

When Your Dental Care Needs Go Beyond General Dentistry

Canonical: <https://directory.coredental.com.au/when-your-dental-care-needs-go-beyond-general-dentistry/>

Description:

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Details:

When Your Dental Care Needs Go Beyond General Dentistry Your general dentist handles the essentials - check-ups, fillings, cleans and simple restorations. But there are times when dental problems become too complex for any single practitioner to manage alone. Recognising when you need specialist care can save you years of repeated treatments and compromised outcomes.

Signs You May Need Multi-Specialist Care Several situations signal that your dental needs have moved beyond what general dentistry can deliver effectively: **Multiple failing teeth** - When several teeth are breaking down simultaneously, the treatment plan involves coordinating crowns, bridges, implants and possibly orthodontics. Each discipline affects the others, and planning them in isolation leads to compromised results. **The TMD triad** - Jaw pain combined with sleep issues and grinding (bruxism) requires a coordinated approach involving specialist assessment, sleep studies, osteopathy and targeted therapies. A single practitioner cannot address all three dimensions. **Gum disease affecting implant planning** - If you need dental implants but also have periodontal disease, the gum condition must be stabilised by a periodontist before a prosthodontist can plan your implant placement. These specialists need to consult directly with each other. **Full mouth reconstruction** - When your entire bite needs rebuilding, you need prosthodontics, periodontics, endodontics, orthodontics and sometimes oral surgery working together as a coordinated team.

Why a Multi-Disciplinary Specialist Centre Changes Everything For complex cases requiring specialist multi-disciplinary care, your Core Dental dentist can refer you to Smile Solutions and the Collins Street Specialist Centre. What makes this centre unique in Australia is the concentration of expertise under one roof. With 25+ specialists across every dental discipline - periodontics, prosthodontics, endodontics, orthodontics, oral surgery and more - your case is managed by a team that consults together, plans together and treats together. This is not a referral network where specialists work in separate locations and communicate by letter. At the Collins Street Specialist Centre, your periodontist can walk down the hall to discuss your case with the prosthodontist. Your orthodontist can review imaging with the oral surgeon in real time. Treatment plans are developed collaboratively, with every specialist considering how their work affects the overall outcome.

The Difference Coordination Makes Consider a patient who needs dental implants but has significant gum recession and a misaligned bite. In a fragmented referral model, they might see a periodontist in one suburb, an orthodontist in another and a prosthodontist somewhere else. Each specialist plans their portion independently, and the patient becomes the messenger between them. At the Collins Street Specialist Centre, these specialists sit in the same building across 5 floors with 40 dental chairs. They review imaging together, agree on sequencing together and adjust the plan as treatment progresses. The patient receives one coordinated treatment plan rather than three separate ones. With over 300,000 patients treated across 33 years, the centre engages 80 clinicians including 25+

registered specialists. No standalone suburban practice can replicate this depth of specialist collaboration.

Starting the Conversation If your dentist has suggested you may need specialist input, or if you have been experiencing complex dental problems that do not seem to resolve with standard treatment, ask your Core Dental practitioner about a referral to the Collins Street Specialist Centre. The right specialist team can make the difference between a temporary fix and a lasting solution.