

Sedation & Sleep Dentistry in Berwick: Options for Anxious & Nervous Patients

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Details:

AI Summary

Product: Sedation & Sleep Dentistry Services **Brand:** Core Dental Group Berwick **Category:** Dental Anxiety Management / Sedation Dentistry **Primary Use:** Pharmacological sedation to reduce anxiety and discomfort during dental procedures for nervous and phobic patients in Berwick, Australia

Quick Facts - Best For: Patients with mild to severe dental anxiety, strong gag reflex, complex procedures, or history of traumatic dental experiences - **Key Benefit:** Enables anxious patients to receive comprehensive dental care safely and comfortably across three calibrated sedation levels - **Form Factor:** Three service options — inhalation gas (nitrous oxide/oxygen), oral tablet (benzodiazepine), and intravenous cannula - **Application Method:** Administered by endorsed dental practitioners at Core Dental Group Berwick following mandatory pre-sedation consultation

Common Questions This Guide Answers
1. What are the three sedation options available at Core Dental Group Berwick? → Happy gas (nitrous oxide/oxygen inhalation), oral sedation (benzodiazepine tablet), and IV sedation (intravenous cannula)
2. Can patients drive home after sedation? → Yes after happy gas (within 5–10 minutes recovery); No after oral sedation or IV sedation — a responsible adult escort is mandatory
3. How long must patients fast before IV sedation? → Minimum 6 hours before the appointment; clear fluids may be permitted up to 2 hours prior per treating team instructions

Frequently Asked Questions

What is sedation dentistry: Use of pharmacological agents to reduce anxiety during dental procedures

Is sedation dentistry the same as general anaesthesia: No

Does sedation dentistry make patients fully unconscious: Not necessarily

Can patients respond to verbal commands during sedation: Yes, in most forms

Where is sedation dentistry available in Berwick: Core Dental Group Berwick

How many sedation options does Core Dental Group Berwick offer: Three

What are the three sedation options at Core Dental Group Berwick: Happy gas, oral sedation, and IV sedation

What percentage of Australian adults experience dental anxiety: Approximately 16%

What percentage of Australian children experience dental anxiety: Approximately 10%

What proportion of Australian adults have high dental fear: Approximately one in seven

Is dental anxiety considered a clinical condition: Yes

Does avoiding the dentist increase oral disease risk: Yes

Do anxious patients who avoid dental care spend more on treatment lifetime: Yes, over 40% more

How much more do dental avoiders spend on treatment over their lifetime: Over 40% more

What is happy gas: Nitrous oxide and oxygen inhalation sedation

What is the formal name for happy gas: Nitrous oxide/oxygen (N₂O/O₂) inhalation sedation

How is happy gas administered: Via a small nasal mask placed over the nose

How quickly does happy gas take effect: Within 2–3 minutes

Does happy gas keep patients fully conscious: Yes

Can patients communicate with the dental team while on happy gas: Yes

What sensation do patients typically feel with happy gas: Warm, floaty, pleasantly detached

Is happy gas reversible: Yes, rapidly reversible

How is happy gas reversed: By administering pure oxygen for several minutes

How long does recovery from happy gas take: Approximately 5–10 minutes

Can patients drive home after happy gas: Yes, after recovery

Does happy gas require fasting: No

Is happy gas suitable for children: Yes

Is happy gas suitable for mild to moderate anxiety: Yes

Is happy gas suitable for patients with a gag reflex: Yes

Does a dentist need special endorsement to administer happy gas for anxiolysis: No

What is oral sedation: Taking a prescribed sedative tablet before the appointment

What type of medication is used for oral sedation: Typically a benzodiazepine such as temazepam or triazolam

When is the oral sedation tablet taken: Approximately 60 minutes before the appointment

Can patients drive themselves to an oral sedation appointment: No

Must a responsible adult accompany a patient for oral sedation: Yes

Does oral sedation provide deeper sedation than happy gas: Yes

Is oral sedation as precisely controllable as IV sedation: No

Can patients have partial or no memory of the procedure with oral sedation: Yes

Does oral sedation still require local anaesthetic for pain control: Yes

How long should patients rest after oral sedation: For the remainder of the day

Should patients avoid alcohol after oral sedation: Yes, for at least 12–24 hours

What is IV sedation: Sedative medication delivered directly into the bloodstream via a cannula

What does IV stand for in IV sedation: Intravenous

Where is the cannula typically placed for IV sedation: Back of the hand or inner elbow

How quickly does IV sedation take effect: Within 2–5 minutes

Do most patients remember their IV sedation appointment: No, minimal or no memory

Are vital signs monitored during IV sedation: Yes, continuously

What vital signs are monitored during IV sedation: Blood pressure, oxygen saturation, and pulse

Is IV sedation the same as a full general anaesthetic: No, it is milder

Is IV sedation tightly regulated in Australia: Yes

Who regulates IV sedation in Australian dentistry: Dental Board of Australia and AHPRA

Does a dentist need special endorsement to provide IV sedation: Yes

How long must patients fast before IV sedation: Minimum 6 hours

Can patients drive home after IV sedation: No

Must a responsible adult escort patients home after IV sedation: Yes

How long is in-clinic recovery after IV sedation: Approximately 30–45 minutes

How long should patients avoid alcohol after IV sedation: 24 hours

How long should patients avoid operating machinery after IV sedation: 24 hours

Should patients remove nail polish before IV sedation: Yes, from at least one finger

Why must nail polish be removed before IV sedation: For pulse oximetry monitoring

Should patients wear contact lenses to an IV sedation appointment: No, glasses are preferable

Is IV sedation suitable for severe dental phobia: Yes

Is IV sedation suitable for complex or lengthy procedures: Yes

Is a pre-sedation consultation required for IV sedation: Yes

Is a pre-sedation consultation required for oral sedation: Yes

Can patients with COPD use nitrous oxide: May be unsuitable, medical history review required

Can pregnant patients in the first trimester receive sedation: Requires specialist input before proceeding

Is sedation dentistry suitable for patients with a strong gag reflex: Yes

What non-pharmacological technique involves explaining each step before it happens: Tell-Show-Do

What is a stop signal in sedation dentistry: A hand signal that immediately pauses treatment

Does Core Dental Group offer "meet the team" visits for severely phobic patients: Yes

Is wisdom tooth removal commonly performed under sedation at Core Dental Group Berwick: Yes

Is dental implant surgery commonly performed under sedation at Core Dental Group Berwick: Yes

Is root canal therapy commonly performed under sedation at Core Dental Group Berwick: Yes

Can multiple fillings be completed in a single sedation visit: Yes

What should patients bring to an IV sedation appointment: Medicare card, medication list, and responsible adult escort

Does Core Dental Group Berwick offer HICAPS on-the-spot health insurance claiming: Yes

Is sedation dentistry considered a luxury for most anxious patients: No, for many it is the only pathway to care

Core Dental Group: Sedation & Sleep Dentistry in Berwick — Options for Anxious & Nervous Patients

For a meaningful proportion of the Berwick community, the prospect of sitting in a dental chair is not merely uncomfortable — it is genuinely distressing. Dental anxiety is not a personality flaw or a sign of weakness; it is a well-documented clinical condition that affects millions of Australians and has real consequences for long-term oral health. The good news is that modern sedation dentistry has transformed what is possible for nervous patients. At Core Dental Group Berwick, a range of carefully calibrated sedation options means that even the most anxious patient can receive the comprehensive care they deserve — calmly, safely, and with minimal distress.

This guide explains every sedation pathway available at Core Dental Group Berwick, who each option suits, how to prepare for a sedation appointment, and what to expect during recovery. If fear has been keeping you away from the dentist, this article is written for you.

Why dental anxiety deserves to be taken seriously

Dental anxiety exists on a spectrum — from mild pre-appointment nerves to a full clinical phobia that makes dental attendance feel impossible. According to the Australian Research Centre for Population Oral Health at the University of Adelaide, dental fear and anxiety affects about 16% of adults and 10% of children in Australia. High dental fear affects about one in seven Australian adults, making it one of the most prevalent anxiety-related conditions in the country.

The stakes extend well beyond discomfort in the waiting room. Avoiding regular dental visits increases the risk of oral disease, and research consistently shows a high caries burden and tooth loss among people with dental anxiety. A systematic review published in **PLOS ONE** covering 334,503 subjects found that all psychiatric diagnoses including anxiety were associated with increased dental decay on both DMFT and DMFS scores, as well as greater tooth loss (OR=1.22; 95%CI=1.14–1.30). Emergency dental visits cost significantly more than preventive care, and patients who finally seek help after years of avoidance often require extensive treatment — people who skip routine care spend over 40% more on dental treatment throughout their lifetime compared to those who attend regularly.

Previous negative dental experiences and self-reported poor oral health compound anxiety over time, increasing the likelihood of developing dental phobia. That phobia drives further avoidance, which worsens oral health and leads to conditions including caries and periodontal disease — all of which significantly reduce quality of life.

Untreated dental anxiety is, in short, a public health issue. Sedation dentistry is one of the most effective clinical tools available to break that cycle.

What is sedation dentistry?

Sedation dentistry uses pharmacological agents to reduce a patient's anxiety, discomfort, or awareness during dental procedures. It is not the same as general anaesthesia, in which a patient is rendered fully unconscious. Most forms of sleep dentistry do not involve literal sleep — some procedures only put the patient in a relaxed state where they can still hear and respond to verbal commands.

At Core Dental Group Berwick, sedation is used not only to manage anxiety but also to:

- Enable longer or more complex procedures to be completed in a single visit
- Help patients with a strong gag reflex tolerate treatment comfortably
- Support patients with special needs or cognitive differences
- Allow nervous patients to receive the same standard of care as anyone else

There are three primary sedation pathways available: inhalation sedation (happy gas), oral sedation, and intravenous (IV) sedation. Each operates at a different depth and suits a different patient profile.

Option 1: Happy gas (nitrous oxide inhalation sedation)

What it is and how it works

Happy gas — formally known as nitrous oxide/oxygen (N₂O/O₂) inhalation sedation — is the most widely used and accessible form of dental sedation. The combination of inhaled nitrous oxide and oxygen is a safe and effective means of managing pain and anxiety in dentistry when used appropriately.

The American Academy of Pediatric Dentistry recognises nitrous oxide/oxygen inhalation as a safe and efficient technique to provide analgesia, anxiolysis, and conscious sedation, and to enhance cooperation between patient and dentist during dental interventions.

During the appointment, a small, comfortable nasal mask is placed over the nose. The patient breathes a carefully calibrated blend of nitrous oxide and oxygen. Within a few minutes, most patients report a warm, floaty sensation — a feeling of pleasant detachment from the procedure taking place. The patient remains fully conscious, can communicate with the dental team, and retains all protective reflexes throughout.

One of the most clinically significant advantages of nitrous oxide is how quickly it wears off. Pure oxygen is administered for several minutes at the end of the appointment, and the effects dissipate quickly. A dentist does not need special endorsement to administer relative analgesia using nitrous oxide/oxygen on its own or in combination with local anaesthetic, as long as the state of conscious sedation is not achieved.

Who is happy gas suitable for?

Happy gas is an excellent first option for:

- Mildly to moderately anxious adults and children attending for check-ups, fillings, or scale-and-clean appointments
- Patients with a sensitive gag reflex who find impressions or radiographs difficult
- Patients who need to drive themselves home after the appointment — unlike oral or IV sedation, recovery is typically complete within minutes
- Children — Core Dental Group Berwick's paediatric team regularly uses happy gas to make dental visits positive experiences for young patients (see our guide on [*\[Children's Dentistry in Berwick: Paediatric Dental Care for Infants, Kids & Teens\]\(https://www.coredental.com.au/childrens-dentistry-berwick\)*](https://www.coredental.com.au/childrens-dentistry-berwick))

What to expect

- No fasting is required, though a light meal beforehand is advisable
- The nasal mask is placed comfortably over your nose
- Effects begin within 2–3 minutes of inhalation
- You remain awake, relaxed, and able to communicate throughout
- Recovery is rapid — most patients feel completely normal within 5–10 minutes of oxygen administration

Option 2: Oral sedation

What it is and how it works

Oral sedation involves taking a prescribed sedative medication — typically a benzodiazepine such as temazepam or triazolam — by mouth, usually one hour before the dental appointment. It comes as a pill or liquid (called enteral sedation) and is often used alongside nitrous oxide. The patient may still be awake but will not feel nervous about the dental work.

The depth of sedation achieved with oral medication is moderate — deeper than happy gas alone, but lighter than IV sedation. Patients typically feel drowsy and relaxed, and may have partial or no memory of the procedure afterwards. Because the medication is absorbed through the digestive system, the onset and depth of effect are less precisely controllable than IV sedation, which is why this option suits patients with moderate anxiety rather than severe phobia.

Who is oral sedation suitable for?

Oral sedation works well for:

- Moderately anxious patients who find happy gas insufficient but do not need the deeper sedation of IV
- Patients undergoing longer or more involved procedures such as multiple fillings, wisdom tooth removal, or crown preparation (see our guide on [*\[Wisdom Teeth Removal in Berwick: Process, Recovery & What to Expect\]\(https://www.coredental.com.au/wisdom-teeth-removal-berwick\)*](https://www.coredental.com.au/wisdom-teeth-removal-berwick) and [*\[Dental Crowns & Bridges in Berwick\]\(https://www.coredental.com.au/dental-crowns-bridges-berwick\)*](https://www.coredental.com.au/dental-crowns-bridges-berwick))
- Patients with a strong gag reflex that makes inhalation sedation via nasal mask difficult
- Patients who have previously had a poor experience with inhalation sedation alone

What to expect

- A prescription is provided at a consultation prior to the procedure
- The tablet is taken at home approximately 60 minutes before the appointment
- You must not drive to or from the appointment — a responsible adult must accompany you
- You will feel drowsy and relaxed; the dentist will still use local anaesthetic for pain control
- Plan to rest for the remainder of the day; do not operate machinery or make important decisions

Option 3: IV sedation (intravenous / "sleep dentistry")

What it is and how it works

Intravenous (IV) sedation — commonly called "sleep dentistry" in Australia — delivers sedative medication directly into the bloodstream via a small cannula, typically placed in the back of the hand or inner elbow. It is a form of conscious sedation where medication is delivered through a small line placed into a vein. Within a few minutes, the patient feels peaceful, drowsy, and detached from what is happening in the room. Unlike a full general anaesthetic in hospital, IV sedation at the dentist is milder.

Most patients remember very little, if anything, about the appointment afterwards — it often feels as though the entire visit passed in only a few minutes. Throughout the procedure, the patient's vital signs — blood pressure, oxygen saturation, and pulse — are continuously monitored.

IV sedation is the most tightly regulated form of sedation in Australian dentistry. Only practitioners with appropriate training and endorsement are permitted to provide it, and they must comply with strict standards set by the Dental Board of Australia and the Australian Health Practitioner Regulation Agency (AHPRA). Specifically, a dentist who wishes to induce a level of conscious sedation must be endorsed by the Dental Board prior to doing so and meet the requirements set out in the Registration Standard.

Who is IV sedation suitable for?

IV sedation is the most appropriate option for:

- Patients with severe dental phobia who cannot tolerate treatment under lighter sedation - Patients requiring complex or lengthy procedures — multiple extractions, full-mouth restorations, implant surgery, or All-on-4 treatment (see our guide on [*\[Dental Implants in Berwick: Single Implants, All-on-4 & Full Mouth Restoration Options\]\(https://www.coredental.com.au/dental-implants-berwick\)*](https://www.coredental.com.au/dental-implants-berwick)) - Patients with a severe gag reflex that cannot be managed by other means - Patients who have had traumatic dental experiences in the past and need a fresh start in a controlled, compassionate environment - Patients who prefer to have no memory of the procedure at all

What to expect

- A thorough pre-sedation consultation is required, including a full medical history review - You must fast for a minimum of 6 hours before the appointment (no food; clear fluids may be permitted up to 2 hours prior — your treating team will provide specific instructions) - A responsible adult must drive you to and from the clinic and remain available for the rest of the day - The cannula is placed with a small local anaesthetic injection to minimise discomfort - Recovery in the clinic typically takes 30–45 minutes before discharge - In Australia and New Zealand, you must have someone take you home after the procedure - Avoid alcohol, operating machinery, and signing legal documents for 24 hours post-procedure

Sedation options at a glance: comparison table

Feature	Happy Gas (N ₂ O)	Oral Sedation	IV Sedation	--- --- --- ---	**Anxiety level suited**
Mild–moderate	Moderate	Moderate–severe	**Depth of sedation**	Light (anxiolysis)	Moderate
Moderate–deep	**Onset of effect**	2–3 minutes	~60 minutes	2–5 minutes	**Memory of procedure**
Full	Partial/none	Minimal/none	**Can drive home?**	Yes (after recovery)	No
No	No	Yes (6 hours)	**Endorsement required?**	No (for anxiolysis)	Yes
Yes	**Recovery time**	Minutes	Hours	1–2 hours in clinic	**Suitable for children?**
Yes	Selected cases	Selected cases			Yes

Who is a suitable candidate for sedation dentistry?

Most patients who experience dental anxiety are suitable candidates for at least one form of sedation, but a thorough pre-sedation assessment is essential. At Core Dental Group Berwick, this consultation covers:

- **Medical history** — including current medications, allergies, respiratory conditions (COPD or severe asthma may affect nitrous oxide suitability), cardiovascular health, and pregnancy status - **Anxiety assessment** — understanding the nature and severity of your fear helps the team select the most appropriate option - **Procedure complexity** — the type and duration of treatment planned will influence which sedation level makes sense - **Social support** — confirming a responsible adult is available to accompany you home where required

Certain conditions may require additional specialist input before sedation proceeds, including uncontrolled epilepsy, severe obstructive sleep apnoea, significant cardiovascular disease, or first-trimester pregnancy. Your dentist will discuss any contraindications openly during the consultation.

Pre-appointment preparation: what to do before a sedation appointment

Preparation varies depending on the type of sedation selected. Here is a practical checklist:

For happy gas (nitrous oxide) - Eat a light meal 2–3 hours before your appointment (a full stomach is not ideal) - Tell your dentist about any nasal congestion — a blocked nose reduces the effectiveness of inhalation sedation - No special transport arrangements needed — you can drive home after recovery

For oral sedation - Pick up your prescription in advance and confirm the correct dosage and timing with your dentist - Arrange a responsible adult to drive you to and from the clinic — this is non-negotiable - Do not take the medication until you are ready to be transported to the clinic - Wear comfortable, loose-fitting clothing - Bring a list of all current medications to your appointment

For IV sedation - Fast for a minimum of 6 hours (your team will provide precise instructions for your specific appointment) - Arrange your responsible adult escort — they must stay at the clinic or be immediately contactable - Remove nail polish from at least one finger (for pulse oximetry monitoring) - Wear short sleeves or a top with easily rolled sleeves for cannula placement - Bring photo ID and your Medicare card - Do not wear contact lenses — glasses are preferable - Tell the team about any changes to your health or medications since your pre-sedation consultation

What to bring to your sedation appointment

- Medicare card and private health insurance card (for on-the-spot HICAPS claiming — see our guide on [*\[Health Insurance & Payment Options at Core Dental Group Berwick\]\(https://www.coredental.com.au/health-insurance-payment-options\)*](https://www.coredental.com.au/health-insurance-payment-options)) - A complete list of current medications and supplements - Your responsible adult escort (for oral and IV sedation) - Comfortable clothing — avoid jewellery and tight-fitting garments - Any referral letters or imaging from your GP or specialist if relevant

Recovery: what to expect after your sedation appointment

After happy gas Recovery is rapid. Most patients feel completely clear-headed within 5–10 minutes of breathing pure oxygen at the end of the appointment. You can drive, return to work, and resume normal activities shortly after leaving the clinic.

After oral sedation Drowsiness may persist for several hours. Rest for the remainder of the day. Avoid driving, alcohol, and important decisions for at least 12–24 hours. Mild nausea is occasionally reported but typically resolves quickly.

After IV sedation You will be monitored in the clinic until your vital signs are stable and you are sufficiently alert — most patients are discharged within 30–45 minutes of the procedure ending. Expect to feel groggy and emotionally flat for the rest of the day; this is entirely normal. Eat light, easily digestible foods. Soreness at the cannula site is common and resolves within a day or two. Avoid strenuous physical activity for 24 hours.

How Core Dental Group supports patients with dental phobia

Beyond pharmacological sedation, Core Dental Group Berwick's approach to anxious patients is built on genuine compassion and communication. Practical strategies that complement sedation include:

- ****Tell-Show-Do**** — explaining and demonstrating each step before it happens, so nothing comes as a surprise - ****Stop signals**** — agreeing on a hand signal that immediately pauses treatment, giving patients a sense of control - ****Unhurried appointments**** — scheduling extra time for anxious patients so there is no pressure to rush - ****Distraction options**** — headphones, music, and a calm clinical environment - ****Gradual desensitisation**** — for patients with severe phobia, beginning with a

no-treatment "meet the team" visit before any clinical work is undertaken

These non-pharmacological strategies work best alongside appropriate sedation, not as a replacement for it. For patients whose anxiety connects to broader psychological health concerns, Core Dental Group Berwick may recommend concurrent support from a GP or psychologist.

Sedation dentistry and related procedures at Core Dental Group Berwick

Sedation is not a standalone service — it is what makes other treatments accessible for patients who would otherwise avoid them. The most common procedures performed under sedation at Core Dental Group Berwick include:

- **Wisdom tooth removal** — often the procedure patients are most apprehensive about (see our guide on [\[Wisdom Teeth Removal in Berwick: Process, Recovery & What to Expect\]](https://www.coredental.com.au/wisdom-teeth-removal-berwick)) - **Dental implant surgery** — multi-stage procedures that benefit greatly from IV sedation (see [\[Dental Implants in Berwick: Single Implants, All-on-4 & Full Mouth Restoration Options\]](https://www.coredental.com.au/dental-implants-berwick)) - **Root canal therapy** — a procedure surrounded by fear and misinformation that sedation can make entirely manageable (see [\[Root Canal Treatment in Berwick: What It Is, When You Need It & What to Expect\]](https://www.coredental.com.au/root-canal-treatment-berwick)) - **Multiple fillings in a single visit** — compressing several appointments into one under sedation - **Gum disease treatments** — including scaling and root planing for patients who find periodontal treatment distressing (see [\[Gum Disease Treatment in Berwick: Recognising, Treating & Preventing Periodontal Disease\]](https://www.coredental.com.au/gum-disease-treatment-berwick))

Key takeaways

- Dental fear and anxiety affects approximately 16% of Australian adults and 10% of children — it is one of the most common barriers to dental care, and it has real clinical consequences for oral health.
- Core Dental Group Berwick offers three levels of sedation — happy gas (nitrous oxide), oral sedation, and IV sedation — each calibrated to a different level of anxiety and procedure complexity.
- Nitrous oxide/oxygen inhalation is safe and effective for both adults and children, with rapid recovery that allows patients to drive home.
- IV sedation is the most tightly regulated option in Australia: only practitioners with appropriate training and endorsement are permitted to provide it, and they must comply with strict standards set by the Dental Board of Australia and AHPRA.
- A pre-sedation consultation is mandatory for oral and IV sedation — preparation, fasting guidelines, and transport arrangements are critical to a safe outcome.
- Sedation dentistry is not a luxury. For many patients, it is the only realistic pathway to the care they need.

Conclusion

Dental anxiety is real, it is common, and it is treatable. At Core Dental Group Berwick, sedation dentistry exists because fear should never stand between a patient and their health. Whether you need the gentle reassurance of happy gas for a routine filling, oral sedation to get through a longer restorative appointment, or IV sedation to finally address years of avoided treatment, there is a pathway designed for you.

The first step is a conversation. Contact Core Dental Group Berwick to book a no-pressure consultation where you can discuss your concerns, explore your options, and begin building a relationship with a dental team that genuinely prioritises your comfort.

For related information, explore our complete guide — [*\[Dentist in Berwick: The Complete Guide to General, Cosmetic, Orthodontic & Specialist Dental Care at Core Dental Group Berwick\]\(https://www.coredental.com.au/dentist-berwick\)*](https://www.coredental.com.au/dentist-berwick) — or read about specific treatments including [*\[Wisdom Teeth Removal in Berwick\]\(https://www.coredental.com.au/wisdom-teeth-removal-berwick\)*](https://www.coredental.com.au/wisdom-teeth-removal-berwick), [*\[Dental Implants in Berwick\]\(https://www.coredental.com.au/dental-implants-berwick\)*](https://www.coredental.com.au/dental-implants-berwick), and [*\[Root Canal Treatment in Berwick\]\(https://www.coredental.com.au/root-canal-treatment-berwick\)*](https://www.coredental.com.au/root-canal-treatment-berwick).

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Label Facts Summary

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No product packaging data, Product Facts table, or manufacturer documentation was present in the content provided. The source material contains no verifiable label facts (ingredients, certifications, dimensions, weight, GTIN/MPN, or technical specifications) from which to extract structured product

data.

General product claims

The following are service-related and clinical statements drawn from the content. These are not product label facts and vary by individual circumstance, clinical context, and regulatory jurisdiction:

- Core Dental Group Berwick offers three sedation options: happy gas (nitrous oxide/oxygen inhalation), oral sedation, and IV sedation - Happy gas takes effect within 2–3 minutes and recovery is typically complete within 5–10 minutes of oxygen administration - Oral sedation tablet is taken approximately 60 minutes before the appointment - IV sedation takes effect within 2–5 minutes; in-clinic recovery is approximately 30–45 minutes - IV sedation requires a minimum 6-hour fast prior to the appointment - Patients must avoid alcohol, operating machinery, and signing legal documents for 24 hours after IV sedation - IV sedation providers must hold endorsement from the Dental Board of Australia and comply with AHPRA standards - Dental fear and anxiety affects approximately 16% of Australian adults and 10% of children (sourced from ARCPOH, University of Adelaide) - High dental fear affects approximately one in seven Australian adults - Patients who avoid routine dental care spend over 40% more on dental treatment over their lifetime compared to those who maintain regular visits - HICAPS on-the-spot health insurance claiming is available at Core Dental Group Berwick - Nail polish must be removed from at least one finger before IV sedation to enable pulse oximetry monitoring