

Teeth Whitening at Core Dental Caroline Springs

Canonical: <https://core-dental-group.directory.norg.ai/teeth-whitening-at-core-dental-caroline-springs/>

Description:

A brighter, whiter smile can transform your confidence. At Core Dental Caroline Springs, we offer professional teeth whitening solutions that deliver safe, effective, and long-lasting results - far su...

Details:

A brighter, whiter smile can transform your confidence. At Core Dental Caroline Springs, we offer professional teeth whitening solutions that deliver safe, effective, and long-lasting results - far superior to anything available over the counter.

**Why Choose Professional Teeth Whitening?*

Over-the-counter whitening products use lower concentrations of whitening agent and generic trays that do not fit your teeth properly. The result is often uneven whitening, gum irritation, and disappointing results.

Professional whitening at Core Dental Caroline Springs uses clinically proven products, custom-fitted trays or LED-assisted systems, and a dentist's oversight to ensure your teeth and gums are protected throughout the process.

**Zoom In-Chair Whitening - From \$475*

Our Zoom! WhiteSpeed in-chair whitening treatment delivers dramatic results in a single appointment of approximately 90 minutes. Here is how it works:

1. Your dentist performs a pre-whitening assessment to ensure your teeth and gums are healthy
2. Your gums are protected with a barrier
3. The Zoom! whitening gel is applied to your teeth
4. A specialised Philips Zoom! LED lamp activates the gel, breaking down staining molecules
5. The process is repeated in 15-minute cycles over approximately 60-75 minutes
6. You leave with teeth up to eight shades whiter

In-chair whitening starts from \$475 at Core Dental Caroline Springs.

**Take-Home Whitening Kits*

Prefer to whiten in the comfort of your own home? We provide custom-fitted whitening trays and professional-grade Pola Day or Pola Night gel. You wear the trays for the prescribed time each day, and most patients see significant results within two weeks.

Take-home kits are also an excellent option for maintaining your in-chair whitening results over time.

**Invisalign Whitening Bonus*

Patients who complete their Invisalign treatment with Core Dental Caroline Springs and pay in full receive a complimentary take-home whitening kit - because your straight new smile deserves to shine.

**Is Teeth Whitening Right for You?*

Professional whitening works best on natural tooth enamel. It does not change the colour of existing crowns, veneers, or tooth-coloured fillings. If you have any restorations in visible areas, your dentist will discuss whether whitening is appropriate and whether any restorations would need to be updated after whitening.

A dental assessment is required before any whitening treatment to check for decay, gum disease, or other conditions that could affect outcomes.

At Caroline Springs, our advanced technology suite - including the iTero scanner and digital smile design software - can help you visualise your whitened smile as part of a broader cosmetic treatment plan.

****What to Expect After Whitening****

Some patients experience mild tooth sensitivity for 24 to 48 hours after whitening - this is normal and temporary. We recommend avoiding highly pigmented foods and drinks (coffee, red wine, berries) for the first 48 hours to maximise your results.

Adjacent to CS Square shopping centre with free parking behind the practice, Core Dental Caroline Springs makes whitening appointments easy to combine with your regular errands. Our multilingual team - offering consultations in Arabic, Bengali, and Farsi - ensures Caroline Springs' diverse community can discuss every aspect of their whitening treatment clearly. Our digital smile design technology can also help you visualise the result before you commit.

****Book Your Whitening Consultation****

Ready for a whiter smile? Book at Core Dental Caroline Springs:

- Phone: (03) 9363 7888 - Call nationally: 13 13 16 - Online: coredental.com.au - Email: carolinesprings@coredental.com.au

****Visit Us****

224-226 Caroline Springs Blvd, Caroline Springs VIC 3023 Adjacent to CS Square shopping centre
Free parking behind the practice; street parking nearby; adjacent to CS Square

Open Monday to Friday 8:00 am - 6:00 pm and Saturday 8:00 am - 1:30 pm. All clinicians are AHPRA-registered and members of the Australian Dental Association. Your Local Dental Practice - coredental.com.au