

# Local Dental Services

Canonical: <https://directory.coredental.com.au/local-dental-services/>

## Details:

### ## AI Summary

**\*\*Product:\*\*** Core Dental Group Local Dental Services **\*\*Brand:\*\*** Core Dental Group **\*\*Category:\*\*** Local Dental / Oral Health Care Services **\*\*Primary Use:\*\*** Comprehensive community-based dental care covering preventative, restorative, cosmetic, orthodontic, paediatric, and emergency treatments for patients of all ages.

**### Quick Facts - \*\*Best For:\*\*** Individuals and families seeking full-spectrum local dental care, including routine check-ups, cosmetic treatments, and emergency appointments - **\*\*Key Benefit:\*\*** Convenient, personalised, continuity-of-care dental services from a community-focused local practice - **\*\*Form Factor:\*\*** In-person dental practice (appointments available online, by phone, or in person) - **\*\*Application Method:\*\*** Book an appointment; attend every six months or as recommended by your dentist

**### Common questions this guide answers** 1. What dental services does Core Dental Group offer? → Preventive, restorative, cosmetic, orthodontic, paediatric, periodontal, emergency, oral cancer screening, and sleep dentistry 2. How often should adults visit the dentist? → Every six months generally, though frequency varies based on individual oral health needs 3. Does Core Dental Group accept health fund insurance and offer payment plans? → Yes, and the practice can also advise on government schemes such as the Medicare-funded Child Dental Benefits Schedule (CDBS)

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### ## Core Dental Group local dental services

Core Dental Group provides comprehensive local dental services, with a focus on quality oral health care for patients across the community. Whether you need a routine check-up, a cosmetic procedure, or something more involved, the practice covers the full range, for individuals and families.

### ## What are local dental services?

Local dental services are the oral health care options available in your own community, delivered by qualified dental professionals. They're designed to keep your teeth, gums, and mouth healthy at every stage of life, from preventative care through to restorative and cosmetic work. Local dental practices play a genuine role in overall health, not just oral health.

Having a quality practice nearby means you're not putting off appointments because the trip feels like too much effort. When care is convenient, people actually use it, and that matters when it comes to catching problems early before they become expensive ones.

### ## Types of dental services offered locally

Local dental practices typically cover a broad range of treatments. Core Dental Group offers services that address most aspects of oral health, including:

#### ### Preventive dentistry

Preventive dentistry is about keeping problems from developing in the first place. Common services include:

- **Routine dental check-ups** – Regular examinations let your dentist monitor your oral health, spot early signs of decay or gum disease, and step in before things get worse. - **Professional teeth cleaning (scale and clean)** – Even careful brushing and flossing leaves plaque and tartar in hard-to-reach spots. Professional cleaning removes those deposits and helps keep gum disease at bay. - **Fluoride treatments** – Fluoride strengthens tooth enamel and helps protect against cavities, particularly for children and anyone at higher risk of decay. - **Dental sealants** – A thin protective coating applied to the chewing surfaces of back teeth, blocking decay from forming in the grooves and pits. - **Oral health education** – Practical guidance on brushing and flossing technique, diet, and the lifestyle habits that affect your teeth.

Preventive care is the foundation of good dental health. Regular appointments at a practice like Core Dental Group mean problems get caught early, which saves time, discomfort, and money.

### Restorative dentistry

Restorative dentistry repairs or replaces damaged and missing teeth, bringing back both function and appearance. Services include:

- **Dental fillings** – Used to treat cavities from tooth decay. Modern tooth-coloured composite resin fillings blend naturally with surrounding teeth. - **Dental crowns** – Caps placed over damaged or weakened teeth to restore their shape, strength, and appearance. - **Dental bridges** – Fixed prosthetics that replace one or more missing teeth by anchoring to adjacent natural teeth or implants. - **Dental implants** – Titanium posts placed into the jawbone to act as artificial tooth roots, supporting crowns, bridges, or dentures. Implants are widely considered the gold standard for tooth replacement. - **Dentures** – Removable appliances replacing multiple missing teeth, either full (all teeth) or partial (some teeth). - **Root canal treatment** – Removes infected or damaged pulp from inside a tooth, relieving pain and saving the tooth from extraction. - **Tooth extractions** – When a tooth is too damaged or decayed to save, extraction may be the only option. It's carried out carefully to minimise discomfort and protect surrounding structures.

### Cosmetic dentistry

Cosmetic dental services improve the appearance of your smile. Many procedures also have functional benefits, but the main goal is aesthetic. Core Dental Group offers a range of cosmetic options:

- **Teeth whitening** – Professional whitening is more effective and safer than over-the-counter products, with noticeable results in a single appointment or via a take-home kit. - **Dental veneers** – Thin shells of porcelain or composite resin bonded to the front of teeth to correct discolouration, chips, cracks, gaps, or minor misalignment. - **Composite bonding** – A tooth-coloured resin applied and shaped to repair chips, cracks, or gaps, or to improve a tooth's overall look. - **Smile makeovers** – A treatment plan combining multiple cosmetic procedures for a complete smile transformation. - **Tooth contouring and reshaping** – Minor adjustments to the shape, length, or surface of teeth to refine their appearance.

### Orthodontic treatments

Orthodontic treatment straightens teeth and corrects bite issues, improving both function and aesthetics. Local practices increasingly offer orthodontic options, including:

- **Traditional braces** – Metal or ceramic brackets and wires that gradually move teeth into position over time. - **Clear aligners** – Custom-made, removable clear plastic trays that progressively shift teeth. A popular choice for patients who want a less visible option. - **Retainers** – Worn after orthodontic treatment to hold teeth in their new position and stop them drifting back.

### Children's dentistry (paediatric dentistry)

Good oral health habits start in childhood. Practices that cater to younger patients create a welcoming, child-friendly environment so kids feel comfortable and build positive associations with dental visits. Services for children typically include:

- Dental check-ups and cleans
- Fluoride treatments and sealants
- Monitoring of tooth development and bite
- Early orthodontic assessment
- Oral hygiene education for children and parents

Getting children into regular dental visits early sets them up well for life. Core Dental Group welcomes patients of all ages and works to make every visit a good experience for younger patients.

### ### Emergency dental care

Dental emergencies don't follow a schedule, and many need prompt attention to relieve pain, prevent further damage, and save teeth. Common emergencies include:

- Severe toothache
- Knocked-out or broken teeth
- Lost fillings or crowns
- Dental abscesses or infections
- Soft tissue injuries to the mouth

Having a local practice that offers emergency appointments makes a real difference. Core Dental Group is committed to seeing patients promptly when something goes wrong.

### ### Periodontal (gum) treatments

Gum disease is one of the most common oral health conditions and, left untreated, can lead to tooth loss. It's also been linked to broader health issues. Local services for gum health include:

- **Scaling and root planing** – A deep clean that removes plaque and tartar from below the gumline and smooths root surfaces to support healing.
- **Gum disease monitoring** – Regular assessments to track how gum disease is progressing and adjust treatment accordingly.
- **Surgical periodontal treatments** – In more advanced cases, surgery may be needed to restore gum health.

### ### Oral cancer screening

Oral cancer screening is a standard part of a thorough dental check-up. Your dentist examines the soft tissues of the mouth, tongue, throat, and lips for anything that might indicate early signs of cancer. Early detection makes a significant difference to treatment outcomes, which is why regular screenings matter.

### ### Sleep dentistry and sedation

For patients with dental anxiety, or those needing extensive work, sedation can make care more comfortable and accessible. Options may include:

- **Nitrous oxide (happy gas)** – A mild sedative inhaled through a mask to help patients relax during treatment.
- **Oral sedation** – Medication taken before the appointment to reduce anxiety.
- **IV sedation** – Administered intravenously for deeper sedation, typically used for complex procedures or patients with significant anxiety.

## ## Why choose a local dental practice?

There are good reasons to choose a local practice for your oral health care. Core Dental Group, as a community-focused provider, offers the kind of personalised care and convenience that larger or more distant facilities often can't.

### ### Convenience and accessibility

A local practice means shorter travel, easier parking, and appointments that actually fit into your day. That convenience makes it far more likely you'll keep up with regular check-ups rather than finding reasons to postpone them.

### ### Continuity of care

Seeing the same dental team over time means your dentist builds a real understanding of your oral health history, your preferences, and your concerns. That continuity leads to more personalised care and a relationship built on trust.

### ### Community connection

Local dental practices are invested in the health of their community. Core Dental Group is committed to building long-term relationships with local patients, based on trust, respect, and solid clinical care.

### ### Personalised attention

Smaller local practices can often give patients more individual attention than larger corporate chains. Your dentist takes the time to understand what you need and builds a treatment plan around that.

### ### Familiarity and comfort

For patients with dental anxiety, familiarity with the practice, the staff, and the dentist can make a real difference to how comfortable they feel and whether they actually show up. A practice you visit regularly stops feeling unfamiliar, and that matters.

### ## How often should you visit the dentist?

Most adults are advised to visit every six months for a routine check-up and clean. That said, the right frequency depends on individual factors:

- **Oral health history** – Patients with a history of gum disease, tooth decay, or other conditions may need more frequent visits.
- **Age** – Children and older adults often need more regular monitoring.
- **Risk factors** – Smoking, diabetes, dry mouth, and certain medications raise the risk of oral health problems and may mean more frequent appointments.
- **Current oral health status** – Patients in good health may be able to go longer between visits; those undergoing active treatment will need to come in more often.

Your dentist at Core Dental Group will recommend a schedule based on your specific situation.

### ## What to expect at a dental appointment

If it's been a while since your last visit, or you're attending a new practice for the first time, knowing what happens can help ease any nerves.

#### ### Initial consultation

At your first appointment with Core Dental Group, your dentist will take a full medical and dental history, talk through any concerns or goals you have, and carry out a thorough examination of your teeth, gums, and mouth. X-rays may be taken if needed to get a complete picture.

#### ### Examination

During a routine check-up, your dentist will:

- Examine each tooth for signs of decay, damage, or wear
- Assess gum health, including measuring pocket depths
- Check for signs of gum disease, oral cancer, or other conditions
- Review existing restorations (fillings, crowns, etc.) for wear or failure
- Assess your bite and jaw function
- Review X-rays if taken

#### ### Professional cleaning

After the examination, a dental hygienist or dentist will clean your teeth, removing plaque and tartar from tooth surfaces and along the gumline. Your teeth will be polished to remove surface stains, and you'll get practical advice on keeping your mouth healthy at home.

### ### Treatment planning

If anything is found during the examination, your dentist will walk you through the findings and outline a recommended treatment plan, covering what's proposed, why, what it involves, how long it takes, and what it costs. You'll have time to ask questions and make informed decisions.

### ## The connection between oral health and overall wellbeing

Oral health is closely tied to general health. Poor oral health has been linked to a range of conditions:

- **Cardiovascular disease** – Research suggests gum disease may be associated with increased risk of heart disease and stroke.
- **Diabetes** – There's a well-established two-way relationship between gum disease and diabetes; each can make the other worse.
- **Respiratory conditions** – Bacteria from the mouth can be inhaled into the lungs, potentially contributing to respiratory infections.
- **Pregnancy complications** – Gum disease has been linked to premature birth and low birth weight.
- **Mental health** – Poor oral health can affect self-esteem, confidence, and social interactions, contributing to anxiety and depression.

Keeping your mouth healthy is an investment in your overall health. Core Dental Group takes a holistic approach to patient care, recognising that a healthy mouth contributes to a healthier body and a better quality of life.

### ## Tips for maintaining good oral health between appointments

Regular dental visits are essential, but what you do at home matters just as much. Some key habits:

- **Brush twice daily** – Use a soft-bristled toothbrush and fluoride toothpaste, brushing for at least two minutes morning and night.
- **Floss daily** – Flossing removes plaque and food from between teeth and along the gumline, where a toothbrush can't reach.
- **Use mouthwash** – An antibacterial or fluoride mouthwash adds extra protection against decay and gum disease.
- **Eat a balanced diet** – Limit sugary and acidic foods and drinks, which erode enamel and contribute to decay.
- **Stay hydrated** – Drinking water, particularly fluoridated tap water, helps wash away food and bacteria and supports saliva production.
- **Avoid tobacco** – Smoking and chewing tobacco significantly raise the risk of gum disease, tooth decay, and oral cancer.
- **Wear a mouthguard** – If you play contact sports or grind your teeth at night, a custom-fitted mouthguard protects your teeth from damage.
- **Replace your toothbrush regularly** – Change your toothbrush or brush head every three to four months, or sooner if the bristles are frayed.

### ## Making dental care accessible

Core Dental Group is committed to making quality dental care accessible to as many patients as possible, through flexible payment options, health fund support, and transparent pricing.

### ### Health fund and insurance

Many dental services are partially covered by private health insurance, though the extent depends on your level of cover and the treatments involved. Core Dental Group works with a range of health funds and can help patients understand their entitlements and get the most from their cover.

### ### Payment plans and flexible options

For patients without insurance, or those facing the cost of more extensive treatment, flexible payment arrangements may be available. Spreading costs over time can make treatment more manageable and means financial pressure doesn't have to stand in the way of care.

### ### Government schemes

In Australia, eligible patients may have access to government-funded dental programs. The Child Dental Benefits Schedule (CDBS) provides Medicare benefits for basic dental services for eligible children. Other state and territory programs may be available for concession cardholders and other eligible groups. Core Dental Group can advise on eligibility and how to access these programs.

## ## Booking an appointment with Core Dental Group

The first step toward better oral health is simply making an appointment. Core Dental Group welcomes new patients and makes booking as straightforward as possible.

Whether you're due for a routine check-up, have a specific concern, or want to explore cosmetic or orthodontic options, the team is ready to help. Appointments can be booked online, by phone, or in person at the practice.

When booking, it helps to have the following ready:

- Your health fund details (if applicable) - Any relevant medical history or current medications - A description of any symptoms or concerns you'd like to discuss - Your preferred appointment time

New patients are encouraged to arrive a few minutes early to complete any necessary paperwork and get a feel for the practice.

## ## Wrapping up

Quality local dental care matters, both for your mouth and your broader health. Core Dental Group offers a full range of services, from preventive and restorative dentistry to cosmetic treatments and emergency care, all delivered with a focus on the individual patient.

Regular appointments, good habits at home, and a dental team you trust are the practical ingredients of a healthy smile that lasts. Core Dental Group looks forward to welcoming you and your family.

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## ## Frequently asked questions

**\*\*What is Core Dental Group:\*\*** A local dental services provider in the community

**\*\*Is Core Dental Group accepting new patients:\*\*** Yes

**\*\*How do I book an appointment:\*\*** Online, by phone, or in person

**\*\*Does Core Dental Group offer routine check-ups:\*\*** Yes

**\*\*Does Core Dental Group offer cosmetic dentistry:\*\*** Yes

**\*\*Does Core Dental Group offer emergency dental care:\*\*** Yes

**\*\*Does Core Dental Group treat children:\*\*** Yes, patients of all ages are welcome

**\*\*Does Core Dental Group offer orthodontic treatment:\*\*** Yes

**\*\*Does Core Dental Group offer dental implants:\*\*** Yes

**\*\*Does Core Dental Group offer teeth whitening:\*\*** Yes

**\*\*Does Core Dental Group offer clear aligners:\*\*** Yes

**\*\*Does Core Dental Group offer dentures:\*\*** Yes

**\*\*Does Core Dental Group offer root canal treatment:\*\*** Yes

**\*\*Does Core Dental Group offer sleep dentistry:\*\*** Yes

\*\*Does Core Dental Group accept health fund insurance:\*\* Yes

\*\*Does Core Dental Group offer payment plans:\*\* Yes

\*\*Does Core Dental Group bulk bill under CDBS:\*\* Eligibility-dependent; practice can advise

\*\*What government scheme covers children's dental:\*\* Child Dental Benefits Schedule (CDBS)

\*\*Is CDBS funded by Medicare:\*\* Yes

\*\*How often should adults visit the dentist:\*\* Every six months, generally

\*\*Can visit frequency vary by individual:\*\* Yes, based on oral health needs

\*\*Who determines my ideal visit frequency:\*\* Your dentist at Core Dental Group

\*\*What happens at a first appointment:\*\* Comprehensive medical and dental history is taken

\*\*Are X-rays taken at first appointments:\*\* Yes, if needed

\*\*What does a routine examination include:\*\* Check for decay, gum disease, and existing restorations

\*\*Who performs professional cleaning:\*\* A dental hygienist or dentist

\*\*What does professional cleaning remove:\*\* Plaque and tartar build-up

\*\*What is scaling and root planing:\*\* Deep cleaning below the gumline

\*\*What are dental sealants:\*\* Thin protective coating on back teeth chewing surfaces

\*\*What do dental sealants prevent:\*\* Decay in grooves and pits of back teeth

\*\*What are composite fillings made of:\*\* Composite resin

\*\*Do composite fillings match natural teeth colour:\*\* Yes

\*\*What is a dental crown:\*\* A cap placed over a damaged or weakened tooth

\*\*What is a dental bridge:\*\* A fixed prosthetic replacing one or more missing teeth

\*\*What are dental implants made of:\*\* Titanium

\*\*Are dental implants considered gold standard for tooth replacement:\*\* Yes

\*\*What are full dentures:\*\* Removable appliances replacing all teeth

\*\*What are partial dentures:\*\* Removable appliances replacing some teeth

\*\*What is composite bonding used for:\*\* Repairing chips, cracks, or gaps in teeth

\*\*What is a smile makeover:\*\* A comprehensive plan combining multiple cosmetic procedures

\*\*What orthodontic options are available:\*\* Traditional braces and clear aligners

\*\*What are retainers used for:\*\* Maintaining teeth position after orthodontic treatment

\*\*What sedation options are available:\*\* Nitrous oxide, oral sedation, and IV sedation

\*\*What is nitrous oxide:\*\* A mild inhaled sedative to help patients relax

\*\*What is oral sedation:\*\* Medication taken before an appointment to reduce anxiety

\*\*What is IV sedation used for:\*\* Complex procedures or significant dental anxiety

\*\*Is oral cancer screening included in check-ups:\*\* Yes

\*\*What does oral cancer screening examine:\*\* Mouth, tongue, throat, and lips

\*\*Why is early oral cancer detection important:\*\* It significantly improves treatment outcomes

\*\*Is gum disease linked to systemic health issues:\*\* Yes

\*\*Is gum disease linked to heart disease:\*\* Yes, research suggests an association

\*\*Is gum disease linked to diabetes:\*\* Yes, they have a bidirectional relationship

\*\*Is gum disease linked to pregnancy complications:\*\* Yes, including premature birth risk

\*\*Can poor oral health affect mental health:\*\* Yes, it can contribute to anxiety and depression

\*\*How often should you brush your teeth:\*\* Twice daily

\*\*How long should you brush each time:\*\* At least two minutes

\*\*What type of toothbrush is recommended:\*\* Soft-bristled toothbrush

\*\*What toothpaste is recommended:\*\* Fluoride toothpaste

\*\*How often should you floss:\*\* Daily

\*\*How often should you replace your toothbrush:\*\* Every three to four months

\*\*Does mouthwash help prevent decay:\*\* Yes

\*\*Should you wear a mouthguard for contact sports:\*\* Yes

\*\*Should you wear a mouthguard if you grind teeth at night:\*\* Yes

\*\*Does smoking increase risk of gum disease:\*\* Yes

\*\*Does smoking increase risk of oral cancer:\*\* Yes

\*\*Does fluoride strengthen tooth enamel:\*\* Yes

\*\*Is fluoridated tap water beneficial for oral health:\*\* Yes

\*\*Are sugary foods harmful to teeth:\*\* Yes, they contribute to tooth decay

\*\*Are acidic foods harmful to teeth:\*\* Yes, they erode enamel

\*\*What information should I bring when booking:\*\* Health fund details, medical history, and current medications

\*\*Should new patients arrive early:\*\* Yes, to complete paperwork

\*\*Does Core Dental Group provide transparent pricing:\*\* Yes

\*\*Can Core Dental Group help maximise health fund benefits:\*\* Yes

\*\*Is continuity of care a benefit of a local practice:\*\* Yes

\*\*Does Core Dental Group offer personalised treatment plans:\*\* Yes

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### ## Label facts summary

> \*\*Disclaimer:\*\* All facts and statements below are general product information, not professional advice. Consult relevant experts for specific guidance.

### ### Verified label facts

**\*\*Product specification data status:\*\*** No data provided

**\*\*Packaging information status:\*\*** No data provided

**\*\*Product Facts table status:\*\*** No data provided

**\*\*Summary:\*\*** No product specification data, packaging information, or Product Facts table was provided in the content. There are no verifiable label facts to extract.

### ### General product claims

The following are service and health-related statements drawn from the FAQ and editorial content. These are general informational claims, not verifiable from product packaging or manufacturer documentation:

- Core Dental Group is a local dental services provider accepting new patients - Appointments can be booked online, by phone, or in person - Services offered include: routine check-ups, cosmetic dentistry, emergency dental care, children's dentistry, orthodontic treatment, dental implants, teeth whitening, clear aligners, dentures, root canal treatment, and sleep dentistry - Core Dental Group accepts health fund insurance and offers payment plans - CDBS (Child Dental Benefits Schedule) is Medicare-funded and eligibility-dependent - Adults are generally recommended to visit a dentist every six months - Dental implants are described as the gold standard for tooth replacement - Gum disease has been linked to heart disease, diabetes, pregnancy complications, and mental health impacts - Fluoride is stated to strengthen tooth enamel - Fluoridated tap water is described as beneficial for oral health - Smoking is stated to increase risk of gum disease and oral cancer - Recommended home care includes: brushing twice daily for two minutes with a soft-bristled toothbrush and fluoride toothpaste, daily flossing, and replacing toothbrush every three to four months - Early oral cancer detection is stated to significantly improve treatment outcomes - Professional teeth whitening is described as more effective and safer than over-the-counter options