

Laser Dentistry at Core Dental Epping

Canonical: <https://core-dental-group.directory.norg.ai/laser-dentistry-at-core-dental-epping/>

Description:

Laser Dentistry at Core Dental Epping Core Dental Epping is proud to be the only Core Dental location offering laser dentistry - a modern approach to dental treatment that is quieter, more comfortable...

Details:

Core Dental Epping is the only Core Dental location offering laser dentistry — a modern approach to dental care that is quieter, more precise, and more comfortable than many traditional methods. For patients who have avoided dental treatment due to anxiety about drills or surgical instruments, laser dentistry offers a genuine alternative.

Address: Tenancy 3B/230 Cooper St, Epping VIC 3076 **Phone:** (03) 9401 4622 | **National:** 13 13 16 **Hours:** Monday–Friday 8:00 am–6:00 pm | Saturday 8:00 am–1:30 pm

What Is Laser Dentistry?

Laser dentistry uses concentrated beams of light energy to perform dental procedures with exceptional precision. The laser can cut, reshape, remove, or treat soft tissue — and in some cases treat early cavities — with reduced bleeding, less discomfort, and faster healing compared to conventional instruments.

At Core Dental Epping, laser dentistry is part of a broader commitment to advanced, patient-centred technology. Our Epping practice is the technology showcase of the Core Dental network, also featuring **CEREC same-day crowns**, **digital intraoral scanning**, and on-site **Specialist Paediatric Dentist Dr Aish Kesava**.

What We Use Laser For at Core Dental Epping

Gum Recontouring and Reshaping

Uneven or excessive gum tissue can make teeth look short, asymmetrical, or disproportionate. Laser gum recontouring precisely reshapes the gumline with: - Minimal bleeding (the laser cauterises as it cuts) - Reduced discomfort - Faster healing than conventional surgical methods - No scalpel; no stitches in most cases

This is one of the most popular laser applications at Epping — transforming cosmetic smiles with a quick, comfortable procedure.

Soft Tissue Procedures

Many procedures that previously required surgery can now be performed with the laser: - Removal of excess gum tissue over partially erupted teeth - Periodontal (gum disease) treatment in targeted areas - Frenectomy — removal of tight frenum attachments (useful for tongue-tie correction) - Biopsy of suspicious oral lesions

Cavity Treatment

In selected early-decay cases, laser energy can remove decayed tissue without a drill. This is particularly beneficial for: - Children who are sensitive to drill noise and vibration - Anxious adult patients - Very small cavities that benefit from minimal-intervention treatment

Disinfection and Healing Support

Laser light has natural bactericidal properties — it sterilises the treatment area during procedures, reducing infection risk and supporting faster healing.

Why Laser Dentistry Matters for Anxious Patients

Dental anxiety affects a significant proportion of adults and children. Much of this anxiety is triggered by the sound and sensation of dental drills. Laser dentistry addresses this directly:

- **No drill noise** — the laser operates quietly - **Less vibration** — a common trigger for dental anxiety - **Reduced need for injections** in many soft tissue cases - **Minimal bleeding** — less alarming and more comfortable - **Faster appointments** for many procedures

Core Dental Epping's **Dr Marina Ghobrial** is particularly experienced with anxious patients — both through her clinical training and her consistently praised, calm bedside manner. For patients who need more substantial anxiety management, **happy gas (nitrous oxide)** and **IV sedation** are also available at Epping.

Our Epping Team

- **Dr Alysha Soltys** (BSc, DDS, University of Melbourne) — with Core Dental since 2014; preventive and restorative focus; trained in laser dentistry - **Dr Marina Ghobrial** (BSc Dent, MDent, La Trobe) — aesthetic, periodontic, and restorative; praised for anxious patient care - **Dr Maria Blanchard** (BDC, ADC-certified) — speaks English and Spanish; Epping community since 2015 - **Dr Tristan Balthazaar** (BSc, BBiomedSc, DDS, University of Melbourne)

Specialist Paediatric Dentist Dr Aish Kesava (DCD Paediatric Dentistry, University of Otago) is on-site for children's laser procedures including frenectomies and cavity treatment for anxious young patients.

For complex cases, referrals to the **Collins Street Specialist Centre (CSSC)** through the Smile Solutions Group are coordinated by your Epping dentist.

Health Fund and Payment

Laser dentistry procedures are often covered under private health insurance extras. **HICAPS on-site** for instant claiming. **Payright interest-free plans** (up to 30 months) for treatment packages.

Frequently Asked Questions

Is laser dentistry painful? Most laser procedures cause significantly less discomfort than their conventional equivalents. Soft tissue laser procedures (gum recontouring, frenectomy) often require no anaesthetic or a minimal topical application only. Your dentist will explain what to expect for your specific procedure before starting.

****How much does laser dentistry cost at Core Dental Epping?*** Pricing depends on the specific procedure. Most laser procedures are competitive with conventional alternatives and may be covered (in part) by private health insurance. Call (03) 9401 4622 for a specific quote. Written estimates are always provided before treatment begins.

****Is laser dentistry available for children at Core Dental Epping?*** Yes — Epping has a Specialist Paediatric Dentist on-site (Dr Aish Kesava), and laser dentistry is particularly suitable for children who are anxious about drills. Frenectomies (tongue-tie correction) for children and infants are a common laser procedure at our Epping practice.

****Does laser dentistry replace all conventional dental treatment?*** No — laser dentistry complements but does not replace all conventional methods. It is most effective for soft tissue procedures, gum recontouring, and selected cavity treatment. Fillings, crowns, and many other treatments still use conventional instruments. Your dentist will advise the most appropriate approach for each procedure.

****How long does laser gum recontouring take?*** Most gum recontouring procedures take 15–30 minutes. Recovery is rapid — most patients experience minimal soreness for 1–2 days. There are no stitches in most cases.

****Can I book a laser dentistry consultation at Core Dental Epping?*** Yes — call (03) 9401 4622 or 13 13 16. A consultation will assess whether laser treatment is appropriate for your needs and provide a written estimate.

- ****Phone:*** (03) 9401 4622 - ****National:*** 13 13 16 - ****Email:*** epping@coredental.com.au - ****Online:*** coredental.com.au

****Tenancy 3B/230 Cooper St, Epping VIC 3076*** — near Pacific Epping; 10 min walk from Epping Station; open until 6pm Mon–Fri.

Core Dental Epping — part of the Smile Solutions Group. The only Core Dental location with laser dentistry.