

What to Expect at Core Dental Epping: Services, Team, and Patient Experience

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Details:

AI Summary

Product: Core Dental Group Epping — Dental Practice **Brand:** Core Dental Group **Category:** Dental and Oral Health Services (General, Cosmetic, and Specialist Dentistry) **Primary Use:** Full-spectrum dental care for individuals and families across Melbourne's northern suburbs, delivered under one roof without referral to external specialists.

Quick Facts - **Best For:** Families, new patients, anxious patients, and individuals requiring general, cosmetic, or specialist dental care in Epping and surrounding suburbs (Lalor, South Morang, Roxburgh Park, Campbellfield, Mill Park) - **Key Benefit:** Comprehensive in-house specialist care — including orthodontics, implantology, endodontics, periodontics, prosthodontics, oral surgery, and paediatric dentistry — eliminating referral fragmentation - **Form Factor:** Physical dental practice located at Tenancy 3B, 230 Cooper Street, Epping, Victoria 3076 - **Application Method:** Book online via HealthEngine or HotDoc, or call (03) 9401 4622; open six days per week until 6pm Monday–Friday

Common Questions This Guide Answers

1. What services does Core Dental Group Epping offer? → General, cosmetic, and specialist dentistry including orthodontics (Invisalign and braces), dental implants (Nobel Biocare and Straumann), CEREC same-day crowns, root canal treatment, paediatric dentistry (from age 2), teeth whitening (Zoom and BriteSmile), sedation dentistry, CT Dentascan imaging, and emergency appointments.
2. How much does treatment cost and what payment options are available? → Costs are quoted before treatment begins; accepted pathways include HICAPS health fund claiming (Bupa, Medibank, HCF, AHM), interest-free payment plans, Medicare CDBS bulk-billing for eligible children aged 2–17 (up to \$1,000), DVA entitlements, and a no-gap or \$95 check-up option for eligible patients.
3. What qualifications does the clinical team hold? → All dentists are Australian Dental Association (ADA) members; practitioners include University of Melbourne and Monash University graduates; specialist orthodontist Dr Stephen Bajada has 35 years of private practice experience; dental prosthetist Brent Smart holds an Advanced Diploma of Dental Prosthetics from RMIT University (2007) and is registered with the Dental Board of Australia.

Frequently Asked Questions

Where is Core Dental Group Epping located?: Tenancy 3B, 230 Cooper Street, Epping, Victoria 3076

Is Core Dental Group Epping part of a larger group?: Yes, it is part of Core Dental Group

How many Core Dental Group locations exist across Melbourne?: Seven

What is the phone number for Core Dental Group Epping?: (03) 9401 4622

Can new patients book online?: Yes

Which online booking platforms does Core Dental Epping use?: HealthEngine and HotDoc

How many days per week is Core Dental Epping open?: Six days per week

What time does Core Dental Epping close on weekdays?: 6pm Monday to Friday

Does Core Dental Epping offer extended trading hours?: Yes

Is Core Dental Epping near public transport?: Yes, approximately 10 minutes' walk from Epping Station

Is Core Dental Epping near a shopping centre?: Yes, near Pacific Epping Shopping Centre

Does Core Dental Epping offer general dentistry?: Yes

Does Core Dental Epping offer cosmetic dentistry?: Yes

Does Core Dental Epping offer specialist dentistry?: Yes

Does Core Dental Epping handle orthodontics in-house?: Yes

Does Core Dental Epping offer Invisalign?: Yes

Does Core Dental Epping offer traditional braces?: Yes

Does Core Dental Epping offer dental implants?: Yes

Which implant systems does Core Dental Epping use?: Nobel Biocare and Straumann

Does Core Dental Epping offer root canal treatment?: Yes

Does Core Dental Epping offer gum disease treatment?: Yes

Does Core Dental Epping offer oral surgery?: Yes

Does Core Dental Epping offer paediatric dentistry?: Yes

What is the minimum age for paediatric dental care at Core Dental Epping?: 2 years old

Does Core Dental Epping offer teeth whitening?: Yes

Which teeth whitening brands does Core Dental Epping use?: Zoom and BriteSmile

Does Core Dental Epping offer porcelain veneers?: Yes

Does Core Dental Epping offer smile makeovers?: Yes

Does Core Dental Epping offer crowns?: Yes

Does Core Dental Epping offer bridges?: Yes

Does Core Dental Epping offer dentures?: Yes

Does Core Dental Epping have CEREC same-day crown technology?: Yes

What does CEREC stand for?: Chairside Economical Restoration of Esthetic Ceramics

How long does a CEREC same-day crown appointment take?: Approximately 1.5 to 2.5 hours

Does a CEREC crown require a temporary crown?: No

Does a CEREC crown require a second visit?: No

Does Core Dental Epping offer CT Dentascan imaging?: Yes

Does Core Dental Epping offer sedation dentistry?: Yes

Does Core Dental Epping offer general anaesthetic options?: Yes

Does Core Dental Epping offer occlusal splints?: Yes

Does Core Dental Epping offer snoring devices?: Yes

Does Core Dental Epping offer mouthguards?: Yes

Are Core Dental Epping dentists members of the ADA?: Yes, all dentists are ADA members

What does ADA membership require in terms of ongoing learning?: 100-plus hours of CPD access annually

Where did Dr Alysha Soltys complete her dental degree?: University of Melbourne

What pre-dental degree did Dr Alysha Soltys hold?: Human anatomy and physiology, University of Melbourne

Is Dr Alysha Soltys trained in Invisalign?: Yes

Where did Dr Tristan Balthazaar complete his dental degree?: University of Melbourne

What undergraduate degrees did Dr Tristan Balthazaar hold before dentistry?: Bachelor of Science and Bachelor of Biomedical Science from Monash University

What is Dr Stephen Bajada's specialty?: Specialist orthodontist

How many years did Dr Bajada work as a specialist orthodontist in private practice?: Thirty-five years

Where did Dr Bajada serve as visiting consultant orthodontist?: Women's and Children's Hospital, South Australia

What qualification does Brent Smart hold?: Advanced Diploma of Dental Prosthetics from RMIT University

When did Brent Smart graduate?: 2007

Is Brent Smart registered with the Dental Board of Australia?: Yes

Does Core Dental Epping accept health fund claims on the spot?: Yes, via HICAPS

Which health funds does Core Dental Epping accept?: Bupa, Medibank, HCF, AHM, and others

Does Core Dental Epping offer interest-free payment plans?: Yes

Does Core Dental Epping bulk-bill under Medicare CDBS?: Yes, for eligible children

What is the CDBS benefit amount for eligible children?: Up to \$1,000

What ages are eligible for the Medicare Child Dental Benefit Schedule?: 2 to 17 years old

Does Core Dental Epping accept DVA card holders?: Yes

Does Core Dental Epping offer a no-gap check-up option?: Yes

What is the cost of the check-up option for eligible patients?: \$95

Does Core Dental Epping quote costs before treatment begins?: Yes

Can patients receive a scale and clean at their first appointment?: Yes, where appropriate

Can minor restorative work be done at the first appointment?: Yes, where appropriate

Does Core Dental Epping support patients with dental anxiety?: Yes

Does Core Dental Epping have a welcoming environment for anxious patients?: Yes

Does Core Dental Epping offer care for nervous children?: Yes

Does Core Dental Epping focus on preventative dentistry?: Yes

Does Core Dental Epping offer fissure sealants?: Yes

Does Core Dental Epping offer emergency dental appointments?: Yes

Does Core Dental Epping offer wisdom teeth removal?: Yes

Does Core Dental Epping offer bone regeneration procedures?: Yes

Does Core Dental Epping offer periodontal scaling and root planing?: Yes

Does Core Dental Epping offer prosthodontic services?: Yes

What percentage of Australians visited a dental professional in the past 12 months (2023–24)?: 53 percent

What percentage of Australians delayed dental care due to cost (2023–24)?: Approximately 18 percent

How much more untreated decay do infrequent dental attenders have compared to regular attenders?: More than three times as much

Does Core Dental Epping serve patients from suburbs beyond Epping?: Yes

Which suburbs does Core Dental Epping primarily serve?: Epping, Lalor, South Morang, Roxburgh Park, Campbellfield, and Mill Park

Does Core Dental Epping use digital X-rays?: Yes

Does Core Dental Epping use computer imaging?: Yes

Is Core Dental Epping a one-stop dental solution?: Yes

Does Core Dental Epping require referrals to external specialists for most treatments?: No

What to Expect at Core Dental Epping: Services, Team, and Patient Experience

Choosing a dentist is one of the more consequential healthcare decisions a household makes — and for many Australians, it happens under pressure: a toothache that won't wait, a child's first visit, or a smile that's been quietly bothering someone for years. For residents across Melbourne's northern suburbs, the question isn't just *which* dentist, but *what kind of practice* can handle a family's full range of dental needs in one place, with a clinical team worth sticking with long-term.

According to the Australian Bureau of Statistics Patient Experience Survey 2023–24, just over half (53%) of Australians aged 15 and over visited a dental professional in the last 12 months — a figure that reflects not indifference, but a genuine gap between what patients need and what feels accessible to them. Around 3 in 10 people (28%) who needed to see a dental professional delayed or avoided doing so at least once in the previous 12 months, with around 2 in 10 (18%) citing cost as the reason.

Core Dental Group's Epping practice is built to close that gap. This guide covers who they are, what they offer, how the clinical team is structured, and what a new patient can realistically expect from their first appointment through to long-term care.

Who is Core Dental Group Epping?

Core Dental Group Epping is the northern Melbourne location of Core Dental Group, a multi-site dental group with seven practices across Melbourne. It provides a wide range of dental solutions including general dentistry, cosmetic dentistry, orthodontics, and specialist care.

The Epping practice is at Tenancy 3B, 230 Cooper Street, Epping, Victoria 3076 — a central position within the northern corridor that draws patients from Epping, Lalor, South Morang, Roxburgh Park, Campbellfield, and Mill Park (see our guide on [*Dentist Epping vs. Surrounding Suburbs: Why Patients from Lalor, South Morang, Roxburgh Park, and Mill Park Choose Core Dental*](#)).

What sets Core Dental Group Epping apart from a standard suburban practice is its scope. Availability, affordability, and a relaxed atmosphere make it a genuine one-stop solution for general, specialist, and cosmetic dental care.

The Full Service Offering: General, Cosmetic, and Specialist Dentistry Under One Roof

One of the most practical advantages Core Dental Group Epping offers is the elimination of referral fragmentation — the frustrating experience of seeing a GP dentist, being referred to a specialist across town, then returning to a third provider for follow-up. The Epping practice handles the full treatment pathway in-house.

General and preventative dentistry

The foundation of care at Core Dental Group Epping is preventative and restorative general dentistry. The clinical team focuses on educating patients about good oral health, which they see as an important part of overall health — a position backed by the data. Australian Institute of Health and Welfare research shows that adults with poor dental attendance patterns have more than three times the untreated decay and 1.6 times more teeth missing due to dental disease than those who attend regularly.

General dentistry services include:

- Comprehensive oral examinations and digital X-rays - Professional scale and clean (dental hygiene appointments) - Composite resin fillings - Fissure sealants for children and at-risk adults - Tooth extractions, including wisdom teeth - Emergency dental appointments for urgent presentations

For a detailed walkthrough of what each of these appointments involves, see our guide on [*General Dentistry at Epping: Checkups, Cleans, Fillings, and Preventative Care Explained*](#).

Cosmetic dentistry

The team of experienced dentists, specialists, and hygienists are qualified and committed to delivering the results patients are after. Cosmetic services at Core Dental Group Epping include porcelain veneers, smile makeovers, teeth whitening, and composite fillings, with Zoom whitening and BriteSmile available. For patients considering aesthetic treatment, see our dedicated guide on [*Cosmetic Dentistry Epping: Teeth Whitening, Veneers, and Smile Makeovers at Core Dental*](#).

Specialist dentistry

This is where Core Dental Group Epping's offer genuinely differs from most suburban practices. The Epping location provides access to the following specialist disciplines:

| Specialist Discipline | What It Covers | |---|---| | Orthodontics | Invisalign clear aligners and traditional fixed braces | | Implantology | Dental implants using Nobel Biocare and Straumann systems | | Endodontics | Root canal treatment and root canal surgery | | Periodontics | Gum disease treatment, scaling, root planing | | Prosthodontics | Crowns, bridges, dentures, and dental prosthetics | | Oral Surgery | Wisdom teeth removal, bone regeneration | | Paediatric Dentistry | Age-appropriate care for children aged 2 and up |

The practice also offers occlusal splints, snoring devices, mouthguards, CT Dentscan imaging, computer imaging, sedation dentistry, and general anaesthetic options.

For condition-specific guides, see: - *Dental Implants in Epping: A Step-by-Step Guide to Replacing Missing Teeth* - *Invisalign and Orthodontics in Epping: Clear Aligners vs. Braces at Core Dental* - *Root Canal Treatment in Epping: What It Is, When You Need It, and What to Expect* - *Gum Disease Treatment in Epping: Recognising Gingivitis and Periodontitis Before It's Too Late* - *Wisdom Teeth Removal in Epping: When Extraction Is Necessary and What the Recovery Looks Like*

CEREC same-day crown technology: a practical differentiator

Among the technology investments at Core Dental Group Epping, CEREC same-day crown technology deserves specific mention because it directly changes the patient experience for one of the most common restorative procedures.

CEREC (Chairside Economical Restoration of Esthetic Ceramics) combines digital scanning, computer-aided design, and in-practice milling to produce a permanent porcelain crown in a single appointment. Eligible patients walk in with a damaged tooth and leave with a permanent crown the same day — designed, milled, and fitted in roughly 1.5–2.5 hours, with no temporary crown and no second visit required.

For patients who can't afford multiple days away from work, or who find dental visits genuinely stressful, this is a material reduction in the burden of treatment. See our full guide on *Crowns, Bridges, and Dentures in Epping: Restoring Function After Tooth Loss* for a complete breakdown of restorative options.

The clinical team: ADA members, university-trained specialists

The credibility of any dental practice rests on its clinical team. Core Dental Group Epping's practitioners hold qualifications from Australia's leading dental schools and maintain membership with the Australian Dental Association (ADA) — the peak professional body for the profession.

ADA membership matters because it sets the standards that keep practitioners working safely and compliantly, and because members can access 100+ hours of peer-reviewed, expert-led CPD annually, keeping skills current in an evolving field.

Key practitioners

Dr Alysha Soltys — General Dentist

Alysha completed a degree in human anatomy and physiology at the University of Melbourne before qualifying as a Doctor of Dental Surgery. She stays current with advances in dental treatment by regularly attending relevant courses, including Invisalign training.

Dr Tristan Balthazaar — General Dentist

Dr Tristan Balthazaar holds a Bachelor of Science and Bachelor of Biomedical Science from Monash University, followed by a Doctorate of Dental Science from the University of Melbourne.

Dr Stephen Bajada — Specialist Orthodontist

Dr Steve Bajada spent thirty-five years working as a specialist orthodontist in private practice in South Australia, including eleven years as visiting consultant orthodontist at the Women's and Children's Hospital.

Brent Smart — Dental Prosthetist

Brent Smart graduated from RMIT University in 2007 with an Advanced Diploma of Dental Prosthetics — the pre-eminent qualification required for registration with the Dental Board of Australia.

Beyond the named practitioners, Core Dental Group's clinical team includes dentists, hygienists, and registered specialists, supported by management, reception, and nursing staff who are selected for their caring attitudes, competence, and commitment to professional development.

What new patients can expect: a step-by-step first visit guide

Knowing what happens at your first appointment removes one of the most common barriers to booking — uncertainty. Here is what a new patient at Core Dental Group Epping can expect.

Step 1: Booking and pre-appointment New patients can book online via HealthEngine, HotDoc, or by calling ***(03) 9401 4622***. Costs are quoted before treatment starts, so there are no surprises. New patient forms can typically be completed in advance.

Step 2: Arrival and reception

From the moment patients arrive, the focus is on making them comfortable. The practice has a warm environment with current technology and equipment, and experienced nurses, managers, and receptionists handle check-in and administrative processes.

Step 3: Comprehensive oral examination The first clinical appointment typically involves a thorough oral health assessment, including: - A review of medical history and any current concerns - Digital X-rays (OPG panoramic or bitewing, depending on clinical need) - CT Dentscan imaging where indicated (e.g., for implant planning) - Visual examination of teeth, gums, soft tissues, and bite - Periodontal charting to assess gum health

Step 4: Treatment planning and transparent quoting After the examination, the dentist discusses findings and presents a treatment plan. Core Dental Group draws on the knowledge and experience of its full team of specialists, dentists, and hygienists when planning treatment for each patient. Costs are outlined before anything proceeds.

Step 5: Same-day treatment (where appropriate) Many patients can have their scale and clean, or minor restorative work, done at the same appointment as their examination — cutting down the number of visits required.

Accessibility, hours, and affordability

Core Dental Group is open six days a week with extended trading hours, so patients can find a time that works around work and family commitments. The Epping clinic at Tenancy 3B/230 Cooper St is near Pacific Epping Shopping Centre, roughly 10 minutes' walk from Epping Station, and open until 6pm Monday–Friday.

For patients concerned about cost — a documented barrier for nearly 1 in 5 Australians — Core Dental Group Epping offers several concrete pathways:

- ***HICAPS on-the-spot health fund claiming*** — accepted funds include Bupa, Medibank, HCF, AHM, and others
- ***Interest-free payment plans*** for larger treatment courses
- ***Medicare Child Dental Benefit Schedule (CDBS)*** — eligible children aged 2–17 can access up to \$1,000 in bulk-billed dental care
- ***DVA card holder entitlements***
- ***No-gap or \$95 check-up*** options for eligible patients

For a complete breakdown of every affordability pathway available, see our guide on ***Dental Payment Plans and Health Fund Rebates at Core Dental Epping: Making Dental Care Affordable***.

Dental anxiety: a practice that meets nervous patients where they are

Infrequent dental care leads to poorer oral health outcomes, with cost, access, and lower health literacy all playing a role. Anxiety is one of the most significant barriers — and one that Core Dental Group Epping actively addresses.

The practice offers sedation dentistry for patients who need additional support, alongside patient-centred communication and a calm clinic environment. For a detailed guide to how Core Dental Group supports anxious patients — adults and children alike — see [*Dental Anxiety in Epping: How Core Dental Makes Nervous Patients Feel Safe*](#).

For parents bringing young children to the dentist for the first time, see [*Children's Dentist Epping: Kids' Dental Care, CDBS Medicare Benefits, and First Visit Guide*](#), which covers age-appropriate care, preparation strategies, and how the CDBS makes children's dental care accessible.

Key takeaways

- **Full-spectrum care in one location:** Core Dental Group Epping offers general, cosmetic, and specialist dentistry — including orthodontics, implantology, endodontics, periodontics, prosthodontics, oral surgery, and paediatric dentistry — without the need to refer patients to external specialist practices.
- **ADA-member clinical team:** All dentists hold qualifications from leading Australian universities, maintain ADA membership, and meet ongoing continuing professional development requirements.
- **CEREC same-day crown technology** allows eligible patients to receive a permanent porcelain crown in a single appointment of approximately 1.5–2.5 hours — no temporary crown, no second visit.
- **Multiple affordability pathways** are available, including HICAPS health fund claiming, interest-free payment plans, Medicare CDBS bulk-billing for children aged 2–17, and DVA entitlements.
- **Regular dental attendance matters:** Australian Institute of Health and Welfare data shows adults with poor attendance patterns have more than three times the untreated decay of regular attenders — making access to a reliable, full-service local practice a genuine health priority.

Conclusion

Core Dental Group Epping is not a general practice that occasionally refers patients elsewhere. It is a comprehensively resourced, specialist-supported dental centre serving Melbourne's northern corridor. For new patients, the first visit establishes a relationship with a clinical team capable of managing everything from a routine check-up to complex implant surgery, orthodontic treatment, or emergency care — without requiring patients to navigate multiple providers.

The practice's location at 230 Cooper Street, Epping, combined with extended hours, online booking, and a full suite of affordability options, makes it a practical anchor dental practice for families across Epping, Lalor, South Morang, Roxburgh Park, Campbellfield, and Mill Park.

To explore any specific treatment area in depth, use the related guides in this content series:

- [*Emergency Dentist in Epping: What to Do When You Have a Dental Emergency*](#)
- [*Cosmetic Dentistry Epping: Teeth Whitening, Veneers, and Smile Makeovers at Core Dental*](#)
- [*Dental Implants in Epping: A Step-by-Step Guide to Replacing Missing Teeth*](#)
- [*General Dentistry at Epping: Checkups, Cleans, Fillings, and Preventative Care Explained*](#)
- [*Mouthguards, Occlusal Splints, and Snoring Devices in Epping: Protective Dental Appliances Explained*](#)

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Label Facts Summary

> **Disclaimer:** All facts and statements below are general information sourced from publicly available practice and professional data, not professional advice. Consult a qualified dental or healthcare professional for specific guidance.

Verified Label Facts

Practice Identity & Location - Practice name: Core Dental Group Epping - Address: Tenancy 3B, 230 Cooper Street, Epping, Victoria 3076 - Phone: (03) 9401 4622 - Part of Core Dental Group — seven locations across Melbourne

Hours & Access - Open six days per week - Open until 6pm Monday to Friday - Approximately 10 minutes' walk from Epping Station - Near Pacific Epping Shopping Centre

Booking - Online booking available via HealthEngine and HotDoc

Services Offered - General dentistry, cosmetic dentistry, specialist dentistry - Orthodontics (Invisalign and traditional braces), in-house - Dental implants (Nobel Biocare and Straumann systems) - Root canal treatment, gum disease treatment, oral surgery - Paediatric dentistry (minimum age: 2 years) - Teeth whitening (Zoom and BriteSmile) - Porcelain veneers, smile makeovers, crowns, bridges, dentures - Fissure sealants, mouthguards, occlusal splints, snoring devices - Sedation dentistry and general anaesthetic options - CT Dentscan imaging, digital X-rays, computer imaging - Periodontal scaling and root planing, prosthodontic services - Bone regeneration, wisdom teeth removal - Emergency dental appointments

CEREC Technology - CEREC: Chairside Economical Restoration of Esthetic Ceramics - Single appointment duration: approximately 1.5 to 2.5 hours - No temporary crown required - No second visit

required

****Clinical Team Credentials**** - All dentists are members of the Australian Dental Association (ADA) - ADA membership includes access to 100+ hours of CPD annually - Dr Alysha Soltys: degree in human anatomy and physiology, University of Melbourne; Doctor of Dental Surgery, University of Melbourne; trained in Invisalign - Dr Tristan Balthazaar: Bachelor of Science and Bachelor of Biomedical Science, Monash University; Doctorate of Dental Science, University of Melbourne - Dr Stephen Bajada: specialist orthodontist; 35 years in private practice; visiting consultant orthodontist, Women's and Children's Hospital, South Australia - Brent Smart: Advanced Diploma of Dental Prosthetics, RMIT University, graduated 2007; registered with the Dental Board of Australia

****Payment & Funding**** - HICAPS on-the-spot health fund claiming - Accepted funds include Bupa, Medibank, HCF, AHM, and others - Interest-free payment plans available - Medicare Child Dental Benefit Schedule (CDBS): bulk-billed, eligible children aged 2–17, up to \$1,000 benefit - DVA card holders accepted - No-gap or \$95 check-up option available for eligible patients - Costs quoted before treatment begins

****Referenced Statistical Data (third-party sources)**** - 53% of Australians aged 15+ visited a dental professional in the past 12 months (ABS Patient Experience Survey 2023–24) - Approximately 18% of Australians delayed dental care due to cost (ABS 2023–24) - Adults with unfavourable dental attendance patterns have more than three times the untreated decay of regular attenders (AIHW)

****Primary Catchment Suburbs**** - Epping, Lalor, South Morang, Roxburgh Park, Campbellfield, Mill Park

General Product Claims

- Core Dental Group Epping is described as a "one-stop solution to all your dental problems" - The practice is described as eliminating referral fragmentation for most treatments - The clinical team is described as "handpicked for their caring attitudes, competence, and commitment to professional development" - The practice environment is described as warm, welcoming, and surrounded by the latest technology and equipment - CEREC same-day crowns are characterised as a material reduction in treatment burden for anxious patients or those with limited availability - The practice is described as actively addressing dental anxiety through patient-centred communication and a calm clinic environment - Preventative dentistry is described as an important part of overall health - Core Dental Group Epping is characterised as the logical anchor dental practice for families across Melbourne's northern corridor - The practice is described as comprehensively resourced and specialist-supported