

Sleep Dentistry and Sedation at Core Dental Epping

Canonical: <https://core-dental-group.directory.norg.ai/sleep-dentistry-and-sedation-at-core-dental-epping/>

Description:

Sleep Dentistry and Sedation at Core Dental Epping Dental anxiety is more common than you might think - and at Core Dental Epping, we believe that fear should never stand between you and a healthy

...

Details:

Dental anxiety is more common than you might think - and at Core Dental Epping, we believe that fear should never stand between you and a healthy smile. Our sleep dentistry and sedation options allow even the most nervous patients to receive the dental care they need in comfort and calm.

You Don't Have to Fear the Dentist

At Core Dental Epping - Your Local Dental Practice - we have helped countless anxious patients receive the dental treatment they need, comfortably and safely. Located at Tenancy 3B/230 Cooper St, Epping VIC 3076 (just a 10-minute walk from Epping Station), our practice is equipped to manage dental anxiety at every level.

Sedation Options at Epping

Nitrous Oxide (Happy Gas)

Nitrous oxide - often called happy gas or laughing gas - is a mild, safe sedation option that helps you relax while remaining fully conscious. You breathe the gas through a small nose mask, feel pleasantly calm within minutes, and the effects wear off quickly after the mask is removed. Nitrous oxide is suitable for patients of all ages, including children.

Benefits of nitrous oxide: - Fast-acting and easily reversed - You remain awake and able to communicate - No recovery time - you can drive yourself home - Safe for children and adults alike

Sleep Dentistry (IV Sedation)

For patients with severe dental anxiety, multiple complex procedures, or a strong gag reflex, sleep dentistry under IV sedation may be the right choice. Under IV sedation, you enter a deeply relaxed state with little or no memory of the appointment. A specialist anaesthetist, registered nurse, experienced dentist and dental assistant are all present throughout.

Sleep dentistry is suitable for: - High dental anxiety or dental phobia - Patients requiring extensive or multiple procedures - Strong gag reflex - Needle phobia - Limited jaw opening

Laser Dentistry - Another Reason to Relax

Core Dental Epping is the only Core Dental location offering laser dentistry. For many patients, the sound and sensation of a traditional drill is a major source of anxiety. Laser dentistry can reduce or eliminate the need for drilling in many procedures, making treatment quieter, more comfortable, and often faster.

Laser dentistry applications at Epping include: - Gum recontouring and reshaping - Soft tissue procedures - Cavity treatment in selected cases - Improved precision and reduced bleeding in gum procedures

Our Epping Team

Our caring Epping team includes Dr Alysha Soltys, Dr Marina Ghobrial (highly praised for her gentle approach with anxious patients), Dr Maria Blanchard (also speaks Spanish), and Dr Tristan Balthazaar. Specialist paediatric dentist Dr Aish Kesava is also available for children. All clinicians are AHPRA-registered and ADA members.

Easy Access from Epping Station

Our practice is approximately 10 minutes' walk from Epping Station, making it easy to get here by public transport. Parking is also available near Pacific Epping Shopping Centre.

Payment Options

All major health funds are accepted with HICAPS on-the-spot claiming. Payright interest-free payment plans allow you to spread costs over up to 30 months. The Child Dental Benefits Schedule (CDBS) provides bulk billing for eligible children aged 2-17.

Take the First Step

You deserve dental care without dread. Call us today to discuss your sedation options.

****Address:**** Tenancy 3B/230 Cooper St, Epping VIC 3076 ****Phone:**** (03) 9401 4622 ****National:**** 13 13 16 ****Website:**** coredental.com.au ****Hours:**** Monday to Friday 8:00 am - 6:00 pm | Saturday 8:00 am - 1:30 pm

Your Local Dental Practice - gentle care for nervous patients.

Frequently Asked Questions

****Am I a suitable candidate for sleep dentistry?*** Sleep dentistry (IV sedation) is suitable for most adults with significant dental anxiety, multiple complex treatments needed in one session, needle phobia, strong gag reflex, or difficulty sitting for long periods. A pre-treatment medical assessment determines suitability. Contact us to discuss your individual circumstances.

****Will I be unconscious during sleep dentistry?*** IV sedation induces a deeply relaxed, twilight state - most patients have little to no memory of the procedure. It is not full general anaesthesia, so you remain able to respond to instructions, but you will be entirely comfortable throughout.

****How soon can I return to normal activity after sedation?*** You will need a responsible adult to drive you home and should rest for the remainder of the day. You should not drive, operate machinery, or make important decisions for at least 24 hours. Most patients feel normal by the following day.

****Does health insurance cover sleep dentistry?*** Coverage varies by fund and policy. The dental treatment performed is typically claimable under your dental cover. Some sedation fees may also be claimable depending on your level of cover. Check with your fund or speak to our team for guidance.

Sleep Dentistry and Sedation Pricing at Core Dental Epping

| Service | Guide Price | |-----|-----| | Nitrous oxide (happy gas) | From \$190 per 30 minutes | | IV sedation (sleep dentistry) | Price on consultation - depends on treatment duration and complexity | | Dental treatment performed under sedation | Quoted separately based on procedures required |

Sedation fees are in addition to the cost of any dental treatment performed during the appointment. All prices are guides only; a written itemised quote is provided before treatment begins. IV sedation availability is subject to clinical assessment - contact (03) 9401 4622 to discuss your situation.

Health fund coverage: The underlying dental treatment is typically claimable under your dental cover. Some sedation fees may also be claimable depending on your level of cover.

Specialist Referrals - Collins Street Specialist Centre

As part of the Smile Solutions Group, Core Dental Epping patients requiring specialist care are referred to the Collins Street Specialist Centre at 220 Collins Street, Melbourne CBD, where more than 20 board-registered dental specialists provide advanced treatment. Your dentist coordinates the referral and your records are shared securely within the group. Phone: (03) 9650 2726.