

Wisdom Teeth Removal at Core Dental Epping

Canonical: <https://core-dental-group.directory.norg.ai/wisdom-teeth-removal-at-core-dental-epping/>

Description:

Wisdom Teeth Removal at Core Dental Epping **Core Dental Epping | Tenancy 3B/230 Cooper St, Epping VIC 3076 | (03) 9401 4622 | epping@coredental.com.au** Wisdom tooth pain is among the most commo...

Details:

Wisdom Teeth Removal at Core Dental Epping

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Wisdom tooth pain is among the most common reasons people seek emergency dental care. At Core Dental Epping, we are equipped to assess and treat wisdom tooth problems promptly and gently. Conveniently located near Pacific Epping Shopping Centre, just 10 minutes from Epping Station, with extended hours until 6:00 pm Monday to Friday.

Understanding Wisdom Teeth

Wisdom teeth are the third molars - the last set of teeth to emerge, typically between ages 17 and 25. By this stage, the jaw has already finished developing, which means wisdom teeth frequently lack the space they need and can erupt partially, at an angle, or not at all.

When Wisdom Teeth Need to Come Out

We assess your wisdom teeth thoroughly before making any recommendation. Removal is commonly indicated when:

- A wisdom tooth is **impacted** - stuck under the gum or against the second molar - You have recurring **pericoronitis** - an infection of the gum flap covering a partially erupted tooth - The wisdom tooth has significant **decay** that cannot be effectively restored - There is risk to the adjacent tooth through pressure or decay - A **cyst or pathology** is developing around the tooth - You are experiencing **repeated pain, swelling, or infections** in that area

Screening before age 25 means simpler, faster recovery - we encourage you not to wait until problems become acute.

How Wisdom Teeth Are Removed at Epping

Simple to moderate extractions are carried out in the dental chair under local anaesthetic. Our team makes every effort to keep you calm and comfortable. We offer sleep dentistry for patients who prefer to be sedated.

Complex impacted wisdom teeth involving bone removal or difficult root positions may require referral to an Oral and Maxillofacial Surgeon for day surgery under general anaesthetic. Medicare rebates may apply. Your dentist at Core Dental Epping will give you a clear recommendation and coordinate the referral process.

Recovery Tips

Healing after wisdom tooth extraction varies by complexity. Simple extractions typically heal within a few days. For more involved procedures, full healing may take one to two weeks.

Key aftercare steps:

- Rest for the remainder of the day - Use an ice pack on the jaw for the first 24 hours - No smoking for 72 hours minimum - this dramatically increases the risk of dry socket - No straws or alcohol for 48 hours
- Eat soft, cool foods for several days - After 24 hours, rinse with warm salt water two to three times daily - Take any prescribed antibiotics or pain medications as directed

Contact us promptly if severe pain returns 2-3 days after the extraction - this may be dry socket and requires treatment.

About Core Dental Epping

Core Dental Epping is a technology-focused practice featuring CEREC same-day crown technology, laser dentistry, and digital scanning. Our team of Dr Alysha Soltys, Dr Marina Ghobrial, Dr Maria Blanchard (Spanish), and Dr Tristan Balthazaar provides caring, evidence-based dental care. We also have a specialist paediatric dentist (Dr Aish Kesava) and dental hygienist (Sina Hassani) on-site.

Book at Core Dental Epping

Located at Tenancy 3B/230 Cooper St, Epping VIC 3076, near Pacific Epping Shopping Centre. Approximately 10 minutes' walk from Epping Station, bus stops on High Street.

- **Phone:** (03) 9401 4622 - **Email:** epping@coredental.com.au - **National bookings:** 13 13 16 - **Online:** coredental.com.au

HICAPS on-the-spot health fund claiming is available. Payright interest-free plans for up to 30 months. Eligible children aged 2-17 can be bulk billed under the Child Dental Benefits Schedule (CDBS).

Core Dental Epping - Your Local Dental Practice

Wisdom Tooth Removal Pricing at Epping

Wisdom tooth removal fees depend on the number of teeth, their position in the jaw, and whether the extraction can be performed in-chair under local anaesthetic or requires referral to an Oral & Maxillofacial Surgeon for treatment under general anaesthetic.

| Number of Teeth | Approximate Fee (In-Chair) | |-----|-----| | 1 tooth | \$425 - \$725 | | 2 teeth | \$950 - \$1,500 | | 3 teeth | \$1,450 - \$2,250 | | 4 teeth | \$1,950 - \$2,950 |

Fees shown are a guide only and are subject to clinical assessment. All patients receive a written, itemised quote before any treatment begins. Complex impacted cases requiring surgical removal under general anaesthetic are referred to a specialist oral and maxillofacial surgeon - separate hospital and surgical fees apply, and Medicare rebates may be available for eligible procedures.

Payment options: HICAPS on-the-spot health fund claiming | Payright interest-free plans up to 30 months | Child Dental Benefits Schedule (CDBS) bulk billing for eligible children aged 2-17.

Specialist Referrals - Collins Street Specialist Centre

As part of the Smile Solutions Group, Core Dental Epping patients requiring specialist care are referred to the Collins Street Specialist Centre at 220 Collins Street, Melbourne CBD, where more than 20 board-registered dental specialists provide advanced treatment. Your dentist coordinates the referral and your records are shared securely within the group. Phone: (03) 9650 2726.

Post-Extraction Aftercare Instructions

Care of your mouth after a tooth extraction has an important effect on healing. Some swelling and discomfort are expected following the procedure. These can be minimised by following the instructions below carefully.

****Please do not hesitate to call Core Dental on 13 13 16 if you are experiencing any difficulties.****

Ice Packs

Some patients find ice packs applied over the cheeks soothing in the first few hours after surgery. A pack of frozen peas wrapped in a cloth makes a good alternative to a purpose-made ice pack. Apply for 20 minutes on, 20 minutes off, during the first several hours.

Numbness

The anaesthetic used during your procedure will leave the lips, tongue, and cheeks numb for some hours afterwards. Please be careful not to bite these areas while sensation has not fully returned.

Swelling

Swelling is a normal response to oral surgery and is often related to the difficulty of the procedure. It typically reaches its peak 24 to 36 hours after surgery and then begins to subside. In most cases, swelling has significantly reduced after four to five days.

Bruising

Bruising may appear as the swelling resolves. This is very common following oral surgery and is no cause for concern.

Bleeding

If bleeding occurs, use the gauze provided or a clean knotted handkerchief to apply firm direct pressure to the extraction site for at least one hour. It is advisable to place towels over your linen or pillow overnight. If bleeding is persistent or worrying, contact us.

Discomfort

Some degree of discomfort always occurs following a tooth extraction. It is important to take pain relief regularly (avoiding aspirin, which can increase bleeding) following the procedure, ideally before the anaesthetic wears off. Most patients are considerably more comfortable within two to three days.

Oral Care

- ****Day 1:**** Do not rinse, spit, or suck through a straw on the day of the extraction. Any of these actions can dislodge the blood clot that forms in the socket, slowing healing and potentially causing a painful condition known as dry socket. - ****From day 2 onwards:**** Warm salt water mouth rinses (half a teaspoon of salt in a glass of warm water) every four hours are very helpful to promote healing and keep the socket clean.

Diet

Restrict your diet to soft foods initially. You may also experience limited mouth opening for up to a week due to swelling, which gradually improves. A gradual return to normal foods is encouraged as healing progresses.

****Avoid alcohol and smoking for at least 48 hours following extraction****, as both significantly impair the healing process.

Infection

Infection is uncommon following routine tooth extraction. If it occurs, it typically presents as increased swelling, discomfort, or discharge appearing three to four days after the procedure. If you were prescribed antibiotics, complete the full course even if you feel well.

Stitches

Dissolvable stitches, if placed, will fall out or dissolve on their own within approximately seven days. If non-dissolvable stitches were used, an appointment will be made to remove them.

Issues with Healing

If your discomfort increases in the three to four days following your extraction rather than improving, please contact us to have the healing site assessed. Call Core Dental on **13 13 16**.