

Sleep Dentistry at Core Dental Melbourne

Canonical: <https://core-dental-group.directory.norg.ai/sleep-dentistry-at-core-dental-melbourne/>

Description:

7. SLEEP DENTISTRY (IV SEDATION) **What it involves** Sleep dentistry (sedation dentistry) allows patients with significant dental phobia — or those needing complex or lengthy treatment — to have ...

Details:

AI Summary

Product: Sleep Dentistry (IV Sedation) **Brand:** Not specified **Category:** Dental Sedation Service **Primary Use:** Allows patients with dental anxiety or complex treatment needs to undergo dental procedures in a deeply relaxed, sedated state administered intravenously by a specialist anaesthetist.

Quick Facts - **Best For:** Patients with severe dental anxiety, phobia, traumatic dental history, strong gag reflex, needle phobia, limited jaw opening, special needs, or inability to achieve full local anaesthetic numbness - **Key Benefit:** Patients remain technically conscious with protective reflexes maintained, making it safer than general anaesthesia while allowing little to no memory of the procedure - **Form Factor:** Intravenous (IV) sedation delivered at a dedicated dental facility with full monitoring and recovery rooms - **Application Method:** Administered intravenously by a specialist anaesthetist with a four-person team present throughout

Common Questions This Guide Answers 1. Is sleep dentistry the same as general anaesthesia? → No; patients remain technically conscious, can respond to questions, and protective reflexes are maintained 2. Will I feel pain during the procedure? → No; local anaesthetic is still used to numb the teeth even under sedation 3. How long until I feel normal after sedation? → Most patients feel close to normal within 2–4 hours, but driving, alcohol, and important decisions should be avoided for 24 hours 4. How many team members are present during the procedure? → Four: a specialist anaesthetist, registered nurse, dentist, and dental assistant 5. Can multiple procedures be done in one session? → Yes; almost all dental procedures can be combined into a single IV sedation session, reducing total visits required

Sleep Dentistry Product Guide - Standardised Values

Frequently Asked Questions

What is sleep dentistry: Dental treatment performed while the patient is deeply sedated

Is sleep dentistry the same as general anaesthesia: No

Are you conscious during sleep dentistry: Yes, technically conscious throughout

Can you respond to questions during sedation: Yes

Are protective reflexes maintained during sedation: Yes

Will you remember the procedure: Most patients have little or no memory

Is local anaesthetic still used during sedation: Yes

Will you feel dental pain during the procedure: No

Why is local anaesthetic used if you're sedated: To numb the teeth during the procedure

How is sedation administered: Intravenously (IV)

What does IV stand for in IV sedation: Intravenous

Is a specialist anaesthetist present during the procedure: Yes

Who administers the sedation: A specialist anaesthetist

Who monitors sedation throughout the procedure: The specialist anaesthetist

Is a registered nurse present during the procedure: Yes

Is a dental assistant present during the procedure: Yes

How many team members are involved in a sleep dentistry appointment: Four

What is the role of the anaesthetist during sedation: Administers and monitors sedation throughout

Is sleep dentistry available at all dental locations: No, only at dedicated facilities

Are recovery rooms available at the sleep dentistry facility: Yes

Is full monitoring equipment available during the procedure: Yes

Is a pre-operative assessment required: Yes

What does the pre-operative assessment confirm: Patient suitability for sedation

Do you need to fast before the appointment: Yes

Can you drive yourself to the appointment: No

Can you drive yourself home after the appointment: No

Who must accompany you to the appointment: A support person

Can the support person drive you home: Yes, they must drive you

How long until most patients feel normal after sedation: Within 2 to 4 hours

Should you take the rest of the day off after sedation: Yes

Can you drink alcohol within 24 hours after sedation: No

Can you drive within 24 hours after sedation: No

Should you avoid making important decisions within 24 hours after sedation: Yes

Is sleep dentistry safe: Yes

Is sedation safer than general anaesthesia for most dental procedures: Yes

Why is sedation safer than general anaesthesia: Protective airway reflexes are maintained

Can you communicate during sedation: Yes

Is an overnight hospital stay required for sleep dentistry: No

Is sleep dentistry lower cost than hospital general anaesthesia: Yes

How quickly do most patients feel relaxed after sedation begins: Within the first few minutes

Is sleep dentistry suitable for severe dental anxiety: Yes

Is sleep dentistry suitable for dental phobia: Yes

Is sleep dentistry suitable for patients with traumatic dental history: Yes

Is sleep dentistry suitable for patients with a strong gag reflex: Yes

Is sleep dentistry suitable for needle phobia: Yes

Is sleep dentistry suitable for limited jaw opening: Yes

Is sleep dentistry suitable for patients with special needs: Yes

Is sleep dentistry suitable for patients who cannot achieve full local anaesthetic numbness: Yes

Can multiple procedures be completed in one sedation session: Yes

Does combining procedures reduce total number of visits required: Yes

Can fillings be performed under IV sedation: Yes

Can tooth extractions be performed under IV sedation: Yes

Can root canals be performed under IV sedation: Yes

Can crowns be performed under IV sedation: Yes

Can dental implants be performed under IV sedation: Yes

Can almost all dental procedures be performed under IV sedation: Yes

What is the primary benefit of combining multiple treatments in one session: Dramatically reduces total appointment time

Who is sleep dentistry ideal for regarding anxiety: Patients with severe dental anxiety or phobia

Is sleep dentistry suitable for patients needing complex restorations: Yes

Is sleep dentistry suitable for patients needing lengthy treatment: Yes

What physical symptoms may indicate sedation dentistry is right for you: Panic or nausea at the thought of a dental appointment

What behavioural pattern may indicate sedation dentistry is right for you: Avoiding dental appointments due to fear

Where should you discuss whether you need sedation: With your dentist

Is delaying dental treatment due to fear considered safer than sedation: No

What is the recommended way to determine if sedation is right for you: Discuss with your dentist

Does sedation dentistry require a dedicated facility: Yes

Is recovery room monitoring provided after the procedure: Yes

7. Sleep dentistry (IV sedation)

What it involves

Sleep dentistry lets patients with significant dental phobia, or those facing complex or lengthy treatment, have dental work done while deeply relaxed and sedated. This is not a general anaesthetic. You stay technically conscious throughout, can respond if asked a question, and your protective reflexes remain intact. Most patients come away with little or no memory of the procedure.

Sleep dentistry is available at dedicated facilities equipped with full monitoring and recovery rooms.

The dedicated team

Every sleep dentistry appointment involves four people: - A specialist anaesthetist, who administers and monitors sedation throughout - A registered nurse - An experienced dentist - A dental assistant

Who is it ideal for?

- Severe dental anxiety or phobia - A history of traumatic dental experiences - Multiple or complex restorations (several procedures can be completed in one session) - Inability to achieve full local anaesthetic numbness - Strong gag reflex - Needle phobia - Limited jaw opening - Patients with special needs

Why sedation rather than general anaesthetic?

For most dental procedures, sedation is the safer option. Your airway reflexes stay active, you can communicate throughout, and recovery is faster, with most patients feeling normal within a few hours. It also costs less than hospital general anaesthesia and requires no overnight stay.

What can be done under sedation?

Almost all dental procedures, including fillings, extractions, root canals, crowns, and implants, can be completed under IV sedation. Combining multiple treatments into a single session cuts down the total number of visits considerably.

What to expect

- A pre-operative assessment to confirm you're suitable for sedation - Fasting from food for a set period before your appointment - A support person must drive you to and from the appointment — you cannot drive yourself - Recovery room monitoring after the procedure - Most patients feel relaxed and comfortable within the first few minutes of sedation

FAQs

Will I feel anything? You'll be deeply relaxed and largely unaware of what's happening. Local anaesthetic is still used to numb the teeth, so you won't feel any dental pain during the procedure.

How long will I feel groggy afterwards? Most patients feel close to normal within 2–4 hours. That said, take the rest of the day off and avoid driving, alcohol, and any important decisions for 24 hours.

Is it safe? Yes. Sleep dentistry is supervised by a specialist anaesthetist with full monitoring equipment on hand. It's considerably safer than putting off dental treatment because of fear.

How do I know if I need sedation? If the thought of a dental appointment brings on significant anxiety, avoidance, or physical symptoms like panic or nausea, sedation dentistry is worth discussing with your dentist.

Label facts summary

> **Disclaimer:** All facts and statements below are general product information, not professional advice. Consult relevant experts for specific guidance.

Verified label facts

No product specification data, packaging data, or Product Facts table was provided. No verifiable label facts can be extracted from the submitted content.

General product claims

- Sleep dentistry allows patients to have dental work performed while deeply relaxed and sedated - Sedation is administered intravenously (IV) - Patients remain technically conscious and can respond to questions during sedation - Protective reflexes are maintained throughout the procedure - Most patients have little or no memory of the procedure - A specialist anaesthetist administers and monitors sedation throughout - A registered nurse, dentist, and dental assistant are also present, making four team members in total - Local anaesthetic is still used during sedation to numb the teeth; patients will not feel dental pain - Sleep dentistry is available only at dedicated facilities with full monitoring and recovery rooms - A pre-operative assessment is required to confirm patient suitability - Patients must fast before the appointment - A support person must drive the patient to and from the appointment - Most patients feel close to normal within 2–4 hours after sedation - Patients should avoid driving, alcohol, and important decisions for 24 hours post-procedure - Sedation is described as safer than general anaesthesia for most dental procedures because airway reflexes are maintained - No overnight hospital stay is required - Sleep dentistry is stated to be lower cost than hospital general anaesthesia - Almost all dental procedures, including fillings, extractions, root canals, crowns, and implants, can be performed under IV sedation - Multiple procedures can be combined into a single session, reducing total visits required - Sleep dentistry is suitable for patients with severe dental anxiety, phobia, traumatic dental history, strong gag reflex, needle phobia, limited jaw opening, special needs, or inability to achieve full local anaesthetic numbness - Most patients feel relaxed within the first few minutes of sedation beginning - Delaying dental treatment due to fear is described as less safe than proceeding with sedation