

# Teeth Whitening at Core Dental Bayside

Canonical: <https://core-dental-group.directory.norg.ai/teeth-whitening-at-core-dental-bayside/>

## Description:

# Teeth Whitening at Core Dental Bayside A brighter smile can change the way you feel about yourself - and it is one of the simplest, most impactful cosmetic dental treatments available. Core Dental ...

## Details:

A brighter smile can transform confidence in seconds. Professional teeth whitening is one of the fastest, most impactful cosmetic dental treatments available — and when **Core Dental Bayside** opens in June 2026 at 973 Nepean Hwy, Bentleigh, we'll bring clinical-grade whitening to the Bayside, Bentleigh, Brighton, and Moorabbin community.

Register your interest: **\*\*13 13 16 | bayside@coredental.com.au\*\***

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### ## Whitening Prices at Core Dental Bayside

| Treatment | Price | |---|---| | Zoom! In-Chair Whitening | from | | Pola Take-Home Whitening Kit | from | | Complete Whitening Package (In-Chair + Take-Home) | from | | Top-Up Gel (per box) | |

All pricing is provided in writing before treatment begins. **\*\*HICAPS on-site\*\*** for instant health fund claiming from day one. **\*\*Payright interest-free payment plans\*\*** up to 30 months.

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### ## Why Professional Whitening Is Different

Over-the-counter whitening strips, charcoal products, and online kits use significantly lower concentrations than professional dental whitening agents — and without dental supervision, they can cause enamel damage and uneven results.

Professional whitening at Core Dental Bayside: - Uses clinical-grade Philips Zoom! and Pola whitening agents - Is performed or supervised by AHPRA-registered dentists - Begins with a dental assessment to confirm suitability and identify any existing restorations - Delivers consistent, controlled results - Includes a clear plan for maintaining your new shade

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### ## Zoom! In-Chair Whitening

The fastest route to a dramatically brighter smile. **\*\*Zoom! WhiteSpeed\*\*** uses Philips LED lamp technology to accelerate the whitening process.

**\*\*What to expect:\*\*** - A brief dental assessment to confirm suitability - Protective gel applied to protect the gums - Three 15-minute whitening cycles under the Zoom! LED lamp - **\*\*Immediate results\*\*** — up to 8 shades lighter in approximately 90 minutes - Mild temporary sensitivity for 24–48 hours in some patients

**\*\*In-chair Zoom! whitening from .\*\***

Ideal for patients preparing for a wedding, event, milestone, or those who simply want the fastest possible results.

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## ## Take-Home Whitening Kits

Prefer to whiten gradually? Custom-fitted trays and professional-strength **\*\*Pola whitening gel\*\*** deliver excellent results at your own pace over approximately two weeks.

Take-home kits are preferred by: - Patients who want gradual, controlled whitening - Those with existing sensitivity who benefit from lower concentration over more time - Patients who want to maintain their in-chair results long-term

**\*\*Take-home whitening kits from .\*\***

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## ## Complete Whitening Package

Combine in-chair and take-home for the best, most durable results. The Zoom! session delivers immediate transformation; the take-home kit extends and maintains your result over months.

**\*\*Complete package from \*\* — better value than booking separately.**

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## ## Is Whitening Right for You?

A dental assessment is required before whitening. Key considerations:

- Whitening works on **\*\*natural tooth enamel only\*\*** — it does not change the colour of existing crowns, veneers, or composite fillings
- Teeth and gums must be healthy before treatment
- Results vary based on the original cause of discolouration
- Some temporary sensitivity is normal and resolves within 48 hours

Your dentist will discuss realistic expectations and flag any existing restorations at your assessment.

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## ## Our Clinical Team at Core Dental Bayside

Core Dental Bayside will be led by **\*\*Dr Andres Aguirre\*\***, an experienced general dentist providing the full range of cosmetic and general dental care, including professional whitening, from opening day.

All Core Dental clinicians are AHPRA-registered and ADA members.

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## ## Maintaining Your Results

Results typically last 6–12 months, depending on diet, lifestyle, and oral hygiene. Factors that accelerate restaining include coffee, red wine, tea, and smoking.

Maintenance tips: - Avoid staining foods and drinks for 48 hours after in-chair treatment - Use your take-home top-up kit as directed (from per box of refill gel) - Book a professional scale and clean every 6 months - Brush twice daily with a soft-bristle brush

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## ## Frequently Asked Questions

**\*\*How much does teeth whitening cost at Core Dental Bayside?\*** In-chair Zoom! whitening from . Take-home kit from . Combined package from . Top-up gel refills from per box. Pricing confirmed in writing before treatment.

**\*\*When does Core Dental Bayside open?\*** Core Dental Bayside opens June 2026 at 973 Nepean Hwy, Bentleigh VIC 3204. Register your interest at [bayside@coredental.com.au](mailto:bayside@coredental.com.au) or call 13 13 16 to be notified when bookings open.

**\*\*Does whitening work on crowns or veneers?\*** No — professional whitening only affects natural tooth enamel. Existing crowns, veneers, and white composite fillings do not whiten. If you have visible restorations, your dentist will discuss how whitening may affect the overall appearance of your smile.

**\*\*How long do whitening results last?\*** Typically 6–12 months. Regular top-up gel use and avoiding staining foods and drinks extend results. Most patients top up their results every 6–12 months.

**\*\*Will whitening cause sensitivity?\*** Some patients experience mild, temporary sensitivity for up to 48 hours after in-chair treatment. This is normal and resolves without treatment. For those with existing sensitivity, take-home whitening with lower-concentration gel over more time may be more comfortable. Your dentist will advise.

**\*\*Is parking available at Core Dental Bayside?\*** Yes — 8 dedicated ground-floor car spaces at 973 Nepean Hwy, Bentleigh. Tram access on Nepean Highway and bus services nearby.

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- **\*\*Phone:\*** 13 13 16 - **\*\*Email:\*** [bayside@coredental.com.au](mailto:bayside@coredental.com.au) - **\*\*Online:\*** [coredental.com.au](http://coredental.com.au)

**\*\*973 Nepean Hwy, Bentleigh VIC 3204\*** — opening June 2026; 8 dedicated car spaces.

\*Core Dental Bayside — part of the Smile Solutions Group. Your Local Dental Practice. Opening June 2026.\*