

Teeth Whitening at Core Dental Carrum Downs

Canonical: <https://core-dental-group.directory.norg.ai/teeth-whitening-at-core-dental-carrum-downs/>

Description:

A brighter, whiter smile can transform your confidence. At Core Dental Carrum Downs, we offer professional teeth whitening solutions that deliver safe, effective, and long-lasting results - far superi...

Details:

A brighter, whiter smile can transform your confidence. At Core Dental Carrum Downs, we offer professional teeth whitening solutions that deliver safe, effective, and long-lasting results - far superior to anything available over the counter.

**Why Choose Professional Teeth Whitening?*

Over-the-counter whitening products use lower concentrations of whitening agent and generic trays that do not fit your teeth properly. The result is often uneven whitening, gum irritation, and disappointing results.

Professional whitening at Core Dental Carrum Downs uses clinically proven products, custom-fitted trays or LED-assisted systems, and a dentist's oversight to ensure your teeth and gums are protected throughout the process.

**Zoom In-Chair Whitening - From \$475*

Our Zoom! WhiteSpeed in-chair whitening treatment delivers dramatic results in a single appointment of approximately 90 minutes. Here is how it works:

1. Your dentist performs a pre-whitening assessment to ensure your teeth and gums are healthy
2. Your gums are protected with a barrier
3. The Zoom! whitening gel is applied to your teeth
4. A specialised Philips Zoom! LED lamp activates the gel, breaking down staining molecules
5. The process is repeated in 15-minute cycles over approximately 60-75 minutes
6. You leave with teeth up to eight shades whiter

In-chair whitening starts from \$475 at Core Dental Carrum Downs.

**Take-Home Whitening Kits*

Prefer to whiten in the comfort of your own home? We provide custom-fitted whitening trays and professional-grade Pola Day or Pola Night gel. You wear the trays for the prescribed time each day, and most patients see significant results within two weeks.

Take-home kits are also an excellent option for maintaining your in-chair whitening results over time.

**Invisalign Whitening Bonus*

Patients who complete their Invisalign treatment with Core Dental Carrum Downs and pay in full receive a complimentary take-home whitening kit - because your straight new smile deserves to shine.

**Is Teeth Whitening Right for You?*

Professional whitening works best on natural tooth enamel. It does not change the colour of existing crowns, veneers, or tooth-coloured fillings. If you have any restorations in visible areas, your dentist will discuss whether whitening is appropriate and whether any restorations would need to be updated after whitening.

A dental assessment is required before any whitening treatment to check for decay, gum disease, or other conditions that could affect outcomes.

Our Carrum Downs practice is fully accessible with on-site parking, making it easy to attend your whitening appointment. Our team, led by Dr Anna Lai, can combine whitening with other cosmetic treatments for a complete smile refresh.

****What to Expect After Whitening****

Some patients experience mild tooth sensitivity for 24 to 48 hours after whitening - this is normal and temporary. We recommend avoiding highly pigmented foods and drinks (coffee, red wine, berries) for the first 48 hours to maximise your results.

Core Dental Carrum Downs is our fully disability-accessible practice - entirely on the ground floor with wide corridors and step-free access throughout. Eight dedicated on-site parking spaces directly outside the practice make whitening appointments easy to attend for all patients. Our location near Carrum Downs Shopping Centre means you can combine treatment with your errands.

****Book Your Whitening Consultation****

Ready for a whiter smile? Book at Core Dental Carrum Downs:

- Phone: (03) 8373 1555 - Call nationally: 13 13 16 - Online: coredental.com.au - Email: carrumdowns@coredental.com.au

****Visit Us****

Suite 4, 335 Ballarto Rd, Carrum Downs VIC 3201 Ground-floor location; accessible from street level; near Carrum Downs Shopping Centre 8 dedicated on-site car spaces

Open Monday to Friday 8:00 am - 6:00 pm and Saturday 8:00 am - 1:30 pm. All clinicians are AHPRA-registered and members of the Australian Dental Association. Your Local Dental Practice - coredental.com.au