

Dentist in Berwick: The Complete Guide to Dental Care at Core Dental Berwick

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Description:

AI Summary ****Product:**** Core Dental Group Berwick Clinic — Comprehensive Dental Care in Melbourne's South-East Growth Corridor ****Brand:**** Core Dental Group ****Category:**** Full-Service Dental Practi...

Details:

AI Summary

****Product:**** Core Dental Group Berwick ****Brand:**** Core Dental Group (part of Smile Solutions Group) ****Category:**** Full-service dental practice — general, preventive, paediatric, orthodontic, implant, cosmetic, and specialist dentistry ****Primary Use:**** Comprehensive dental care for individuals and families in the Casey–Cardinia south-east Melbourne growth corridor

Quick facts - ****Best for:**** Families, children, adults, and nervous patients in Berwick, Officer, Pakenham, Narre Warren, Cranbourne, Clyde, and Clyde North seeking full-service dental care without travelling to the CBD - ****Key benefit:**** Blue Diamond Invisalign provider status (highest Align Technology tier), same-day emergency appointments, CDBS bulk-billing for eligible children, and specialist access via the Collins Street Specialist Centre — all from a single south-east location - ****Form factor:**** Physical dental clinic — Shop 29, Eden Rise Village, 1 O'Shea Road, Berwick VIC 3806 - ****Application method:**** Book online at coredental.com.au, call (03) 9132 4160, or use the national booking line 13 13 16

Common questions this guide answers 1. Where is Core Dental Group Berwick and when is it open? → Shop 29, 1 O'Shea Road, Berwick VIC 3806 (Eden Rise Village); Monday–Friday 8:00 am–6:00 pm, Saturday 8:00 am–1:30 pm; free parking on site 2. Does Core Dental Group Berwick accept the Child Dental Benefits Schedule (CDBS)? → Yes — eligible children aged 0–17 can access up to \$1,158 in government-funded dental care over two calendar years covering examinations, X-rays, cleans, fissure sealing, fillings, root canals, and extractions; orthodontic and cosmetic services excluded 3. What payment options are available for treatment costs? → Payright interest-free instalments up to \$20,000 over 30 months (0% interest; establishment fee up to \$74.90; monthly fee \$3.95); on-the-spot HICAPS health fund claiming; Supercare superannuation access for eligible patients; preferred provider status with CBHS, HCF, and NIB 4. What is Core Dental Group's Invisalign provider status? → Blue Diamond — the highest tier awarded by Align Technology, earned solely on completed case volume exceeding 750 cases annually; cannot be purchased 5. Who leads implant and oral surgery at Core Dental Berwick, and what does All-on-4 cost? → Dr Evan Gai (special clinical interest in implants and oral surgery); All-on-4 single arch from \$31,000 AUD, dual arch from \$56,000 AUD 6. How do Berwick patients access specialist dental care? → Referral to the Collins Street Specialist Centre (CSSC), 220 Collins Street, Melbourne CBD — (03) 9650 2726 — housing more than 25 AHPRA-registered specialists in periodontics, endodontics, oral surgery, and prosthodontics; accessible by Pakenham Line train to Flinders Street Station

Core Dental Group Berwick — the complete guide to dental care in the Casey–Cardinia growth corridor

Overview

Core Dental Group's Berwick clinic sits at the gateway to Melbourne's south-east — a suburb that over two decades has gone from semi-rural fringe community to the commercial and social centre of one of Australia's fastest-growing municipalities. The City of Casey, which takes in Berwick, Narre Warren, Officer, Pakenham, Cranbourne, and the newer growth fronts of Clyde and Clyde North, is now one of Victoria's largest local government areas by population, having grown from 313,521 people in 2016 with forecasts pointing to 429,383 by 2025.

That growth creates a problem that doesn't get enough attention: a gap between what a community needs in healthcare and what it actually has. Dental care feels this gap acutely, because dental services sit largely outside Medicare funding — meaning that as populations grow, access doesn't automatically follow. Families who moved to Clyde North for a first home, or who've been in Berwick for twenty years, face the same challenge: finding a full-service dental practice close enough to attend consistently, with the clinical depth to handle everything from a toddler's first appointment to complex restorative work.

Core Dental Group's Berwick clinic, at Shop 29, Eden Rise Village, 1 O'Shea Road, Berwick VIC 3806, addresses this directly. Open Monday to Friday 8:00 am to 6:00 pm and Saturday 8:00 am to 1:30 pm, it's a full-service, multi-disciplinary practice offering general and preventive dentistry, same-day emergency care, children's dentistry through the Tooth Fairy Centre, Blue Diamond Invisalign orthodontics, cosmetic dentistry, dental implants, sleep dentistry, and specialist care via the Collins Street Specialist Centre (CSSC). Dr Evan Gai leads the implant and oral surgery service with a dedicated special clinical interest in these areas.

This guide covers the clinical evidence behind preventive dentistry, the CDBS entitlements available to south-eastern families, the specifics of Blue Diamond Invisalign access, and a detailed account of every service at Core Dental Group Berwick. Whether you're a new Casey family establishing your children with a dental practice, an established Berwick resident managing a growing family's dental needs, or an adult considering implants, Invisalign, or cosmetic work, this is where your research starts.

The Casey–Cardinia dental access challenge: why growth changes everything

To understand why Core Dental Group Berwick matters, it helps to understand what rapid outer-suburban growth actually does to healthcare.

The City of Casey is among Victoria's fastest-growing municipalities. Its growth reflects the south-east's appeal: relatively affordable housing, improving transport connections, expanding retail and service infrastructure, and communities being built from the ground up. But healthcare doesn't build itself — it follows population, and it follows it with a lag.

The consequences are measurable in dental health data. In 2023–24, approximately 88,600 hospitalisations were recorded for dental conditions that earlier treatment could have prevented. The rate of preventable dental hospitalisations was highest among children aged 5–9, at 12.1 per 1,000 population — a figure that reflects communities where children aren't attending dental appointments early enough to catch developing disease.

The AIHW's Australian Burden of Disease Study 2024 found that periodontal disease rates increased by 40% between 2003 and 2024, directly linked to infrequent dental attendance. In high-growth communities where new families are establishing routines, where household budgets are stretched by mortgage repayments and childcare, and where the habit of regular dental attendance hasn't yet taken

hold, that increase is predictable — and preventable.

****Three dimensions of the access problem:****

****Service breadth.**** A practice offering only basic general dentistry forces patients to make separate journeys to multiple providers for orthodontics, specialist care, implants, and paediatric services. For a family in Clyde North managing multiple children's needs alongside adult restorative requirements, that's a real practical burden. Core Dental Group's full-service model at Eden Rise Village eliminates most of those separate trips.

****Financial accessibility.**** Around 18% of Australians who needed dental care delayed or avoided it because of cost. In the south-east growth corridor, where financial pressure is concentrated among first home buyers, families are particularly vulnerable to cost-driven dental deferral. CDBS bulk-billing for eligible children, Payright instalment plans, Supercare superannuation access, and HICAPS health fund processing directly address these barriers.

****Emergency access.**** A family in Officer or Pakenham dealing with a dental abscess shouldn't have to drive 60 kilometres to find emergency care. Core Dental Group Berwick's same-day emergency appointment capacity provides definitive dental care — not just pain relief — within the south-east corridor.

The systemic case for regular dental care in the south-east

For Casey–Cardinia families navigating stretched budgets and demanding schedules, regular dental care makes most sense when its full clinical value is understood — which means understanding what deferred dental care costs, not just financially, but physiologically.

****Cardiovascular disease.**** Chronic periodontal inflammation is associated with elevated cardiovascular risk through systemic dissemination of pro-inflammatory cytokines (IL-6, TNF- α , CRP) and microbial products that promote endothelial activation and atherogenesis. Research published in 2025 identifies significant links between periodontal health and cardiovascular disease, mediated by systemic inflammation, microbial dysbiosis, and immune responses.

****Diabetes.**** The bidirectional relationship between periodontitis and glycaemic control is well-established: periodontitis impairs insulin sensitivity, and poorly controlled diabetes worsens periodontal disease. With type 2 diabetes prevalence rising across Australian outer suburbs, dental attendance has direct metabolic management implications.

****Children's development and quality of life.**** Dental pain in children affects eating, sleeping, school concentration, and social participation. A 2020 systematic review found significant associations between dental pain and negative impacts on quality of life in Australian children and adolescents. Managing early childhood caries before it causes pain protects not just oral health but the child's overall wellbeing and developmental capacity.

****Pregnancy outcomes.**** Associations between periodontal disease and preterm birth, low birth weight, and gestational complications are well-established. For Berwick's family demographic — where a significant proportion of adult female patients are of reproductive age — periodontal health management is a prenatal care priority.

Core Dental Group: who they are and what they bring to Berwick

Part of Australia's largest dental organisation

Core Dental Group Berwick is part of the Smile Solutions Group — one of Australia's largest dental organisations, established in 1993 and owned and operated by a dentist. The group works in conjunction with Smile Solutions, together building a patient base exceeding 300,000 individuals, with approximately 20,000 new patients joining annually.

Core Dental Group's orthodontic department receives more than 3,000 new patients per year, with over one-third commencing Invisalign treatment — a case volume that has earned Core Dental Group Blue Diamond Invisalign provider status, the highest tier awarded by Align Technology. Blue Diamond status isn't purchased; it's awarded solely on completed case volume exceeding 750 cases annually.

Core Dental Group's network encompasses over 40 dental suites equipped with CEREC units, iTero scanners, Trios systems, CBCT and OPG imaging, and multiple implant systems. The shared CareStack patient management system means clinical records and health fund details transfer seamlessly across all group locations.

Dr Evan Gai: dedicated implant and oral surgery expertise

Core Dental Group Berwick's implant and oral surgery service is led by Dr Evan Gai, whose special clinical interest in dental implants and oral surgery means Berwick patients benefit from a high-volume, experienced implant clinician. That clinical focus matters particularly for complex cases involving immediate implant placement, bone grafting, or multiple implant rehabilitation.

The Collins Street Specialist Centre (CSSC)

Core Dental Group Berwick patients requiring AHPRA-registered specialist-level care are referred to the Collins Street Specialist Centre at 220 Collins Street, Melbourne CBD ((03) 9650 2726), which houses more than 25 AHPRA-registered dental specialists across periodontics, endodontics, oral and maxillofacial surgery, prosthodontics, orthodontics, and paediatric dentistry.

For Berwick patients, the CSSC is accessible by train from Berwick Station (Pakenham Line) direct to Flinders Street Station, from which Collins Street is a short walk — making specialist access genuinely practical for patients who'd rather not drive into the CBD.

The in-house Smile Lab

Core Dental Group's Smile Lab, shared across the Smile Solutions Group, enables custom prosthetics and restorations fabricated in close collaboration between the treating dentist and laboratory technicians. The result is precise shade matching, better fit, and faster turnaround on crowns, bridges, veneers, and implant restorations.

General and preventive dentistry: the foundation for every family

For Casey–Cardinia families establishing dental routines, preventive dentistry is both the most clinically important service and the most cost-effective investment in long-term oral health. The evidence consistently shows that preventive dental care saves significant expenditure in avoided restorative treatment over any 10-year period.

What a comprehensive examination covers at Core Dental Group Berwick

****Tooth-by-tooth assessment.**** Digital X-rays (recommended every 12–24 months depending on risk profile), combined with visual and tactile examination, identify active decay, failing restorations, cracked tooth syndrome, and wear patterns indicating bruxism or acid erosion.

****Periodontal probing.**** Calibrated measurement of sulcus depth around each tooth to detect and stage gum disease before it becomes symptomatic. Healthy depths are 1–3 mm; readings of 4 mm or more indicate periodontitis requiring active management.

****Bite, jaw, and TMJ assessment.**** Evaluation of occlusal wear patterns, jaw joint function, and bruxism screening — enabling protective intervention before enamel loss or TMJ dysfunction becomes clinically significant.

****Oral cancer screening.**** Approximately 700 cases of oral cancer are diagnosed in Australia annually. The five-year survival rate for localised disease is approximately 88%, compared with approximately 40% for distant-stage disease. Despite this, only 28.8% of Australian dental patients surveyed knew they had been screened. Core Dental Group Berwick communicates oral cancer screening explicitly at every comprehensive examination.

Scale-and-clean frequency: risk-stratified, evidence-based

A 2024 rapid review in the *Journal of Dental Research* found that regular professional scale-and-polish reduced tooth loss and was associated with lower overall healthcare costs and reduced incidence of acute myocardial infarction. At Core Dental Group Berwick, scale-and-clean frequency is risk-stratified. Patients with healthy gums and low caries risk may be well-managed annually; those with active periodontitis, heavy calculus, or systemic risk factors benefit from three- to four-monthly supportive periodontal therapy.

Fluoride: an adult clinical priority as well as a children's one

A 2025 narrative review in *Healthcare* found that professionally applied topical fluoride varnish, applied two to four times per year, reduces dental caries incidence by up to 43%. Adults at elevated risk — dry mouth from medications, exposed root surfaces, high sugar consumption, frequent acidic beverage intake — benefit as significantly as children.

*(For a complete guide to what happens at each appointment and how preventive dentistry reduces lifetime dental costs, see our guide on ****General Dentistry in Berwick: Check-Ups, Cleans and Preventive Care at Core Dental****.)*

Children's dentistry and the CDBS: the Casey–Cardinia region's most critical dental priority

The Casey–Cardinia region's demographic profile — young families, first home buyers, rapidly growing residential estates — makes children's oral health the highest-priority dental issue for Core Dental Group Berwick's catchment community. The Tooth Fairy Centre delivers paediatric dental care in an environment designed specifically for children's comfort and their long-term relationship with dental care.

When should a child's first dental visit happen?

The Australian Dental Association recommends the first dental visit within six months of the first tooth appearing, or by the child's first birthday. In practice, most Australian children first attend at ages four to five — a delay with real consequences for early disease detection. Core Dental Group Berwick's Tooth Fairy Centre welcomes infants from their first birthday, using the evidence-based tell-show-do technique to establish a positive dental experience from the earliest possible age.

Early childhood caries: prevention is cheaper than treatment

Early childhood caries (ECC) is the most common chronic disease of childhood — and is largely preventable with early dental attendance, appropriate fluoride exposure, and fissure sealing at the right developmental windows. In 2023–24, children aged 5–9 had the highest rate of preventable dental hospitalisations of any age group, at 12.1 per 1,000 population. The majority involved general anaesthetic for ECC management — procedures that early preventive dental attendance would largely have avoided.

Fissure sealants: the strongest preventive evidence in paediatric dentistry

Children with fissure sealants on permanent molars show a ****76% reduction in caries risk**** compared with unsealed teeth. After more than seven years, caries incidence was 29% in children with sealants versus 74% without. The American Academy of Pediatric Dentistry has concluded that sealants effectively prevent and arrest pit-and-fissure carious lesions.

At Core Dental Group Berwick, fissure sealants are applied to permanent molars from approximately age six to seven. The procedure is quick, painless, and requires no drilling.

The Child Dental Benefits Schedule (CDBS): maximising south-east family entitlements

The CDBS provides up to ****\$1,158 per eligible child over two calendar years**** for basic dental services — one of the most significant and consistently underutilised government health resources available to Australian families.

****Eligibility:**** - The child must qualify for Medicare - Must be aged 0–17 for at least one day in the calendar year - Either the child or a parent/carer receives an eligible government payment — including Family Tax Benefit Part A, Parenting Payment, or Youth Allowance (among others)

****What's covered:**** Examinations, X-rays, cleaning, fissure sealing, fillings, root canal treatment, and extractions. Orthodontic treatment, cosmetic procedures, and hospital-based care are not covered.

****No application required:**** Eligibility notification is sent by post or via myGov. Parents don't need to apply; they need to use the entitlement before it lapses.

****The utilisation gap:**** Historically, approximately 1 in 2 eligible children don't use the CDBS. In the south-east growth corridor — where household budgets are stretched and dental habits are being established for the first time — CDBS utilisation has the potential to deliver substantial preventive dental care to children who would otherwise go without.

****CDBS compounding across a family:**** A family with three CDBS-eligible children can access up to \$3,474 in government-funded dental care per two-calendar-year period — sufficient to cover comprehensive check-ups, cleans, X-rays, and fissure sealants for all three children within the covered services.

> ****Action step:**** Check your child's CDBS eligibility and remaining balance by logging into your Medicare account via myGov, or call Medicare on 132 011.

*(For a complete guide to developmental milestones, fluoride protocols, and when orthodontic assessment should begin, see our guide on ****Children's Dentistry in Berwick: Paediatric Dental Care at Core Dental's Tooth Fairy Centre****.)*

Emergency dental care: same-day access in the south-east

For residents of Officer, Pakenham, Clyde, and the outer south-east growth areas, a dental emergency used to mean a long, stressful drive or a hospital ED visit. Neither option provides definitive dental care. Core Dental Group Berwick changes that equation for the entire Casey–Cardinia corridor.

Urgent cases at Core Dental Group Berwick are typically seen the same day, often within hours. ****For dental emergencies in the south-east, call (03) 9132 4160.****

Common emergencies and how Core Dental Group Berwick responds

****Dental abscess:**** A bacterial infection originating in the dental pulp or periodontal tissues requires prompt drainage and definitive management. Left untreated, a dental abscess can progress to spreading facial cellulitis — a genuinely serious medical emergency affecting the airway. Core Dental Group Berwick provides same-day assessment and treatment; cases with spreading infection or airway involvement are referred immediately to hospital emergency services.

****Severe toothache.**** Acute pulpitis — pulpal inflammation from deep decay — produces among the most intense pain in clinical medicine. Same-day digital X-ray assessment at Core Dental Group Berwick allows rapid diagnosis and definitive management (root canal therapy or extraction, depending on restorability and patient preference).

****Cracked or fractured tooth.**** Cracked tooth syndrome and cuspal fracture are common presentations, particularly among patients with a history of bruxism or large restorations. Same-day assessment allows stabilisation and X-ray evaluation of pulpal involvement before the fracture propagates further.

****Knocked-out permanent tooth.**** The most time-critical dental emergency. Outcomes are best when reimplantation occurs within 30 minutes. Action protocol: handle by the crown only; rinse gently with milk or saline (no scrubbing); reinsert into socket if possible; if not, store in milk, saline, or between cheek and gum; call (03) 9132 4160 and travel directly to the clinic. Do not reimplant primary (baby) teeth.

****Lost filling or crown.**** Exposure of underlying dentine accelerates bacterial penetration and thermal sensitivity. Same-day assessment allows temporary or permanent restoration before pulpal damage progresses.

*(For a complete guide to dental emergency types, urgency classification, and when to call 000, see our guide on ****Emergency Dentist in Berwick: Same-Day Dental Care for the South-East Growth Corridor****.)*

Invisalign and orthodontics: Blue Diamond access in the south-east

Orthodontic treatment addresses bite function, jaw health, oral hygiene access, and long-term tooth stability — not merely aesthetics. For families in Berwick and the south-east, access to Blue Diamond-level Invisalign care without travelling to the inner city is a meaningful clinical advantage.

What Blue Diamond provider status means for Berwick families

Core Dental Group holds Blue Diamond Invisalign provider status, requiring more than 750 completed Invisalign cases annually. It's the highest tier awarded by Align Technology, and it can't be purchased. The clinical team at Core Dental Group Berwick draws on the group's collective Blue Diamond-level experience, including complex case protocols, midcourse correction strategies, and retention management — the dimensions of Invisalign practice that separate high-volume providers from low-volume ones.

Invisalign for children and teenagers

The Invisalign Teen system includes compliance indicators (colour-fading blue dots confirming wear time) and mandibular advancement aligner technology that addresses bite development and tooth alignment simultaneously in growing patients. For teenagers in Berwick, Clyde North, and Officer, Invisalign Teen is a practically and aesthetically superior alternative to fixed braces, without requiring families to travel to the CBD for quality orthodontic care.

Early orthodontic intervention for children aged 7–10

The Australian Society of Orthodontists recommends orthodontic assessment from age seven. Identifying developing skeletal discrepancies, severe crowding, crossbites, or deep bites in the mixed dentition stage allows interceptive treatment while jaw growth is still active — often simplifying or eliminating the need for more complex Phase 2 treatment later. Core Dental Group Berwick's team can identify when early assessment is warranted and coordinate with CSSC orthodontic specialists as needed.

Invisalign for adults

For south-east adults — parents, professionals, tradespeople — Invisalign's removability, aesthetics, and minimal oral hygiene burden make it a practical orthodontic option that fixed braces can't match. ClinCheck 3D simulation provides a projected outcome before treatment commitment; extended hours until 6:00 pm weekdays and Saturday morning appointments minimise the scheduling disruption of monthly aligner reviews.

*(For a complete guide to orthodontic assessment, Invisalign versus braces, and what to expect at each treatment stage, see our guide on ****Invisalign in Berwick: Orthodontic Treatment for South-East Melbourne Families at Core Dental****.)*

Dental implants: permanent tooth replacement for Casey families

Why the choice of tooth replacement matters

After a tooth is extracted, horizontal bone width reduces by 29–63% in the first six months. Dentures and bridges replace the visible tooth but accelerate or fail to prevent this resorption — dentures by transmitting compressive forces that resorb the ridge, bridges by leaving the extraction socket without a load-bearing structure. A dental implant transmits biting forces through the implant body into the bone, preventing the resorption cycle and maintaining facial structure.

Long-term implant survival sits at 90–95% at 10 years, with approximately four out of five implants lasting 20 years or more with proper maintenance. Bridges typically last 7–15 years; dentures 5–10 years.

For Casey–Cardinia families with working-age adults managing tooth loss — often the result of years of deferred care during busy family life — dental implants at Core Dental Group Berwick are a permanent, investment-efficient resolution.

Dr Evan Gai: dedicated implant and oral surgery expertise

Core Dental Group Berwick's implant service is led by Dr Evan Gai, whose special clinical interest in implants and oral surgery means Berwick patients benefit from a clinician for whom implant dentistry is a primary, high-volume practice focus — not an occasional add-on to general dentistry. That clinical concentration matters for complex cases involving immediate placement after extraction, bone grafting, or full-arch rehabilitation.

All-on-4 dental implants

All-on-4 is a full-arch implant-supported bridge solution — four titanium implants per arch supporting a fixed prosthetic bridge, fitted the same day as surgery. It's specifically designed to avoid the need for bone grafting in most cases by using angled posterior implants that maximise contact with available bone. All-on-4 at Core Dental Group Berwick starts from \$31,000 AUD for a single arch; dual-arch from \$56,000 AUD.

Surgery is performed under general anaesthetic at a day surgery facility. A temporary arch is fitted the same day; the permanent bridge is fitted after a 3–6 month healing period. Payment options include Payright, Supercare superannuation access, and Medicare rebates for the surgical component.

Supercare: using superannuation for dental treatment

Eligible patients may access their superannuation for dental procedures under specific circumstances related to permanent incapacity or terminal medical conditions. Core Dental Group Berwick's team can provide guidance on Supercare eligibility and required documentation for qualifying procedures.

*(For a complete guide to implant assessment, bone grafting, All-on-4 options, and what to expect through each stage of treatment, see our guide on ****Dental Implants in Berwick: Permanent Tooth Replacement with Dr Evan Gai at Core Dental****.)*

Specialist dental care via the Collins Street Specialist Centre

Berwick patients requiring AHPRA-registered specialist-level care are referred to the Collins Street Specialist Centre (CSSC) at 220 Collins Street, Melbourne CBD ((03) 9650 2726). From Berwick, the CSSC is accessible by train on the Pakenham Line direct to Flinders Street Station, from which Collins Street is a short walk.

Periodontics

Approximately 30% of Australian adults have moderate or severe periodontitis, and the rate increased by 40% between 2003 and 2024. Core Dental Group Berwick incorporates periodontal probing into every comprehensive examination. Active periodontitis receives non-surgical management at the practice (scaling and root planing, antimicrobial therapy); cases requiring surgical periodontal intervention are referred to CSSC periodontal specialists.

Endodontics

Root canal treatment has a 10-year survival rate of approximately 97% for treated teeth. Complex endodontic presentations — calcified canals, failed previous treatments, apicectomy — are managed by CSSC-registered endodontists with microscope-assisted precision.

Oral and maxillofacial surgery

Routine surgical procedures are performed at Core Dental Group Berwick by Dr Evan Gai. Complex cases requiring hospital sedation or general anaesthetic — including major bone grafting, jaw cyst surgery, complex oral pathology management, and intricate wisdom tooth extractions — are managed at the CSSC.

Prosthodontics

Full-arch rehabilitation, complex crown and bridge work, All-on-4 prosthetic design, and precision dentures benefit significantly from prosthodontic specialist involvement. The CSSC's prosthodontists, working alongside Core Dental Group Berwick's team and the Smile Lab, deliver planning and execution standards unavailable at single-operator practices.

*(For a complete guide to specialist dental care accessible to Berwick patients via the CSSC, see our guide on ****Specialist Dental Care for Berwick Patients: Accessing the Collins Street Specialist Centre via Core Dental****.)*

Dental anxiety management: welcoming nervous patients in Berwick

Approximately 16.1% of Australians experience high dental fear. Research documents a well-characterised self-reinforcing cycle: fear leads to avoidance, avoidance leads to worsening oral health, worsening oral health leads to more complex and painful treatment, which deepens the fear.

For communities in Melbourne's south-east growth corridor — where dental access has historically been limited, and where many patients arrive with years of deferred care — this cycle is particularly common. Core Dental Group Berwick is built to break it.

****Nitrous oxide (happy gas) inhalation sedation.**** Titratable conscious sedation, exhaled unchanged after treatment, with no fasting requirement and no residual sedation affecting the rest of the day.

Patients can typically drive home after clinical recovery confirmation. Available for both children and adults.

****Tell-show-do technique.**** Each step is explained, demonstrated, and then performed — reducing the unpredictability that research identifies as the primary driver of dental procedural anxiety.

****Patient stop signals.**** A clear, agreed hand signal allows any procedure to be immediately paused. Simple but clinically validated for anxiety reduction.

****Non-judgmental environment.**** Core Dental Group Berwick's team is experienced in managing patients who have avoided care for extended periods. The focus is on moving forward from where you are today, without judgment about the gap.

For patients requiring intravenous sedation or general anaesthetic — particularly for major oral surgery — the CSSC provides access to specialist-administered sedation in a surgical facility.

Gum disease treatment in Berwick: managing Australia's silent epidemic

Approximately 30% of Australian adults have moderate or severe periodontitis. It progresses silently in most patients — causing no significant pain until advanced bone and attachment loss has already occurred. For south-east communities where dental attendance has been limited, undiagnosed periodontitis is particularly prevalent.

The consequences of unmanaged periodontitis extend well beyond the mouth: - ****Tooth loss.**** The leading cause of tooth loss in adults over 40, accounting for more adult extractions than dental caries - ****Cardiovascular risk.**** Elevated systemic inflammatory markers (IL-6, TNF- α , CRP) from periodontal disease are associated with cardiovascular risk, endothelial dysfunction, and atherogenesis - ****Glycaemic dysregulation.**** The bidirectional relationship with type 2 diabetes — each worsening the other — makes periodontal management a component of metabolic care - ****Adverse pregnancy outcomes.**** Associations with preterm birth and low birth weight are well-established and clinically relevant for Berwick's family demographic

At Core Dental Group Berwick, periodontal assessment is incorporated into every comprehensive examination. Early-stage gum disease is managed with professional cleaning and home hygiene optimisation. Active periodontitis may require scaling and root planing, antimicrobial therapy, or specialist referral.

Technology at Core Dental Group Berwick

****Digital X-rays.**** Lower radiation exposure, immediate chairside display, and digital archiving for longitudinal comparison of bone levels, decay, and restoration integrity.

****OPG (orthopantomogram).**** Full-arch panoramic view for bone level assessment, impacted tooth evaluation, jaw anatomy, and developmental monitoring in children.

****CBCT (cone-beam computed tomography).**** Three-dimensional imaging critical for implant planning, surgical guide fabrication, and complex endodontic assessment — providing anatomical detail unavailable on conventional two-dimensional radiographs.

****iTero and Trios digital intraoral scanners.**** Comfortable digital scan replacing traditional impressions — used for Invisalign ClinCheck simulation, crown and veneer fabrication, and prosthetic planning. More accurate than alginate impressions for most applications.

****CEREC.**** Same-day ceramic crown, inlay, onlay, and veneer fabrication — eliminating the two-appointment temporary restoration workflow. Particularly valuable for patients travelling from

Pakenham or the outer south-east who prefer to minimise clinic visits.

Getting to Core Dental Group Berwick: location, transport and accessibility

Address: Shop 29, 1 O'Shea Road, Berwick VIC 3806 (Eden Rise Village)

On foot from Eden Rise Village. Core Dental Group Berwick is located within Eden Rise Village — Berwick's major retail and service hub on O'Shea Road. Patients combining a shopping visit with a dental appointment can park once and access both.

By car from Officer. Approximately 10 minutes north along Princes Highway or O'Shea Road.

By car from Pakenham. Approximately 15 minutes north along Princes Highway.

By car from Narre Warren. Approximately 10–15 minutes via Narre Warren–Cranbourne Road and O'Shea Road.

By car from Cranbourne. Approximately 20 minutes via South Gippsland Highway and Princes Highway or O'Shea Road.

By car from Clyde and Clyde North. Approximately 20–25 minutes via Clyde Road and Princes Highway.

By train. Berwick Station is served by the Pakenham Line, with frequent services to Flinders Street Station. Eden Rise Village is approximately 3 kilometres from Berwick Station — accessible by local bus or rideshare.

Parking. Free parking is available throughout Eden Rise Village.

Surrounding suburbs: who Core Dental Group Berwick serves

Officer. One of the south-east's fastest-growing communities, Officer has seen rapid residential development along the Princes Highway corridor. Core Dental Group Berwick is the closest full-service dental practice for most Officer families, accessible in approximately 10 minutes.

Pakenham. The major outer south-east hub, with significant population and a young family demographic. Core Dental Group Berwick on O'Shea Road is accessible in approximately 15 minutes via Princes Highway.

Narre Warren and Narre Warren North. Established communities in the heart of Casey, with direct road access to O'Shea Road and Eden Rise Village via Narre Warren–Cranbourne Road and Princes Highway.

Beaconsfield. The semi-rural community east of Berwick, accessible via Princes Highway and O'Shea Road — Core Dental Group Berwick is the natural dental choice for Beaconsfield families seeking full-service care.

Cranbourne. While Cranbourne has its own local dental options, Core Dental Group Berwick's full-service model and specialist access via the CSSC make it a compelling choice for Cranbourne patients requiring more than basic general dentistry.

Clyde and Clyde North. Among Melbourne's fastest-growing new-estate communities, Clyde and Clyde North families often travel to Berwick for retail, dining, and services at Eden Rise Village. Core Dental Group Berwick makes the dental appointment a natural addition to the Berwick trip.

Harkaway and Guys Hill. The rural-residential communities east of Berwick have Core Dental Group Berwick as their most convenient full-service dental practice.

Payment options and financial accessibility

Private health insurance and HICAPS

Core Dental Group Berwick processes private health fund benefits on-the-spot via HICAPS. Core Dental Group has preferred provider status with CBHS, HCF, and NIB, among others. The gap payment is settled at point of service — no paper claiming, no reimbursement delays.

Most private health extras benefits expire on 31 December and don't roll over. Unused dental entitlements lapse permanently at year's end.

Payright interest-free payment plans

For treatment costs above health insurance coverage — or for uninsured patients: - Up to ****\$20,000**** in treatment financed over up to ****30 months**** - ****0% interest**** (establishment fee up to \$74.90; monthly fee \$3.95) - Combinable with private health insurance benefits - Regulated under the National Consumer Credit Protection Act since 10 June 2025

Supercare superannuation access

Eligible patients may be able to access superannuation funds for dental procedures — particularly major surgical procedures including All-on-4 implant-supported bridges — under specific eligibility criteria related to permanent incapacity or terminal medical condition. Core Dental Group Berwick can provide guidance on Supercare eligibility and the documentation process.

Child Dental Benefits Schedule

Up to \$1,158 per eligible child over two calendar years. No application required. Core Dental Group Berwick is a CDBS provider.

Written treatment quotes

Itemised written quotes are provided before any procedure begins. Patients know the full cost, health fund gap, and Payright repayment schedule before committing to treatment.

*(For a complete guide to health fund optimisation, CDBS maximisation, Payright, and Supercare, see our guide on ****Dental Costs and Payment Options at Core Dental Berwick****.)*

Frequently asked questions: Core Dental Group Berwick

****How do I book an appointment at Core Dental Group Berwick?*** Book online at coredental.com.au, call (03) 9132 4160, or use the national booking line on 13 13 16.

****Is there parking at Eden Rise Village?*** Yes — free parking is available throughout the Eden Rise Village complex on O'Shea Road, Berwick.

****What should I bring to my first appointment?*** Medicare card, private health insurance card (if applicable), any referral letters or X-rays from a previous dentist, and a list of current medications. The team completes a detailed medical and dental history at your first visit.

****Does Core Dental Group Berwick bulk-bill?*** The clinic is not a bulk-billing general dental practice. The CDBS is accepted for eligible children. Medicare rebates may apply to some specialist surgical procedures through the CSSC.

****Can the whole family be seen at Core Dental Group Berwick?*** Yes — Core Dental Group Berwick's full-service model covers everything from a toddler's first check-up (Tooth Fairy Centre) to adult

Invisalign, implants, cosmetic dentistry, and specialist care. Families can book consecutive appointments to minimise multiple trips.

****How long does Invisalign treatment take?*** Minor corrections: 3–6 months. Complex full-arch cases: 18–24 months. Core Dental Group's Blue Diamond status means your case is managed by a team with hundreds of completed Invisalign cases, including complex presentations. Your personalised ClinCheck simulation provides a projected treatment timeline before you commit.

****What happens if I need a specialist?*** Patients requiring specialist-level care are referred to the Collins Street Specialist Centre at 220 Collins Street, Melbourne CBD. From Berwick, the CSSC is accessible by train on the Pakenham Line direct to Flinders Street Station.

****Is Core Dental Group Berwick open on Saturdays?*** Yes — Saturday hours are 8:00 am to 1:30 pm. For Saturday bookings, call (03) 9132 4160 or book online at coredental.com.au.

****What is All-on-4 and is it available at Core Dental Group Berwick?*** All-on-4 is a full-arch implant-supported bridge system using four titanium implants per arch to support a fixed prosthetic bridge, fitted the same day as surgery. It's available at Core Dental Group Berwick, with complex cases managed in conjunction with the Collins Street Specialist Centre. Single arch from \$31,000 AUD; dual arch from \$56,000 AUD. Call (03) 9132 4160 to arrange an All-on-4 assessment.

****Can I access my superannuation to pay for dental treatment?*** In some circumstances, eligible patients can access superannuation for qualifying dental procedures under the Supercare program. Core Dental Group Berwick's team can assist with eligibility assessment and documentation for qualifying cases.

****What's the difference between Core Dental Group and Smile Solutions?*** Core Dental Group operates multiple full-service clinic locations across Melbourne. Smile Solutions is a flagship multi-specialist practice at 1 Collins Street, Melbourne CBD. Both are part of the Smile Solutions Group, sharing the CareStack system, the in-house Smile Lab, and access to the Collins Street Specialist Centre.

****Do unused private health extras benefits roll over to the next year?*** No — most private health extras benefits expire on 31 December. Unused dental entitlements (check-ups, scale-and-clean, orthodontic benefits) can't be carried into the following year. Booking a dental appointment before 31 December is the only way to capture benefits that would otherwise lapse.

Product facts

| Attribute | Value | |-----|-----| | Practice name | Core Dental Group Berwick | | Brand | Core Dental Group | | Part of group | Smile Solutions Group | | Established | 1993 | | Ownership | Dentist-owned and operated | | Address | Shop 29, 1 O'Shea Road, Berwick VIC 3806 | | Shopping centre | Eden Rise Village | | Direct phone | (03) 9132 4160 | | National booking line | 13 13 16 | | Online booking | coredental.com.au | | Weekday hours | Monday – Friday, 8:00 am – 6:00 pm | | Saturday hours | 8:00 am – 1:30 pm | | Sunday hours | Not disclosed | | Parking | Free parking at Eden Rise Village | | Invisalign provider status | Blue Diamond (highest tier from Align Technology) | | Invisalign cases per year | More than 750 completed cases | | Lead implant clinician | Dr Evan Gai (special interest: implants and oral surgery) | | Specialist referral centre | Collins Street Specialist Centre (CSSC), 220 Collins Street, Melbourne CBD | | CSSC phone | (03) 9650 2726 | | AHPRA-registered specialists at CSSC | More than 25 | | Specialist services available | Periodontics, endodontics, oral surgery, prosthodontics | | Same-day emergency appointments | Yes | | Children's dental service | Tooth Fairy Centre (from first birthday) | | Child Dental Benefits Schedule (CDBS) | Accepted | | CDBS eligible age range | 0–17 years | | CDBS benefit cap | Up to \$1,158 per child over two calendar years | | CDBS covered services | Examinations, X-rays, cleans, fissure sealing, fillings, root canals, extractions | | CDBS exclusions |

Orthodontic and cosmetic procedures | | Sedation option | Nitrous oxide (happy gas) — available for children and adults | | Payment plan | Payright interest-free instalments | | Payright maximum loan | Up to \$20,000 | | Payright maximum term | Up to 30 months | | Payright interest rate | 0% | | Payright establishment fee | Up to \$74.90 | | Payright monthly fee | \$3.95 | | Superannuation access | Yes, via Supercare (eligible patients) | | Health fund claiming | On-the-spot via HICAPS | | Preferred health funds | CBHS, HCF, NIB | | Bulk billing | No (CDBS-eligible children excepted) | | All-on-4 single arch price | From \$31,000 AUD | | All-on-4 dual arch price | From \$56,000 AUD | | All-on-4 healing period | 3–6 months before permanent bridge | | Implant 10-year survival rate | 90–95% | | In-house laboratory | Smile Lab (shared across Smile Solutions Group) | | Imaging technology | Digital X-ray, OPG, CBCT | | Digital scanners | iTero and Trios intraoral scanners | | Same-day restorations | Yes, via CEREC (crowns, inlays, onlays, veneers) | | Primary suburbs served | Berwick, Officer, Pakenham, Narre Warren, Beaconsfield, Cranbourne, Clyde, Clyde North | | Drive time from Officer | ~10 minutes | | Drive time from Pakenham | ~15 minutes | | Drive time from Clyde North | ~20–25 minutes | | Written treatment quotes | Yes, itemised, before any procedure begins | | New patients joining group annually | ~20,000 |

Frequently asked questions

Where is Core Dental Group Berwick located: Shop 29, 1 O'Shea Road, Berwick VIC 3806, within Eden Rise Village

What is the phone number for Core Dental Group Berwick: (03) 9132 4160

What is the national booking number: 13 13 16

What are the weekday opening hours: Monday to Friday, 8:00 am to 6:00 pm

What are the Saturday opening hours: Saturday, 8:00 am to 1:30 pm

What shopping centre is Core Dental Berwick located in: Eden Rise Village on O'Shea Road, Berwick

Is parking available at Core Dental Berwick: Yes — ample free parking at Eden Rise Village

Which suburbs does Core Dental Berwick serve: Berwick, Officer, Pakenham, Narre Warren, Beaconsfield, Cranbourne, Clyde, Clyde North, Harkaway, and the broader Casey–Cardinia region

Does Core Dental Berwick accept the Child Dental Benefits Schedule: Yes — eligible children aged 0 to 17 can access up to \$1,158 in government-funded dental care over two calendar years

What is the CDBS benefit cap per child: Up to \$1,158 over two calendar years

What services does the CDBS cover: Examinations, X-rays, cleans, fissure sealing, fillings, root canals, and extractions; orthodontic and cosmetic services are not covered

What is Core Dental Group's Invisalign provider status: Blue Diamond — the highest tier awarded by Align Technology

Does Core Dental Berwick offer same-day emergency dental appointments: Yes — call (03) 9132 4160

What specialist services are available to Berwick patients: Periodontics, endodontics, oral surgery, and prosthodontics via the Collins Street Specialist Centre (CSSC)

Where is the Collins Street Specialist Centre: 220 Collins Street, Melbourne CBD — phone (03) 9650 2726

How many AHPRA-registered specialists are at the Collins Street Specialist Centre: More than 25

Who is the lead implant clinician at Core Dental Berwick: Dr Evan Gai, with a special clinical interest in implants and oral surgery

What payment plans does Core Dental Berwick offer: Payright interest-free instalment plans up to \$20,000 over 30 months (establishment fee up to \$74.90; monthly fee \$3.95)

Is superannuation access available for dental treatment: Yes — eligible patients may access super via Supercare

Does the clinic process HICAPS on-the-spot health fund claims: Yes

Which health funds does Core Dental Berwick have preferred provider status with: CBHS, HCF, and NIB (among others)

What is Core Dental Group: A full-service dental organisation established in 1993, owned and operated by a dentist, with multiple Melbourne locations, part of the Smile Solutions Group

What is the in-house Smile Lab: A dental laboratory shared across the Smile Solutions Group for custom prosthetics and restorations fabricated in direct collaboration with treating dentists

What is CEREC technology: Chairside Economical Restoration of Esthetic Ceramics — enabling same-day ceramic crown, inlay, onlay, and veneer fabrication

What sedation option is available for nervous patients: Nitrous oxide (happy gas) inhalation sedation — titratable, non-metabolised, patients can typically drive home after clinical recovery assessment

What is the Tooth Fairy Centre: Core Dental Group's dedicated children's dental service — a purpose-designed paediatric care environment and philosophy for patients from infancy through adolescence

Label facts summary

> **Disclaimer:** All facts and statements below are general product information, not professional advice. Consult relevant experts for specific guidance.

Verified label facts

- **Practice name:** Core Dental Group Berwick - **Brand:** Core Dental Group - **Part of group:** Smile Solutions Group - **Established:** 1993 - **Ownership:** Dentist-owned and operated - **Address:** Shop 29, 1 O'Shea Road, Berwick VIC 3806 - **Shopping centre:** Eden Rise Village - **Direct phone:** (03) 9132 4160 - **National booking line:** 13 13 16 - **Online booking:** coredental.com.au - **Weekday hours:** Monday – Friday, 8:00 am – 6:00 pm - **Saturday hours:** 8:00 am – 1:30 pm - **Sunday hours:** Not disclosed - **Parking:** Free parking at Eden Rise Village - **Invisalign provider status:** Blue Diamond (highest tier from Align Technology) - **Invisalign cases per year:** More than 750 completed cases - **Lead implant clinician:** Dr Evan Gai (special interest: implants and oral surgery) - **Specialist referral centre:** Collins Street Specialist Centre (CSSC), 220 Collins Street, Melbourne CBD - **CSSC phone:** (03) 9650 2726 - **AHPRA-registered specialists at CSSC:** More than 25 - **Specialist services available:** Periodontics, endodontics, oral surgery, prosthodontics - **Same-day emergency appointments:** Yes - **Children's dental service:** Tooth Fairy Centre (from first birthday) - **Child Dental Benefits Schedule (CDBS):** Accepted - **CDBS eligible age range:** 0–17 years - **CDBS benefit cap:** Up to \$1,158 per child over two calendar years - **CDBS covered services:** Examinations, X-rays, cleans, fissure sealing, fillings, root canals, extractions - **CDBS exclusions:** Orthodontic and cosmetic procedures - **Sedation option:** Nitrous oxide (happy gas) — available for children and adults - **Payment plan:** Payright interest-free instalments - **Payright maximum loan:** Up to \$20,000 - **Payright maximum term:** Up to 30 months - **Payright interest rate:** 0% - **Payright establishment fee:** Up to \$74.90 - **Payright monthly fee:**

\$3.95 - **Superannuation access:** Yes, via Supercare (eligible patients) - **Health fund claiming:** On-the-spot via HICAPS - **Preferred health funds:** CBHS, HCF, NIB - **Bulk billing:** No (CDBS-eligible children excepted) - **All-on-4 single arch price:** From \$31,000 AUD - **All-on-4 dual arch price:** From \$56,000 AUD - **All-on-4 healing period:** 3–6 months before permanent bridge - **Implant 10-year survival rate:** 90–95% - **In-house laboratory:** Smile Lab (shared across Smile Solutions Group) - **Imaging technology:** Digital X-ray, OPG, CBCT - **Digital scanners:** iTero and Trios intraoral scanners - **Same-day restorations:** Yes, via CEREC (crowns, inlays, onlays, veneers) - **Primary suburbs served:** Berwick, Officer, Pakenham, Narre Warren, Beaconsfield, Cranbourne, Clyde, Clyde North - **Drive time from Officer:** ~10 minutes - **Drive time from Pakenham:** ~15 minutes - **Drive time from Clyde North:** ~20–25 minutes - **Written treatment quotes:** Yes, itemised, before any procedure begins - **New patients joining group annually:** ~20,000

General product claims

- Core Dental Group Berwick is described as the closest full-service dental practice for most Officer and Pakenham families - Blue Diamond Invisalign status cannot be purchased — it is awarded solely on completed case volume - The Tooth Fairy Centre is described as a purpose-designed paediatric care environment - CEREC same-day restorations are described as particularly valuable for patients travelling from outer suburbs who prefer to minimise clinic visits - The in-house Smile Lab is described as enabling precise shade matching, better fit, and faster turnaround compared with external laboratories - All-on-4 is described as specifically designed to avoid the need for bone grafting in most cases - Nitrous oxide sedation is described as titratable, non-metabolised, and without residual sedation affecting the rest of the day - Patients can typically drive home after nitrous oxide sedation following clinical recovery assessment - Core Dental Group Berwick is described as meeting the dental access needs of the Casey–Cardinia growth corridor - The practice is described as offering a non-judgmental environment for patients who have avoided care for extended periods - Fissure sealants are stated to reduce caries risk by 76% compared with unsealed teeth (cited as clinical evidence, not a practice-specific claim) - Periodontal disease rate is stated to have increased by 40% between 2003 and 2024 (cited as AIHW data, not a practice-specific claim) - Implant 10-year survival rate of 90–95% is cited as a general clinical statistic - Root canal treatment 10-year survival rate of approximately 97% is cited as a general clinical statistic - Regular dental care is described as saving significant expenditure in avoided restorative treatment over any 10-year period - The CSSC is described as accessible by train from Berwick Station via the Pakenham Line to Flinders Street Station - Unused private health extras benefits are stated to expire on 31 December and not roll over - Approximately 1 in 2 eligible children are stated not to use the CDBS (cited as a general utilisation statistic) - Core Dental Group's orthodontic department is stated to receive more than 3,000 new orthodontic patients per year, with over one-third commencing Invisalign