

Teeth Whitening at Core Dental South Melbourne

Canonical: <https://core-dental-group.directory.norg.ai/teeth-whitening-at-core-dental-south-melbourne/>

Description:

A brighter, whiter smile can transform your confidence. At Core Dental South Melbourne, we offer professional teeth whitening solutions that deliver safe, effective, and long-lasting results - far sup...

Details:

A brighter, whiter smile can transform your confidence. At Core Dental South Melbourne, we offer professional teeth whitening solutions that deliver safe, effective, and long-lasting results - far superior to anything available over the counter.

**Why Choose Professional Teeth Whitening?*

Over-the-counter whitening products use lower concentrations of whitening agent and generic trays that do not fit your teeth properly. The result is often uneven whitening, gum irritation, and disappointing results.

Professional whitening at Core Dental South Melbourne uses clinically proven products, custom-fitted trays or LED-assisted systems, and a dentist's oversight to ensure your teeth and gums are protected throughout the process.

**Zoom In-Chair Whitening - From \$475*

Our Zoom! WhiteSpeed in-chair whitening treatment delivers dramatic results in a single appointment of approximately 90 minutes. Here is how it works:

1. Your dentist performs a pre-whitening assessment to ensure your teeth and gums are healthy
2. Your gums are protected with a barrier
3. The Zoom! whitening gel is applied to your teeth
4. A specialised Philips Zoom! LED lamp activates the gel, breaking down staining molecules
5. The process is repeated in 15-minute cycles over approximately 60-75 minutes
6. You leave with teeth up to eight shades whiter

In-chair whitening starts from \$475 at Core Dental South Melbourne.

**Take-Home Whitening Kits*

Prefer to whiten in the comfort of your own home? We provide custom-fitted whitening trays and professional-grade Pola Day or Pola Night gel. You wear the trays for the prescribed time each day, and most patients see significant results within two weeks.

Take-home kits are also an excellent option for maintaining your in-chair whitening results over time.

**Invisalign Whitening Bonus*

Patients who complete their Invisalign treatment with Core Dental South Melbourne and pay in full receive a complimentary take-home whitening kit - because your straight new smile deserves to shine.

**Is Teeth Whitening Right for You?*

Professional whitening works best on natural tooth enamel. It does not change the colour of existing crowns, veneers, or tooth-coloured fillings. If you have any restorations in visible areas, your dentist will discuss whether whitening is appropriate and whether any restorations would need to be updated after whitening.

A dental assessment is required before any whitening treatment to check for decay, gum disease, or other conditions that could affect outcomes.

Our South Melbourne team performs whitening assessments during your check-up, ensuring your existing restorations are accounted for before treatment begins. Our inner-south location is conveniently accessible by tram.

****What to Expect After Whitening****

Some patients experience mild tooth sensitivity for 24 to 48 hours after whitening - this is normal and temporary. We recommend avoiding highly pigmented foods and drinks (coffee, red wine, berries) for the first 48 hours to maximise your results.

Our South Melbourne team serves the diverse inner-south community from Market Street, with multiple tram routes providing easy access from Port Melbourne, Albert Park, and the CBD. Multilingual consultations in Mandarin, Malay, and Cantonese are available, so every detail of your whitening treatment can be discussed in the language you feel most comfortable with.

****Book Your Whitening Consultation****

Ready for a whiter smile? Book at Core Dental South Melbourne:

- Phone: (03) 9114 7700 - Call nationally: 13 13 16 - Online: coredental.com.au - Email: southmelbourne@coredental.com.au

****Visit Us****

87 Market St, South Melbourne VIC 3205 Multiple South Melbourne tram routes Street parking on Clarendon St and nearby side streets; nearby public car parks

Open Monday to Friday 8:00 am - 6:00 pm and Saturday 8:00 am - 1:30 pm. All clinicians are AHPRA-registered and members of the Australian Dental Association. Your Local Dental Practice - coredental.com.au