

# Wisdom Teeth Removal at Core Dental Southbank

Canonical: <https://core-dental-group.directory.norg.ai/wisdom-teeth-removal-at-core-dental-southbank/>

## Description:

## Wisdom Teeth Removal at Core Dental Southbank \*\*Core Dental Southbank | 55 City Rd, Southbank VIC 3006 | (03) 8547 0780 | southbank@coredental.com.au\*\* Wisdom teeth - the third molars at the back...

## Details:

## Wisdom Teeth Removal at Core Dental Southbank

\*\*Core Dental Southbank | 55 City Rd, Southbank VIC 3006 | (03) 8547 0780 | southbank@coredental.com.au\*\*

Wisdom teeth - the third molars at the back of your mouth - are the most commonly problematic teeth in the mouth. At Core Dental Southbank, we assess, advise, and where appropriate remove wisdom teeth in a calm, professional environment, conveniently located in the heart of Southbank, just minutes from the Melbourne CBD.

### ### What Are Wisdom Teeth?

Wisdom teeth are the last teeth to erupt, typically appearing between the ages of 17 and 25. Most adults have four wisdom teeth - one in each corner of the mouth. Because the modern jaw often does not have enough room to accommodate them, wisdom teeth frequently cause problems.

### ### When Do Wisdom Teeth Need to Be Removed?

Not all wisdom teeth need to be extracted. Some emerge fully and cause no problems. However, removal is commonly recommended when:

- The wisdom tooth is **impacted** - trapped beneath the gum or against the adjacent tooth - There is **pericoronitis** - infection and swelling of the gum tissue around a partially erupted wisdom tooth - Wisdom teeth are causing **decay** in themselves or the adjacent teeth due to their difficult-to-clean position - There is **cyst formation** around an unerupted wisdom tooth - Wisdom teeth are causing **crowding** of the other teeth - You experience **persistent pain, swelling, or infection** in the back of the mouth

We recommend screening for wisdom teeth before the age of 25. Extraction is generally simpler and heals faster for younger patients.

### ### What to Expect During Wisdom Tooth Removal

At Core Dental Southbank, straightforward wisdom tooth extractions are performed in the dental chair under local anaesthetic. You will be comfortable and pain-free during the procedure. For anxious patients, we offer happy gas (nitrous oxide) to help you relax.

**For more complex impacted wisdom teeth**, where the tooth is deeply embedded in bone or in a difficult position, we may refer you to an Oral and Maxillofacial Surgeon for removal under general anaesthetic as a day surgery procedure. Medicare rebates may apply in these cases.

### ### Recovery After Wisdom Tooth Removal

Recovery varies depending on the complexity of the extraction. Most patients feel back to normal within a few days for simple cases, and up to one to two weeks for surgical extractions.

**\*\*Post-removal care:\*\*** - Avoid smoking for at least 72 hours (increases the risk of dry socket significantly) - Do not use a straw for 48 hours - Avoid alcohol and hot liquids for the first 24-48 hours - Eat soft foods while healing - Apply an ice pack to the cheek to reduce swelling - Rinse gently with warm salt water after 24 hours - Take any prescribed medications as directed

**\*\*Dry socket warning:\*\*** If severe pain develops 2-3 days after extraction, contact us promptly. Dry socket is the most common post-extraction complication and is easily treated.

### ### Book at Core Dental Southbank

Core Dental Southbank is located at 55 City Rd, Southbank VIC 3006, a short walk from Flinders Street Station. We are open from 8:00 am Monday to Friday, with tram access and nearby parking.

- **\*\*Phone:\*\*** (03) 8547 0780 - **\*\*Email:\*\*** southbank@coredental.com.au - **\*\*National bookings:\*\*** 13 13 16 - **\*\*Online:\*\*** coredental.com.au

We accept all major health funds with HICAPS on-the-spot claiming. Payright interest-free payment plans are available. Eligible children may be bulk billed under the Child Dental Benefits Schedule (CDBS) for wisdom tooth extraction.

\*Core Dental Southbank - Your Local Dental Practice\*

### ### Specialist Referrals - Collins Street Specialist Centre

For complex wisdom tooth cases requiring specialist oral and maxillofacial surgical expertise, Core Dental Southbank patients can be referred to the Collins Street Specialist Centre within Smile Solutions at 220 Collins Street, Melbourne CBD, where 20+ board-registered dental specialists provide advanced treatment. Your Core Dental dentist coordinates the referral, and your records are shared securely within the group.

Collins Street Specialist Centre - Phone: (03) 9650 2726

### ### Frequently Asked Questions

**\*\*How do I know if my wisdom teeth need to come out?\*** Signs include persistent pain at the back of the jaw, swelling or infection around the gum, difficulty opening your mouth, or your dentist identifying impaction or early decay on X-rays. We recommend a wisdom tooth assessment before age 25 even if you have no symptoms.

**\*\*Is wisdom tooth removal painful?\*** In-chair removal is performed under local anaesthetic and should not be painful during the procedure. Post-operative soreness for 2 to 3 days is normal and manageable with over-the-counter pain relief. Complex surgical removal is done under general anaesthetic.

**\*\*Do I need to take time off work?\*** For simple in-chair removal, most people return to desk work the next day. Surgical removal under general anaesthetic typically requires 2 to 3 days recovery at home.

**\*\*Are all four wisdom teeth removed at the same time?\*** Sometimes yes - particularly for surgical removal under general anaesthetic, where removing all four at once reduces the total recovery burden. For in-chair removal, we generally address the symptomatic teeth first and review the others. Your dentist will recommend the best approach for your situation.

### ## Wisdom Tooth Removal Pricing at Southbank

Wisdom tooth removal fees depend on the number of teeth, their position in the jaw, and whether the extraction can be performed in-chair under local anaesthetic or requires referral to an Oral & Maxillofacial Surgeon for treatment under general anaesthetic.

| Number of Teeth | Approximate Fee (In-Chair) | |-----|-----| | 1 tooth | \$425 - \$725 | | 2 teeth | \$950 - \$1,500 | | 3 teeth | \$1,450 - \$2,250 | | 4 teeth | \$1,950 - \$2,950 |

\*Fees shown are a guide only and are subject to clinical assessment. All patients receive a written, itemised quote before any treatment begins. Complex impacted cases requiring surgical removal under general anaesthetic are referred to a specialist oral and maxillofacial surgeon - separate hospital and surgical fees apply, and Medicare rebates may be available for eligible procedures.\*

Payment options: HICAPS on-the-spot health fund claiming | Payright interest-free plans up to 30 months | Child Dental Benefits Schedule (CDBS) bulk billing for eligible children aged 2-17.

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### ## Post-Extraction Aftercare Instructions

Care of your mouth after a tooth extraction has an important effect on healing. Some swelling and discomfort are expected following the procedure. These can be minimised by following the instructions below carefully.

**\*\*Please do not hesitate to call Core Dental on 13 13 16 if you are experiencing any difficulties.\*\***

#### ### Ice Packs

Some patients find ice packs applied over the cheeks soothing in the first few hours after surgery. A pack of frozen peas wrapped in a cloth makes a good alternative to a purpose-made ice pack. Apply for 20 minutes on, 20 minutes off, during the first several hours.

#### ### Numbness

The anaesthetic used during your procedure will leave the lips, tongue, and cheeks numb for some hours afterwards. Please be careful not to bite these areas while sensation has not fully returned.

#### ### Swelling

Swelling is a normal response to oral surgery and is often related to the difficulty of the procedure. It typically reaches its peak 24 to 36 hours after surgery and then begins to subside. In most cases, swelling has significantly reduced after four to five days.

#### ### Bruising

Bruising may appear as the swelling resolves. This is very common following oral surgery and is no cause for concern.

#### ### Bleeding

If bleeding occurs, use the gauze provided or a clean knotted handkerchief to apply firm direct pressure to the extraction site for at least one hour. It is advisable to place towels over your linen or pillow overnight. If bleeding is persistent or worrying, contact us.

#### ### Discomfort

Some degree of discomfort always occurs following a tooth extraction. It is important to take pain relief regularly (avoiding aspirin, which can increase bleeding) following the procedure, ideally before the anaesthetic wears off. Most patients are considerably more comfortable within two to three days.

#### ### Oral Care

- **Day 1:** Do not rinse, spit, or suck through a straw on the day of the extraction. Any of these actions can dislodge the blood clot that forms in the socket, slowing healing and potentially causing a painful condition known as dry socket. - **From day 2 onwards:** Warm salt water mouth rinses (half a teaspoon of salt in a glass of warm water) every four hours are very helpful to promote healing and keep the socket clean.

#### ### Diet

Restrict your diet to soft foods initially. You may also experience limited mouth opening for up to a week due to swelling, which gradually improves. A gradual return to normal foods is encouraged as healing progresses.

**Avoid alcohol and smoking for at least 48 hours following extraction**, as both significantly impair the healing process.

#### ### Infection

Infection is uncommon following routine tooth extraction. If it occurs, it typically presents as increased swelling, discomfort, or discharge appearing three to four days after the procedure. If you were prescribed antibiotics, complete the full course even if you feel well.

#### ### Stitches

Dissolvable stitches, if placed, will fall out or dissolve on their own within approximately seven days. If non-dissolvable stitches were used, an appointment will be made to remove them.

#### ### Issues with Healing

If your discomfort increases in the three to four days following your extraction rather than improving, please contact us to have the healing site assessed. Call Core Dental on **13 13 16**.