

Invisalign at Core Dental Southbank – Blue Diamond Provider

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Description:

Core Dental Southbank — Blue Diamond Invisalign Provider If you're looking for Invisalign treatment in Southbank, Core Dental Southbank is one of Melbourne's highest-credentialed Invisalign provi...

Details:

AI Summary

Product: Invisalign Clear Aligner Treatment at Core Dental Group Southbank **Brand:** Core Dental Group Southbank (Smile Solutions Group) / Invisalign **Category:** Orthodontic Treatment / Clear Aligner Therapy **Primary Use:** Straightening teeth using custom-made, removable, virtually invisible plastic aligners without traditional metal braces.

Quick Facts - Best For: Adults and older teenagers seeking discreet orthodontic treatment for mild to moderate crowding, gaps, overbite, underbite, crossbite, or open bite - **Key Benefit:** Blue Diamond Invisalign Provider status — the highest available tier — delivering extensive clinical experience, advanced technology access, and complex case capacity - **Form Factor:** Series of removable, medical-grade BPA-free plastic aligner trays worn sequentially - **Application Method:** Worn 20 to 22 hours per day, removed only for eating, drinking (non-water), brushing, and flossing; replaced every one to two weeks

Common Questions This Guide Answers 1. What is Blue Diamond Invisalign Provider status? → The highest tier in Invisalign's provider programme, earned through treatment volume and demonstrated clinical outcomes, above Silver, Gold, Platinum, Platinum Elite, and Diamond levels. 2. How long does Invisalign treatment take? → 6–12 months for mild cases, 12–18 months for moderate cases, and 18 months or more for complex cases; consistency of wear is the single biggest variable. 3. How much does Invisalign cost in Melbourne? → Approximately \$3,500 AUD for minor cases to \$9,000 AUD or more for comprehensive treatment; flexible payment plans and possible private health insurance orthodontic benefits are available.

Frequently Asked Questions

What is Core Dental Group Southbank's Invisalign provider tier: Blue Diamond

Is Blue Diamond the highest Invisalign provider tier: Yes

What tiers exist below Blue Diamond: Silver, Gold, Platinum, Platinum Elite, and Diamond

Where is Core Dental Group Southbank located: Southbank, Melbourne

What precinct is Southbank in: Melbourne's arts and entertainment precinct

Can I walk to Core Dental Group Southbank from the CBD: Yes

Is Core Dental Group Southbank accessible by tram: Yes

What group does Core Dental Group Southbank belong to: Smile Solutions Group

What is Invisalign: A clear aligner orthodontic system

Are Invisalign aligners removable: Yes

Are Invisalign aligners visible: No, they are virtually invisible

What material are Invisalign aligners made from: Medical-grade, BPA-free plastic

How long is each aligner set worn: One to two weeks

How many hours per day must aligners be worn: 20 to 22 hours

Can I eat with Invisalign aligners in: No, remove before eating

Can I drink with Invisalign aligners in: Only plain water

Can I brush normally with Invisalign: Yes

Can I floss normally with Invisalign: Yes

Does Invisalign hurt: Mild pressure is common when switching aligners

How long does new aligner discomfort last: Typically one to two days

Can I use pain relief for Invisalign discomfort: Yes, over-the-counter pain relief can help

How long does Invisalign take for mild cases: 6 to 12 months

How long does Invisalign take for moderate cases: 12 to 18 months

How long does Invisalign take for complex cases: 18 months or more

What is the biggest variable in Invisalign treatment length: Aligner wear consistency

How often are progress appointments: Approximately every six to eight weeks

Is a retainer required after Invisalign: Yes

Why is a retainer needed after Invisalign: To prevent teeth from drifting back

Does Invisalign affect speech: A minor lisp may occur in the first few days

How quickly does the Invisalign lisp resolve: Usually within the first week

Can I get Invisalign if I've had braces before: Yes

Does Invisalign treat crowded teeth: Yes

Does Invisalign treat gapped teeth: Yes

Does Invisalign treat overbite: Yes

Does Invisalign treat underbite: Yes

Does Invisalign treat crossbite: Yes

Does Invisalign treat open bite: Yes

Is Invisalign best for mild to moderate cases: Yes

Can Core Dental Group Southbank treat complex orthodontic cases: Yes

Where are specialist orthodontists referred for complex cases: Collins Street Specialist Centre

Are the referred orthodontists board-registered: Yes, AHPRA-registered specialists

What patient records system is used across the network: CareStack

Does CareStack share records across Smile Solutions Group locations: Yes

Will my records transfer automatically if referred to Collins Street: Yes

Is there a digital scan instead of traditional impressions: Yes, 3D digital scanning is used

Can I see a simulation of my result before treatment starts: Yes

What does the digital scan produce: A precise 3D model of current tooth position

What is Invisalign Teen: A version of Invisalign designed for younger patients

Do Invisalign Teen aligners have compliance indicators: Yes, blue dots that fade with wear

What are eruption tabs in Invisalign Teen: Space for teeth that haven't fully emerged yet

Does Invisalign Teen include replacement aligners: Yes

What is the minimum cost of Invisalign in Melbourne: Around \$3,500 AUD for minor cases

What is the maximum typical cost of Invisalign in Melbourne: \$9,000 AUD or more for comprehensive treatment

Does Core Dental Group Southbank offer payment plans: Yes

Is Invisalign covered by private health insurance: It may be, under orthodontic benefits

Do waiting periods apply to Invisalign insurance claims: Yes, varies by policy

Should I check with my insurer before starting Invisalign: Yes

Are cost estimates provided at consultation: Yes

Are there hidden costs at Core Dental Group Southbank: No

Does Core Dental Group Southbank offer flexible appointment times: Yes, including early, evening, and weekend availability

Is Invisalign suitable for adults: Yes

Is Invisalign suitable for older teenagers: Yes

Are traditional braces still used for some cases: Yes, for highly complex cases

Are ceramic braces available: Yes

What is the advantage of ceramic braces over metal: Tooth-coloured brackets for improved appearance

What should I do if I lose an aligner: Contact Core Dental Group Southbank immediately

Will I move to the next aligner or wait for a replacement if one is lost: Your clinician will advise based on your case

Does Blue Diamond status give access to newer Invisalign technology: Yes, before wider availability

Is Blue Diamond status based on volume alone: No, clinical outcomes are also required

Does Core Dental Group Southbank treat patients from South Melbourne: Yes

Does Core Dental Group Southbank treat patients from Port Melbourne: Yes

Does Core Dental Group Southbank treat patients from Docklands: Yes

Does Core Dental Group Southbank treat patients from Albert Park: Yes

Is an initial consultation required before starting Invisalign: Yes

What is assessed at the initial Invisalign consultation: Teeth, bite, and oral health

Will the clinician recommend alternatives to Invisalign if needed: Yes, if another approach suits better

Core Dental Group Southbank — Blue Diamond Invisalign Provider

If you're looking for Invisalign treatment in Southbank, Core Dental Group Southbank is one of Melbourne's most credentialed Invisalign providers. As a Blue Diamond Invisalign Provider, the practice sits at the top tier across Australia — a status earned through treatment volume, strong clinical outcomes, and a genuine commitment to the standard of care the Invisalign system demands.

The practice is in Melbourne's arts and entertainment precinct, easy to reach by tram, on foot from the CBD, or along the Southbank Boulevard and City Road corridors. For inner-city residents who'd rather not travel far for quality orthodontic care, it's a genuinely convenient option.

Whether you're a young professional in Southbank, a parent in South Melbourne, or someone who's been putting off straightening their teeth for years, Core Dental Group Southbank has the experience and credentials to help.

What is Invisalign?

Invisalign is a clear aligner orthodontic system that gradually moves your teeth into position using a series of custom-made, removable plastic trays. Unlike traditional metal braces — brackets bonded to teeth and connected by wires — Invisalign aligners are virtually invisible, smooth, and come out when you eat, drink, brush, and floss.

Each aligner in your series is worn for roughly one to two weeks, applying gentle pressure to move your teeth according to a precise digital treatment plan. As you work through each aligner, your teeth steadily shift toward their final position.

The result is a straighter smile without the visibility and food restrictions that come with fixed braces. For adults and older teenagers who value discretion and convenience, Invisalign has become the orthodontic treatment of choice.

What Blue Diamond provider status means for you

Invisalign's tiered provider programme — which runs through Silver, Gold, Platinum, Platinum Elite, and Diamond levels — is based on the volume and complexity of cases treated each year. Blue Diamond is the highest tier, and Core Dental Group has earned it.

What this means practically:

- **Extensive clinical experience.** The team at Core Dental Group Southbank has treated hundreds of Invisalign cases, including complex ones involving significant crowding, bite corrections, and interdisciplinary care. - **Early access to advanced technology.** Blue Diamond practices get

Invisalign's latest aligner materials, planning tools, and clinical protocols before they become more widely available. - **Demonstrated outcomes, not just volume.** Achieving and maintaining Blue Diamond status requires proven clinical results. - **Confidence for complex cases.** If your situation involves more than mild crowding, the depth of experience at a Blue Diamond practice makes a real difference.

Not every dental practice offering Invisalign has reached Blue Diamond status. When you choose Core Dental Group Southbank, you're choosing one that has.

Invisalign treatment at Core Dental Group Southbank

The process at Core Dental Group Southbank runs from initial consultation through to retention, with each step supported by digital technology and clear communication.

Consultation and assessment

Your first appointment gives your clinician the chance to evaluate your teeth, bite, and oral health to determine whether Invisalign suits your situation. Some cases are better handled with other orthodontic approaches, and the team at Core Dental Group Southbank will be straight with you about what's likely to deliver the best outcome.

Digital scanning

If Invisalign is appropriate, a 3D digital scan replaces traditional impression trays. This produces a precise model of your current tooth position, used to plan your entire treatment digitally. You'll see a visual simulation of your expected result before treatment begins.

Custom aligner fabrication

Your aligners are manufactured by Invisalign using medical-grade, BPA-free plastic, precision-cut to the digital specifications from your treatment plan. Each set is slightly different from the last, moving your teeth incrementally toward their final position.

Wearing your aligners

You wear each set for 20 to 22 hours per day, removing them only to eat, drink (anything other than plain water), brush, and floss. Consistency matters — your treatment timeline is directly tied to how reliably you wear your aligners.

Progress appointments

Check-ups happen approximately every six to eight weeks. Your clinician reviews how your teeth are tracking, provides the next sets of aligners, and adjusts the treatment plan if needed.

Retention

Once your final aligner set is complete, you'll be fitted with a retainer to hold your teeth in their new position. Without it, teeth can drift back over time. Your clinician will advise on the right retention approach for your situation.

Who is a good candidate for Invisalign?

Invisalign works for a wide range of orthodontic concerns:

- **Crowded teeth** — insufficient space in the jaw for all teeth to sit comfortably - **Gapped teeth** — spaces between teeth from jaw growth or missing teeth - **Overbite** — upper front teeth overlap

significantly over lower front teeth - **Underbite** — lower teeth protrude in front of upper front teeth - **Crossbite** — some upper teeth sit inside lower teeth rather than outside - **Open bite** — upper and lower teeth don't meet when the mouth is closed

Invisalign works best for mild to moderate issues. Complex cases — severe skeletal discrepancies or cases requiring jaw surgery — may need specialist orthodontic input. Core Dental Group Southbank has direct pathways to board-registered orthodontic specialists through the Smile Solutions Group, so complex cases can be referred or co-managed without you starting over with a new provider.

Invisalign vs traditional braces

Both are clinically effective. The right choice comes down to your clinical situation and your preferences.

Invisalign is nearly invisible, has no dietary restrictions (remove before eating), and makes oral hygiene straightforward — brush and floss normally without hardware in the way. Traditional metal braces remain the better option for highly complex cases, severe crowding, or situations requiring very precise tooth-by-tooth control.

Ceramic braces, which use tooth-coloured brackets, are worth considering if fixed braces are clinically necessary but appearance still matters to you.

Your Core Dental Group Southbank clinician will talk through the options honestly and recommend what's most likely to give you the best result for your specific situation.

Invisalign for teenagers

Invisalign Teen is designed specifically for younger patients, with a few practical features built in:

- **Compliance indicators** — small blue dots that fade with wear, so parents and clinicians can confirm aligners are being used consistently - **Eruption tabs** — space built into the aligners for teeth that haven't fully come through yet - **Replacement aligners** — included in case any are lost or damaged

Teenagers who are responsible enough to wear their aligners consistently often prefer Invisalign over the appearance and food restrictions of metal braces. A consultation at Core Dental Group Southbank can help determine whether Invisalign Teen is the right fit.

Cost of Invisalign at Core Dental Group Southbank

Treatment costs vary depending on case complexity, the number of aligners required, and the clinical time involved. In Melbourne, costs typically run from around \$3,500 AUD for minor cases to \$9,000 AUD or more for comprehensive treatment.

Core Dental Group Southbank offers flexible payment plans to help spread the cost. If you have private health insurance with orthodontic cover, you may be entitled to a benefit — though limits, waiting periods, and entitlements vary by policy, so check with your insurer before you start.

During your consultation, you'll receive a clear cost estimate and a full explanation of payment options. There are no hidden costs.

Core Dental Group Southbank and Smile Solutions Group

Core Dental Group Southbank is part of the Smile Solutions Group, one of Melbourne's most established dental and specialist networks. Being part of this group has some real practical advantages.

Access to board-registered specialists when you need them

For orthodontic cases that go beyond general dentistry — severe malocclusion, jaw discrepancies, surgical orthodontics, or complex interdisciplinary cases — Core Dental Group Southbank refers directly to the Collins Street Specialist Centre, where AHPRA-registered orthodontists and other dental specialists practise. These are registered specialists, not simply experienced general dentists.

The referral process is straightforward. Your Core Dental Group clinician handles it, your records transfer automatically through the shared CareStack system, and you don't have to start over with a new provider.

Shared CareStack patient management system

All Core Dental Group locations and the Collins Street Specialist Centre use the same CareStack patient management platform. Your x-rays, treatment notes, clinical photos, and health records are accessible across the network without duplication or delays.

If you start treatment at Core Dental Group Southbank and need to attend a different location, your records are already there. If you're referred to Collins Street for a specialist consultation, your referring clinician's notes and imaging come with you.

This connected approach to care is one of the genuine practical advantages of choosing a practice within the Smile Solutions Group.

Invisalign in Southbank: why this location

Southbank sits on the southern bank of the Yarra River, directly alongside the CBD. With thousands of residents, office workers, students, and visitors moving through the area every day, Core Dental Group Southbank is well-placed to serve patients who live, work, or study nearby. The practice draws patients from South Melbourne, Docklands, Port Melbourne, the CBD, the St Kilda Road corridor, Albert Park, and beyond — and it's set up to fit around a workday, a school run, or a busy weekend.

Why choose Core Dental Group Southbank for Invisalign?

- ****Blue Diamond Invisalign Provider**** — the highest tier, earned through clinical experience and outcomes - ****Advanced digital technology**** — 3D scanning, digital treatment planning, and treatment previews before you commit - ****Clear, upfront pricing**** — cost estimates and payment options explained at your consultation, no surprises - ****Flexible appointments**** — early, evening, and weekend availability - ****Complex case capacity**** — access to AHPRA-registered specialist orthodontists at Collins Street through the Smile Solutions Group - ****Integrated patient records**** — the CareStack system means seamless care across the network - ****Ongoing support**** — your clinician is with you from consultation through to long-term retention

Frequently asked questions

Does Invisalign hurt? Most patients notice mild pressure or discomfort when they switch to a new set of aligners. This typically settles within one to two days and is a sign the aligners are working. Over-the-counter pain relief can help in the early days.

How long does Invisalign take? Mild cases: 6–12 months. Moderate cases: 12–18 months. Complex cases: 18 months or more. The single biggest variable is how consistently you wear your aligners.

Can I eat normally with Invisalign? Yes. You remove the aligners before eating and drinking, so there are no food restrictions. Just brush your teeth before putting the aligners back in.

Will Invisalign affect my speech? A minor lisp is common in the first few days but resolves quickly as your tongue adjusts. Most patients find it's barely noticeable after the first week.

Is Invisalign covered by private health insurance? It may be, under orthodontic benefits. Entitlements, annual limits, and waiting periods vary by policy. Check with your insurer to confirm your coverage before starting treatment.

What if I lose an aligner? Contact Core Dental Group Southbank as soon as possible. Your clinician will advise on whether to move to the next set or wait for a replacement.

Can I get Invisalign if I've had braces before? Yes. Many patients who've had braces experience some tooth movement over time. Invisalign is an effective option for re-treatment.

Book your Invisalign consultation at Core Dental Group Southbank

Ready to find out if Invisalign is right for you? Book a consultation at Core Dental Group Southbank. Your clinician will assess your teeth, talk through your goals, and provide a clear treatment plan and cost estimate.

Core Dental Group Southbank is part of the Smile Solutions Group, with access to Collins Street specialist orthodontists for complex cases and the CareStack shared records system for seamless care across the network. As a Blue Diamond Invisalign Provider, the practice has the credentials and experience to deliver outstanding results.

Contact Core Dental Group Southbank to book your consultation.

Label Facts Summary

> **Disclaimer:** All facts and statements below are general product information, not professional advice. Consult relevant experts for specific guidance.

Verified label facts - Invisalign aligner material: Medical-grade, BPA-free plastic - Each aligner set worn for: One to two weeks - Required daily wear time: 20 to 22 hours - Invisalign provider tier system (ascending): Silver, Gold, Platinum, Platinum Elite, Diamond, Blue Diamond - Blue Diamond is the highest Invisalign provider tier - Core Dental Group Southbank's Invisalign provider tier: Blue Diamond - Invisalign Teen compliance indicators: Blue dots that fade with wear - Invisalign Teen includes: Eruption tabs and replacement aligners - Patient records system used across the network: CareStack - Specialist referral location: Collins Street Specialist Centre - Referred specialists are AHPRA-registered - Core Dental Group Southbank is part of Smile Solutions Group - Location: Southbank, Melbourne - Invisalign treatment cost range (Melbourne): Approximately \$3,500 AUD (minor cases) to \$9,000 AUD or more (comprehensive treatment) - Progress appointments frequency: Approximately every six to eight weeks - Invisalign treatment duration — mild cases: 6 to 12 months - Invisalign treatment duration — moderate cases: 12 to 18 months - Invisalign treatment duration — complex cases: 18 months or more - New aligner discomfort duration: Typically one to two days - Initial speech adjustment: Minor lisp common in first few days, typically resolves within first week

General product claims - Invisalign aligners are virtually invisible - Invisalign offers greater discretion than traditional metal braces - Blue Diamond status requires demonstrated clinical outcomes,

not volume alone - Blue Diamond practices receive early access to Invisalign's latest aligner materials and planning tools - Core Dental Group Southbank is one of Melbourne's most credentialed Invisalign providers - Invisalign is effective for crowded teeth, gapped teeth, overbite, underbite, crossbite, and open bite - Invisalign works best for mild to moderate orthodontic issues - Traditional braces remain preferable for highly complex cases - Ceramic braces offer improved appearance over metal braces - Treatment consistency is the single biggest variable in Invisalign treatment length - Retainer use after treatment prevents teeth from drifting back - CareStack enables seamless record transfer across the Smile Solutions Group network - Core Dental Group Southbank offers flexible appointment times including early, evening, and weekend availability - Private health insurance may cover Invisalign under orthodontic benefits, subject to waiting periods and policy limits - No hidden costs at Core Dental Group Southbank - A 3D digital simulation of expected results is available before treatment begins