

# Teeth Whitening at Core Dental Southbank

Canonical: <https://core-dental-group.directory.norg.ai/teeth-whitening-at-core-dental-southbank/>

## Description:

# Teeth Whitening at Core Dental Southbank Reveal your brightest smile at Core Dental Southbank - Your Local Dental Practice, conveniently located at 55 City Rd, Southbank VIC 3006. Whether you are s...

## Details:

A brighter smile can transform confidence — and professional teeth whitening is one of the fastest, most effective cosmetic dental treatments available. At **Core Dental Southbank**, we offer both in-chair Zoom! whitening and take-home kits, with experienced clinicians and competitive pricing in a CBD-adjacent practice designed for busy professionals.

**Address:** 55 City Rd, Southbank VIC 3006 **Phone:** (03) 8547 0780 | **National:** 13 13 16  
**Hours:** Monday–Friday 8:00 am–6:00 pm | Saturday 8:00 am–1:30 pm

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### ## Whitening Prices at Core Dental Southbank

| Treatment | Price | |---|---| | Zoom! In-Chair Whitening | from | | Pola Take-Home Whitening Kit | from | | Complete Whitening Package (In-Chair + Take-Home) | from | | Top-Up Gel (per box) | |

All pricing is provided upfront in writing before treatment begins. **HICAPS on-site** for instant health fund claiming. **Payright interest-free payment plans** available (up to 30 months).

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### ## Zoom! In-Chair Teeth Whitening

Zoom! WhiteSpeed in-chair whitening is the fastest route to a noticeably brighter smile. Using Philips Zoom! LED lamp technology, the treatment takes approximately **90 minutes** and can lighten teeth by up to **8 shades** in a single session.

What to expect: - A brief dental assessment to confirm suitability - Protective gel applied to the gums before treatment - Three 15-minute whitening cycles under the Zoom! LED lamp - Immediate, visible results you can enjoy the same day

In-chair whitening is ideal for patients preparing for a special event, interview, wedding, or simply those who want maximum results quickly. **Zoom! in-chair whitening from .**

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### ## Take-Home Whitening Kits

Our custom take-home whitening kits use professional-strength **Pola whitening gel** with custom-fitted trays made precisely to your bite. Results develop gradually over **two weeks** and are as effective as in-chair treatment for many patients.

Take-home kits are ideal for: - Patients who prefer gradual, controlled whitening - Maintaining and topping up results after in-chair treatment - Those with sensitive teeth who benefit from a lower-concentration gel over more time

**\*\*Take-home whitening kits from .\*\***

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### ## Complete Whitening Package

Combine in-chair and take-home for the best and longest-lasting results. Your Zoom! session delivers immediate impact; the take-home kit maintains and extends your result over time.

**\*\*Complete whitening package from \*\* — better value than booking separately.**

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### ## Is Whitening Right for You?

A dental assessment is required before any whitening treatment. This ensures: - Your teeth and gums are healthy enough for whitening - Expectations are realistic based on your tooth type and the cause of discolouration - Existing dental work (crowns, veneers, composite fillings) is identified — whitening **\*\*does not change\*\*** the colour of these restorations

Some patients experience temporary sensitivity for 24–48 hours after in-chair treatment — this is normal and resolves quickly. Take-home whitening can be adjusted to minimise sensitivity.

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### ## Whitening for Special Events

Many of our Southbank patients book whitening ahead of weddings, job interviews, formal events, or travel. With our 8:00 am weekday opening time, a Zoom! session fits easily into a pre-work or lunch-break schedule.

For upcoming events, we recommend: - In-chair whitening **\*\*at least 2 weeks before\*\*** the event (allows any sensitivity to resolve) - Taking a top-up kit for last-minute finishing touches

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### ## Our Southbank Whitening Team

Our clinicians are all AHPRA-registered and ADA members:

- **\*\*Dr Jacalyn Madden\*\*** (BSc Biomed, DMD, University of Sydney) — trained in cosmetic dentistry, Invisalign, and CEREC - **\*\*Dr Shakiba Askary\*\*** (BHS, MDent, La Trobe) — speaks English and Farsi - **\*\*Dr Joanne Ong\*\*** (BHlthSciDent/MDent, La Trobe) — speaks English, Mandarin Chinese, and Cantonese - **\*\*Dr Sally Joseph\*\*** (BHSc Dent, MDent La Trobe — High Distinction) — preventive and cosmetic focus - **\*\*Dr Anchal Verma\*\*** (BDS, University of Adelaide) — Clinical Lecturer, University of Melbourne

For comprehensive cosmetic treatment planning — including veneers, crowns, or smile makeovers beyond whitening — complex cases can be referred to the **\*\*Collins Street Specialist Centre (CSSC)\*\*** through the Smile Solutions Group.

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### ## Frequently Asked Questions

**\*\*How much does teeth whitening cost at Core Dental Southbank?\*** In-chair Zoom! whitening starts from . Take-home kits from . A combined package (in-chair + take-home maintenance) from . Top-up

gel refills are per box. All pricing is confirmed in writing before treatment begins.

**\*\*How long does Zoom! in-chair whitening take?\*** The full treatment takes approximately 90 minutes, including setup and three 15-minute whitening cycles. Most patients see results of up to 8 shades lighter immediately after treatment.

**\*\*Does whitening work on crowns, veneers, or fillings?\*** No — professional whitening only works on natural tooth enamel. Existing crowns, veneers, and white composite fillings will not change colour with whitening. If you have these restorations, your dentist will discuss how whitening may affect the overall appearance of your smile and whether any replacements might be needed.

**\*\*How long do teeth whitening results last?\*** Results typically last 6–12 months depending on diet, lifestyle, and oral hygiene habits. Coffee, red wine, tea, and smoking accelerate restaining. Take-home top-up kits (from per box of gel) can extend your results significantly.

**\*\*Will teeth whitening cause sensitivity?\*** Some patients experience mild, temporary sensitivity for 24–48 hours after in-chair Zoom! treatment — this is normal and resolves without treatment. For patients with existing sensitivity, take-home whitening with lower-concentration gel may be a more comfortable option. Your dentist will advise at the assessment.

**\*\*Can I get whitening done before work at Southbank?\*** Yes — Core Dental Southbank opens at 8:00 am Monday–Friday. Early morning appointments allow the Zoom! 90-minute session to be completed before the working day in some cases, or we can schedule across a lunch break. Book ahead on (03) 8547 0780.

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**## Book Your Whitening Appointment**

Ready to brighten your smile?

- **\*\*Phone:\*\*** (03) 8547 0780 - **\*\*National:\*\*** 13 13 16 - **\*\*Email:\*\*** southbank@coredental.com.au - **\*\*Online:\*\*** coredental.com.au

**\*\*55 City Rd, Southbank VIC 3006\*\*** — 5 min walk from Flinders Street Station; trams on St Kilda Road; nearby parking.

**\*Core Dental Southbank — part of the Smile Solutions Group. Your Local Dental Practice.\***