

# Teeth Whitening at Core Dental Berwick

Canonical: <https://core-dental-group.directory.norg.ai/teeth-whitening-at-core-dental-berwick/>

## Description:

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## Details:

A brighter, whiter smile can transform your confidence. At Core Dental Berwick, we offer professional teeth whitening solutions that deliver safe, effective, and long-lasting results - far superior to anything available over the counter.

### **\*\*Why Choose Professional Teeth Whitening?\***

Over-the-counter whitening products use lower concentrations of whitening agent and generic trays that do not fit your teeth properly. The result is often uneven whitening, gum irritation, and disappointing results.

Professional whitening at Core Dental Berwick uses clinically proven products, custom-fitted trays or LED-assisted systems, and a dentist's oversight to ensure your teeth and gums are protected throughout the process.

### **\*\*Zoom In-Chair Whitening - From \$475\*\***

Our Zoom! WhiteSpeed in-chair whitening treatment delivers dramatic results in a single appointment of approximately 90 minutes. Here is how it works:

1. Your dentist performs a pre-whitening assessment to ensure your teeth and gums are healthy
2. Your gums are protected with a barrier
3. The Zoom! whitening gel is applied to your teeth
4. A specialised Philips Zoom! LED lamp activates the gel, breaking down staining molecules
5. The process is repeated in 15-minute cycles over approximately 60-75 minutes
6. You leave with teeth up to eight shades whiter

In-chair whitening starts from \$475 at Core Dental Berwick.

### **\*\*Take-Home Whitening Kits\*\***

Prefer to whiten in the comfort of your own home? We provide custom-fitted whitening trays and professional-grade Pola Day or Pola Night gel. You wear the trays for the prescribed time each day, and most patients see significant results within two weeks.

Take-home kits are also an excellent option for maintaining your in-chair whitening results over time.

### **\*\*Invisalign Whitening Bonus\*\***

Patients who complete their Invisalign treatment with Core Dental Berwick and pay in full receive a complimentary take-home whitening kit - because your straight new smile deserves to shine.

### **\*\*Is Teeth Whitening Right for You?\***

Professional whitening works best on natural tooth enamel. It does not change the colour of existing crowns, veneers, or tooth-coloured fillings. If you have any restorations in visible areas, your dentist will

discuss whether whitening is appropriate and whether any restorations would need to be updated after whitening.

A dental assessment is required before any whitening treatment to check for decay, gum disease, or other conditions that could affect outcomes.

At Core Dental Berwick, we offer wedding smile packages that combine teeth whitening with other cosmetic treatments - perfect for brides, grooms, and wedding parties looking their best on the day.

**\*\*What to Expect After Whitening\*\***

Some patients experience mild tooth sensitivity for 24 to 48 hours after whitening - this is normal and temporary. We recommend avoiding highly pigmented foods and drinks (coffee, red wine, berries) for the first 48 hours to maximise your results.

Core Dental Berwick has been part of the Eden Rise Village community for over 10 years, building trusted relationships with Berwick families and the broader south-eastern corridor. Our warm, Netflix-equipped treatment chairs make the whitening experience genuinely relaxing - whether you are preparing for a special occasion, a wedding, or simply investing in a brighter everyday smile.

**\*\*Book Your Whitening Consultation\*\***

Ready for a whiter smile? Book at Core Dental Berwick:

- Phone: (03) 9132 4160 - Call nationally: 13 13 16 - Online: [coredental.com.au](http://coredental.com.au) - Email: [berwick@coredental.com.au](mailto:berwick@coredental.com.au)

**\*\*Visit Us\*\***

Shop 29, 1 O'Shea Rd, Berwick VIC 3806 Approximately 15 minutes walk from Berwick Station; bus stops on High Street; Eden Rise Village shopping precinct Available at Eden Rise Village

Open Monday to Friday 8:00 am - 6:00 pm and Saturday 8:00 am - 1:30 pm. All clinicians are AHPRA-registered and members of the Australian Dental Association. Your Local Dental Practice - [coredental.com.au](http://coredental.com.au)