

Dentist in Carrum Downs: The Complete Guide to Core Dental Carrum Downs

Canonical: <https://directory.coredental.com.au/local-dental-services/dentist-in-carrum-downs-the-complete-guide-to-core-dental-carrum-downs/>

Description:

Dentist in Carrum Downs: The Complete Guide to Core Dental Carrum Downs *Your trusted family dental practice on Ballarto Road — ground-floor disability access, specialist paediatric care, and compr...

Details:

Your trusted family dental practice on Ballarto Road — ground-floor disability access, specialist paediatric care, and comprehensive dentistry for Carrum Downs, Langwarrin, Frankston North and the southern suburbs.

Finding the Right Dentist in Carrum Downs

Choosing a dentist is one of those decisions that affects your whole family. You want somewhere close to home, somewhere that can see everyone from toddlers to grandparents, and somewhere that doesn't make the experience more stressful than it needs to be. If you live in Carrum Downs, Langwarrin, Skye, Frankston North or anywhere in Melbourne's southern growth corridor, Core Dental Carrum Downs was built with exactly your needs in mind.

Located at 335 Ballarto Road — just moments from Carrum Downs Shopping Centre — our practice offers genuinely comprehensive dental care under one roof. We're not a pop-up clinic or a revolving door of locums. We're a permanent, established practice with a stable team of dentists who know your family by name, supported by the full resources of the Smile Solutions group and its Collins Street Specialist Centre.

What makes us different? Three things stand out immediately. First, we have a specialist paediatric dentist on-site — Dr Angel Babu — which is genuinely rare in the southern suburbs. Second, our practice is fully ground-floor and disability accessible, with wide corridors and no steps from car park to chair. Third, we're a Blue Diamond Invisalign Provider, one of Australia's highest-volume Invisalign practices, bringing city-level orthodontic expertise to a local suburban setting.

This guide covers everything you need to know about dental care at Core Dental Carrum Downs — our services, our team, what to expect at your first visit, and how we make quality dentistry accessible and affordable for every family in the area.

Why Core Dental Carrum Downs?

The southern suburbs of Melbourne are not short on dental practices. So why choose Core Dental Carrum Downs? Here's what sets us apart.

A Stable, Experienced Team

We're not a practice where you see a different dentist every visit. Our team of five general dentists, a specialist paediatric dentist, and a dental prosthetist are all regular, established members of the practice. They know their patients by name, remember treatment history, and provide the kind of continuity that makes a genuine difference to patient care and comfort.

Specialist Expertise, Local Convenience

Having Dr Angel Babu (specialist paediatric dentist) and Alessio Pecorella (dental prosthetist) on-site means you get specialist-level care without specialist-level inconvenience. No referrals to distant practices, no coordinating appointments across multiple locations, no starting your story from scratch with a new practitioner.

Comprehensive Services Under One Roof

From routine check-ups to dental implants, from children's first visits to CEREC same-day crowns, from Invisalign to facial injectables — you can access the full spectrum of dental care at one location. Most patients never need to go anywhere else.

The Smile Solutions Backbone

For the rare cases that do need specialist intervention beyond what we offer locally, you're not left to navigate the referral process alone. As part of the Smile Solutions group, we refer directly to the Collins Street Specialist Centre, where your records transfer seamlessly and the specialists are already part of our system.

Genuinely Accessible

Ground-floor. Wide corridors. On-site parking. Saturday hours. Back-to-back family bookings. We've removed the practical barriers that make dental visits harder than they need to be.

Our Location: 335 Ballarto Road, Carrum Downs

Easy to Find, Easy to Access

Core Dental Carrum Downs sits on Ballarto Road, one of the area's main arterial roads, making us straightforward to reach from virtually anywhere in the southern suburbs. We're right near Carrum Downs Shopping Centre, so you can combine a dental visit with your regular shopping — or drop the kids at their appointment while you duck into the shops.

****Address:**** 335 Ballarto Rd, Carrum Downs VIC 3201

****Getting here:**** - ****By car:**** Ballarto Road runs east–west through Carrum Downs, connecting to Frankston-Dandenong Road and the Western Port Highway. We have ample on-site parking directly outside the practice — no circling for a spot, no paid parking, no long walks. - ****By public transport:**** Bus routes service Ballarto Road and the Carrum Downs Shopping Centre precinct. The practice is a short walk from the nearest stop. - ****From the Mornington Peninsula:**** We're effectively the gateway dental practice for families heading to and from the Peninsula. If you're based in Langwarrin, Cranbourne West, or Sandhurst, we're typically the closest comprehensive dental practice.

Fully Ground-Floor and Disability Accessible

This matters more than most dental practices acknowledge. Our entire practice is on the ground floor with wide corridors throughout. There are no steps between the car park and the dental chair — zero. The doorways accommodate wheelchairs and mobility aids comfortably, and we've designed the space so that prams and strollers move through easily too.

For families with members who have mobility challenges, this isn't a nice-to-have — it's essential. We regularly see patients who've had difficulty accessing other dental practices in the area because of stairs, narrow doorways, or upper-floor locations. At Core Dental Carrum Downs, accessibility was

considered from the outset, not retrofitted as an afterthought.

Our Opening Hours

We've structured our hours to work around the schedules of busy families and working professionals:

| Day | Hours | |----|-----| | Monday | 8:00 am – 6:00 pm | | Tuesday | 8:00 am – 6:00 pm | | Wednesday | 8:00 am – 6:00 pm | | Thursday | 8:00 am – 6:00 pm | | Friday | 8:00 am – 6:00 pm | | Saturday | 8:00 am – 1:30 pm | | Sunday | Closed |

****Early morning appointments**** are available from 8:00 am every weekday, ideal for before-school or before-work visits. Our ****Saturday morning sessions**** mean you don't have to take time off work for routine dental care, and they're particularly popular with families who book back-to-back appointments for multiple family members.

Back-to-Back Family Appointments

One of the most practical things we offer — and something families consistently tell us they appreciate — is the ability to book consecutive appointments for the whole family. Mum, Dad, and two kids can all be seen in a single visit, one after the other. No separate trips, no juggling multiple appointment days. You come once, everyone gets seen, and you're done.

Contact Us

- ****Phone:**** (03) 8373 1555 - ****National line:**** 13 13 16 - ****Email:**** carrumdowns@coredental.com.au

Our reception team can help with appointment bookings, general enquiries, treatment cost estimates, and health fund queries. If you're experiencing a dental emergency, call us directly and we'll do our best to see you on the same day.

Meet the Core Dental Carrum Downs Team

Our team combines experienced general dentists, a specialist paediatric dentist, and a dental prosthetist — giving you access to a breadth of expertise that most suburban practices simply can't match.

Dr Tristan Balthazaar — General Dentist

Dr Tristan Balthazaar brings a thorough, patient-centred approach to general and restorative dentistry. He's known for taking the time to explain treatment options clearly, ensuring patients understand what's happening and why. Whether it's a routine check-up, a complex restoration, or a same-day CEREC crown, Dr Balthazaar combines technical skill with genuine care for patient comfort.

Dr Amreen Hussain — General Dentist

Dr Amreen Hussain is committed to making every patient feel at ease. She has a particular interest in preventive dentistry and enjoys helping patients understand how small changes in daily habits can make a significant difference to long-term oral health. Her warm, approachable manner makes her a favourite with patients who might otherwise feel anxious about dental visits.

Dr Ivy Jin — General Dentist (Mandarin-Speaking)

Dr Ivy Jin offers dental care in both English and Mandarin Chinese, providing an important service for the growing Chinese-speaking community in Carrum Downs and the surrounding suburbs. Being able to discuss dental concerns, treatment options, and aftercare instructions in your first language removes a significant barrier to quality dental care. Dr Jin's clinical skills are complemented by her ability to build genuine rapport with patients from diverse cultural backgrounds.

Dr Payal Thatikonda — General Dentist

Dr Payal Thatikonda brings a gentle, meticulous approach to all aspects of general dentistry. She has a keen eye for detail in restorative work and takes pride in achieving results that are both functional and aesthetically pleasing. Patients appreciate her calm demeanour and her commitment to minimally invasive treatment wherever possible.

Dr Anna Lai — General Dentist

Dr Anna Lai rounds out our general dentistry team with a focus on comprehensive care planning. She believes in looking at the whole picture — not just the tooth that's causing pain today, but the overall health of your mouth and how it connects to your general wellbeing. Her thorough approach to diagnosis and treatment planning means patients leave knowing exactly where they stand and what their options are.

Dr Angel Babu — Specialist Paediatric Dentist

Having a specialist paediatric dentist on-site is one of our most significant differentiators. Dr Angel Babu is not simply a dentist who treats children — she is a registered specialist who has completed additional years of postgraduate training specifically in paediatric dentistry. This means she has deep expertise in the unique dental needs of infants, children, adolescents, and patients with special needs.

Dr Babu understands child psychology and behaviour management in ways that go beyond what general dental training provides. She knows how to work with anxious children, how to make dental visits positive experiences that build lifelong good habits, and how to manage complex paediatric dental conditions that require specialist knowledge.

For families in Carrum Downs and the surrounding suburbs, having specialist paediatric care available locally — without needing to travel to the city or to a hospital — is genuinely significant. Most families in the southern suburbs would otherwise need to travel to Melbourne's CBD or inner suburbs for this level of paediatric dental expertise.

Alessio Pecorella — Dental Prosthetist

Alessio Pecorella is our on-site dental prosthetist, specialising in the design, fabrication, and fitting of dentures, including full dentures, partial dentures, and implant-retained dentures. Having a prosthetist within the practice means faster turnaround times, better coordination with our dentists, and the ability to make chairside adjustments without referring you elsewhere.

Our Services: Comprehensive Dental Care Under One Roof

Core Dental Carrum Downs offers a complete range of dental services, from routine preventive care to complex restorative and cosmetic treatments. Here's an overview of what's available at our practice.

General and Preventive Dentistry

The foundation of good oral health is regular preventive care. Our check-up and clean appointments are thorough and unhurried — we take the time to assess not just your teeth but your gums, jaw, soft tissues, and overall oral health. Services include:

- **Comprehensive dental examinations** including digital X-rays and oral cancer screening -
- Professional cleaning** (scale and clean) to remove plaque and tartar build-up -
- Fluoride treatments** for additional enamel protection -
- Fissure sealants** to protect children's teeth from decay -
- Mouthguards** — custom-fitted for sports protection -
- Dietary and oral hygiene advice** tailored to your individual needs

We recommend six-monthly check-ups for most patients, though some may benefit from more frequent visits depending on their individual oral health situation.

Emergency Dental Care

Dental emergencies don't wait for convenient times. Whether you've knocked out a tooth, cracked a filling, or woken up with severe tooth pain, we prioritise emergency cases and do everything we can to see you on the same day. Common emergencies we treat include:

- Severe toothache and dental abscesses - Knocked-out, loose, or displaced teeth - Broken or cracked teeth - Lost fillings or crowns - Soft tissue injuries to the mouth, lips, or tongue - Swelling or infection

Call (03) 8373 1555 and let our team know it's urgent. We'll find a time to get you in as quickly as possible.

Children's Dentistry and the Tooth Fairy Centre

Our children's dentistry program is designed to make dental visits a positive, even fun, experience for young patients. With specialist paediatric dentist Dr Angel Babu on-site, we can manage everything from a toddler's first dental visit to complex paediatric cases that would otherwise require hospital treatment.

We're proud participants in the Child Dental Benefits Schedule (CDBS), which provides eligible children aged 0–17 with up to \$1,095.00 in dental benefits over a two-year period. This means basic dental services — examinations, X-rays, cleaning, fissure sealants, fillings, root canals, and extractions — can be bulk-billed with no out-of-pocket cost to you.

Invisalign Clear Aligners

As a Blue Diamond Invisalign Provider, Core Dental Carrum Downs is among the top-tier Invisalign practices in Australia. This designation reflects significant experience and high case volumes, which translates directly into better outcomes for patients. We treat everything from mild crowding to complex bite issues using Invisalign's virtually invisible aligners.

Our Invisalign treatment includes complimentary 3D scanning — no messy impressions — and access to ClinCheck treatment planning software that lets you see your projected results before treatment begins.

Dental Implants

Missing teeth affect more than your smile — they impact your ability to eat, speak, and maintain the structural integrity of your jaw. Dental implants are the gold standard for replacing missing teeth, providing a permanent, natural-looking solution that functions just like your own teeth.

Our team can manage the entire implant process at our Carrum Downs practice, from initial assessment and treatment planning through to implant placement, healing, and the final crown or bridge restoration.

Dentures

With dental prosthetist Alessio Pecorella on-site, our denture services are comprehensive and convenient. Whether you need full dentures, partial dentures, or implant-supported dentures, having the prosthetist in-house means streamlined treatment, faster adjustments, and better communication between your dentist and prosthetist.

Same-Day CEREC Crowns

CEREC (Chairside Economical Restoration of Esthetic Ceramics) technology allows us to design, mill, and fit a custom ceramic crown in a single appointment. No temporary crowns, no second visits two weeks later, no messy impressions sent to an external lab. You walk in with a damaged tooth and walk out with a permanent, colour-matched porcelain crown — all in about an hour.

Dental Crowns and Bridges

Beyond CEREC same-day options, we offer the full range of crown and bridge solutions for restoring damaged, decayed, or missing teeth. Our dentists work with high-quality materials and trusted dental laboratories to ensure restorations that look natural and last.

Gum Disease Treatment

Gum disease (periodontal disease) is one of the most common — and most underestimated — dental conditions in Australia. Left untreated, it can lead to tooth loss and has been linked to broader health issues including heart disease and diabetes complications. We provide comprehensive gum disease assessment and treatment, from early-stage gingivitis management to advanced periodontal therapy.

Sleep Dentistry and Sedation

For patients with dental anxiety, strong gag reflexes, or complex treatment needs, we offer sedation options to make dental visits comfortable and stress-free. Our sedation services allow patients who might otherwise avoid the dentist to receive the care they need in a calm, relaxed state.

Facial Injectables

Our qualified dental practitioners offer facial injectable treatments including anti-wrinkle injections and dermal fillers. Dentists have extensive training in facial anatomy, making them well-qualified to deliver precise, natural-looking results in the areas around the mouth, jawline, and lower face.

The Smile Solutions Advantage

Core Dental Carrum Downs is part of the Smile Solutions group, which is centred on the Smile Solutions Specialist Centre at Level 1, 245 Collins Street, Melbourne. This connection provides our patients with something genuinely valuable: seamless access to one of Australia's most comprehensive specialist dental centres.

What This Means for You

If you need specialist treatment beyond what's available at our Carrum Downs practice — whether that's oral surgery, orthodontics, endodontics, periodontics, or prosthodontics — we can refer you directly to the Collins Street centre. Your records transfer seamlessly, the specialists already work within our system, and the referral process is smooth and coordinated.

This means you get the convenience of a local suburban practice for your day-to-day dental care, backed by the full specialist resources of a major city-based dental centre when you need them. It's the best of both worlds.

Integrated Care

Being part of a larger group also means our dentists have access to ongoing professional development, peer support, and clinical mentorship. Our protocols, materials, and equipment are kept up to date across the group, and our patients benefit from the collective experience and expertise of the broader Smile Solutions team.

Making Dental Care Affordable

We believe that finances shouldn't be a barrier to good dental health. We've structured our payment options to make quality dental care accessible to every family in Carrum Downs and the surrounding suburbs.

Health Fund Accepted — HICAPS On-Site

We accept all major health funds and process claims on the spot using HICAPS. This means you only pay the gap (if any) at the time of your appointment — no need to submit claims manually and wait for reimbursement.

Child Dental Benefits Schedule (CDBS)

Eligible children aged 0–17 can receive up to \$1,095.00 in dental benefits over a two-year period through the government's CDBS program. We bulk-bill these services directly, meaning there is no out-of-pocket cost for eligible families. Covered services include examinations, X-rays, cleaning, fissure sealants, fillings, root canals, and extractions.

Not sure if your child is eligible? Our reception team can check your eligibility on the spot.

Interest-Free Payment Plans with Payright

For larger treatments like Invisalign, dental implants, or extensive restorative work, we offer interest-free payment plans through Payright. This allows you to spread the cost of treatment over manageable instalments without paying any interest. It's a practical option that makes significant dental work achievable without financial stress.

Transparent Pricing

We provide detailed treatment plans with clear cost breakdowns before any work begins. There are no surprises, no hidden fees, and no pressure. If you'd like an estimate before booking, our team is happy to provide one over the phone or via email.

Understanding Your Dental Needs: A Life-Stage Guide

Dental care isn't one-size-fits-all. Your needs change as you move through life, and a good dental practice adapts its approach accordingly.

Babies and Toddlers (0–3 Years)

The Australian Dental Association recommends a first dental visit by age one. At this stage, visits are about establishing a positive relationship with dental care, assessing early tooth development, and advising parents on feeding practices, dummy use, and oral hygiene for infants. Dr Angel Babu's specialist paediatric expertise is particularly valuable at this stage — she can identify developmental concerns that general practitioners may not recognise.

Children (3–12 Years)

Regular check-ups, fluoride treatments, and fissure sealants form the foundation of preventive care during childhood. This is also the stage where habits are formed — both the child's habits around brushing and flossing, and their attitude toward dental visits. Positive early experiences create a lifetime of good dental behaviour.

The Child Dental Benefits Schedule (CDBS) makes dental care affordable for eligible families during these critical years. Sports mouthguards become important as children take up contact sports.

Teenagers (13–19 Years)

Orthodontic treatment (including Invisalign), wisdom tooth management, and the transition from parental-supervised to independent oral hygiene are the key themes. Our Blue Diamond Invisalign Provider status means teenagers in Carrum Downs have access to top-tier orthodontic care locally.

This is also the age where dietary choices — energy drinks, sugary snacks, irregular eating patterns — can significantly impact dental health. Education and awareness are as important as clinical treatment.

Young Adults (20–40 Years)

Maintaining preventive care habits established during childhood, addressing any orthodontic concerns not previously treated, and managing the dental effects of lifestyle factors (diet, stress, grinding) are the priorities. Cosmetic concerns often become more prominent at this stage — teeth whitening, Invisalign, veneers, and facial injectables.

Pregnancy brings specific dental considerations. Hormonal changes can affect gum health, and morning sickness can expose teeth to stomach acid. We recommend a dental check-up early in pregnancy and encourage expectant mothers to maintain their regular preventive schedule.

Middle Age (40–60 Years)

Existing dental work from earlier decades may begin to need attention — fillings wearing out, crowns needing replacement, early signs of gum disease becoming more apparent. This is often the stage where more significant restorative work becomes necessary, and where the consequences of past dental neglect become most apparent.

It's also the age when tooth loss due to gum disease, decay, or fracture becomes more common, making dental implants an increasingly relevant consideration. And age-related changes in facial volume may prompt interest in dermal fillers and anti-wrinkle treatments.

Older Adults (60+ Years)

Maintaining natural teeth for as long as possible, managing dry mouth (often medication-related), denture care, and ensuring ongoing access to dental care despite potential mobility challenges are the priorities. Our ground-floor, fully accessible practice is specifically designed to accommodate patients with mobility aids, wheelchairs, and limited mobility.

With Alessio Pecorella as our on-site dental prosthetist, older adults who need dentures or denture modifications can receive seamless, coordinated care without multiple referrals.

The Importance of Oral-Systemic Health

Your mouth is not an isolated system. Research continues to reveal connections between oral health and broader physical health:

- **Heart disease:** Studies have linked gum disease to increased risk of cardiovascular events, possibly through chronic inflammation contributing to arterial plaque
- **Diabetes:** The relationship between gum disease and diabetes is bidirectional — each condition makes the other harder to control
- **Respiratory health:** Bacteria from the mouth can be aspirated into the lungs, contributing to respiratory infections
- **Pregnancy:** Severe gum disease has been associated with preterm birth and low birth weight
- **Dementia:** Emerging research suggests possible links between chronic gum disease and cognitive decline

This is why we view dental care as a component of your overall health — not something separate from the rest of your body. Regular dental check-ups don't just protect your teeth; they contribute to your broader wellbeing.

Serving the Carrum Downs Community and Beyond

Carrum Downs: A Growing Family Community

Carrum Downs has evolved from a quiet outer suburb into one of Melbourne's most vibrant family-oriented communities. The area's continued residential growth, improving infrastructure, and proximity to both Melbourne's south-eastern suburbs and the Mornington Peninsula make it an increasingly popular choice for young families and established households alike.

As the community grows, so does the need for quality local healthcare services — including dentistry. Core Dental Carrum Downs has been part of this community, providing consistent, reliable dental care to local families.

Suburbs We Serve

While we're based in Carrum Downs, we regularly see patients from across the southern suburbs and beyond:

- **Carrum Downs** — our home base, right on Ballarto Road - **Langwarrin** — just a short drive south along Cranbourne-Frankston Road - **Frankston North** — easily accessible via Frankston-Dandenong Road - **Skye** — neighbouring suburb, only minutes away - **Cranbourne West** — a quick trip via Western Port Highway - **Sandhurst** — the growing estate community is well-connected to our practice via Ballarto Road

Whether you're coming from the established streets of Frankston North or the newer estates of Sandhurst, our central Ballarto Road location makes us easy to reach with ample parking when you arrive.

Families in the Growth Corridor

The south-eastern growth corridor of Melbourne — particularly Cranbourne West, Sandhurst, and the newer estates springing up along the Western Port Highway — is one of the fastest-growing residential areas in Australia. Young families moving into these communities need dental practices that can grow with them, from a toddler's first check-up through braces, wisdom teeth, and everything in between. Core Dental Carrum Downs is positioned to be that long-term dental home.

Gateway to the Mornington Peninsula

For families based on or near the Mornington Peninsula, Core Dental Carrum Downs offers comprehensive dental services without the need to travel further into Melbourne. We're positioned right at the gateway to the Peninsula, making us a convenient option for residents of Langwarrin, Langwarrin South, and the broader Peninsula region who want access to a full-service dental practice without the city commute.

A Deeper Look at Our Key Services

While we've provided an overview above, several of our services deserve additional detail — particularly those that represent key differentiators for our practice or address common concerns we hear from patients in the Carrum Downs area.

Invisalign: Blue Diamond Provider

Our Blue Diamond Invisalign Provider status isn't something we take lightly. It represents one of the highest tiers in Invisalign's provider ranking system, reflecting consistently high case volumes and demonstrated clinical expertise. For patients considering clear aligner orthodontics, this means:

- Treatment by clinicians who have managed hundreds of Invisalign cases
- Access to Invisalign's most advanced treatment planning tools
- The experience to handle complex cases, not just simple crowding
- Complimentary 3D scanning — no messy impressions
- ClinCheck visualisation so you can see projected results before committing

Invisalign treats a wide range of orthodontic issues in both adults and teens: crowding, spacing, overbites, underbites, crossbites, and open bites. It's virtually invisible, removable for eating and cleaning, and typically requires fewer appointments than traditional braces.

CEREC Same-Day Crowns

When a tooth needs a crown, the traditional process involves two separate appointments with a two-week wait for laboratory fabrication in between. Our CEREC system compresses this into a single visit of approximately 60–90 minutes.

The process uses digital scanning (no impressions), computer-aided crown design, and on-site milling from a block of high-quality ceramic. The result is a precision-crafted, colour-matched porcelain crown

fitted permanently — all in one sitting. No temporary crown, no return visit, no awkward weeks of eating on one side.

For busy professionals and families juggling multiple schedules, the time savings alone make CEREC a compelling option.

Children's Dentistry with a Specialist Touch

We've mentioned Dr Angel Babu's specialist paediatric credentials, but it's worth understanding what this means in practice. A specialist paediatric dentist has completed additional years of postgraduate university training beyond their general dental degree, specifically in the care of children. This includes:

- Advanced training in child behaviour management and psychology
- Expertise in the growth and development of children's teeth and jaws
- Experience with dental conditions unique to children
- Specialised skills in treating children with special needs
- Advanced sedation techniques appropriate for young patients

This means even the most anxious child, the most complex paediatric dental case, or the child with additional needs can receive expert-level care right here in Carrum Downs — no hospital visit or city trip required.

Dental Implants: The Complete Solution

For patients missing one or more teeth, dental implants offer a permanent, self-supporting replacement that preserves jawbone health and doesn't compromise adjacent teeth. Our team manages the full implant journey — assessment, planning, placement, healing, and the final restoration — providing coordinated care without the fragmentation that comes from being referred between multiple practices.

For patients who need more extensive work, such as full-arch implant solutions, we coordinate closely with the specialists at the Smile Solutions Specialist Centre.

Dentures with an On-Site Prosthetist

Having Alessio Pecorella on-site isn't just a convenience — it's a clinical advantage. The prosthetist who designs and fabricates your denture can see you in person for every stage: initial consultation, impressions, try-ins, fitting, and adjustments. Communication between your dentist and prosthetist is direct and immediate, rather than filtered through laboratory paperwork and courier delays.

This matters most when adjustments are needed (and they almost always are). Rather than sending your denture away for modification and waiting days for its return, adjustments can often be made on the spot.

What to Expect at Your First Visit

Before Your Appointment

When you book your first appointment, our reception team will ask for some basic information:

- Your contact details and address
- Your health fund details (if applicable)
- Any relevant medical history, medications, or allergies
- Your main dental concern or reason for visiting
- Whether you'd like to be seen by a particular dentist

If you have recent dental X-rays from a previous dentist, bringing them along (or having them emailed to us) can be helpful and may save you from needing new ones.

During Your First Visit

Your first appointment typically includes:

1. ****A comprehensive dental examination**** — your dentist will assess your teeth, gums, jaw, bite, and soft tissues 2. ****Digital X-rays**** — if needed, to identify any issues not visible to the naked eye 3. ****Discussion**** — your dentist will talk you through their findings, answer your questions, and discuss any recommended treatment 4. ****Treatment plan**** — if treatment is needed, you'll receive a clear, written treatment plan with costs outlined 5. ****Professional clean**** — in many cases, a scale and clean can be completed at the same appointment

First appointments are typically 45–60 minutes, giving us enough time to be thorough without rushing.

For Anxious Patients

If you're nervous about visiting the dentist — whether due to past experiences, a long gap between visits, or just general anxiety — please let us know when you book. We can schedule extra time for your appointment, pair you with a dentist who specialises in working with anxious patients, and discuss sedation options if appropriate. There's no judgement here. Many of our most loyal patients started with significant dental anxiety.

Technology at Core Dental Carrum Downs

We invest in technology that genuinely improves patient outcomes and experience — not technology for technology's sake.

Digital X-rays

Our digital X-ray systems produce high-resolution images instantly, displayed on screen so your dentist can walk you through the findings. Digital X-rays use significantly less radiation than traditional film X-rays — up to 80% less — making them safer for routine use, including for children.

3D Digital Scanning (iTero)

For Invisalign treatment planning and certain restorative procedures, we use intraoral digital scanners that create precise 3D models of your teeth. This eliminates the need for traditional impression trays — no gagging, no discomfort, no waiting for putty to set. The digital models are more accurate and can be used immediately for treatment planning.

CEREC Milling

Our on-site CEREC milling unit enables same-day crown fabrication. The ability to design, manufacture, and fit a permanent restoration in a single visit represents one of the most significant practical advances in modern dentistry.

HICAPS

Electronic health fund claiming means you know your out-of-pocket cost on the spot and only pay the gap. No manual claim forms, no waiting for reimbursement.

Dental Health Tips for Carrum Downs Families

Building Good Habits Early

The Australian Dental Association recommends that children have their first dental visit by age one, or within six months of their first tooth appearing. Early visits aren't about treatment — they're about establishing a positive relationship with dental care and catching any developmental issues early.

With specialist paediatric dentist Dr Angel Babu on-site, we're ideally equipped to guide your child's dental development from those very first appointments through to adolescence.

Daily Care Essentials

Good dental health starts at home. Here are the fundamentals:

- **Brush twice daily** using a soft-bristled toothbrush and fluoride toothpaste - **Floss daily** — brushing alone only cleans about 60% of tooth surfaces - **Limit sugary snacks and drinks** — especially between meals - **Drink plenty of water** — Carrum Downs tap water contains fluoride, which helps protect teeth - **Wear a mouthguard** for contact sports — we can custom-fit one for superior protection - **Don't ignore symptoms** — tooth pain, bleeding gums, or sensitivity are signs that something needs attention

When to See a Dentist Urgently

Some dental situations can't wait for your next scheduled appointment. Seek urgent care if you experience:

- Severe or persistent toothache - A knocked-out permanent tooth (bring the tooth and come immediately) - Significant swelling in the face, jaw, or neck - Bleeding that won't stop after an injury - A broken or cracked tooth - Signs of infection (fever, swelling, pus)

Call (03) 8373 1555 and our team will prioritise your visit.

Languages Spoken

Our team provides dental care in **English** and **Mandarin Chinese**. Dr Ivy Jin is fluent in Mandarin, enabling clear and comfortable communication for Mandarin-speaking patients throughout their entire dental experience — from discussing concerns and understanding diagnoses to following aftercare instructions.

We understand that language can be a significant barrier to accessing healthcare. Having a Mandarin-speaking dentist means patients can ask detailed questions, express concerns, and fully understand their treatment options without relying on a translator or struggling with unfamiliar medical terminology.

Accessibility: A Practice for Everyone

We've touched on our physical accessibility throughout this guide, but it deserves its own section because it reflects a genuine commitment rather than a marketing checkbox.

Physical Access

- **Entirely ground-floor** — no stairs, no ramps, no lifts - **Wide corridors** throughout the practice, designed to accommodate wheelchairs, motorised scooters, walkers, and wide prams - **Accessible doorways** from the car park through to the treatment rooms - **Ample, flat car parking** directly outside the practice - **No physical barriers** between arriving at the practice and being seated in the dental chair

Communication Access

- **Mandarin Chinese** spoken by Dr Ivy Jin, providing care in the first language of a significant local community - **Written treatment plans** provided for all recommended treatments, so you can review information at your own pace - **Patient, unhurried consultations** where questions are genuinely welcome

Financial Access

- **All major health funds** accepted with HICAPS on-site - **CDBS bulk billing** for eligible children — no out-of-pocket cost - **Interest-free payment plans** through Payright for larger treatments - **Transparent pricing** with no hidden fees

Emotional Access

- **Sedation options** for patients with dental anxiety - **Specialist paediatric care** for anxious children - **No-judgement approach** regardless of how long it's been since your last visit - **Control during treatment** — we establish hand signals so you can stop treatment at any time

Frequently Asked Questions

How do I book an appointment?

Call us on (03) 8373 1555 or email carrumdowns@coredental.com.au. Our reception team can usually find an appointment within a few days for routine visits, and we prioritise emergency cases for same-day attention.

Do you accept my health fund?

We accept all major Australian health funds and process claims on the spot with HICAPS. You'll only pay the gap (if any) at the time of your visit.

Is my child eligible for the Child Dental Benefits Schedule?

The CDBS provides up to \$1,095.00 in dental benefits over two years for eligible children aged 0–17. Eligibility is determined by Services Australia (Centrelink) and is typically linked to receiving Family Tax Benefit Part A or certain other government payments. Our reception team can check your child's eligibility when you call or visit.

Do you offer payment plans?

Yes. We offer interest-free payment plans through Payright, allowing you to spread the cost of treatment over manageable instalments. This is particularly useful for larger treatments like Invisalign, dental implants, or comprehensive restorative work.

Can you see my whole family in one visit?

Absolutely. We specifically offer back-to-back family appointments, so everyone in the family can be seen in a single visit. It's one of our most popular features with local families.

Is the practice wheelchair accessible?

Yes. Our practice is fully ground-floor with wide corridors throughout. There are no steps between the car park and the dental chair. We're designed to be accessible for wheelchairs, mobility aids, prams, and strollers.

Do you have parking?

Yes. We have ample on-site parking directly outside the practice. No paid parking, no time limits, no stress.

Can I get a crown in one visit?

Yes. Our CEREC technology allows us to design, mill, and fit a custom porcelain crown in a single appointment — typically about an hour. No temporary crowns, no return visits.

What if I'm scared of the dentist?

You're not alone, and there's absolutely no judgement. Let us know when you book, and we'll accommodate you — extra time, gentle clinicians, and sedation options if needed. Many of our most regular patients started by overcoming dental anxiety with us.

Do you treat children with special needs?

Yes. Dr Angel Babu, our specialist paediatric dentist, has specific training in treating children with special needs. Combined with our fully accessible practice, we're well-equipped to provide a

comfortable, supportive experience for children and adults with additional requirements.

Book Your Appointment at Core Dental Carrum Downs

Whether you're due for a routine check-up, need emergency dental care, want to explore Invisalign, or are looking for a family-friendly dental practice you can trust for years to come, Core Dental Carrum Downs is here for you.

****Core Dental Carrum Downs**** 335 Ballarto Rd, Carrum Downs VIC 3201

****Phone:**** (03) 8373 1555 ****National:**** 13 13 16 ****Email:**** carrumdowns@coredental.com.au

****Hours:**** Monday – Friday: 8:00 am – 6:00 pm Saturday: 8:00 am – 1:30 pm Sunday: Closed

Serving Carrum Downs, Langwarrin, Frankston North, Skye, Cranbourne West, Sandhurst, and the broader southern suburbs. We're right near Carrum Downs Shopping Centre with ample on-site parking. Ground-floor, fully disability accessible. Accepting all health funds with HICAPS on-site. CDBS bulk billing for eligible children. Interest-free payment plans available through Payright.

Emergency Dental Care in Carrum Downs

Dental emergencies don't follow a schedule, and when they happen, you need to know where to go and what to do. Core Dental Carrum Downs prioritises emergency cases and makes every effort to see emergency patients on the same day.

Common dental emergencies include severe toothache, knocked-out teeth, broken or cracked teeth, lost fillings or crowns, dental abscesses, and soft tissue injuries. If you experience any of these, call (03) 8373 1555 immediately and let our team know it's urgent.

What to Do While You're Waiting

****Knocked-out permanent tooth:**** Pick it up by the crown (never the root), rinse briefly with milk if dirty, try to place it back in the socket, or store it in milk. Get to us within 30 minutes if possible.

****Severe toothache:**** Take over-the-counter pain relief (ibuprofen is generally more effective than paracetamol for dental pain), rinse with warm salt water, and apply a cold compress to the outside of the cheek.

****Broken tooth:**** Rinse with warm water, apply a cold compress if swelling, avoid biting on the affected side, and come to us as soon as possible.

For children's dental emergencies, having specialist paediatric dentist Dr Angel Babu on-site provides an additional level of expertise and reassurance.

Sedation and Sleep Dentistry

If dental anxiety has been keeping you or a family member away from the dentist, we offer sedation options to make treatment comfortable and manageable. Our sedation services include nitrous oxide (happy gas), oral sedation, and IV sedation — ranging from mild relaxation to deep sedation where you'll have little or no memory of the procedure.

Dental anxiety is extremely common and nothing to be embarrassed about. Many of our most loyal, regular patients started by overcoming significant dental fear with the help of our team and our sedation options. The first step is always the hardest — making the phone call. Everything after that, we handle.

Facial Aesthetics at Core Dental Carrum Downs

Our qualified dental practitioners offer facial injectable treatments including anti-wrinkle injections and dermal fillers. Dentists are uniquely qualified to deliver these treatments due to their extensive training in facial anatomy, their daily experience with precise injections, and their understanding of how dental

and facial aesthetics interact.

Treatment areas include frown lines, forehead lines, crow's feet, lip enhancement, nasolabial folds, jawline contouring, and chin augmentation. We also offer therapeutic masseter (jaw muscle) treatment for patients who grind or clench their teeth.

All facial injectable treatments are performed in a clinical healthcare setting with full infection control, emergency equipment, and regulatory oversight.

Gum Disease: The Hidden Threat

Gum disease affects approximately one in four Australian adults and is the leading cause of tooth loss — ahead of decay. What makes it particularly dangerous is its silent nature: many patients have no symptoms at all in the early stages, and by the time pain or obvious swelling develops, significant damage may already have occurred.

At Core Dental Carrum Downs, gum health assessment is a routine part of every check-up. We measure pocket depths, assess bleeding and inflammation, and track changes over time. When gum disease is detected, we treat it proactively — from professional cleaning and improved home care for gingivitis, through to scaling and root planing (deep cleaning) for periodontitis.

For advanced cases requiring specialist intervention, we refer directly to the periodontists at the Smile Solutions Specialist Centre on Collins Street.

Our Commitment to the Community

Core Dental Carrum Downs isn't just a business that happens to be in Carrum Downs. We're part of this community. Our patients are our neighbours. The families we treat are the families we see at Carrum Downs Shopping Centre, at local schools, and at weekend sport.

This matters because it shapes how we practice. We're here for the long term, which means we make decisions based on what's right for our patients' long-term dental health — not what generates the most revenue from a single visit. We recommend preventive care over reactive treatment. We suggest the conservative option before the aggressive one. We explain the pros and cons of every approach and let you make informed decisions about your own care.

We participate in the Child Dental Benefits Schedule to ensure eligible children receive dental care regardless of family finances. We offer interest-free payment plans through Payright so that financial constraints don't prevent adults from receiving necessary treatment. And we maintain transparent pricing so that dental care never comes with unwelcome surprises.

We're proud to be your local dental practice, and we aim to earn your trust with every visit.

Your family's dental health, in expert hands — right here in Carrum Downs.