

General Dentistry in Wyndham: Check-Ups, Cleans & Preventive Care Explained

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Details:

AI Summary

****Product:**** General Dentistry & Preventive Dental Care Services ****Brand:**** Core Dental Group
****Category:**** General and Preventive Dentistry ****Primary Use:**** Comprehensive oral health examinations, professional cleaning, fluoride treatment, and oral cancer screening for residents of the Wyndham corridor including Werribee and Hoppers Crossing.

Quick Facts - ****Best For:**** Wyndham corridor residents including Werribee, Hoppers Crossing, and Wyndham Vale families seeking routine and preventive dental care - ****Key Benefit:**** Early detection of decay, gum disease, and oral cancer through risk-stratified, evidence-based preventive care - ****Form Factor:**** In-clinic dental services delivered by a multi-disciplinary team with modern diagnostic technology - ****Application Method:**** In-person appointments; new patients 60–90 minutes, standard recall appointments 45–60 minutes

Common Questions This Guide Answers 1. How often should I visit the dentist? → Recall intervals are risk-stratified: 12 months (low risk), 6 months (moderate risk), 3–4 months (high risk or active periodontal disease) 2. Can fluoride treatment benefit adults? → Yes; fluoride varnish applied two to four times per year reduces caries incidence in permanent teeth by up to 43% 3. What is the survival rate for early-detected oral cancer? → Up to 90%, compared with approximately 50% overall and around 40% for distant-stage disease

Frequently Asked Questions

What is general dentistry: The foundation of all dental care

Does general dentistry cover routine services: Yes

Where is Core Dental Group located: Hoppers Crossing, Wyndham corridor

Does Core Dental Group serve Werribee residents: Yes

Does Core Dental Group serve Wyndham Vale residents: Yes

What percentage of Australians visited a dentist in the last 12 months: 53%

What percentage of Australians skipped dental care in the last 12 months: Nearly 47%

How many Australians were hospitalised for preventable dental conditions in 2023–24: Approximately 88,600

Are those hospitalisations preventable: Yes, with earlier treatment

What does a comprehensive oral examination assess: Teeth, gums, jaw, bite, and soft tissues

Does a comprehensive oral examination include X-rays: Yes

Does a comprehensive oral examination include oral cancer screening: Yes

Does a comprehensive oral examination include a treatment plan: Yes, a written prioritised plan

Is a cost estimate provided before treatment: Yes

What are healthy periodontal sulcus depths: 1–3 mm

What sulcus depth indicates early to moderate periodontitis: 4 mm or more

By how much did periodontal disease rates increase in Australia between 2003 and 2024: 40%

What is the leading cause of tooth loss in adults: Periodontal disease

Is periodontal disease linked to cardiovascular disease: Yes

Is periodontal disease linked to diabetes: Yes

Is periodontal disease linked to adverse pregnancy outcomes: Yes

What does a scale-and-clean remove: Plaque and calculus from teeth

What is supragingival scaling: Removal of deposits above the gumline

What is subgingival scaling: Removal of deposits below the gumline

Does a scale-and-clean include oral hygiene instruction: Yes

Is the recall interval for scale-and-clean the same for all patients: No, it is risk-stratified

What is the recommended recall interval for low-risk patients: 12 months

What is the recommended recall interval for moderate-risk patients: 6 months

What is the recommended recall interval for high-risk or active periodontal disease patients: 3–4 months

What is the initial recall interval after active periodontal therapy: 3 months

Does Core Dental Group use a fixed six-monthly schedule for all patients: No

Can fluoride varnish reduce caries incidence in permanent teeth: Yes, by up to 43%

How many times per year should fluoride varnish be applied for maximum benefit: Two to four times per year

How long does a fluoride varnish application take: Under two minutes

How long should patients avoid eating or drinking after fluoride varnish: 30 minutes

Is fluoride treatment only for children: No, adults benefit too

Do older adults with dry mouth benefit from fluoride treatment: Yes

Do orthodontic patients benefit from fluoride treatment: Yes

Do patients with exposed root surfaces benefit from fluoride treatment: Yes

How many oral cancer cases are diagnosed in Australia each year: Approximately 700

What is the overall five-year survival rate for oral cancer: 50%

What is the five-year survival rate for early-detected oral cancer: Up to 90%

What is the five-year survival rate for localised oral cavity cancer: Approximately 88%

What is the five-year survival rate for distant-stage oral cancer: Around 40%

Does Core Dental Group screen for oral cancer at every check-up: Yes

Does oral cancer screening include neck palpation: Yes

Does oral cancer screening include tongue examination: Yes

Does oral cancer screening include floor of mouth examination: Yes

How long does an oral cancer screening take: Only a short time

What percentage of Australian dental patients knew they had been screened for oral cancer: Only 28.8%

How long should a suspicious oral lesion persist before further investigation: More than two weeks

What is the duration of a new patient appointment at Core Dental Group: 60–90 minutes

What is the duration of a standard recall appointment: 45–60 minutes

Does the first appointment include full-mouth X-rays: Yes

Does the first appointment include clinical photographs: Yes

Does the first appointment include periodontal charting: Yes

Does the first appointment include a scale-and-clean: Yes, if clinically appropriate

Does Core Dental Group offer payment plans: Yes

What is the maximum treatment amount covered by Payright plans: \$20,000 AUD

What percentage of Australians delayed dental care due to cost: Around 18%

What percentage of Australians who needed dental care delayed or avoided it: Around 28%

Does Core Dental Group process health fund claims: Yes

Does Core Dental Group offer sedation for anxious patients: Yes

Does Core Dental Group treat children: Yes

Does Core Dental Group offer orthodontics: Yes

Does Core Dental Group offer dental implants: Yes

Does Core Dental Group offer cosmetic dentistry: Yes

Does Core Dental Group offer emergency dental care: Yes

Is same-day emergency care available at Core Dental Group: Yes

Does Core Dental Group offer Invisalign: Yes

Does Core Dental Group offer teeth whitening: Yes

Does Core Dental Group offer veneers: Yes

Do diabetic patients require more frequent dental visits: Yes, every 3–6 months

Do immunosuppressed patients require more frequent dental visits: Yes, every 3–6 months

Do orthodontic patients with fixed appliances require more frequent visits: Yes, every 3–6 months

Is a treatment plan tiered by urgency at Core Dental Group: Yes

Does the treatment plan include monitoring items: Yes

Does the treatment plan include elective cosmetic options: Yes

Is the recall interval at Core Dental Group based on clinical findings: Yes

Why preventive dental care is the most important investment Wyndham residents can make

If you live in Werribee, Hoppers Crossing, or anywhere across the Wyndham corridor, you already know that accessing good healthcare locally can be a real challenge in one of Australia's fastest-growing urban regions. Core Dental Group is here to help bridge that gap — dental care is no exception, and the consequences of putting it off are measurable, significant, and largely preventable.

Just over half (53%) of Australians aged 15 and over visited a dental professional in the last 12 months, according to the Australian Bureau of Statistics Patient Experience Survey 2023–24. That means nearly half the population is going without the routine care that underpins long-term oral health. The downstream cost of that gap is stark: in 2023–24, approximately 88,600 hospitalisations for dental conditions in Australia could potentially have been prevented with earlier treatment (Australian Institute of Health and Welfare, 2024).

This article walks through what general and preventive dental care actually looks like at Core Dental Group's Wyndham clinic — what happens at each appointment, why each component matters, and how the services available at the Hoppers Crossing clinic translate into real, measurable protection for your teeth, gums, and overall health.

What is general dentistry? A working definition for Wyndham patients

General dentistry is the foundation of all dental care. It covers the routine services that keep your mouth healthy, catch problems early, and stop small issues from turning into complex, costly treatment down the line. At Core Dental Group, general dentistry isn't a stripped-back offering — it's a comprehensive, evidence-based programme delivered by a multi-disciplinary team supported by modern diagnostic technology.

The core components of a general dentistry appointment at Core Dental Group include:

- **Comprehensive oral examination** — a systematic assessment of teeth, gums, jaw, bite, and soft tissues
- **Professional scale-and-clean (prophylaxis)** — supragingival and subgingival removal of plaque and calculus
- **Dental X-rays** — bitewing and/or periapical radiographs to detect decay and bone changes not visible to the naked eye
- **Oral cancer screening** — visual and tactile examination of all oral mucosal surfaces, tongue, floor of the mouth, and neck
- **Fluoride treatment** — professionally applied topical fluoride for eligible patients
- **Personalised treatment planning** — a written, prioritised plan outlining any recommended treatment with upfront cost estimates

Each of these components is covered in detail below.

The comprehensive oral examination: what your dentist is actually looking for

A comprehensive oral examination is far more than a quick glance at your teeth. At Core Dental Group, the examination is structured to assess multiple systems at once, because oral health doesn't exist in isolation from your general health.

Teeth assessment

Your dentist will probe each tooth surface for signs of active decay, existing restorations that may be failing, cracked tooth syndrome, and wear patterns that point to bruxism (grinding) or acid erosion. Dental X-rays — typically recommended every 12 to 24 months depending on your risk profile — reveal interproximal decay (between teeth) and changes in bone levels that are invisible during a clinical inspection alone.

Periodontal (gum) assessment

Periodontal probing — using a calibrated instrument to measure the depth of the sulcus (pocket) around each tooth — is the standard clinical method for detecting and staging gum disease. Healthy sulcus depths are 1–3 mm; readings of 4 mm or more indicate early to moderate periodontitis.

The rate of periodontal disease in Australia increased by 40% between 2003 and 2024 (AIHW, Australian Burden of Disease Study, 2024). That's not a minor statistic. Periodontal disease is now the leading cause of tooth loss in adults, and its systemic links — to cardiovascular disease, diabetes, and adverse pregnancy outcomes — make its detection at a routine check-up clinically significant well beyond the mouth itself.

Bite, jaw, and temporomandibular joint (TMJ) assessment

Your dentist will assess your occlusion (how your teeth meet), screen for signs of bruxism, and palpate the TMJ and surrounding muscles for tenderness or dysfunction. Catching a bite problem or grinding habit early allows for protective intervention — such as a custom occlusal splint — before significant tooth structure is lost.

Soft tissue and oral cancer screening

This component is addressed in detail in its own section below, but soft tissue assessment is an integral part of every comprehensive examination at Core Dental Group, not an optional add-on.

Professional scale-and-clean: the evidence behind the appointment

The professional scale-and-clean (also called prophylaxis, or professional mechanical plaque removal, PMPR) is the part of the dental visit most patients think of first. It's also the most nuanced when it comes to the evidence base.

Dental plaque plays a central role in the development of periodontal diseases including gingivitis and periodontitis. Scaling and polishing by dental professionals is intended to complement the patient's own plaque control, not replace it.

A 2024 rapid review published in the **Journal of Dental Research** (Matthews & Al-Waeli, Dalhousie University) brought together the current evidence on the clinical effectiveness and optimal frequency of scaling and polishing for adults. Its conclusions are worth understanding:

- One claims-based study found that regular scale-and-polish reduced tooth loss, and two clinical practice guidelines identified a reduced risk of future attachment and tooth loss, lower overall healthcare costs for diabetes, and reduced costs for and incidence of acute myocardial infarction in those with regular scale-and-polish.

- For adults with no or early periodontal disease and regular access to dental care, routine scale-and-polish may have limited clinical benefit but does reduce tooth loss and some healthcare expenses. In patients with periodontitis, scaling intervals tailored to individual risk profile and periodontal status can maintain health effectively.

This nuance matters. At Core Dental Group, the frequency of your professional clean is not set by a blanket six-monthly schedule — it's risk-stratified. Patients with healthy gums and low caries risk may be well-managed with an annual clean and thorough home care coaching. Patients with active periodontal disease, a history of heavy calculus build-up, or systemic conditions such as diabetes may benefit from three- to four-monthly supportive periodontal therapy (SPT).

In patients who have completed active periodontal therapy, regular professional SPT is strongly recommended to reduce the risk of tooth loss and prevent disease recurrence. Initially, SPT should be scheduled at three-month intervals, then tailored to the patient's risk profile — with high-risk individuals benefiting from three-monthly SPT and lower-risk patients remaining stable at six to twelve months. (Sanz et al., European Federation of Periodontology S3 Clinical Practice Guidelines, 2020/2022, as summarised in Matthews & Al-Waeli, 2024.)

What happens during a scale-and-clean at Core Dental Group

1. **Supragingival scaling** — removal of calculus (tartar) and plaque from tooth surfaces above the gumline using ultrasonic scalers and hand instruments 2. **Subgingival scaling** — removal of deposits from below the gumline in pockets, where bacterial biofilm drives gum inflammation 3. **Polishing** — smoothing of tooth surfaces with a prophylaxis paste to reduce future plaque adhesion and remove extrinsic staining 4. **Oral hygiene instruction** — personalised coaching on brushing technique, interdental cleaning (floss, interdental brushes), and any adjuncts (e.g., antiseptic mouthrinse) appropriate to your risk profile

Fluoride treatments: who needs them and why

Professionally applied topical fluoride is one of the most evidence-supported preventive interventions in dentistry. And it's not just for kids.

Clinical evidence shows that fluoride varnish applications performed two to four times per year can reduce the incidence of dental caries in permanent teeth by up to 43%. (Yeh et al., *Healthcare*, 2025 — a narrative review of peer-reviewed publications from 2000 to 2025.)

Fluoride consistently delivers preventive and therapeutic benefits across multiple delivery forms — including toothpaste, varnishes, mouthrinses, supplements, and silver diamine fluoride — with particular advantages for high-risk groups such as children, orthodontic patients, and older adults.

At Core Dental Group, fluoride varnish is recommended based on individual caries risk assessment, not applied universally. Patients who typically benefit most include:

- Children and teenagers (see our guide on *Children's Dentistry in Wyndham: Paediatric Dental Care for Hoppers Crossing Families*)
- Adults with a history of frequent decay
- Patients with exposed root surfaces (common in those with gum recession)
- Patients undergoing orthodontic treatment with fixed appliances (see our guide on *Invisalign & Orthodontics at Core Dental Group*)
- Older adults with dry mouth (xerostomia), often medication-induced
- Patients with high sugar diets or acidic beverage consumption

The application itself takes under two minutes. A high-concentration fluoride varnish is painted onto tooth surfaces, sets quickly on contact with saliva, and continues releasing fluoride ions into enamel for several hours. Patients are advised to avoid eating or drinking for 30 minutes after application.

Oral cancer screening: a potentially life-saving two minutes

Oral cancer screening is embedded within every comprehensive examination at Core Dental Group — and its importance genuinely can't be overstated.

Approximately 700 cases of oral cancer are diagnosed each year in Australia. It's an aggressive disease with a five-year survival rate of only 50% overall — but if detected early, that figure can be as high as 90%.

The five-year relative survival rate for localised oral cavity and pharyngeal cancers is approximately 88%, compared with only around 40% for distant-stage disease. (Jindal et al., *Cancer Nexus*, Wiley, 2026.)

The implication is direct: the difference between a curable and a life-threatening diagnosis often comes down to whether a lesion was detected during a routine dental visit before symptoms appeared.

An oral cancer examination, as part of a comprehensive oral examination, takes only a short time. Many cancers can be found early during routine oral exams by a dentist. It is recommended to have regular dental check-ups to detect changes in the mouth such as the development of white patches (leukoplakia) and red patches (erythroplakia). (Australian Dental Association, Policy Statement 6.10 — Oral Cancer.)

What the screening involves

The most effective oral cancer screening is a visual and tactile intra-oral and extra-oral examination, which must also include palpation of the neck and assessing the appearance of the tonsils and back of the throat for symmetry.

At Core Dental Group, the dentist will:

1. Examine the lips, labial mucosa, and commissures
2. Inspect the buccal mucosa (inner cheeks) bilaterally
3. Assess the hard and soft palate
4. Examine the tongue — dorsal, lateral borders, and ventral surface
5. Inspect the floor of the mouth
6. Palpate the neck lymph nodes for enlargement or tenderness
7. Assess the tonsils and oropharynx

Any lesion that persists for more than two weeks without an identifiable cause warrants further investigation or specialist referral.

General dental practitioners are frontline providers who play a critical role in the early detection of oral cancer through routine screening. Despite this, only 28.8% of Australian dental patients surveyed knew that they had previously been screened for oral cancer, pointing to a significant gap in patient awareness (University of NSW study, *PMC*, 2022). Core Dental Group addresses this directly by communicating the screening process to patients at every visit.

Personalised treatment planning: the difference between reactive and proactive dental care

One of the most undervalued parts of a general dentistry appointment is the treatment planning conversation that follows the examination. At Core Dental Group, every finding is documented, prioritised, and communicated to the patient in plain language — with written cost estimates provided before any treatment proceeds.

A personalised treatment plan typically distinguishes between:

- **Urgent treatment needs** — active decay, infection, or acute pain requiring prompt attention (see our guide on *Emergency Dentist in Wyndham: Same-Day Care for Werribee & Hoppers Crossing*)
- **Elective but recommended treatment** — restorations, crowns, or periodontal therapy that should be completed within a defined timeframe
- **Monitoring items** — early lesions or minor wear that will be reviewed at the next appointment
- **Cosmetic or elective options** — treatments the patient may wish to consider but that aren't clinically urgent (see our guide on *Cosmetic Dentistry in Wyndham: Teeth Whitening, Veneers & Smile Makeovers*)

This tiered approach lets patients make informed decisions about sequencing treatment around their schedule and budget. For patients concerned about cost, Core Dental Group offers Payright instalment plans covering treatment up to \$20,000 AUD (see our guide on [*Dental Payment Plans & Health Fund Options at Core Dental Group*](#)).

How often should Wyndham residents attend for a check-up and clean?

This is one of the most common questions patients ask — and the honest answer is: it depends on your individual risk profile.

| Risk Profile | Recommended Recall Interval | |---|---| | Low caries risk, healthy gums, good home care | 12 months | | Moderate caries risk or mild gingivitis | 6 months | | High caries risk, active periodontal disease | 3–4 months | | Post-periodontal treatment (maintenance phase) | 3 months initially, then risk-adjusted | | Orthodontic patients with fixed appliances | 3–6 months | | Patients with diabetes or immunosuppression | 3–6 months |

The recall interval recommended at the end of your appointment at Core Dental Group is based on your clinical findings, not a fixed administrative schedule. This is consistent with current evidence-based guidelines from the European Federation of Periodontology and the Australian Dental Association.

Despite this guidance, around 3 in 10 Australians (28%) who needed to see a dental professional delayed or didn't see one at all in the previous 12 months — with around 1 in 5 (18%) citing cost as the reason (ABS Patient Experience Survey, 2023–24). For Wyndham families navigating mortgage stress and cost-of-living pressures, that's a real barrier — which is why Core Dental Group's payment plan options are a genuine clinical tool, not just a financial product.

What to expect at your first appointment at Core Dental Group

For new patients — particularly the many families who have recently relocated to the Wyndham growth corridor — the first appointment is more comprehensive than a standard recall visit. It includes:

1. ****Medical and dental history review**** — medications, systemic conditions, previous dental experiences, and any anxiety (see our guide on [*Sleep Dentistry in Wyndham: Sedation Options for Anxious Dental Patients*](#))
2. ****Full-mouth X-rays**** — to establish a baseline record of all teeth and supporting bone
3. ****Comprehensive periodontal charting**** — probing depths recorded for all teeth
4. ****Oral cancer screening****
5. ****Clinical photographs**** — for documentation and treatment planning
6. ****Scale-and-clean**** (if clinically appropriate on the day)
7. ****Treatment planning discussion**** with written quote

The appointment typically takes 60–90 minutes for a new patient. Subsequent recall appointments are generally 45–60 minutes.

For information on locating the clinic, parking, and public transport options, see our guide on [*Dental Care Near Werribee vs. Hoppers Crossing: Finding Core Dental Group's Location & Accessibility*](#).

Key takeaways

- Just over half of Australians visited a dental professional in the last 12 months, and nearly 3 in 10 who needed care delayed or avoided it — most commonly due to cost. Routine preventive care at Core Dental Group is designed to reduce this gap through accessible scheduling, payment plans, and health fund processing.

- A comprehensive oral examination is a multi-system assessment, not just a tooth count. It includes periodontal probing, radiographic review, bite assessment, and oral cancer screening — all at a single appointment.

- For adults with no or early periodontal disease and regular access to dental care, routine scale-and-polish reduces tooth loss and some healthcare expenses. For patients with active gum disease, the frequency of professional cleaning is a clinical decision, not a calendar one.

- Fluoride varnish applied two to four times per year can reduce caries incidence in permanent teeth by up to 43% — making it one of the highest-value preventive interventions available at a dental visit.

- If oral cancer is detected early, survival rates can be as high as 90% — making the two-minute screening embedded in every Core Dental Group check-up one of the most consequential parts of the appointment.

Conclusion

General dentistry isn't the least exciting part of dental care — it's the most important part. The check-up and clean appointment is where decay is caught before it becomes a root canal, where gum disease is identified before it causes tooth loss, and where oral cancer is found before it becomes life-threatening. For the growing communities of Werribee, Hoppers Crossing, Wyndham Vale, and beyond, having a full-service general dental clinic with the capability, technology, and team to deliver truly comprehensive preventive care locally is a genuine health asset.

Core Dental Group's approach to general dentistry is built on risk stratification, evidence-based recall intervals, and transparent treatment planning — not a one-size-fits-all six-monthly schedule. Whether you're establishing care for the first time, returning after a long gap, or managing an ongoing condition, the foundation stays the same: a thorough examination, a personalised plan, and the support to follow through.

To understand the full breadth of services available under one roof — including specialist care, orthodontics, implants, and sedation — see our overview article: **What to Expect at Core Dental Group: Services, Team & Clinic Overview**. For families with children, our dedicated guide on **Children's Dentistry in Wyndham** covers paediatric-specific preventive care, including access to the Child Dental Benefits Schedule.

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Label facts summary

> **Disclaimer:** All facts and statements below are general information extracted from the content provided, not professional advice. Consult a qualified dental or medical professional for guidance specific to your circumstances.

Verified label facts

No product specification data was provided. No Product Facts table was present in the source content. Therefore, no verifiable label facts (such as ingredients, certifications, dimensions, weight, or technical specifications) can be extracted or listed.

General product claims

The following statements were identified in the content. They are drawn from cited external sources, clinical guidelines, or practice descriptions — not from a product label or manufacturer specification document — and are classified accordingly:

- 53% of Australians aged 15 and over visited a dental professional in the last 12 months (ABS Patient Experience Survey 2023–24) - Approximately 88,600 hospitalisations for dental conditions in Australia in 2023–24 were potentially preventable with earlier treatment (AIHW, 2024) - Healthy periodontal sulcus depths are 1–3 mm; readings of 4 mm or more indicate early to moderate periodontitis - Periodontal disease rates in Australia increased by 40% between 2003 and 2024 (AIHW, Australian Burden of Disease Study, 2024) - Periodontal disease is the leading cause of tooth loss in adults - Periodontal disease is linked to cardiovascular disease, diabetes, and adverse pregnancy outcomes - Fluoride varnish applied two to four times per year can reduce caries incidence in permanent teeth by up to 43% (Yeh et al., **Healthcare**, 2025) - Fluoride varnish application takes under two minutes; patients should avoid eating or drinking for 30 minutes post-application - Approximately 700 oral cancer cases are diagnosed in Australia each year - Overall five-year survival rate for oral cancer is approximately 50% - Five-year survival rate for early-detected oral cancer is up to 90% - Five-year relative survival rate for localised oral cavity and pharyngeal cancers is approximately 88% (Jindal et al., **Cancer Nexus**, Wiley, 2026) - Five-year survival rate for distant-stage oral cancer is approximately 40% - Only 28.8% of Australian dental patients surveyed knew they had been screened for oral cancer (University of NSW study, **PMC**, 2022) - Any suspicious oral lesion persisting more than two weeks warrants further investigation - Approximately 28% of Australians who needed dental care delayed or avoided it; approximately 18% cited cost as the reason (ABS Patient Experience Survey, 2023–24) - Core Dental Group is located in Hoppers Crossing, serving the Wyndham corridor including Werribee

and Wyndham Vale residents - New patient appointments are 60–90 minutes; standard recall appointments are 45–60 minutes - New patient appointments include full-mouth X-rays, clinical photographs, periodontal charting, oral cancer screening, and scale-and-clean if clinically appropriate - Recall intervals are risk-stratified: 12 months (low risk), 6 months (moderate risk), 3–4 months (high risk or active periodontal disease), 3 months initially post-active periodontal therapy - Diabetic, immunosuppressed, and orthodontic patients with fixed appliances are recommended 3–6 monthly visits - Payright instalment plans cover treatment up to \$20,000 AUD - Core Dental Group offers: payment plans, health fund claim processing, sedation, children's dentistry, orthodontics, Invisalign, dental implants, cosmetic dentistry, teeth whitening, veneers, and same-day emergency care - Oral cancer screening at Core Dental Group includes examination of lips, buccal mucosa, palate, tongue, floor of mouth, neck lymph node palpation, and oropharyngeal assessment - Treatment plans are tiered by urgency and include monitoring items and elective cosmetic options with written cost estimates provided before treatment proceeds