

Dental Care for Seniors at Core Dental Group - Over 50s Dental Health

Canonical: <https://directory.coredental.com.au/patient-information/dental-care-for-seniors-at-core-dental-group-over-50s-dental-health/>

Description:

Dental Care for Seniors at Core Dental Group - Over 50s Dental Health Dental health does not get simpler as we age - if anything, it becomes more important and more complex. Changes in medication, ...

Details:

Dental health does not get simpler as we age - if anything, it becomes more important and more complex. Changes in medication, health conditions, natural wear on teeth, and the cumulative effects of a lifetime's eating and drinking all place unique demands on our mouths as we move into our 50s, 60s, 70s, and beyond. At Core Dental Group, we specialise in understanding and meeting those needs.

Trusted by Melbourne's Over-50s Community

Core Dental Berwick has become particularly popular with patients in the 50-plus age group. Residents of Berwick, Narre Warren, Officer, Pakenham, and surrounding south-eastern suburbs have come to regard Core Dental Berwick as a trusted partner in their health and wellbeing - not just their teeth. The practice is known for its warm, unhurried atmosphere, extended appointment times, and a team that takes the time to genuinely understand each patient's situation.

But senior-friendly dental care is available across the Core Dental network. Wherever you choose to visit, you will find experienced dentists and support teams who understand the specific dental challenges that come with ageing.

Common Dental Concerns for Over-50s

As we age, a number of dental issues become more prevalent:

****Tooth wear and damage:**** Decades of chewing, grinding (often at night), and acid exposure gradually wear down tooth surfaces. Chipped, cracked, or worn teeth become more common, affecting both appearance and function.

****Gum disease (periodontitis):**** Gum disease is more common and often more severe in older adults. Certain medications, health conditions like diabetes, and changes in immune function all increase susceptibility. Untreated gum disease is the leading cause of tooth loss in adults.

****Dry mouth:**** Many medications commonly taken by older patients - including blood pressure medications, antidepressants, and antihistamines - cause dry mouth as a side effect. Saliva is critical for protecting teeth from decay and bacteria. Without adequate saliva, decay risk rises significantly.

****Tooth loss:**** Whether from gum disease, decay, or trauma, many patients in their 50s and beyond are managing missing teeth. Missing teeth affect eating, speaking, confidence, and the health of remaining teeth and jaw bone.

****Root decay:**** As gums recede with age, the softer root surfaces of teeth become exposed and vulnerable to a different type of decay that forms faster than typical crown decay.

Services for Senior Patients at Core Dental

Core Dental offers a comprehensive range of services specifically relevant to older patients:

****Dental implants:**** The gold standard for replacing missing teeth. Implants look, feel, and function like natural teeth, preserve jaw bone, and can last decades with proper care. Our implant dentists have extensive experience placing implants for older patients, including those with complex medical histories.

****Dentures:**** Partial and full dentures remain an important option for patients replacing multiple missing teeth. Modern dentures are more comfortable and natural-looking than ever. Our dentists work with skilled laboratory technicians to ensure well-fitting, functional dentures.

****Crowns and bridges:**** Protect damaged teeth and replace missing ones without surgery. Crowns cap damaged or root-canal-treated teeth; bridges span gaps using neighbouring teeth for support.

****Gum disease treatment:**** Comprehensive periodontal assessment and treatment, from scaling and root planing through to specialist referral for advanced cases.

****Dry mouth management:**** Advice, products, and treatment adjustments to help manage the effects of dry mouth and protect teeth from the decay it causes.

****Specialist prosthodontist referrals:**** For complex cases involving extensive tooth loss, worn dentition, or the need for full-mouth rehabilitation, Core Dental can refer patients to specialist prosthodontists - specialists in restoring and replacing teeth.

Extended Appointment Times at Core Dental Berwick

We know that longer appointments are often necessary for older patients - more to discuss, more to assess, and simply a preference for a less rushed experience. Core Dental Berwick offers extended appointment slots for senior patients, ensuring there is always adequate time to address everything properly.

Payment Options for Major Treatments

Dental implants, full dentures, and other major restorative treatments represent a significant investment. Core Dental offers flexible Payright interest-free payment plans to help spread the cost of treatment over time. HICAPS is available at all locations for on-the-spot private health fund claiming.

Book a Senior Dental Appointment

Whether you are due for a routine check-up or ready to explore options for missing or damaged teeth, Core Dental is here to help.

- Call: 13 13 16 - Website: coredental.com.au

At Core Dental Group - Your Local Dental Practice - we are here to support your health and your smile at every stage of life.