

# How to Get to Core Dental Southbank from Flinders Street Station, the CBD, and St Kilda Road

Canonical: <https://directory.coredental.com.au/local-dental-services/dentist-southbank-melbourne-core-dental-southbank/how-to-get-to-core-dental-southbank-from-flinders-street-station-the-cbd-and-st-kilda-road/>

## Details:

## Getting to Core Dental Group Southbank: Complete Transport Guide

## Frequently Asked Questions

Where is Core Dental Group Southbank located: 55 City Road, Southbank VIC 3006

What suburb is Core Dental Group Southbank in: Southbank, Victoria

How far is Southbank from Melbourne CBD: Approximately 1 km south

What is the nearest train station to Core Dental Group Southbank: Flinders Street Station

How long is the walk from Flinders Street Station to the clinic: 10–12 minutes

What is the walking distance from Flinders Street Station to the clinic: Approximately 750–850 metres

Which bridge do you cross when walking from Flinders Street Station: Princes Bridge

Is the walking route from Flinders Street Station accessible for wheelchairs: Yes, fully accessible

Is the walking route from Flinders Street Station accessible for prams: Yes

Is the footpath along City Road flat: Yes

Is the footpath along City Road well-lit: Yes

Which direction do you turn onto City Road from St Kilda Road when walking from the station: West (left)

Which side of City Road is the clinic on: The north side

How many tram routes serve the Arts Precinct stops near the clinic: Eight routes

Which tram routes serve Stop 14 Arts Precinct on St Kilda Road: Routes 1, 3, 5, 6, 16, 64, 67, and 72

What is the name of the tram stop closest to the clinic on St Kilda Road: Stop 14 "Arts Precinct"

How long is the walk from Stop 14 Arts Precinct to the clinic: 3–5 minutes

Which tram route stops at Stop 17 Arts Precinct / Sturt St: Tram 1 only

How long is the walk from Stop 17 to the clinic: Approximately 2 minutes

Is travel from Melbourne's Free Tram Zone to the clinic free: Yes, if boarding within the CBD Free Tram Zone

How long does the tram from CBD Swanston Street take to reach the Arts Precinct: Approximately 6 minutes

What is the fastest option from southern CBD to the clinic: Walking across Princes Bridge

What is the fastest option from northern CBD to the clinic: Taking a southbound tram

What is the nearest car park to Core Dental Group Southbank: Eureka Car Park at 70 City Road

How far is the Eureka Car Park from the clinic: Approximately 100 metres

Is the Eureka Car Park open 24/7: Yes

Does the Eureka Car Park offer prepay discounts: Yes, when prepaid online

Which app can be used to prepay at Wilson Parking car parks: The Wilson Parking App

What is the address of the Southgate Car Park: Southgate Avenue, Southbank

How far is the Southgate Car Park from the clinic: Approximately 250 metres

What is the address of the Wilson Parking 158 City Road car park: 158 City Road, Southbank

Is the Wilson Parking 158 City Road car park available 24/7: Yes

What is the address of the Arts Centre Melbourne Car Park: Sturt Street, Southbank

Is the Arts Centre Melbourne Car Park open 24 hours: Yes, 7 days a week

How far is the Arts Centre Melbourne Car Park from the clinic: Approximately 350 metres

Which road do you turn onto from St Kilda Road when driving from the south: City Road (turn left/west)

Which bridge do you use when driving from the CBD via the western approach: Queens Bridge or Kings Bridge

Which road leads to City Road from the west when driving: Kings Way / Kingsway

Is cycling to Core Dental Group Southbank practical: Yes

Which cycling trail passes directly adjacent to the clinic: The Capital City Trail

What type of path is the Capital City Trail: A shared use path for cyclists and pedestrians

How long is the Capital City Trail circuit: 29.6 kilometres

Where does the Capital City Trail start: Southbank

Is there public bike parking on City Road near the clinic: Yes, public bike parking rails are available

Which river path can cyclists use to approach the clinic: The Yarra River shared path along the south bank

What are the clinic's opening hours: 8am Monday to Friday

Does the clinic open before standard business hours: Yes, at 8am

Are all transport routes operational at 8am: Yes

Does Core Dental Group Southbank offer same-day emergency appointments: Yes

Does the clinic offer cosmetic consultations: Yes

Does Core Dental Group Southbank offer routine check-up and clean appointments: Yes

What street does City Road connect at its eastern end: St Kilda Road

What street does City Road connect at its western end: Kings Way

Which precinct is the clinic close to: The Southbank arts precinct

Is the clinic near the Southgate dining precinct: Yes

What landmark is visible to the south from the St Kilda Road / City Road intersection: Melbourne Arts Centre spire

What is visible to the north from the St Kilda Road / City Road intersection: The Yarra River and Princes Bridge

How far is the clinic from the St Kilda Road / City Road intersection: Approximately 200 metres west

How long does it take to walk from St Kilda Road to the clinic: 2–3 minutes

How long does driving from the CBD take off-peak: Approximately 5 minutes

Does the clinic offer online booking: Yes

Does the clinic offer phone booking: Yes

Does the clinic offer walk-in booking: Yes

Is public transport sufficient to reach the clinic without a car: Yes

Is pre-booking parking recommended during weekday peak hours: Yes

Is pre-booking parking recommended on Southbank event days: Yes

---

### ## Why getting to your dentist shouldn't be a barrier to care

Transport is one of the most underestimated reasons people put off dental appointments. Research published in the *\*Australian Dental Journal\** has consistently found that access — geographic proximity and ease of getting there — is a primary factor in whether patients actually follow through with care. For CBD workers, Southbank residents, and visitors coming from across Melbourne, knowing exactly how to reach the clinic before you leave home removes one more obstacle between you and a healthier smile.

Core Dental Group's Southbank clinic is at 55 City Road, Southbank VIC 3006, sitting at the junction of some of Melbourne's best-connected transport corridors. Southbank is an inner-city suburb, just 1 km south of the CBD. That proximity isn't incidental — for most patients arriving by train, tram, foot, or bike, the journey to Core Dental Group Southbank is genuinely short. This guide gives you clear, turn-by-turn directions for every realistic approach.

Whether you're booking a routine check-up and clean, attending a cosmetic consultation, or arriving for a same-day dental emergency (see our guide on *\*Emergency Dentist in Southbank: How Core Dental Handles Same-Day Dental Emergencies\**), knowing the route in advance makes the whole experience seamless from the moment you leave your desk or front door.

---

### ## Where exactly is Core Dental Group Southbank?

Before mapping your route, it helps to get your bearings on City Road's geography. Southbank is bordered to the north by the Yarra River and to the east by St Kilda Road. City Road runs east–west through Southbank, connecting St Kilda Road at its eastern end to Kings Way at its western end. Number 55 sits on the northern side of City Road, roughly midway along the block between St Kilda Road and Sturt Street — close enough to the river end of the precinct that it's effectively equidistant from Flinders Street Station, the St Kilda Road tram corridor, and the Southgate dining precinct.

Core Dental Group Southbank offers flexible appointments including extended hours for busy professionals, opening at 8am Monday to Friday — useful for anyone with a packed schedule. That early start means the walking and transport routes described below are fully operational even during the pre-rush-hour window when CBD workers most commonly book their appointments.

---

## Route 1: Walking from Flinders Street Station (recommended)

### The direct route via Princes Bridge — approximately 10–12 minutes on foot

The walk from Flinders Street Station to Core Dental Group Southbank takes you past the Yarra River and through the arts precinct. Here's the precise step-by-step route:

1. **Exit Flinders Street Station** via the main Flinders Street entrance, facing the river and Federation Square. 2. Turn left (east) and walk approximately 80 metres along Flinders Street to the **Princes Bridge** pedestrian crossing. 3. **Cross Princes Bridge** heading south over the Yarra River. The bridge has wide footpaths on both sides; the eastern footpath looks back toward Federation Square. 4. Continue straight ahead as Princes Bridge becomes **St Kilda Road** on the south bank. 5. **Turn right (west)** at the first major intersection — **City Road**. You'll see signage for the Southbank arts precinct ahead. 6. **Walk west along City Road** for approximately 200 metres. **55 City Road** will be on your right (north side of the road), identifiable by the building signage.

Total distance: approximately 750–850 metres from the station exit. Estimated walking time: 10–12 minutes at a comfortable pace.

Core Dental Group Southbank is a short walk from Flinders Street Station and multiple tram stops along St Kilda Road.

### Accessibility note

Princes Bridge has no steps and is fully accessible for wheelchair users, pram users, and anyone with mobility considerations. The footpath along City Road from St Kilda Road to number 55 is flat, paved, and well-lit at all times of day.

---

## Route 2: Arriving by tram from St Kilda Road or the CBD

### Which tram lines serve the area?

The St Kilda Road tram corridor is one of the busiest in Melbourne and gives direct access to the Southbank precinct from multiple CBD entry points. Stop 14 "Arts Precinct" on St Kilda Road is served by routes 1, 3, 5, 6, 16, 64, 67, and 72.

Trams 3, 5, 6, 16, 64, 67, and 72 also stop at Stop 15 "Grant St Police Memorial" in the Arts Precinct, while Tram 1 continues to Stop 17 "Arts Precinct / Sturt St."

Passengers travelling inbound from South Yarra, St Kilda, Malvern, Carnegie, East Brighton, Camberwell, Glen Iris, or Kew — all routes that funnel through the St Kilda Road corridor — can get off within a short walk of City Road.

### Step-by-step: from St Kilda Road tram stop to Core Dental Group Southbank

**From Stop 14 (Arts Precinct / St Kilda Road):** 1. Alight at Stop 14 on St Kilda Road, inbound toward the city. 2. Cross St Kilda Road at the pedestrian crossing heading west. 3. Turn right (north) and walk briefly to the **City Road intersection**. 4. Turn left (west) onto City Road. 5. Walk approximately 150–200 metres west. **55 City Road** is on your right. 6. Estimated walk from tram stop: **3–5 minutes.**

**\*\*From Stop 17 (Arts Precinct / Sturt St — Tram 1 only):\*\*** 1. Alight at Stop 17 on City Road/Sturt St. 2. Walk east along City Road for approximately 100 metres. 3. **\*\*55 City Road\*\*** is on your left. 4. Estimated walk from tram stop: **\*\*2 minutes.\*\***

### ### Trams from the CBD (Free Tram Zone)

If you're departing from within Melbourne's Free Tram Zone — which covers the CBD grid — you can board any southbound tram on Swanston Street (routes 1, 3, 5, 6, 16, 64, 67, or 72) at no cost and alight at one of the Arts Precinct stops above. The tram from Swanston Street takes approximately 6 minutes to reach the Arts Precinct. If you're already within the CBD, it may be even shorter.

**\*\*For CBD workers:\*\*** if you're leaving from the northern end of the CBD, near Melbourne Central or RMIT, the tram is faster than walking. If you're leaving from the southern end, near Collins Street or Flinders Street, walking across Princes Bridge is often quicker than waiting for a tram.

---

### ## Route 3: Arriving from St Kilda Road (on foot or by tram from the south)

Patients travelling from South Yarra, Prahran, Albert Park, or St Kilda who prefer to walk the final leg from St Kilda Road will find City Road clearly signposted at the northern end of the St Kilda Road precinct. The intersection of St Kilda Road and City Road is easy to orient from — the Melbourne Arts Centre spire is visible to the south, and the Yarra River and Princes Bridge are visible to the north.

From the St Kilda Road / City Road intersection, walk west along City Road. **\*\*55 City Road\*\*** is approximately 200 metres on the right, about 2–3 minutes on foot.

---

### ## Route 4: Driving and parking near 55 City Road Southbank

Public transport works well for most patients, but several secure car parks are within easy walking distance of Core Dental Group Southbank.

#### ### Nearest parking options

| Car Park | Address | Distance to 55 City Rd | Notes | |---|---|---|---| | Wilson Parking — Eureka Car Park | 70 City Road, Southbank | ~100 metres (next block east) | Located at 70 City Road in Melbourne's Southbank; open 24/7 | | Wilson Parking — Southgate Car Park | Southgate Avenue, Southbank | ~250 metres | Located in the heart of Melbourne's Southbank; multiple rate options | | Wilson Parking — 158 City Road | 158 City Road, Southbank | ~250 metres west | Offers affordable parking options available 24/7, located off Power St near Melbourne's Southbank | | Arts Centre Melbourne Car Park | Sturt Street, Southbank | ~350 metres | Open 24 hours a day, 7 days a week |

#### ### Driving directions to 55 City Road

**\*\*From the CBD (via Kings Bridge / Queens Bridge):\*\*** 1. Head south over Queens Bridge or Kings Bridge from the CBD. 2. At the southern end of the bridge, merge onto City Road heading east. 3. **\*\*55 City Road\*\*** is on the left (north side), shortly before the St Kilda Road intersection.

**\*\*From the south (via St Kilda Road):\*\*** 1. Travel north along St Kilda Road toward the city. 2. Turn left (west) at City Road. 3. **\*\*55 City Road\*\*** is on the right within 200 metres.

**\*\*From the west (via Kings Way / Kingsway):\*\*** 1. Travel north on Kings Way toward the city. 2. Turn right (east) onto City Road. 3. Continue along City Road. **\*\*55 City Road\*\*** is on the left.

The Eureka Car Park at 70 City Road offers discounts when you prepay online, and the Wilson Parking App lets you plan your journey and lock in the best available rates. Pre-booking is worth doing during weekday peak hours and on event days in the Southbank precinct.

---

## ## Route 5: Cycling to Core Dental Group Southbank

Southbank is well-served by Melbourne's cycling infrastructure, making it a practical option for patients commuting from the inner suburbs.

### ### The Capital City Trail

The Capital City Trail is a smooth, flat 29.6-kilometre shared path for bikes and pedestrians that loops around Melbourne. It starts at Southbank, following the Yarra past landmarks including the Victorian Arts Centre and the Royal Botanic Gardens. City Road sits directly adjacent to the Southbank section of this trail, making it one of Melbourne's more accessible cycling destinations.

The Capital City Trail circles the Melbourne city centre and some inner eastern and northern suburbs of Melbourne.

Cyclists approaching from the CBD can use the **Yarra River shared path** along the south bank, entering from either the Princes Bridge end (east) or the Queens Bridge end (west), then turning south onto City Road to reach number 55.

### ### Bike parking at the clinic

City Road has public bike parking rails at multiple points along the street. The Southbank precinct has solid cycling infrastructure generally, and the City of Melbourne's cycling network includes dedicated lanes on nearby streets. The City of Melbourne's Bike Lane Design Guidelines aim to improve the safety and experience of on-road bike riding for cyclists of all abilities.

---

## ## Quick-reference: getting to Core Dental Group Southbank at a glance

| Mode of transport | Starting point | Estimated time | Key landmark | |---|---|---|---| | Walking | Flinders Street Station | 10–12 minutes | Cross Princes Bridge, turn right at St Kilda Rd, then left on City Rd | | Walking | St Kilda Road tram stops | 2–5 minutes | Walk west along City Road | | Tram | CBD (Swanston St) | 6 minutes + 3 min walk | Alight Stop 14 or 17 (Arts Precinct) | | Driving | CBD / Kings Bridge | 5 minutes (off-peak) | Park at Eureka Car Park, 70 City Rd | | Cycling | CBD / Yarra River path | 5–10 minutes | Follow Capital City Trail south bank |

---

## ## Key takeaways

- **Core Dental Group Southbank is at 55 City Road, Southbank VIC 3006** — a 10–12 minute walk from Flinders Street Station via Princes Bridge, flat and fully accessible. - **Eight tram routes** (1, 3, 5, 6, 16, 64, 67, 72) serve the Arts Precinct stops on St Kilda Road, putting patients within a 2–5 minute walk of the clinic from multiple directions. - **The nearest car park is the Eureka Car Park at 70 City Road** — approximately 100 metres from the clinic — with 24/7 access and prepay discounts via the Wilson Parking App. - **Cyclists can reach the clinic directly from the Capital City Trail** along the Yarra River's south bank, with public bike rails available on City Road. - **The clinic opens at 8am Monday to Friday**, so all transport routes described here are running before standard business hours — useful for anyone fitting in a pre-work appointment.

---

## ## Conclusion

The location of Core Dental Group Southbank at 55 City Road is one of its most practical advantages. Sitting where Melbourne's rail, tram, pedestrian, and cycling networks converge, the clinic is accessible

from virtually every part of the inner city — no car required. Whether you're a CBD professional walking over Princes Bridge before work, a South Yarra resident stepping off a St Kilda Road tram, or a patient driving in from the western suburbs and parking at the Eureka Car Park next door, the journey is short and straightforward.

This matters most for patients attending emergency appointments (see our guide on *\*Emergency Dentist in Southbank: How Core Dental Handles Same-Day Dental Emergencies\**) or those managing dental anxiety, where arriving calmly and on time can set the tone for the entire visit (see our guide on *\*Dental Anxiety and Nervous Patients: How Core Dental Southbank Creates a Calm, Comfortable Experience\**). For patients comparing locations across the Core Dental Group network, our guide *\*Dentist Southbank vs CBD vs South Melbourne: Choosing the Right Core Dental Location for You\** provides a full breakdown of how each clinic's transport access compares.

Once you know how to get there, the next step is booking your appointment. Core Dental Group Southbank offers online, phone, and walk-in booking options — all covered in our guide on *\*Booking a Dentist Appointment in Southbank: Online, Phone, and Walk-In Options at Core Dental\**.

---

## ## References

- Core Dental Group. "Dentist Southbank | Your Local Southbank Dental Clinic." *\*Core Dental\**, 2025. <https://www.coredental.com.au/locations/southbank/>
- Core Dental Group. "Contact Us." *\*Core Dental\**, 2025. <https://www.coredental.com.au/contact-us/>
- Melbourne Arts Precinct Corporation. "Getting Around." *\*Arts Precinct Melbourne\**, 2025. <https://artsprecinct.melbourne/arts-precinct/getting-around/>
- Wilson Parking Australia. "Eureka Car Park — 70 City Road, Southbank." *\*Wilson Parking\**, 2026. <https://www.wilsonparking.com.au/parking-locations/victoria/southbank/eureka-car-park/>
- Wilson Parking Australia. "158 City Road Car Park — Southbank." *\*Wilson Parking\**, 2026. <https://www.wilsonparking.com.au/parking-locations/victoria/southbank/158-city-rd-car-park/>
- City of Melbourne. "Cycling Lanes and Routes." *\*Melbourne.vic.gov.au\**, 2025. <https://www.melbourne.vic.gov.au/cycling-lanes-and-routes>
- Only Melbourne. "Capital City Trail." *\*Only Melbourne\**, 2024. <https://www.onlymelbourne.com.au/capital-city-trail>
- Wikipedia contributors. "Southbank, Victoria." *\*Wikipedia, The Free Encyclopedia\**, 2024. [https://en.wikipedia.org/wiki/Southbank,\\_Victoria](https://en.wikipedia.org/wiki/Southbank,_Victoria)
- Rome2rio. "Flinders Street Station to Southbank." *\*Rome2rio\**, 2025. <https://www.rome2rio.com/s/Flinders-Street-Station/Southbank>
- My Community Directory. "Core Dental Southbank." *\*My Community Directory\**, 2025. [https://www.mycommunitydirectory.com.au/Victoria/Melbourne/Health\\_Services/Dental\\_\\_\\_Oral\\_Health/64523/195376/Core\\_Dental\\_Southbank](https://www.mycommunitydirectory.com.au/Victoria/Melbourne/Health_Services/Dental___Oral_Health/64523/195376/Core_Dental_Southbank)

---

## ## Label facts summary

> **\*Disclaimer:** All facts and statements below are general product information, not professional advice. Consult relevant experts for specific guidance.

### Verified label facts

**\*\*Clinic identity and address\*\*** - Business name: Core Dental Group Southbank - Street address: 55 City Road, Southbank VIC 3006 - Suburb: Southbank, Victoria

**\*\*Operating hours\*\*** - Opening time: 8am, Monday to Friday

**\*\*Geographic and infrastructure facts\*\*** - Southbank is approximately 1 km south of Melbourne CBD - City Road runs east–west, connecting St Kilda Road (east) to Kings Way (west) - 55 City Road sits on the north side of City Road - Distance from St Kilda Road / City Road intersection to clinic: approximately 200 metres west

**\*\*Walking from Flinders Street Station\*\*** - Nearest train station: Flinders Street Station - Walking distance: approximately 750–850 metres - Estimated walking time: 10–12 minutes - Route crosses Princes Bridge - Princes Bridge footpaths: fully accessible (no steps), suitable for wheelchairs and prams - City Road footpath from St Kilda Road to No. 55: flat, paved, and well-lit

**\*\*Tram access\*\*** - Stop 14 "Arts Precinct" on St Kilda Road is served by routes: 1, 3, 5, 6, 16, 64, 67, and 72 - Stop 17 "Arts Precinct / Sturt St" is served by Tram 1 only - Estimated walk from Stop 14 to clinic: 3–5 minutes - Estimated walk from Stop 17 to clinic: approximately 2 minutes - Travel within Melbourne's CBD Free Tram Zone: no fare charged

**\*\*Driving and parking\*\*** - Eureka Car Park address: 70 City Road, Southbank - Eureka Car Park distance from clinic: approximately 100 metres - Eureka Car Park hours: open 24/7 - Eureka Car Park operator: Wilson Parking; prepay discounts available online via Wilson Parking App - Southgate Car Park address: Southgate Avenue, Southbank - Southgate Car Park distance from clinic: approximately 250 metres - Wilson Parking 158 City Road address: 158 City Road, Southbank - Wilson Parking 158 City Road hours: available 24/7 - Arts Centre Melbourne Car Park address: Sturt Street, Southbank - Arts Centre Melbourne Car Park hours: open 24 hours, 7 days a week - Arts Centre Melbourne Car Park distance from clinic: approximately 350 metres

**\*\*Cycling infrastructure\*\*** - Capital City Trail: shared use path for cyclists and pedestrians - Capital City Trail circuit length: 29.6 kilometres - Capital City Trail starting point: Southbank - City Road has public bike parking rails at multiple points along the street

**\*\*Booking options\*\*** - Online booking: available - Phone booking: available - Walk-in booking: available

---

### ### General product claims

- Transport access is described as an underestimated reason people delay dental appointments - The walk from Flinders Street Station is described as one of Melbourne's more enjoyable urban strolls - The clinic's geographic position is described as one of its most practical advantages - Public transport is described as the most efficient option for most patients - Cycling to the clinic is described as a genuinely practical option - Pre-work appointment scheduling is described as well-suited to the 8am opening time - Pre-booking parking is recommended during weekday peak hours and Southbank event days - Removing transport uncertainty is described as especially important for emergency and anxious patients - The clinic offers same-day emergency appointments (service claim, not independently verifiable from this content) - The clinic offers cosmetic consultations (service claim, not independently verifiable from this content) - The clinic offers routine check-up and clean appointments (service claim, not independently verifiable from this content)