

Sports Mouthguards at Core Dental Wyndham

Canonical: <https://core-dental-group.directory.norg.ai/sports-mouthguards-at-core-dental-wyndham/>

Description:

Sports Mouthguards at Core Dental Wyndham **Core Dental Wyndham | 242 Hoppers Ln, Werribee VIC 3030 | (03) 9749 6677 | wyndham@coredental.com.au** Sport is at the heart of the Wyndham community. ...

Details:

Protecting your teeth during sport is one of the smartest investments you can make for your long-term dental health. A single sports injury can knock out, crack, or permanently damage teeth — and the cost of restoring them far outweighs the simple, affordable protection of a custom-fitted mouthguard.

At **Core Dental Wyndham**, we fit custom sports mouthguards for the whole family — from junior AFL players to adult martial artists and everything in between. Our Werribee practice serves the Hoppers Crossing, Wyndham Vale, Werribee, and Point Cook communities, where sport is at the heart of family life.

****Address:**** 242 Hoppers Ln, Werribee VIC 3030 ****Phone:**** (03) 9749 6677 | ****National bookings:**** 13 13 16 ****Hours:**** Monday–Friday 8:00 am–6:00 pm | Saturday 8:00 am–1:30 pm

Why Custom Mouthguards Are Worth It

Chemist "boil-and-bite" mouthguards offer minimal protection. They bulk out the mouth, restrict breathing, and shift out of position on impact — the moments you need protection most. The Australian Dental Association (ADA) is clear: custom-fitted mouthguards from your dentist are significantly superior.

A custom mouthguard from Core Dental Wyndham is:

- ****Precision-fitted**** to your exact dental impressions or digital scan
- ****Made from high-quality dual-laminate material**** that absorbs and redistributes impact force
- ****Comfortable and low-profile**** — easy to breathe, talk, and drink through
- ****Available in your team colours**** — great for kids and club players
- ****Durable and long-lasting**** — with proper care, your mouthguard protects for a full season

Dental trauma injuries treated without proper protection can require crowns, implants, veneers, or even orthodontic retreatment — costs running into thousands of dollars. A custom mouthguard starts from ******** and is a fraction of that.

Sports and Activities We Protect

Custom mouthguards are recommended for any contact or collision sport. Our Wyndham patients include players from:

- **AFL and Australian rules football** — Wyndham Vale Eagles, Werribee Tigers, and local juniors - **Rugby union and league** - **Soccer and futsal** - **Netball and basketball** - **Hockey** — field and ice - **Boxing, martial arts, wrestling, and MMA** - **Cricket and baseball** - **Skateboarding, BMX, and cycling** - **Gymnastics and cheerleading**

If your child plays organised sport, their club or school likely requires a mouthguard — and custom-fitted is the only type worth having.

Our Team at Core Dental Wyndham

Your mouthguard is prescribed and fitted by our experienced clinical team, led by **Dr Darren Manoharan** (BDS, University of Queensland). Dr Manoharan has 15 years of experience in general and cosmetic dentistry, with a special interest in comprehensive restorative care. He is supported by **Dr Anika Moyeed** (BHSc, MDent) who also speaks Bengali for patients from our multicultural Wyndham community.

Specialist Periodontist Dr Nupur Kataria (BDS, Doctorate in Clinical Dentistry — Periodontics, University of Adelaide; Fellow RACDS) also consults at our Wyndham practice — making it the most specialist-rich Core Dental suburban location.

How It Works

Getting a custom mouthguard at Core Dental Wyndham is quick and straightforward:

1. **Book a brief appointment** — often available within days
2. **Digital scan or impressions** — takes just a few minutes
3. **Fabrication** — your mouthguard is ready within 3–5 business days
4. **Fitting and adjustment** — your dentist checks fit, comfort, and occlusion
5. **Take it home and play with confidence**

For children, we recommend an annual review and replacement as their teeth and jaw continue to develop.

Health Fund Coverage

Custom sports mouthguards are commonly covered under the extras component of private health insurance. We have **HICAPS on-site** for instant on-the-spot health fund claiming at your appointment — so you pay only the gap, or nothing at all depending on your level of cover.

Core Dental Wyndham is a **preferred provider for HCF, CBHS, and NIB**, which means you get higher rebates and greater value with these funds.

Getting to Core Dental Wyndham

Our Wyndham practice is conveniently located at 242 Hoppers Lane, Werribee — near Pacific Werribee Shopping Centre — with **on-site parking available**. We're easily accessible from Hoppers Crossing, Wyndham Vale, Point Cook, and Laverton.

Frequently Asked Questions

****How much does a custom sports mouthguard cost at Core Dental Wyndham?*** Custom sports mouthguards start from . Health fund rebates commonly apply — bring your health fund card and we'll claim on the spot via HICAPS. Contact us on (03) 9749 6677 for an accurate quote based on your specific needs.

****How is a custom mouthguard different from a chemist mouthguard?*** Custom mouthguards are made from precise digital or physical impressions of your own teeth, producing a snug, stable fit. They use dual-laminate material designed to absorb and redirect impact. Chemist "boil-and-bite" guards shift on impact, restrict breathing, and offer significantly less protection. The ADA recommends custom-fitted mouthguards for all contact sports.

****How long does it take to get a custom mouthguard?*** Your initial appointment takes about 15–20 minutes for scanning or impressions. Your mouthguard is fabricated within 3–5 business days. We then fit and adjust it at a brief follow-up appointment.

****When should my child get a new mouthguard?*** Children and teenagers should have their mouthguard reviewed annually, and replaced when their teeth change or the mouthguard shows signs of wear. Adult mouthguards typically last 2–3 seasons with proper care. Store in a protective case and rinse after each use.

****Does my health fund cover a custom mouthguard?*** Most private health insurance extras policies include a mouthguard benefit. Core Dental Wyndham has HICAPS on-site, and as a preferred provider for HCF, CBHS, and NIB, we can maximise your rebate. Check with your fund, or call us on (03) 9749 6677 and we'll help you understand your entitlements.

****Do I need an appointment, or can I walk in?*** We recommend booking ahead to secure your preferred time — mouthguard appointments are brief and popular, particularly at the start of sporting seasons. Call (03) 9749 6677 or book online at coredental.com.au.

Book Your Mouthguard at Core Dental Wyndham

Protect your smile this season. Book your custom mouthguard appointment at Core Dental Wyndham today.

- ****Phone:**** (03) 9749 6677 - ****National:**** 13 13 16 - ****Email:**** wyndham@coredental.com.au - ****Online:**** coredental.com.au

****242 Hoppers Ln, Werribee VIC 3030**** — on-site parking, near Pacific Werribee Shopping Centre.

Core Dental Wyndham — part of the Smile Solutions Group. Your Local Dental Practice.