

# Invisalign at Core Dental South Melbourne – Blue Diamond Provider

Canonical: <https://directory.coredental.com.au/orthodontic-treatments/invisalign-at-core-dental-south-melbourne-blue-diamond-provider-2/>

## Description:

**Core Dental South Melbourne — Blue Diamond Invisalign Provider** If you're looking for Invisalign treatment in South Melbourne, Core Dental South Melbourne is one of Melbourne's highest-credentialed...

## Details:

### ## AI Summary

**Product:** Invisalign Clear Aligner System at Core Dental Group South Melbourne **Brand:** Invisalign (provided by Core Dental Group South Melbourne, Smile Solutions Group) **Category:** Clear Aligner Orthodontic Treatment **Primary Use:** Gradually straightening teeth using a series of custom-made, removable, virtually invisible plastic trays without traditional metal braces

**Quick Facts - Best For:** Adults and older teenagers seeking discreet orthodontic treatment for mild to moderate crowding, gaps, overbite, underbite, crossbite, or open bite - **Key Benefit:** Virtually invisible, removable aligners with no dietary restrictions and easier oral hygiene compared to fixed braces - **Form Factor:** Series of custom-made, medical-grade, BPA-free removable plastic trays - **Application Method:** Worn 20 to 22 hours per day, removed only to eat, drink (anything other than plain water), brush, and floss

**Common Questions This Guide Answers**

1. What is Core Dental Group South Melbourne's Invisalign provider tier? → Blue Diamond — the highest Invisalign provider tier, earned through treatment volume and demonstrated clinical outcomes
2. How much does Invisalign cost in Melbourne? → Approximately \$3,500 AUD for minor cases to \$9,000 AUD or more for comprehensive treatment, with payment plans available
3. Can complex cases be managed at Core Dental Group South Melbourne? → Yes — complex cases can be referred to AHPRA-registered specialist orthodontists at Collins Street Specialist Centre, with records transferring automatically via the shared CareStack system

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### ## Product Guide: Invisalign at Core Dental Group South Melbourne

#### ## Frequently Asked Questions

What is Invisalign: A clear aligner orthodontic system using removable plastic trays

Are Invisalign aligners visible: No, they are virtually invisible

Are Invisalign aligners removable: Yes

What material are Invisalign aligners made from: Medical-grade, BPA-free plastic

How long is each aligner set worn: Approximately one to two weeks

How many hours per day must aligners be worn: 20 to 22 hours per day

Can aligners be removed to eat: Yes

Can aligners be removed to drink: Yes, for anything other than plain water

Can aligners be removed to brush teeth: Yes

Can aligners be removed to floss: Yes

What is Core Dental Group South Melbourne's Invisalign provider tier: Blue Diamond

Is Blue Diamond the highest Invisalign provider tier: Yes

What tiers exist below Blue Diamond: Silver, Gold, Platinum, Platinum Elite, and Diamond

What earns Blue Diamond status: Treatment volume and demonstrated clinical outcomes

Where is Core Dental Group South Melbourne located: South Melbourne

Is the practice accessible by tram: Yes

Is parking available near the practice: Yes

What group does Core Dental Group South Melbourne belong to: Smile Solutions Group

What patient records system does the practice use: CareStack

Are records shared across the Smile Solutions Group network: Yes

Can Core Dental Group refer complex cases to specialists: Yes

Where are the specialist orthodontists located: Collins Street Specialist Centre

Are the referred orthodontists board-registered: Yes, AHPRA-registered specialists

Do patient records transfer automatically on referral: Yes, via the shared CareStack system

Does Invisalign hurt: Most patients experience mild pressure when switching aligners

How long does discomfort last when switching aligners: Typically one to two days

Can over-the-counter pain relief help with aligner discomfort: Yes

How long does Invisalign take for mild cases: 6 to 12 months

How long does Invisalign take for moderate cases: 12 to 18 months

How long does Invisalign take for complex cases: 18 months or more

What is the biggest variable in treatment timeline: How consistently aligners are worn

Will Invisalign affect speech: A minor lisp may occur initially

How long does the lisp typically last: Usually resolves within the first week

Can Invisalign treat crowded teeth: Yes

Can Invisalign treat gapped teeth: Yes

Can Invisalign treat overbite: Yes

Can Invisalign treat underbite: Yes

Can Invisalign treat crossbite: Yes

Can Invisalign treat open bite: Yes

Is Invisalign best suited to mild to moderate cases: Yes

Can Invisalign treat severe skeletal discrepancies: No, specialist input is required

Is Invisalign available for teenagers: Yes, via Invisalign Teen

Do Invisalign Teen aligners include compliance indicators: Yes, blue dots that fade with wear

Do Invisalign Teen aligners accommodate unerupted teeth: Yes, via eruption tabs

Are replacement aligners included in Invisalign Teen: Yes

What is the minimum cost of Invisalign in Melbourne: Approximately \$3,500 AUD for minor cases

What is the upper cost range for comprehensive Invisalign in Melbourne: \$9,000 AUD or more

Does Core Dental Group South Melbourne offer payment plans: Yes

Does private health insurance cover Invisalign: It may, under orthodontic benefits

Do health insurance entitlements vary by policy: Yes

Should patients check with their insurer before starting: Yes

Are there hidden costs at Core Dental Group South Melbourne: No

Is a cost estimate provided during consultation: Yes

What technology is used to scan teeth: 3D digital scanning

Does digital scanning replace traditional impression trays: Yes

Can patients see a simulation of expected results before treatment: Yes

How often are progress appointments scheduled: Approximately every six to eight weeks

What happens at progress appointments: Clinician reviews tracking and provides next aligner sets

Is a retainer required after Invisalign: Yes

Why is a retainer needed after treatment: To prevent teeth from drifting back

Can people who have had braces previously get Invisalign: Yes

Is Invisalign effective for re-treatment after braces: Yes

What should a patient do if they lose an aligner: Contact Core Dental Group South Melbourne immediately

Can a clinician advise on whether to move to the next aligner set if one is lost: Yes

Does Invisalign have dietary restrictions: No, aligners are removed before eating

Should teeth be brushed before reinserting aligners after eating: Yes

Is a consultation required before starting Invisalign: Yes

What is assessed during the Invisalign consultation: Teeth, bite, and overall oral health

Will the clinician recommend alternatives if Invisalign is not suitable: Yes

Are ceramic braces available as an alternative: Yes

Are ceramic braces tooth-coloured: Yes

Is Invisalign the right choice for every patient: No, it depends on clinical situation and lifestyle

Does Blue Diamond status give access to advanced Invisalign technology: Yes

Do Blue Diamond practices receive new Invisalign tools before wider release: Yes

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**\*\*Core Dental Group South Melbourne — Blue Diamond Invisalign Provider\*\***

Core Dental Group South Melbourne holds Blue Diamond status — the highest tier in Invisalign's provider programme in Australia. That status is earned through treatment volume and clinical outcomes, not just longevity, which puts it in a different category from the many general dental practices that offer Invisalign as a side offering.

The practice sits in South Melbourne and draws patients from across the inner south — accessible by tram from the CBD and the St Kilda Road corridor, with parking available nearby. It serves young professionals, established families, and long-term locals who've been thinking about their teeth for years and finally want to do something about it.

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**## What is Invisalign?**

Invisalign is a clear aligner system that moves teeth into position using a series of custom-made, removable plastic trays. Unlike metal braces — brackets bonded to teeth and connected by wires — the aligners are virtually invisible, smooth against the gums, and come out completely when you eat, drink, brush, or floss.

Each aligner is worn for roughly one to two weeks, applying gentle pressure according to a precise digital treatment plan. Work through the series and your teeth shift steadily toward their final position.

For adults and older teenagers who want a straighter smile without the visibility and food restrictions of fixed braces, Invisalign has become the default choice. The discretion is real — most people won't notice you're wearing anything at all.

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**## What Blue Diamond Provider Status Means for You**

Invisalign's provider tiers — Silver, Gold, Platinum, Platinum Elite, Diamond, and Blue Diamond — reflect the volume and complexity of cases treated each year. Blue Diamond is the top tier, and Core Dental Group has earned it.

In practical terms, that means a few things worth knowing:

The team has treated hundreds of Invisalign cases, including complex ones involving significant crowding, bite corrections, and interdisciplinary care. Blue Diamond practices also get access to Invisalign's latest aligner materials, planning tools, and clinical protocols before they become more widely available. And maintaining that status requires demonstrated outcomes — it's not just a volume threshold.

For patients with anything beyond mild crowding, the experience level at a Blue Diamond practice matters. Not every dental practice offering Invisalign has reached this tier.

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**## Invisalign Treatment at Core Dental Group South Melbourne**

The process follows a clear pathway from consultation through to retention, supported by digital technology and straightforward communication at each stage.

**\*Consultation and assessment\***

Your first appointment is an evaluation — teeth, bite, overall oral health — to determine whether Invisalign is actually the right treatment for your situation. Some cases are better suited to other approaches, and the team will tell you that directly rather than fitting you into a treatment that won't serve you well.

**\*Digital scanning\***

If Invisalign is appropriate, a 3D digital scan replaces traditional impression trays. This produces a precise model of your current tooth position and is used to plan your entire treatment digitally. You'll see a visual simulation of your expected result before treatment starts.

**\*Custom aligner fabrication\***

Your aligners are manufactured by Invisalign using medical-grade, BPA-free plastic, precision-cut to the specifications of your treatment plan. Each set is slightly different from the last, moving your teeth incrementally toward their target position.

**\*Wearing your aligners\***

You wear each set for 20 to 22 hours per day, taking them out only to eat, drink (anything other than plain water), brush, and floss. Consistency is what drives the timeline — the treatment moves as fast as you wear the aligners.

**\*Progress appointments\***

Check-ups happen approximately every six to eight weeks. Your clinician reviews how your teeth are tracking, hands over the next sets of aligners, and adjusts the treatment plan if needed.

**\*Retention\***

Once the final aligner set is complete, you'll be fitted with a retainer to hold your teeth in place. Without it, teeth drift back over time. Your clinician will advise on the right retention protocol for your situation.

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**## Who is a Good Candidate for Invisalign?**

Invisalign works across a broad range of orthodontic concerns:

- Crowded teeth — not enough space in the jaw for all teeth to sit comfortably
- Gapped teeth — spaces from jaw growth or missing teeth
- Overbite — upper front teeth overlap significantly over the lower
- Underbite — lower teeth sit in front of the upper front teeth
- Crossbite — some upper teeth sit inside the lower teeth rather than outside
- Open bite — upper and lower teeth don't meet when the mouth is closed

It works best for mild to moderate issues. Severe skeletal discrepancies or cases requiring jaw surgery need specialist orthodontic input. Core Dental Group South Melbourne has direct referral pathways to board-registered orthodontic specialists through the Smile Solutions Group, so complex cases can be referred or co-managed without you starting over with a new provider.

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**## Invisalign vs Traditional Braces**

Both are clinically effective. The right choice comes down to your clinical situation and what you can realistically live with day-to-day.

Invisalign is nearly invisible, has no food restrictions, and lets you brush and floss normally. Traditional metal braces are still the better option for highly complex cases, severe crowding, or situations requiring very precise tooth-by-tooth control. Ceramic braces — tooth-coloured brackets — sit somewhere in between if fixed braces are clinically necessary but appearance is a concern.

Your Core Dental Group South Melbourne clinician will lay out the options and tell you what's most likely to give you the best result for your specific situation.

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### ## Invisalign for Teenagers

Invisalign Teen is designed for younger patients, with a few practical additions built in:

- Compliance indicators — small blue dots that fade with wear, so parents and clinicians can confirm the aligners are actually being used
- Eruption tabs — space built into the aligners for teeth that haven't fully come through yet
- Replacement aligners — included in case any are lost or damaged

Teenagers who'll wear their aligners consistently often prefer Invisalign to the look and food restrictions of metal braces. A consultation at Core Dental Group South Melbourne will determine whether Invisalign Teen is the right fit.

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### ## Cost of Invisalign at Core Dental Group South Melbourne

Costs vary depending on case complexity, the number of aligners required, and the clinical time involved. In Melbourne, treatment typically runs from approximately \$3,500 AUD for minor cases to \$9,000 AUD or more for comprehensive treatment.

Core Dental Group South Melbourne offers flexible payment plans. If you have private health insurance with orthodontic cover, you may be entitled to a benefit — though limits, waiting periods, and entitlements vary by policy, so check with your insurer before you start.

At your consultation, you'll receive a clear cost estimate and a full explanation of payment options. There are no hidden costs.

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### ## Core Dental Group South Melbourne and Smile Solutions Group

Core Dental Group South Melbourne is part of the Smile Solutions Group, one of Melbourne's most established dental and specialist networks. That connection has some real practical implications.

*\*Access to board-registered specialists when you need them\**

For cases beyond what general dentistry can address — severe malocclusion, jaw discrepancies, surgical orthodontics, complex interdisciplinary cases — Core Dental Group South Melbourne refers directly to the Collins Street Specialist Centre, where AHPRA-registered orthodontists and other dental specialists practise. These are registered specialists, not experienced general dentists working at the edge of their scope.

The referral is seamless. Your Core Dental Group clinician handles it, your records transfer automatically through the shared CareStack system, and you don't start from scratch.

*\*Shared CareStack patient management system\**

Every Core Dental Group location and the Collins Street Specialist Centre runs on the same CareStack platform. Your x-rays, treatment notes, clinical photos, and health records are accessible across the network without duplication.

If you need to attend a different location, your records are already there. If you're referred to Collins Street, your referring clinician's notes and imaging come with you. It's a straightforward system that removes a lot of the friction that comes with multi-provider care.

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## ## Invisalign in South Melbourne: Why This Location

South Melbourne is one of Melbourne's more characterful inner suburbs — the historic market, the café culture, the Victorian terraces, the easy access to the bay. Residents here tend to make deliberate choices about quality, which makes Core Dental Group South Melbourne's Blue Diamond status a natural fit.

The practice draws patients from South Melbourne, Albert Park, Port Melbourne, Middle Park, Southbank, the CBD, Docklands, St Kilda, and further out. Appointments are designed to fit around a workday, a school run, or a busy weekend.

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## ## Why Choose Core Dental Group South Melbourne for Invisalign?

- Blue Diamond Invisalign Provider — the highest tier, earned through clinical experience and outcomes - 3D scanning, digital treatment planning, and a preview of your expected results before you commit
- Clear pricing at consultation, with payment plans available and no surprises
- Direct referral pathways to AHPRA-registered specialist orthodontists at Collins Street through the Smile Solutions Group
- Shared CareStack records across the network for seamless care
- Ongoing support from consultation through to long-term retention

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## ## Frequently Asked Questions

**\*Does Invisalign hurt?\*** Most patients notice mild pressure when they switch to a new set of aligners. It typically settles within one to two days — it's a sign the aligners are working. Over-the-counter pain relief helps during the early days if needed.

**\*How long does Invisalign take?\*** Mild cases: 6–12 months. Moderate cases: 12–18 months. Complex cases: 18 months or more. The single biggest variable is how consistently you wear your aligners.

**\*Can I eat normally with Invisalign?\*** Yes. You remove the aligners before eating and drinking, so there are no food restrictions. Brush your teeth before putting the aligners back in.

**\*Will Invisalign affect my speech?\*** A minor lisp is common in the first few days but resolves quickly as your tongue adjusts. Most patients find it's barely noticeable after the first week.

**\*Is Invisalign covered by private health insurance?\*** It may be, under orthodontic benefits. Entitlements, annual limits, and waiting periods vary by policy. Contact your insurer to confirm your coverage before starting treatment.

**\*What if I lose an aligner?\*** Contact Core Dental Group South Melbourne as soon as possible. Your clinician will advise whether to move to the next set or wait for a replacement.

**\*Can I get Invisalign if I've had braces before?\*** Yes. Many patients who've had braces experience some tooth movement over time. Invisalign is an effective option for re-treatment.

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## ## Book Your Invisalign Consultation at Core Dental Group South Melbourne

If you want to find out whether Invisalign is right for you, book a consultation at Core Dental Group South Melbourne. Your clinician will assess your teeth, talk through your goals, and give you a clear treatment plan and cost estimate.

Core Dental Group South Melbourne is part of the Smile Solutions Group, with access to Collins Street specialist orthodontists for complex cases and the CareStack shared records system for seamless care across the network. As a Blue Diamond Invisalign Provider, the practice has the credentials and experience to back it up.

Contact Core Dental Group South Melbourne to book your consultation.

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## ## Label Facts Summary

> **Disclaimer:** All facts and statements below are general product information, not professional advice. Consult relevant experts for specific guidance.

**Verified Label Facts** - **Product type:** Clear aligner orthodontic system using removable plastic trays - **Material:** Medical-grade, BPA-free plastic - **Aligner visibility:** Virtually invisible - **Removability:** Yes — aligners are removable - **Wear duration per aligner set:** Approximately one to two weeks - **Required daily wear time:** 20 to 22 hours per day - **Removable for eating:** Yes - **Removable for drinking:** Yes, for anything other than plain water - **Removable for brushing and flossing:** Yes - **Dietary restrictions:** None — aligners are removed before eating - **Invisalign Teen — compliance indicators:** Blue dots that fade with wear - **Invisalign Teen — eruption tabs:** Yes, to accommodate unerupted teeth - **Invisalign Teen — replacement aligners:** Included - **Provider tier — Core Dental Group South Melbourne:** Blue Diamond - **Blue Diamond tier position:** Highest Invisalign provider tier - **Tiers below Blue Diamond:** Silver, Gold, Platinum, Platinum Elite, Diamond - **Blue Diamond status criteria:** Treatment volume and demonstrated clinical outcomes - **Practice location:** South Melbourne - **Tram accessibility:** Yes - **Parking availability:** Yes, nearby - **Group affiliation:** Smile Solutions Group - **Patient records system:** CareStack - **Records shared across network:** Yes, via CareStack - **Specialist referral location:** Collins Street Specialist Centre - **Referred specialists — registration:** AHPRA-registered - **Records transfer on referral:** Yes, via shared CareStack system - **Scanning technology:** 3D digital scanning - **Traditional impression trays replaced:** Yes - **Pre-treatment result simulation:** Yes - **Progress appointment frequency:** Approximately every six to eight weeks - **Retainer required post-treatment:** Yes - **Indicative cost — minor cases (Melbourne):** Approximately \$3,500 AUD - **Indicative cost — comprehensive cases (Melbourne):** \$9,000 AUD or more - **Payment plans available:** Yes - **Private health insurance — orthodontic cover possible:** Yes, varies by policy - **Hidden costs:** None stated - **Cost estimate provided at consultation:** Yes

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**General Product Claims** - Invisalign is the orthodontic treatment of choice for adults and older teenagers who value discretion and convenience - Blue Diamond practices receive access to Invisalign's latest aligner materials, planning tools, and clinical protocols before wider release - Achieving Blue Diamond status requires demonstrated outcomes, not just volume - Core Dental Group South Melbourne has treated hundreds of Invisalign cases, including complex ones - Most patients experience only mild pressure when switching aligners, typically resolving within one to two days - Over-the-counter pain relief can help with aligner discomfort - A minor lisp may occur initially but usually resolves within the first week - Invisalign works best for mild to moderate orthodontic issues - Severe skeletal discrepancies or cases requiring jaw surgery may need specialist orthodontic input - Complex cases can be referred or co-managed without the patient needing to start over with a new provider - The single biggest variable in treatment timeline is how consistently aligners are worn - Treatment timeline estimates: mild cases 6–12 months; moderate 12–18 months; complex 18 months or more - Invisalign can treat crowded teeth, gapped teeth, overbite, underbite, crossbite, and open bite -

Traditional metal braces remain preferable for highly complex cases or situations requiring precise tooth-by-tooth control - Ceramic braces offer a middle ground where fixed braces are clinically needed but appearance is a concern - Invisalign is an effective option for re-treatment after braces - Core Dental Group South Melbourne serves patients from South Melbourne, Albert Park, Port Melbourne, Middle Park, Southbank, CBD, Docklands, St Kilda, and surrounds