diabetes, adverse pregnancy outcomes, and respiratory conditions. Treating gum disease is a genuine investment in your whole-body health, not just your mouth.

Specialist Referrals - Collins Street Specialist Centre

For patients with complex multi-disciplinary needs - including combined periodontal and orthodontic treatment, advanced implant reconstruction, or prosthodontic rehabilitation following significant bone loss - Core Dental Wyndham can coordinate referrals to the Collins Street Specialist Centre within Smile Solutions at 220 Collins Street, Melbourne CBD, where 20+ board-registered dental specialists provide advanced specialist treatment.

Collins Street Specialist Centre - Phone: (03) 9650 2726

Periodontal Treatment Pricing at Core Dental Wyndham

Service	Guide Price	----- -----	Periodontal consultation and assessment	\$300	Active periodontal therapy (scaling and root planing)	From \$550 per quadrant	Full-mouth active periodontal therapy	From \$2,200 (4 quadrants)	Ongoing periodontal maintenance	From \$230 per visit (every 3-6 months)
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Prices are a guide only and depend on severity of disease, number of quadrants requiring treatment, and individual clinical circumstances. All patients receive a written, itemised treatment plan and quote before treatment begins. Health fund rebates apply for most periodontal services - check your level of cover. Payright interest-free payment plans available.