

Root Canal Trouble? When You Need a Specialist Endodontist at CSSC

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Description:

Root Canal Trouble? When You Need a Specialist Endodontist at CSSC Root canal treatment saves teeth. When the nerve inside a tooth becomes infected or inflamed - from deep decay, cracks, or trauma ...

Details:

Root canal treatment saves teeth. When the nerve inside a tooth becomes infected or inflamed - from deep decay, cracks, or trauma - removing the infected tissue and sealing the canal system is often the only alternative to extraction. Your Core Dental dentist performs routine root canal treatments successfully every week.

But some cases are not routine.

Failed root canals, calcified canals, complex root anatomy, cracked roots, and retreatments require a level of expertise and technology that goes beyond general practice. That is when your Core Dental dentist refers you to a specialist endodontist at Collins Street Specialist Centre (CSSC).

What Makes a Specialist Endodontist Different?

A specialist endodontist has completed their dental degree plus an additional three years of full-time university training focused exclusively on the diagnosis and treatment of problems inside teeth. They are registered with the Dental Board of Australia as specialists.

But the difference is not just academic. At CSSC, specialist endodontists work with:

- **Dental operating microscopes** with magnification up to 25x - allowing visualisation of canal anatomy that is invisible to the naked eye or even dental loupes
- **Cone beam CT (CBCT) 3D imaging** - revealing the three-dimensional anatomy of root systems, fractures, and pathology that standard X-rays cannot show
- **Ultrasonics and specialised instruments** - designed specifically for navigating calcified, curved, and complex canal systems
- **Biocompatible materials** - including bioceramic sealers and MTA (mineral trioxide aggregate) for optimal sealing and healing

When Does Your Core Dental Dentist Refer for Specialist Endodontics?

Failed Root Canals A root canal done years ago - whether at Core Dental or another practice - has not resolved the infection. The tooth is still symptomatic, there is a persistent abscess, or the original treatment was technically inadequate. Retreatment by a specialist endodontist offers the best chance of saving the tooth.

Calcified Canals Older patients, patients with a history of trauma, or teeth that have had previous dental work often develop calcified (narrowed or blocked) canals. Finding and navigating these canals requires microscope magnification and specialist skill.

Complex Root Anatomy Some teeth have unusual root configurations - extra canals, severe curvatures, internal resorption, or perforations. These cases exceed what is safely and predictably

managed in a general practice setting.

Cracked Teeth Diagnosing and managing cracked teeth is one of the most challenging areas in dentistry. A specialist endodontist at CSSC can use transillumination, microscope examination, and CBCT imaging to determine whether a crack is treatable or whether the tooth is beyond saving - a critical distinction before investing in a crown or other restoration.

Surgical Endodontics (Apicoectomy) When conventional root canal retreatment is not possible or has failed, surgical access to the root tip allows the specialist to seal the canal from the surgical end. This microsurgical procedure, performed under the operating microscope, has success rates exceeding 90% in specialist hands.

Traumatic Dental Injuries Teeth that have been knocked out, displaced, or fractured may need specialist endodontic assessment and treatment. Time-sensitive management of the pulp (nerve) can determine whether the tooth survives long-term.

The Technology Gap

The difference between a root canal performed under dental loupes (typical in general practice) and one performed under a dental operating microscope (standard in specialist endodontic practice) is substantial:

Feature	General Practice	Specialist Endodontist at CSSC
Magnification	2.5-4.5x (loupes)	Up to 25x (microscope)
Canal visualisation	Limited	Detailed
Fracture detection	Difficult	Enhanced
Imaging	2D X-rays	3D CBCT available
Missed canals	More common	Rare
Retreatment capability	Limited	Full

This technology gap is not a criticism of general dentistry - it reflects the reality that specialist endodontic procedures require specialist equipment that is not economically viable for a general practice to maintain.

The Core Dental to CSSC Endodontic Pathway

1. **Your Core Dental dentist identifies a complex case.** Perhaps a tooth is not responding to initial root canal treatment, or the anatomy is too complex for general practice management.
2. **Referral through CareStack.** Your X-rays, clinical photos, and treatment history transfer automatically through the shared patient management system.
3. **Specialist assessment at CSSC.** The endodontist reviews your imaging, may take additional CBCT scans, and examines the tooth under the microscope. They discuss whether the tooth can be saved and what treatment involves.
4. **Specialist treatment.** Root canal treatment or retreatment is performed under the operating microscope with rubber dam isolation. Most treatments are completed in one or two visits.
5. **Restoration at Core Dental.** After the endodontist has completed the internal treatment, your Core Dental dentist places the final restoration - typically a crown to protect the treated tooth long-term.

This division of labour works. The specialist focuses on the complex internal treatment. Your general dentist manages the restoration and ongoing care. Both clinicians see the same records on the same system.

Success Rates

Specialist endodontic treatment has high success rates:

- **Primary root canal treatment by a specialist:** 90-95% success - **Retreatment of failed root canals:** 75-85% success - **Microsurgical endodontics (apicoectomy):** 90%+ success

These success rates are consistently higher than those achieved in general practice settings, particularly for complex cases. The combination of specialist training, microscope magnification, and advanced materials makes the difference.

Your Next Step

If you have a tooth that has had root canal treatment but is still causing problems, or if your Core Dental dentist has identified a complex endodontic case, ask about referral to the specialist endodontic team at CSSC. Early specialist involvement often means the difference between saving and losing a tooth.

Frequently Asked Questions

Is specialist root canal treatment more expensive? Specialist fees are typically higher than general practice fees, reflecting the additional training, technology, and time involved. However, saving a tooth is almost always more cost-effective than extracting it and replacing it with an implant or bridge.

Does root canal treatment hurt? Modern endodontic treatment is performed under local anaesthesia and is generally no more uncomfortable than a filling. Specialist endodontists are experienced in achieving effective anaesthesia even in difficult situations.

How many visits does specialist root canal treatment take? Most cases are completed in one or two visits. Complex retreatments may occasionally require additional appointments.

After treatment at CSSC, do I need to go back for a crown? In most cases, yes. Your Core Dental dentist will place a crown or other restoration to protect the root-canal-treated tooth. This is typically done within a few weeks of endodontic treatment.

Can every tooth be saved? No. Some teeth are beyond saving due to extensive fractures, root resorption, or bone loss. Part of the specialist endodontist's role is making an honest assessment of whether treatment is worthwhile or whether extraction and replacement is a better option.